



Carolina Swimming & Diving Quick Facts

Location: Chapel Hill, N.C.
Genesis: Chartered 1789, cornerstone of Old East laid 1793, opened 1795
Enrollment: 28,000 (undergraduate, graduate and professional students)
Chancellor: Dr. Holden Thorp
Director of Athletics: Dick Baddour
Senior Associate Athletic Director for Olympic Sports: Dr. Beth Miller
National Affiliation: NCAA Division I
Conference: Atlantic Coast Conference
Nickname: Tar Heels
Mascot: Rameses the Ram
School Colors: Carolina Blue and White
Athletic Department Web Site: www.TarHeelBlue.com
Carolina Swimming & Diving Staff Information
Head Swimming Coach: Rich DeSelm (2nd year as head coach at UNC)
Coach DeSelm's Office Telephone Number: (919) 966-5340
Diving Coach: Kevin Lawrence (919-962-7261)
Assistant Swimming Coaches: Mike Litzinger (919-933-4905), Christy Garth (919-962-7262), Eric Stefanski (919-966-1900), Ryan Woodruff (head coach of North Carolina Aquatic Club), Sean Quinn
Home Pool: Maurice J. Koury Natatorium (Opened 1986)
Seating Capacity: 2,000
2007-08 Dual-Meet Records: Men—6-2, ACC 4-0; Women—6-3, ACC 3-1
2008 ACC Championships Finishes: Men—2nd Place; Women—2nd Place
2008 NCAA Championships Finishes: Men—Tied for 29th Place; Women—Tied for 32nd Place
Athletic Training Staff: Chris Hirth, Head Trainer; Chun-Man Fong, Second Year Graduate Athletic Trainer; Lizzy Hibberd, First Year Graduate Athletic Trainer
Team Physician: Dr. Tom Brickner
Orthopaedic Surgeon: Dr. Jeff Spang
Swimming Administrative Assistant: Kathy Griggs
Ms. Griggs' Office Phone Number: (919) 843-5834
Men's Team Manager: Will Bondurant
Women's Team Managers: Laura Murphy, Mary Zaytoun
Weight Room Coach: Steve Gisselman
Academic Advisor: Wayen Walden
Nutritionists: Jen Ketterly (Head); Rebecca Rebmann (Assistant)
UNC Athletic Communications Information
Swimming and Diving Media Contact: Dave Lohse, Associate SID
Lohse's Email Address: dlohse@unca.unc.edu
Lohse's Office Telephone Number: (919) 962-7257
Lohse's Personal Cell Phone Number: (919) 641-4128
Secondary Swimming and Diving Media Contacts: Sarah Scott (scottse@email.unc.edu) and Jenny Scholl (srjennif@email.unc.edu), SID Student Assistants
Fax Number: (919) 962-0612
Mailing Address: P.O. Box 2126, Chapel Hill, NC 27515
Shipping & Physical Address: Athletic Communications Office, Koury Natatorium, Front Center Entrance, 300 Skipper Bowles Drive, Chapel Hill, NC 27514

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NIKE

Supporting UNC Swimming & Diving



The University of North Carolina Department of Athletics and Nike extended their agreement for eight years beginning in July 2002. The agreement provides each varsity team with shoes, apparel, equipment bags and other products. It also provides \$100,000 annually for the Chancellor's Academic Enhancement Fund for undergraduate teaching as well as \$100,000 annually to the athletic department to reward Olympic sport programs and coaches for academic and athletic excellence.

www.TarHeelBlue.com

Media and fans can follow the Carolina swimming and diving teams and the rest of the UNC athletic program from anywhere in the world via the Internet on the official site of North Carolina athletics. TarHeelBlue.com offers schedules, rosters, results, features and more information for all 28 of Carolina's varsity sports.



2008-09 North Carolina Swimming & Diving Media Guide
 Photography by Jeffrey Camarati, Peyton Williams and the Atlantic Coast Conference Photo Services. Front cover, inside front cover and back cover designed by Dana Gelin. The 2008-09 media guide was edited by Dave Lohse, Associate Athletic Communications Director. Student assistants JoAnne Cannell and Sarah Scott and team manger Will Bondurant assisted in the publication of the media guide. Printing services by UNC Printing of Chapel Hill, N.C., Susan Anderson, customer representative.

Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM



2008-09 Women's Swimming & Diving Roster

| NAME | YR. | EVENTS | HT. | HOMETOWN (HIGH SCHOOL) |
|--------------------|-----|-------------------|------|--|
| Kristin Arnold | Fr. | Diving | 5-1 | Miami, Fla. (Miami Palmetto Senior) |
| Brooke Atkinson | Fr. | Back, Free | 5-8 | Boca Raton, Fla. (Pine Crest School) |
| Allison Barnes | So. | Free | 5-8 | Bel Air, Md. (C. Milton Wright) |
| Aubrette Biegel | Sr. | IM, Free | 5-6 | Schererville, Ind. (Lake Central) |
| Layne Brodie | Fr. | Breast, IM, Fly | 5-7 | Atlanta, Ga. (Westminster) |
| Eliza Butts | Jr. | Freestyle | 5-9 | Weston, Mass. (Weston) |
| Alison Clemens* | Jr. | Breast, IM | 5-3 | Staten Island, N.Y. (St. Joseph By The Sea) |
| Candace Cooper | Fr. | Back, Sprint Free | 5-11 | Raleigh, N.C. (Ravenscroft) |
| Kimmy Davis | Sr. | Free, Back, Fly | 5-5 | Cary, N.C. (Athens Drive) |
| Alex Hamilton | Fr. | Diving | 5-3 | Holly Springs, N.C. (Southeast Raleigh) |
| Caroline Hartmann | So. | Back | 5-7 | Williamsburg, Va. (Walsingham Academy) |
| Katura Harvey | So. | Distance Free | 5-9 | Rockville, Md. (Richard Montgomery) |
| Kaci Hollingsworth | Fr. | Diving | 5-1 | Canyon, Calif. (Trabuco Hills) |
| Ashley Howard | Jr. | Free, Back | 5-11 | Durham, N.C. (Riverside) |
| Brittany Iacouzze | So. | Distance Free | 5-6 | West Windsor, N.J. (Stuart Country Day School) |
| Rebecca Kane | So. | Sprint Free | 5-11 | Toms River, N.J. (Monsignor Donovan) |
| Katie Keel | Fr. | Breast | 5-7 | Knoxville, Tenn. (Webb School) |
| Sarah List | Fr. | Back | 5-9 | Ringold, Ga. (Baylor School) |
| Katie Marsh | So. | Breast, IM | 5-10 | Ocean Ridge, Fla. (Saint Andrew's School) |
| Katelyn Martin | Fr. | Distance Free | 5-10 | Chelmsford, Mass. (Chelmsford) |
| Kerianne McAfee | Fr. | Fly | 5-5 | Charlotte, N.C. (Charlotte Catholic) |
| Lindsay McIlvain* | Sr. | Free, IM | 5-5 | Brentwood, Tenn. (Brentwood) |
| Ashley Miller | So. | Free, IM | 5-11 | Cincinnati, Ohio (Saint Ursula Academy) |
| Jenna Moore | Fr. | Diving | 5-8 | Matthews, N.C. (Providence) |
| Laura Moriarty | Fr. | Fly, Breast, IM | 5-4 | Methuen, Mass. (Methuen) |
| Marie Pesacreta | Fr. | IM, Breast | 5-6 | Chapel Hill, N.C. (Chapel Hill) |
| Chelsea Mock | So. | Diving | 5-2 | Chapel Hill, N.C. (Cresset Christian Academy) |
| Katy Pritchett | Sr. | Diving | 5-8 | Lubbock, Texas (Coronado) |
| Laura Ruscoe | Fr. | Fly, IM | 5-7 | Asheville, N.C. (AC Reynolds) |
| Erica Schiffler | Sr. | Diving | 5-3 | Woodbury, Minn. (Woodbury) |
| Whitney Sprague* | Sr. | Distance Free | 5-7 | Bronxville, N.Y. (Bronxville) |
| Megan Steeves | Jr. | Free, Back | 5-7 | Newark, Del. (St. Mark's) |
| Enuf Swanson | Fr. | Fly | 5-3 | Conroe, Texas (Conroe) |
| Sarah Tanner | Fr. | IM, Fly, Free | 5-6 | Loveland, Ohio (Ursuline) |

***2008-09 Team Captain**

- Head Coach:** Rich DeSelm
- Assistant Coach:** Mike Litzinger
- Assistant Coach:** Eric Stefanski
- Diving Coach:** Kevin Lawrence
- Assistant Coach:** Christy Garth
- Assistant Coach:** Ryan Woodruff
- Assistant Coach:** Sean Quinn
- Managers:** Will Bondurant, Laura Murphy, Mary Zaytoun
- Weight Room Coach:** Steve Gisselman
- Academic Advisor:** Wayne Walden
- Head Athletic Trainer:** Chris Hirth
- Assistant Athletic Trainers:** Chun-Man Fong, Lizzy Hibberd
- Head Nutritionist:** Jen Ketterly
- Nutritionist:** Rebecca Rebmann
- Administrative Assistant:** Kathy Griggs
- Athletic Communications Director:** Dave Lohse



As a sophomore in 2008, Megan Steeves earned first-team All-Atlantic Coast Conference honors in the 100-yard backstroke with a third-place finish at the conference meet.

| Pronunciation Guide | |
|---------------------|--------------------------|
| Name | Pronunciation |
| Aubrette Biegel | AW-bree (same as Beagle) |
| Brittany Iacouzze | I-uh-COO-zay |
| McAfee | MACK-uh-fee |
| Lindsay McIlvain | MACK-uhl-vane |
| Laura Moriarty | MORE-ee-R-tee |
| Marie Pesacreta | PESS-uh-cree-tuh |
| Laura Ruscoe | RUSS-koh |
| Whitney Sprague | SPRAY-g |
| Enuf Swanson | (same as enough) |

| NAME | YR. | EVENTS | HT. | HOMETOWN (HIGH SCHOOL) |
|------------------------|-----|--------------------|------|--|
| Charlie Bartel | Fr. | Back, Breast | 6-0 | Cary, N.C. (Evergreen Academy) |
| Austin Bradyhouse | Jr. | Diving | 5-3 | Raleigh, N.C. (Leesville Road) |
| Andy Brake | So. | IM, Fly | 6-0 | Springfield, Va. (Lake Braddock) |
| Hank Browning | Jr. | Free | 6-1 | Cincinnati, Ohio (Turpin) |
| Steve Cebertowicz | Fr. | Sprint Free | 6-3 | Milwaukee, Wis. (Nicolet) |
| Zach DeVault | So. | Free | 6-4 | Atlantic Beach, Fla. (Episcopal) |
| Jim Flannery | Fr. | Back | 6-0 | Bronxville, N.Y. (Bronxville) |
| Robert Grimmett-Norris | So. | Fly, Free | 6-1 | Herndon, Va. (Georgetown Prep) |
| Josh Hafkin | So. | Back, Free | 6-1 | Rockville, Md. (Georgetown Prep) |
| Brad Hamilton | Fr. | Sprint Free | 6-0 | Kingston, Jamaica (Baylor School) |
| Tyler Harris | So. | IM, Fly | 5-10 | Richmond, Va. (The Steward School) |
| Alex Ismail | So. | Free | 6-3 | Zionsville, Ind. (Zionsville Community) |
| Jeff James* | Jr. | Back, Free, IM | 6-5 | Chapel Hill, N.C. (Chapel Hill) |
| Flynn Jones | So. | Breast | 6-0 | Cary, N.C. (Green Hope) |
| Mike Kelly | Jr. | Diving | 6-0 | Frederick, Md. (Governor Thomas Johnson) |
| Alex Kenley | Sr. | Diving | 5-10 | Sarasota, Fla. (Pine View) |
| Joe Kinderwater | So. | Free, IM | 5-11 | Lancaster, Pa. (Hempfield) |
| Sean Lane | Fr. | Distance Free | 6-2 | Garden City, N.Y. (Garden City) |
| Victor Leclere | Fr. | Fly | 5-10 | Brookfield, Wis. (Brookfield) |
| David MacDonald | Fr. | Diving | 5-7 | Darien, Conn. (Darien) |
| Jason McLaughlin | Jr. | Freestyle, IM, Fly | 5-10 | White Plains, N.Y. (White Plains) |
| Jesse Mendes | Fr. | Distance Free | 5-11 | Chapel Hill, N.C. (Chapel Hill) |
| Brad Mitchell* | Sr. | Breast, IM | 6-1 | Somers, N.Y. (Somers) |
| Brock Park | Fr. | Sprint Free | 6-3 | Kensington, Md. (The Landon School) |
| Chip Peterson | So. | Freestyle, IM | 6-0 | Pine Knoll Shores, N.C. (West Carteret) |
| Vinny Pryor | So. | Breast, IM | 6-2 | Jaffrey, N.H. (Conant) |
| Evan Reed | Fr. | Sprint Free | 6-1 | Berwyn, Pa. (Delaware County Christian School) |
| Yi-Khy Saw* | Sr. | IM, Fly, Free | 5-10 | Penang, Malaysia (The Bolles School) |
| Will Singley | Fr. | Free | 5-11 | Southlake, Texas (Southlake Carroll Senior) |
| Tyler Smith | So. | Free, Fly, Back | 6-2 | Lighthouse Point, Fla. (Pine Crest School) |
| David Solarz | Jr. | Diving | 6-0 | Westlake, Ohio (Westlake) |
| Chandler Thomas | So. | Breast | 6-0 | Charlotte, N.C. (South Mecklenburg) |
| Michael Wilson | So. | Diving | 5-10 | Atlanta, Ga. (Dunwoody) |
| Tommy Wyher | So. | Fly, Back, Free | 6-4 | New Port Richey, Fla. (Jesuit) |
| David Zolno | So. | Free | 6-1 | Austin, Texas (Westlake) |

***2008-09 Team Captain**

- Head Coach:** Rich DeSelm
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- Head Nutritionist:** Jen Ketterly
- Nutritionist:** Rebecca Rebmann
- Administrative Assistant:** Kathy Griggs
- Athletic Communications Director:** Dave Lohse

| Pronunciation Guide | |
|---------------------|------------------|
| Name | Pronunciation |
| Steve Cebertowicz | suh-BERT-oh-witz |
| Alex Ismail | IS-male |
| Zach DeVault | duh-VAULT |
| Victor Leclere | LUH-clare |
| Jason McLaughlin | mih-GLOCK-lin |
| Jesse Mendes | MEND-ess |
| Yi-Khy Saw | EE-KIE SAW |
| David Solarz | sow-LARZ |
| Tommy Wyher | WHY-err |
| David Zolno | ZOLL-know |



As a freshman in 2008, Tommy Wyher won the ACC championship in the 100-yard backstroke. He was the first Tar Heel to win that event since Ted Brisson in 1998.

Carolina Swimming and Diving

WELCOME
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2008-09 Schedule/2007-08 Team Results

| DATE | COMPETITION | TIME | SITE |
|-------------------------------|---|---|--------------------------------------|
| Fri., Oct. 3 | Blue vs. White | 4 p.m. | Chapel Hill, N.C. |
| Wed., Oct. 15 | University of Georgia | 3 p.m. | Chapel Hill, N.C. |
| Fri., Oct. 17 | @ University of South Carolina | 4 p.m. | Columbia, S.C. |
| Fri., Oct. 24 & Sat., Oct. 25 | @ Dallas Classic (Women) (Competing Teams: UNC, Southern California, Arizona State, Wisconsin, Alabama) | 7 p.m. both nights | Dallas, Texas |
| Sun., Oct. 26 | North Carolina Aquatic Club Mile Meet | 3 p.m. | Chapel Hill, N.C. |
| Fri., Oct. 31 & Sat., Nov. 1 | Minnesota | 5 p.m. (Fri.), 12 p.m. (Sat.) | Chapel Hill, N.C. |
| Sat., Nov. 8 | @ Maryland & George Mason | 12 p.m. | College Park, Md. |
| Thurs.-Sat., Nov. 20-22 | Gamecock Invitational | All Day | Columbia, S.C. |
| Thurs.-Sat., Dec. 4-6 | USA Swimming Short Course National Championships | TBA | Atlanta, Ga. |
| Sun., Dec. 28 | Depart on Holiday Training Camp | | Sarasota, Fla. |
| Mon., Jan. 5 | Penn State | TBA | Naples, Fla. |
| Wed., Jan. 7 | Return from Holiday Training Camp | | |
| Sat., Jan. 10 | @ Clemson | 11 a.m. | Clemson, S.C. |
| Fri., Jan. 16 & Sat., Jan. 17 | @ Dallas Morning News (Men) @ Swimming World College Conference Carnival (Women) (Competing Teams: UNC, Florida, Rutgers, Richmond) | 7 p.m. both nights 6:30 p.m. both nights | Dallas, Texas New Brunswick, N.J. |
| Sat., Jan. 24 | @ Virginia | M 12 p.m. W 3 p.m. | Charlottesville, Va. |
| Fri., Jan 30 | Duke | 6 p.m. | Chapel Hill, N.C. |
| Tues., Feb 3 | @ N.C. State | 5 p.m. | Raleigh, N.C. |
| Wed.-Sat., Feb. 18-21 | ACC Championships- Women & Diving | All Day | College Park, Md. |
| Wed.-Sat., Feb. 25-28 | ACC Championships- Men | All Day | College Park, Md. |
| Sun., Mar. 1 | Tar Heel Last Chance Qualifier- W | All Day | Chapel Hill, N.C. |
| Fri., Mar. 6 & Sat., Mar. 7 | Tar Heel Last Chance Qualifier-M | All Day | Chapel Hill, N.C. |
| Thurs.-Sat., Mar. 19-21 | NCAA Championships-Women | All Day | College Station, Texas |
| Thurs.-Sat., Mar. 26-28 | NCAA Championships-Men | All Day | College Station, Texas |

2007-08 Men's Team Results & Schedule

Dual-Meet Record: 6-2, ACC 4-0, ACC Championships Runnerup

| | | |
|----------|--------------------------|--------------------------------------|
| 10/10 | at Georgia | L 133-167 |
| 11/3 | at Minnesota | L 146-218 |
| 11/10 | at Duke | W 177-113 |
| 11/15-17 | Janis Hape Dowd Nike Cup | 3rd Place of 7 teams |
| 1/12 | Clemson | W 168-132 |
| 1/20 | Virginia | W 151-149 |
| 2/1 | NC State | W 167-131 |
| 2/2 | Emory | W 176-117 |
| | Johns Hopkins | W 158-130 |
| 2/27-3/1 | ACC Championships | 2nd Place of 11 teams, 560 Points |
| 3/27-29 | NCAA Championships | Tied for 29th Place, 20 Points |

2007-08 Women's Team Results & Schedule

Dual-Meet Records: 6-3, ACC 3-1, ACC Championships Runnerup

| | | |
|----------|--------------------------|-----------------------------------|
| 10/10 | at Georgia | L 121-171 |
| 11/3 | at Minnesota | L 160.5-208.5 |
| 11/10 | at Duke | W 178-115 |
| 11/15-17 | Janis Hape Dowd Nike Cup | 1st Place of 7 teams |
| 1/12/08 | Clemson | W 204-96 |
| | Rutgers | W 173-131 |
| 1/20 | Virginia | L 109-191 |
| 2/1 | NC State | W 172-116 |
| 2/2 | Emory | W 165-82 |
| | Johns Hopkins | W 177-105 |
| 2/20-23 | at ACC Championships | 2nd place of 11 teams, 572 Points |
| 3/20-22 | at NCAA Championships | Tied 32nd Place, 17 Points |



DRIVING DIRECTIONS TO SMITH CENTER/KOURY NATATORIUM

From Virginia and Points North:

Take I-85 South to Durham, NC. Exit left at US 15-501 in Durham and follow 15-501 approximately 9 miles to Chapel Hill. Once in Chapel Hill, maintain US 15-501 Bypass (Fordham Boulevard). At around the 7th stoplight, turn right onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points West:

Take I-85 North toward Durham. Exit just past Burlington onto NC 54 East (Exit #148, Chapel Hill Exit). Follow NC 54 for approximately 20 miles to Carrboro. Pass Carrboro Plaza on the right and stay on NC 54 for about 4 miles to the next stoplight, Manning Drive. Turn left on Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points East:

Take I-40 West toward Chapel Hill. Exit at NC 54 West (Exit #273 A) and follow for approximately 4 miles. Once in Chapel Hill, continue to follow signs for NC 54 West, which means you will have to exit right under first overpass. At the top of the exit turn right at light. Follow NC 54 West/15-501 South until the 2nd stoplight. Turn right onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points South:

Take US 15-50 North toward Chapel Hill. Exit right onto US 15-501 Bypass in Chapel Hill. Turn left at first stoplight onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.



Men's Depth Chart

| Event | Time | Meet |
|----------------------------------|-----------------|------|
| 50-Yd. Freestyle | | |
| 1. Robby Swendiman | 20.59 | ACC |
| 2. Zach Swartz | 20.59 | ACC |
| 3. Tommy Wyher | 20.63* | ACC |
| 4. Tyler Smith | 20.96* | ACC |
| 5. Josh Hafkin | 21.01 | ACC |
| 6. David Zolno | 21.20 | ACC |
| 7. Alex Ismail | 21.25* | ACC |
| 8. Keith Laabs | 21.32 | ACC |
| 9. Jeff James | 21.48 | N |
| 10. Isaac O'Hare | 21.76 | NCS |
| 100-Yd. Freestyle | | |
| 1. Robby Swendiman | 45.10 | ACC |
| 2. Zach Swartz | 45.15 | ACC |
| 3. Tommy Wyher | 45.37* r | ACC |
| 4. David Zolno | 46.41 | ACC |
| 5. Alex Ismail | 46.62* | ACC |
| 6. Tyler Smith | 46.74* | ACC |
| 7. Josh Hafkin | 47.15 r | N |
| 8. Jeff James | 47.27 | D |
| 9. Keith Laabs | 47.57 r | N |
| 10. Isaac O'Hare | 47.70 | NCS |
| 200-Yd. Freestyle | | |
| 1. Philip Owen | 1:37.77* B | ACC |
| 2. Jeff James | 1:39.84* r | ACC |
| 3. Tyler Harris | 1:40.26 | NCS |
| 4. Alex Ismail | 1:40.81* | ACC |
| 5. David Zolno | 1:43.06* | ACC |
| 6. Robert Grimmer-Norris | 1:43.93 | N |
| 7. Yi-Khy Saw | 1:44.24* | N |
| 8. Joe Kinderwater | 1:44.28 | E/H |
| 9. Robby Swendiman | 1:44.38 | N |
| 10. Zack Vance | 1:45.53 | N |
| 500-Yd. Freestyle | | |
| 1. Philip Owen | 4:22.78* B | NCAA |
| 2. Joe Kinderwater | 4:24.12* B | NCAA |
| 3. Yi-Khy Saw | 4:24.27* B | ACC |
| 4. Jason McLaughlin | 4:26.96* B | ACC |
| 5. Tyler Harris | 4:30.10 | USS |
| 6. Robert Grimmer-Norris | 4:32.25* | ACC |
| 7. Alex Ismail | 4:45.84 | N |
| 8. Nicholas Marsden | 4:51.85 | N |
| 9. Zack Vance | 4:53.10* | N |
| 10. Mark Mohr | 4:57.83 | ACC |
| 1000-Yd. Freestyle | | |
| 1. Joe Kinderwater | 8:58.09* | V |
| | (School Record) | |
| 2. Philip Owen | 9:10.71* | ACC |
| 3. Yi-Khy Saw | 9:11.09* | V |
| 4. Tyler Harris | 9:14.36* | MN |
| 5. Mark Mohr | 10:18.34 | E/H |
| 1650-Yd. Freestyle | | |
| 1. Joe Kinderwater | 14:53.57* A | NCAA |
| | (School Record) | |
| 2. Philip Owen | 15:10.87 B | ACC |
| 3. Yi-Khy Saw | 15:15.02* B | ACC |
| 4. Tyler Harris | 15:41.35 | THI |
| 5. Andy Brake | 16:06.77* | NCS |
| 6. Alex Ismail | 16:56.99* | THI |
| 7. Mark Mohr | 17:10.69 | ACC |
| 100-Yd. Backstroke | | |
| 1. Tommy Wyher | 48.12* B | TT |
| 2. Josh Hafkin | 48.49* B | ACC |
| 3. Keith Laabs | 48.86 | ACC |
| 4. Zach Swartz | 49.16* | ACC |
| 5. Jeff James | 49.39 | ACC |
| 6. Tyler Smith | 51.41* | ACC |
| 7. Isaac O'Hare | 56.99* | N |
| 200-Yd. Backstroke | | |
| 1. Keith Laabs | 1:45.71 B | ACC |
| 2. Jeff James | 1:46.05* B | ACC |
| 3. Josh Hafkin | 1:47.78 | ACC |
| 4. Tommy Wyher | 1:52.79 | E/J |
| 5. Yi-Khy Saw | 1:53.74* | N |
| 6. Andy Brake | 1:53.64* | E/J |
| 100-Yd. Breaststroke | | |
| 1. Brad Mitchell | 55.23* | ACC |
| 2. Vinny Pryor | 56.10* | ACC |
| 3. Robby Swendiman | 57.54 | ACC |
| 4. Flynn Jones | 58.36* | ACC |
| 5. Tyler Harris | 58.95 | D |
| 6. Chandler Thomas | 59.99 | GA |
| 7. Andy Brake | 1:01.04 | MN |
| 200-Yd. Breaststroke | | |
| 1. Vinny Pryor | 1:58.74* B | ACC |
| 2. Brad Mitchell | 2:00.38* B | ACC |
| 3. Tyler Harris | 2:01.99 | V |
| 4. Flynn Jones | 2:08.21* | GA |
| 5. Andy Brake | 2:09.71 | GA |
| 6. Chandler Thomas | 2:12.12 | GA |
| 100-Yd. Butterfly | | |
| 1. Tommy Wyher | 48.18 B | ACC |
| 2. Tyler Smith | 48.70* | ACC |
| 3. Robert Grimmer-Norris | 49.06* | ACC |
| 4. Jason McLaughlin | 50.47* | V |
| 5. Tyler Harris | 51.80 | E/J |
| 6. Zach Swartz | 52.30 | N |
| 7. Josh Hafkin | 52.41 | N |
| 8. Vinny Pryor | 52.48* | N |
| 9. Jeff James | 52.68 | D |
| 10. Robby Swendiman | 53.26 | E/J |
| 200-Yd. Butterfly | | |
| 1. Tyler Harris | 1:47.35* B | ACC |
| 2. Jason McLaughlin | 1:47.73* B | ACC |
| 3. Robert Grimmer-Norris | 1:49.02* | ACC |
| 4. Andy Brake | 1:50.51 | ACC |
| 5. Yi-Khy Saw | 1:51.76 | E/H |
| 6. Vinny Pryor | 1:54.79 | D |
| 7. Joe Kinderwater | 1:57.33 | D |
| 8. Mark Mohr | 2:05.12 | NS |
| 200-Yd. Individual Medley | | |
| 1. Tyler Harris | 1:48.76* B | NCAA |
| 2. Jeff James | 1:50.15 | ACC |
| 3. Andy Brake | 1:50.93 | ACC |
| 4. Vinny Pryor | 1:51.59* | ACC |

| | | |
|---|------------------------------------|-------------------|
| 5. Yi-Khy Saw | 1:53.21 | N |
| 6. Brad Mitchell | 1:56.02 | ACC |
| 7. Robert Grimmer-Norris | 1:56.08 | N |
| 8. Flynn Jones | 1:58.50* | ACC |
| 9. Chandler Thomas | 2:02.88 | N |
| 400-Yd. Individual Medley | | |
| 1. Tyler Harris | 3:47.04* A | ACC |
| | (School Record) | |
| 2. Andy Brake | 3:51.60* B | ACC |
| 3. Yi-Khy Saw | 3:53.63 B | ACC |
| 4. Jason McLaughlin | 3:56.13 B | ACC |
| 5. Joe Kinderwater | 3:59.94* | ACC |
| 6. Robert Grimmer-Norris | 4:08.45 | THI |
| 7. Jeff James | 4:14.18 | THI |
| 8. Flynn Jones | 4:17.22* | THI |
| 9. Zack Vance | 4:22.08* | THI |
| 10. Mark Mohr | 4:26.72 | ACC |
| 200-Yd. Freestyle Relay | | |
| Robby Swendiman (20.88), Zach Swartz (20.72), Jeff James (20.08), Tommy Wyher (20.62) | 1:21.79 | ACC |
| 400-Yd. Freestyle Relay | | |
| Tommy Wyher (45.37), Zach Swartz (44.73), Robby Swendiman (45.00), Jeff James (44.79) | 2:59.89 | ACC |
| 800-Yd. Freestyle Relay | | |
| Jeff James (1:39.84), Tyler Harris (1:38.60), Philip Owen (1:37.31), Yi-Khy Saw (1:38.91) | 6:34.66 B | ACC |
| 100-Yd. Medley Relay | | |
| Josh Hafkin (22.42), Brad Mitchell (24.86), Tommy Wyher (20.94), Robby Swendiman (19.75) | 1:27.97 B | ACC |
| | (School Record) | |
| 400-Yd. Medley Relay | | |
| Josh Hafkin (49.83), Brad Mitchell (55.10), Tommy Wyher (48.31), Jeff James (44.65) | 3:17.89 | ACC |
| One-Meter Dual Meet Diving | | |
| 1. Ryan Funderburk | 359.48 | (NCAA Zone)NCS/MN |
| 2. David Solarz | 302.40 | (NCAA Zone) MN |
| 3. Austin Bradyhouse | 284.45 | CN |
| 4. Alex Kenley | 280.20 | C |
| 5. Mike Kelly | 278.03 | NCS |
| Three-Meter Diving | | |
| 1. Ryan Funderburk | 422.92 | (NCAA Zone) E/J |
| | 380.10 | ACC |
| | (School Record for Champion. Meet) | |
| 2. David Solarz | 335.40 | (NCAA Zone) N |
| 3. Alex Kenley | 332.75 | (NCAA Zone) N |
| 4. Austin Bradyhouse | 301.58 | E/J |
| 5. Mike Kelly | 292.50 | N |
| 10-Meter Platform Diving | | |
| 1. Ryan Funderburk | 306.00 | (NCAA Z.) ACC |
| | 276.90 | ACC |
| | (School Record for Champion. Meet) | |
| 2. David Solarz | 276.90 | ACC |
| Men's Depth Chart | | |
| 50-Yd. Freestyle | | |
| 1. Kelsey Morrissy | 22.67* B | N |
| 2. Rebecca Kane | 22.77* B | ACC |
| 3. Megan Steeves | 22.89* B | ACC |
| 4. Eliza Butts | 23.50 | ACC |
| 5. Aubrette Biegel | 23.99 r | N |
| 6. Kimmy Davis | 24.26 | ACC |
| 7. Sarah Scott | 24.36 | N |
| 8. Lindsey Marck | 24.39 | N |
| 9. Barbara Thomas | 24.42 | NCS |
| 10. Katie Marsh | 24.71 | N |
| 100-Yd. Freestyle | | |
| 1. Kelsey Morrissy | 49.37* A r | ACC |
| 2. Rebecca Kane | 50.27* B | ACC |
| 3. Megan Steeves | 50.33* B | ACC |
| 4. Eliza Butts | 50.45 B | ACC |
| 5. Aubrette Biegel | 51.98 | N |
| 6. Katura Harvey | 52.66 r | N |
| 7. Barbara Thomas | 53.26 | E/J |
| 8. Whitney Sprague | 53.33 | E/J |
| 9. Kimmy Davis | 53.97 | N |
| 10. Sarah Scott | 54.31 r | GA |
| 200-Yd. Freestyle | | |
| 1. Kelsey Morrissy | 1:47.73* B r | NCAA |
| 2. Whitney Sprague | 1:48.36* B | N |
| 3. Megan Steeves | 1:49.20 B | NCAA |
| 4. Eliza Butts | 1:49.21 B | N |
| 5. Ashley Howard | 1:50.50 | N |
| 6. Rebecca Kane | 1:50.73 | N |
| Megan Steeves | 1:50.73 | E/J |
| 8. Aubrette Biegel | 1:51.09 | MN |
| 9. Kristin Oxford | 1:51.68 | GA |
| 10. Taylor McFarlane | 1:53.87 | C |
| 500-Yd. Freestyle | | |
| 1. Whitney Sprague | 4:41.09* A | N |
| | (School Record) | |
| 2. Katura Harvey | 4:44.42* A | ACC |
| 3. Ashley Howard | 4:51.70* B | ACC |
| 4. Lindsay McIlvain | 4:53.76 B | N |
| 5. Ashley Miller | 4:56.43* | ACC |
| 6. Allison Barnes | 4:58.46 | N |
| 7. Kristin Oxford | 4:58.50 | GA |
| 1000-Yd. Freestyle | | |
| 1. Whitney Sprague | 9:35.76* | N |
| | (School Record, ACC Record) | |
| 2. Katura Harvey | 9:55.95 | V |
| 3. Lindsay McIlvain | 10:05.40 | N |
| 4. Ashley Miller | 10:07.76* | MN |
| 5. Aubrette Biegel | 10:08.29 | E/J |
| 6. Allison Barnes | 10:13.52 | D |
| 7. Ashley Howard | 10:28.91 | C |
| 1650-Yd. Freestyle | | |
| 1. Whitney Sprague | 15:51.02* A | N |
| | (School Record, ACC Record) | |
| 2. Katura Harvey | 16:16.57* A | NCAA |
| 3. Lindsay McIlvain | 16:41.32 B | N |
| 4. Ashley Miller | 16:46.96* B | N |
| 5. Aubrette Biegel | 16:49.60 B | ACC |
| 6. Allison Barnes | 17:00.20 | ACC |
| 7. Ashley Howard | 17:02.82* | NCS |
| 100-Yd. Backstroke | | |
| 1. Megan Steeves | 54.69* B | ACC |
| 2. Ashley Howard | 56.63* | ACC |
| 3. Caroline Hartmann | 56.81 | ACC |

| | | |
|--|-----------------|-----------------|
| 4. Taylor McFarlane | 56.96 | ACC |
| 5. Kimmy Davis | 57.28* | V |
| 6. Barbara Thomas | 57.77* | ACC |
| 7. Rebecca Kane | 59.85* | N |
| 200-Yd. Backstroke | | |
| 1. Ashley Howard | 1:57.84* B | USS |
| 2. Taylor McFarlane | 2:00.52 B | N |
| 3. Caroline Hartmann | 2:02.02 | ACC |
| 4. Megan Steeves | 2:03.03* | D |
| 5. Barbara Thomas | 2:03.48 | ACC |
| 6. Allison Barnes | 2:08.99 | N |
| 100-Yd. Breaststroke | | |
| 1. Alison Clemens | 1:02.22* B | BI |
| 2. Katie Marsh | 1:04.56 | N |
| 3. Jen Frazier | 1:06.50 | V |
| 4. Aubrette Biegel | 1:06.90 | E/H |
| 5. Barbara Thomas | 1:08.07 | GA |
| 6. Kimmy Davis | 1:08.47 | D |
| 7. Rebecca Kane | 1:09.23 | E/H |
| 200-Yd. Breaststroke | | |
| 1. Alison Clemens | 2:13.21* A | BI |
| 2. Katie Marsh | 2:20.81 | MN |
| 3. Jen Frazier | 2:22.39* | MN |
| 4. Kelly Woodruff | 2:24.05 | D |
| 5. Ashley Miller | 2:28.44 | NCS |
| 100-Yd. Butterfly | | |
| 1. Lindsey Marck | 54.45 B | ACC |
| 2. Sarah Scott | 56.52 | ACC |
| 3. Kimmy Davis | 57.22 | ACC |
| 4. Hannah Mein | 59.22 | GA |
| 5. Eliza Butts | 59.66 | NCS |
| 6. Allison Barnes | 1:02.37 | E/J |
| 200-Yd. Butterfly | | |
| 1. Lindsey Marck | 2:00.32 B | ACC |
| 2. Kelly Woodruff | 2:04.82* | ACC |
| 3. Hannah Mein | 2:05.33 | GA |
| 4. Sarah Scott | 2:05.75 | V |
| 5. Lindsay McIlvain | 2:07.47 | NCS |
| 200-Yd. Individual Medley | | |
| 1. Alison Clemens | 2:01.92 B | ACC |
| 2. Barbara Thomas | 2:03.41 B | ACC |
| 3. Aubrette Biegel | 2:04.56* | ACC |
| 4. Kelly Woodruff | 2:05.61 | ACC |
| 5. Jen Frazier | 2:08.41* | N |
| 6. Lindsey Marck | 2:08.57 | N |
| 7. Katie Marsh | 2:09.05 | N |
| 8. Eliza Butts | 2:09.21 | D |
| 9. Taylor McFarlane | 2:10.33 | N |
| 10. Ashley Miller | 2:11.07 | NCS |
| 400-Yd. Individual Medley | | |
| 1. Alison Clemens | 4:19.02* B | THI |
| 2. Taylor McFarlane | 4:22.84 B | ACC |
| 3. Aubrette Biegel | 4:25.56* | N |
| 4. Kelly Woodruff | 4:25.98 | ACC |
| 5. Lindsay McIlvain | 4:28.82 | GA |
| 6. Ashley Miller | 4:28.90* | ACC |
| 7. Lindsey Marck | 4:31.85* | THI |
| 7. Ashley Howard | 4:31.91 | THI |
| 8. Hannah Mein | 4:34.19 | THI |
| 9. Jen Frazier | 4:34.82* | THI |
| 10. Barbara Thomas | 4:35.78 | THI |
| 200-Yd. Freestyle Relay | | |
| Kelsey Morrissy (23.13), Rebecca Kane (22.46), Eliza Butts (22.75), Megan Steeves (22.75) | 1:31.09 B | BI |
| | (School Record) | |
| 400-Yd. Freestyle Relay | | |
| Kelsey Morrissy (49.37), Rebecca Kane (49.95), Eliza Butts (49.70), Megan Steeves (49.80) | 3:18.82 B | ACC |
| | (School Record) | |
| 800-Yd. Freestyle Relay | | |
| Kelsey Morrissy (1:48.22), Eliza Butts (1:48.24), Ashley Howard (1:50.25), Whitney Sprague (1:48.18) | 7:14.87 B | ACC |
| | (School Record) | |
| 200-Yd. Medley Relay | | |
| Megan Steeves (26.23), Alison Clemens (28.36), Lindsey Marck (24.37), Rebecca Kane (22.17) | 1:41.13 B | ACC |
| 400-Yd. Medley Relay | | |
| Megan Steeves (55.51), Alison Clemens (1:02.28), Lindsey Marck (54.35), Kelsey Morrissy (49.36) | 3:41.50 B | ACC |
| 10-Meter Platform Diving | | |
| 1. Erica Schiffler | 260.85 | (NCAA Z) ACC |
| | 160.15 | ACC |
| | 133.55 | ACC |
| One-Meter Dual Meet Diving | | |
| 1. Laura Filip | 313.28 | (NCAA Z) E/J |
| 2. Erika Matheis | 301.87 | (NCAA Zone) E/J |
| 3. Mandi Arak | 274.80 | (NCAA Zone) D |
| 4. Erica Schiffler | 266.78 | NCS |
| 5. Katy Pritchett | 237.22 | E/J |
| Three-Meter Dual Meet Diving | | |
| 1. Erika Matheis | 320.18 | (NCAA Zone) E/J |
| 2. Erica Schiffler | 314.93 | (NCAA Zone) V |
| 3. Laura Filip | 299.34 | (NCAA Z) NCS |



2008-09 Men's Preseason Depth Chart

50 Yard Freestyle

1. **Evan Reed, Fr.** 20.45
2. **Steve Cebertowicz, Fr.** 20.54
3. Tommy Wyher, So. 20.63
4. **Brad Hamilton, Fr.** 20.70
5. Josh Hafkin, So. 20.73

100 Yard Freestyle

1. **Evan Reed, Fr.** 44.51
2. Hank Browning, Jr. 44.63
3. **Steve Cebertowicz, Fr.** 44.90
4. **Brad Hamilton, Fr.** 45.15
5. Tommy Wyher, So. 45.37

200 Yard Freestyle

1. Hank Browning, Jr. 1:36.29
2. **Evan Reed, Fr.** 1:38.34
3. **Wil Singley, Fr.** 1:39.17
4. Chip Peterson, So. 1:39.66
5. Jeff James, Jr. 1:39.84

500 Yard Freestyle

1. Chip Peterson, So. 4:19.39
2. Hank Browning, Jr. 4:19.99
3. Joe Kinderwater, So. 4:24.12
4. Yi-Khy Saw, Sr. 4:24.27
5. **Wil Singley, Fr.** 4:25.95

1000 Yard Freestyle

1. Joe Kinderwater, So. 8:58.09
2. Chip Peterson, So. 9:02.38
3. Yi-Khy Saw, Sr. 9:11.09
4. Hank Browning, Jr. 9:14.33
5. Tyler Harris, So. 9:14.36

1650 Yard Freestyle

1. Joe Kinderwater, So. 14:53.57
2. Chip Peterson, So. 14:55.53
3. Hank Browning, Jr. 15:10.75
4. Yi-Khy Saw, Sr. 15:15.02
5. Jason McLaughlin, Jr. 15:25.71

100 Yard Butterfly

1. Tommy Wyher, So. 48.13
2. Tyler Smith, So. 48.70
3. Robert Grimmer-Norris, So. 49.06
4. **Victor Leclere, Fr.** 49.96
5. **Brad Hamilton, Fr.** 50.36

200 Yard Butterfly

1. Tyler Harris, So. 1:47.35
2. Jason McLaughlin, Jr. 1:47.73
3. Yi-Khy Saw, Sr. 1:48.09
4. Robert Grimmer-Norris, So. 1:49.02
5. **Victor Leclere, Fr.** 1:49.53

100 Yard Backstroke

1. Josh Hafkin, So. 48.11
2. Tommy Wyher, So. 48.12
3. Jeff James, Jr. 49.39
4. **Evan Reed, Fr.** 50.18
5. **Jim Flannery, Fr.** 50.80

200 Yard Backstroke

1. Jeff James, Jr. 1:46.05
2. Josh Hafkin, So. 1:46.36
3. Tommy Wyher, So. 1:49.08
4. **Jim Flannery, Fr.** 1:49.67
5. **Charlie Bartel, Fr.** 1:50.22

100 Yard Breaststroke

1. Brad Mitchell, Sr. 55.23
2. Vinny Pryor, So. 56.10
3. **Brad Hamilton, Fr.** 57.16
4. Tyler Harris, So. 57.90
5. Saw, Yi-Khy, Sr. 58.06

200 Yard Breaststroke

1. Vinny Pryor, So. 1:58.74
2. Brad Mitchell, Sr. 2:00.38
3. Tyler Harris, So. 2:01.87
4. **Charlie Bartel, Fr.** 2:04.79
5. Andy Brake, So. 2:05.35

200 Yard Individual Medley

1. Tyler Harris, So. 1:48.76
2. Jeff James, Jr. 1:49.23
3. Yi-Khy Saw, Sr. 1:49.90
4. Andy Brake, So. 1:50.82
5. Brad Mitchell, Sr. 1:50.93

400 Yard Individual Medley

1. Tyler Harris, So. 3:47.04
2. Andy Brake, So. 3:51.60
3. Yi-Khy Saw, Sr. 3:53.38
4. Jason McLaughlin, Jr. 3:56.13
5. Jeff James, Jr. 3:57.09

Divers

- Alex Kenley, Sr.
- David Solarz, Jr.
- Michael Kelly, Jr.
- Austin Bradyhouse, Jr.
- Michael Wilson, Jr.
- David McDonald, Fr.**

Freshmen in Bold Face



Sophomore Vinny Pryor tops the depth chart at 200-yards breaststroke.



Jeff James ranks No. 1 on the depth chart in the 200-yard backstroke.



Joe Kinderwater came on like gangbusters last year to set a pair of University records.



Tyler Harris scaled the depth chart to rank No. 1 in the 200 fly, 200 IM and 400 IM.



Chip Peterson ranks in the top three of all three primary distance free events.



50 Yard Freestyle

| | |
|--------------------------------|--------------|
| 1. Rebecca Kane, So. | 22.77 |
| 2. Megan Steeves, Jr. | 22.89 |
| 3. Eliza Butts, Jr. | 23.18 |
| 4. Brooke Atkinson, Fr. | 23.57 |
| T5. Candace Cooper, Fr. | 23.64 |
| T5. Aubrette Biegel, Sr. | 23.64 |

100 Yard Freestyle

| | |
|-------------------------|-------|
| 1. Eliza Butts, Jr. | 49.77 |
| 2. Rebecca Kane, So. | 50.27 |
| 3. Megan Steeves, Jr. | 50.33 |
| 4. Aubrette Biegel, Sr. | 50.69 |
| *5. Katura Harvey, So. | 50.95 |

200 Yard Freestyle

| | |
|-------------------------|---------|
| 1. Eliza Butts, Jr. | 1:47.96 |
| 2. Whitney Sprague, Sr. | 1:48.36 |
| 3. Katura Harvey, So. | 1:48.66 |
| 4. Aubrette Biegel, Sr. | 1:49.29 |
| 5. Ashley Howard, Jr. | 1:49.74 |

500 Yard Freestyle

| | |
|-------------------------------|----------------|
| 1. Whitney Sprague, Sr. | 4:41.09 |
| 2. Katura Harvey, So. | 4:44.42 |
| 3. Lindsay McIlvain, Sr. | 4:49.90 |
| 4. Katelyn Martin, Fr. | 4:51.26 |
| 5. Ashley Howard, Jr. | 4:51.70 |

1000 Yard Freestyle

| | |
|-------------------------------|----------------|
| 1. Whitney Sprague, Sr. | 9:35.76 |
| 2. Katura Harvey, So. | 9:49.88 |
| 3. Lindsay McIlvain, Sr. | 9:53.90 |
| 4. Katelyn Martin, Fr. | 9:54.56 |
| 5. Brittany Iacouzze, So. | 9:59.36 |

1650 Yard Freestyle

| | |
|-------------------------------|-----------------|
| 1. Whitney Sprague, Sr. | 15:51.02 |
| 2. Katura Harvey, So. | 16:16.57 |
| 3. Katelyn Martin, Fr. | 16:18.04 |
| 4. Lindsay McIlvain, Sr. | 16:27.35 |
| 5. Brittany Iacouzze, So. | 16:43.93 |

100- Yard Butterfly

| | |
|-------------------------------|--------------|
| 1. Sarah Tanner, Fr. | 55.26 |
| 2. Nuffy Swanson, Fr. | 55.91 |
| 3. Layne Brodie, Fr. | 55.96 |
| 4. Keri McAfee, Fr. | 56.39 |
| 5. Laura Moriarty, Fr. | 56.72 |

200 Yard Butterfly

| | |
|-------------------------------|----------------|
| 1. Nuffy Swanson, Fr. | 1:58.86 |
| 2. Laura Moriarty, Fr. | 2:00.67 |
| 3. Keri McAfee, Fr. | 2:02.16 |
| 4. Sarah Tanner, Fr. | 2:05.52 |
| 5. Katelyn Martin, Fr. | 2:06.03 |

100 Yard Backstroke

| | |
|--------------------------------|--------------|
| 1. Megan Steeves, Jr. | 54.69 |
| 2. Candace Cooper, Fr. | 54.90 |
| 3. Brooke Atkinson, Fr. | 56.18 |
| 4. Ashley Howard, Jr. | 56.63 |
| 5. Caroline Hartmann, So. | 56.81 |

200 Yard Backstroke

| | |
|-------------------------------|----------------|
| 1. Ashley Howard, Jr. | 1:57.84 |
| 2. Caroline Hartmann, So. | 2:02.02 |
| 3. Candace Cooper, Fr. | 2:03.03 |
| Megan Steeves, Jr. | 2:03.03 |
| 5. Sarah Tanner, Fr. | 2:03.15 |

100 Yard Breaststroke

| | |
|-------------------------------|----------------|
| 1. Layne Brodie, Fr. | 1:02.12 |
| 2. Alison Clemens, Jr. | 1:02.22 |
| 3. Laura Moriarty, Fr. | 1:02.88 |
| 4. Katie Keel, Fr. | 1:04.19 |
| 5. Katie Marsh, So. | 1:04.50 |

200 Yard Breaststroke

| | |
|-------------------------------|----------------|
| 1. Alison Clemens, Jr. | 2:13.21 |
| 2. Layne Brodie, Fr. | 2:14.99 |
| 3. Laura Moriarty, Fr. | 2:15.42 |
| 4. Katie Marsh, So. | 2:18.27 |
| 5. Katie Keel, Fr. | 2:18.46 |

200 Yard Individual Medley

| | |
|-------------------------------|----------------|
| 1. Layne Brodie, Fr. | 2:01.31 |
| 2. Alison Clemens, Jr. | 2:01.51 |
| 3. Sarah Tanner, Fr. | 2:01.85 |
| 4. Laura Moriarty, Fr. | 2:03.00 |
| 5. Aubrette Biegel, Sr. | 2:04.56 |

400 Yard Individual Medley

| | |
|--------------------------------|----------------|
| 1. Laura Moriarty, Fr. | 4:18.29 |
| 2. Alison Clemens, Jr. | 4:19.02 |
| 3. Lindsay McIlvain, Sr. | 4:21.80 |
| 4. Brittany Iacouzze, So. | 4:22.56 |
| 5. Marie Pesecreta, Fr. | 4:23.58 |

Divers

| |
|-------------------------|
| Erica Sciffler, Sr. |
| Katy Pritchett, Sr. |
| Mandi Arak, Jr. |
| Chelsea Mock, So. |
| Alex Hamilton, Fr. |
| Jenna Moore, Fr. |
| Kaci Hollingsworth, Fr. |
| Kristin Arnold, Fr. |

Freshmen in Bold Face



Whitney Sprague holds school records at 500, 1000 and 1650 yards freestyle.



Junior Eliza Butts ranks No. 1 in both the 100 and 200 freestyle events.



Junior Ashley Howard has a 200 backstroke time just short of the University record.



Junior tri-captain Alison Clemens is first or second on the depth chart in four events.



Sophomore Katura Harvey is No. 2 on the depth chart in all three distance freestyles.

Carolina Swimming and Diving

WELCOME
TO THE
KOURY
NATATORIUM



Head Coach Rich DeSelm

Rich DeSelm, a highly successful head coach at Davidson College and long-time assistant coach at nationally ranked programs at the University of Florida and the University of North Carolina, assumed the full-time duties of men's and women's head swimming coach at Carolina on July 1, 2007.



DeSelm, in his first year at the helm of the Carolina program, coached the Tar Heels to two second place finishes at the ACC Championships. The men's second place finish was their highest finish since 2001. DeSelm also led the Tar Heels to two impressive finishes at the NCAA Championships. For the first time since 2004, three Tar Heel men achieved All America honors. Tyler Harris, freshman All-America and ACC Champion set a new UNC Record in the 400 IM under Deselm's tutelage. Harris also finished twelfth in the 400 IM at U.S. Olympic Trials. Fellow freshman Joe Kinderwater claimed an ACC Championship and All-America in the 1650 freestyle and set UNC school records in the 1000 & 1650 free while making the finals of Olympic Trials in the 1500-meter free. Another freshman, Andy Brake, received All-ACC honors in the 400 IM with a third place finish. Junior Whitney Sprague continued her record-setting career under DeSelm with two ACC Championships, the 500 & 1650 free. She placed second at the NCAA Championships in the 1650, an improvement over her third place finish in 2007. Sprague placed eleventh in the 800-meter free at U.S. Olympic Trials. Chip Peterson, after redshirting the 2007-08 season, had an impressive summer placing thirteenth at World Open Water Swimming Championships and twelfth in the 1500-meter free at U.S. Olympic Trials.

DeSelm has been an elite coach at every level during his nearly 30-year coaching career. As an assistant coach at North Carolina and Florida, he helped coach teams that won 16 conference championships and placed in the Top 25 on 36 occasions at the NCAA Championships, including 21 Top 10 finishes. As a head coach at Davidson College, his teams won seven conference championships and placed in the Top 10 of the ECAC Championships seven times in eight years.

A former team captain and longtime assistant at the University of North Carolina, DeSelm earned his degree from Chapel Hill in 1978. In April 2006, it was announced he would leave Florida after an

excellent six-year tenure there to take over as the head coach for UNC men's and women's swimming on July 1, 2007.

DeSelm, 51 years old, served as head coach designate in 2006-07, and became the head coach when Frank Comfort retired on June 30, 2007. Comfort was the winningest dual-meet swimming coach in college history and he led Carolina to 26 ACC championships in his 30-year tenure. DeSelm had previously worked as Comfort's assistant for 15 seasons from 1979-93, years in which the program competed at a very high level in the conference and nationally.

In DeSelm's year as the head coach designate, Carolina showed great progress with the women claiming the ACC title for the first time in five years and both the men and women improving their NCAA finishes markedly from the previous campaign. Nine women qualified for the NCAA Championships, as did four men. Sixteen swimmers and divers were named to the 2007 All-ACC Team.

"We were fortunate to hire a person of Rich's integrity, talent and passion to be the head coach of Carolina swimming and diving," says Tar Heel director of athletics Dick Baddour. "He's been successful at Carolina, Davidson and Florida, as a head and assistant coach. He has a proven track record as a coach who recruits outstanding young people who are committed to excellence academically and in the pool. He is a teacher in the truest sense. I knew the transition with Coach Comfort would be a seamless one that allowed Frank the op-

portunity to finish his remarkable career knowing the program he built for 30 years was in good hands for the future."

DeSelm was an All-America swimmer in Chapel Hill from 1974-78 and earned a Bachelor of Science degree in business administration in 1978. Ten years later he earned a Master of Arts degree from Duke in liberal studies in 1988. After 15 years as the chief assistant at Carolina, he left Chapel Hill in 1993 to become the head coach at Davidson, where he spent seven years before going on to Florida for six more years.

He was an assistant at Carolina on Comfort's staff from 1978 to 1993, in which time he became the second full-time swimming coach in school history. In his 15 years coaching at Carolina, the Tar Heels won 14 Atlantic Coast Conference championships — nine by the women, five by the men. The women had seven Top 10 and 14 Top 20 NCAA finishes, while the men finished in the national Top 25 on 10 occasions.

Comfort knew the program would be inherited by a special kind of coach when he retired.

"I could not be more pleased and excited for the program," says Comfort. "There was an extensive search, but all roads led to Rich. He has vast experience at Carolina and at two other great schools. I have every confidence that he will do a superb job for many years to follow. Coaching alongside him in my final year was an absolute joy. He knows Carolina's philosophy, goals and standards and he is a brilliant





coach and person.”

“It is an exciting opportunity for me to coach at my alma mater, a school for which I have so much respect,” DeSelm said at the time of his hiring as head coach-designate. “The University of North Carolina is a fantastic place in so many different ways. I appreciate the confidence Dick Baddour, Beth Miller and Coach Comfort have shown in asking me to lead this program forward. I am most excited about returning to Chapel Hill and getting to work with the Tar Heel student-athletes and becoming a member of the university and local communities. I have had wonderful experiences at both Davidson and Florida, and now it is a terrific honor to return to North Carolina.”

While at Florida, DeSelm helped recruit and coach the men’s and women’s teams that were consistently among the best in the country. Each year from 2001 through 2006, both the men’s and women’s swimming teams finished the season in the Top 10 nationally, posting seven Top five finishes along the way. During DeSelm’s time at Florida, the men’s team finished second in the Southeastern Conference five times. The women finished third multiple times, second once, and won the conference meet in 2002.

The Gators earned more than 300 All-America honors in his six years in Gainesville, including a school-record 26 citations by Carlos Jayme, who DeSelm helped mentor from 2000-2004. Jayme

was the 2001 Southeastern Conference Freshman of the Year, a 2003 SEC champion, and the school record holder in the 50-yard freestyle, the 100-yard freestyle, and as a member of the 200 free, 400 free, and 400 medley relay units. DeSelm also assisted in the training of many more All-America honorees, national and school record-holders, and Olympian Gabriel Mangabiera who finished fifth in the 100-meter butterfly at the 2004 Athens Games while competing for Brazil. He was also an SEC champion and Florida record-holder.

“North Carolina got a great person to be its next head coach,” says Gator head coach Gregg Troy. “Rich did an outstanding job here and he is missed by all of us at the University of Florida.”

DeSelm led Davidson College to four women’s and three men’s titles at the Southern States Championships and he earned five coach-of-the-year awards. Mary Shell Brosche won three consecutive Southern States Female Swimmer-of-the-Year awards under his tutelage. The Wildcats placed in the Top 10 of the ECAC meet seven times in eight years.

He coached a pair of Tar Heels to berths in the 1992 Barcelona Olympics. Yann deFabrique, a first-team All-America at Carolina, was the 1993 French national champion in the 400-meter freestyle and he placed 14th in the Olympics in that event. David Monasterio, a first-team All-America at UNC in the

**Rich DeSelm’s Year-By-Year Coaching Ledger
AT THE UNIVERSITY OF NORTH CAROLINA**

| Assistant Coach—Men’s Swimming & Diving Team | | | | |
|--|---------------|--------------|-----------------|---------------------------|
| Year | Overall | ACC | ACC Finish | NCAA Finish |
| 1978-79 | 5-5 | 3-1 | 2nd | 25th |
| 1979-80 | 8-4 | 5-1 | 2nd | 22nd |
| 1980-81 | 8-2 | 4-1 | 2nd | 20th |
| 1981-82 | 6-3 | 3-2 | 2nd | 24th |
| 1982-83 | 5-3 | 3-1 | 1st | 21st |
| 1983-84 | 8-4 | 4-1 | 2nd | 17th |
| 1984-85 | 4-4 | 3-2 | 3rd | 36th |
| 1985-86 | 5-3 | 4-2 | 2nd | 31st |
| 1986-87 | 6-4 | 4-2 | 3rd | |
| 1987-88 | 9-1 | 5-0 | 1st | 19th |
| 1988-89 | 8-2 | 4-1 | 1st | 39th |
| 1989-90 | 11-2 | 6-0 | 2nd | 30th |
| 1990-91 | 9-1 | 5-0 | 1st | 21st |
| 1991-92 | 9-2 | 5-2 | 3rd | 18th |
| 1992-93 | 10-4 | 6-1 | 1st | 14th |
| Totals | 111-44 | 64-17 | 5 Titles | 10 Top 25 Finishes |

| Assistant Coach—Women’s Swimming & Diving Team | | | | |
|--|---------------|-------------|-----------------|---------------------------|
| Year | Overall | ACC | ACC Finish | NCAA Finish |
| 1978-79 | 7-1 | 2-1 | 2nd | 5th |
| 1979-80 | 7-2 | 3-1 | 2nd | 7th |
| 1980-81 | 7-1 | 3-1 | 1st | 3rd |
| 1981-82 | 11-0 | 5-0 | 1st | 3rd |
| 1982-83 | 9-1 | 4-0 | 1st | 6th |
| 1983-84 | 9-0 | 5-0 | 1st | 5th |
| 1984-85 | 6-2 | 4-1 | 1st | 12th |
| 1985-86 | 8-0 | 6-0 | 1st | 16th |
| 1986-87 | 8-2 | 5-1 | 2nd | 9th |
| 1987-88 | 8-3 | 3-2 | 2nd | 19th |
| 1988-89 | 9-2 | 4-1 | 2nd | 36th |
| 1989-90 | 11-1 | 5-0 | 2nd | 15th |
| 1990-91 | 10-1 | 5-0 | 1st | 20th |
| 1991-92 | 12-0 | 7-0 | 1st | 14th |
| 1992-93 | 10-2 | 5-1 | 1st | 16th |
| Totals | 132-18 | 66-9 | 9 Titles | 14 Top 25 Finishes |

**AT DAVIDSON COLLEGE
Head Men’s and Women’s Coach**

DeSelm’s men’s dual meet record in seven seasons (1993-2000) was 26-40. His women’s teams were 21-44-1. He was the Southern States Coach of the Year for men’s swimming in 1995, and he received the honor for women’s swimming each year from 1997 to 2000. During his tenure, the men’s teams won three Southern States Championships, and the women’s teams won four. Davidson placed in the top 10 at the Eastern College Athletic Conference Championships seven times in eight years. DeSelm coached 22 all-conference performers, including 11 individual event winners.

| AT THE UNIVERSITY OF FLORIDA Assistant Coach—Men’s Swimming & Diving Team | | | | |
|--|--------------|--------------|------------|---------------------------|
| Year | Overall | SEC | SEC Finish | NCAA Finish |
| 2000-01 | 9-5 | 0-3 | 3rd | 5th |
| 2001-02 | 10-4 | 4-3 | 2nd | 4th |
| 2002-03 | 9-3 | 4-2 | 2nd | 6th |
| 2003-04 | 9-2 | 5-1 | 2nd | 6th |
| 2004-05 | 11-1 | 4-1 | 2nd | 5th |
| 2005-06 | 10-3 | 5-1 | 2nd | 5th |
| Totals | 58-18 | 24-11 | | 4 Top 5 NCAA Ranks |

| Women’s Swimming & Diving Team | | | | |
|--------------------------------|--------------|-------------|--------------------|---------------------------|
| Year | Overall | SEC | SEC Finish | NCAA Finish |
| 2000-01 | 12-2 | 3-1 | 3rd | 8th |
| 2001-02 | 12-2 | 2-1 | 1st | 7th |
| 2002-03 | 12-1 | 5-1 | 2nd | 5th |
| 2003-04 | 11-2 | 5-2 | 3rd | 4th |
| 2004-05 | 9-2 | 3-2 | 3rd | 4th |
| 2005-06 | 11-2 | 5-2 | 3rd | 10th |
| Totals | 67-11 | 26-9 | 1 SEC Title | 3 Top 5 NCAA Ranks |

| AT THE UNIVERSITY OF NORTH CAROLINA Head Coach Designate—Men’s Swimming & Diving Team | | | | |
|--|---------|-----|------------|-------------|
| Year | Overall | ACC | ACC Finish | NCAA Finish |
| 2006-07 | 5-3 | 4-1 | 3rd | 27th |

| Head Coach Designate—Women’s Swimming & Diving Team | | | | |
|---|---------|-----|------------|-------------|
| Year | Overall | ACC | ACC Finish | NCAA Finish |
| 2006-07 | 8-1 | 5-0 | 1st | 30th |

| AT THE UNIVERSITY OF NORTH CAROLINA Head Coach—Men’s Swimming & Diving Team | | | | |
|--|---------|-----|------------|-------------|
| Year | Overall | ACC | ACC Finish | NCAA Finish |
| 2007-08 | 6-2 | 4-0 | 2nd | 29th |

| Head Coach—Women’s Swimming & Diving Team | | | | |
|---|---------|-----|------------|-------------|
| Year | Overall | ACC | ACC Finish | NCAA Finish |
| 2007-08 | 6-3 | 3-1 | 2nd | 32nd |



Head Coach Rich DeSelm

200-yard freestyle and 200-yard butterfly, swam on the 1992 Puerto Rican Olympic Team.

Other notable UNC swimmers coached by DeSelm as an assistant from 1979-93 include Sue Walsh, Polly Winde, James Hamrick, Carrie Szulc, John Davis (an 11-time individual event ACC champion), Gary Gauch, Melissa Douse and Sarah Perroni. Walsh and Winde were members of the 1983 United States Team in the Pan American Games.

"You will not find a person with more integrity, passion for swimming and loyalty to his alma mater than Rich DeSelm," says Walsh, an 11-time national collegiate champion, American record holder in the 50 and 100-meter backstrokes, and currently the Director of Endowment and Stewardship at the UNC Educational Foundation. "Few coaches would be able to successfully follow what Frank Comfort has accomplished, but Coach DeSelm has the qualities necessary to drive this program to be one of the best in the ACC and nationally. He is well-positioned to carry on the tradition of winning with integrity that we have all come to expect at UNC."

DeSelm was the assistant manager for the United States team at the 2000 Olympic Games in Sydney, Australia, and the 2004 FINA Short Course World Championships. He was the head manager for United States teams at the 1997 and 1999 Pan Pacific Championships and the 1995 Pan American Games.

DeSelm and his wife, Tracy, a physician, have two children, Grant, 12 years old, and Claire, 10 year old. DeSelm is a native of Knoxville, Tenn., and attended high school there and in Jacksonville, Fla., where he graduated from The Bolles School in 1974 before embarking on his long journey that led him back to Chapel Hill nearly 30 years later.

National and International Highlights of Selected Individual Swimmers Coach DeSelm has worked with during head coaching tenures at UNC and Davidson and an assistant at UNC and Florida.

•**Tyler Harris** (University of North Carolina): ACC Champion & UNC Record holder, 400 IM in his freshman year, 2008. Was All-America his freshman year in the 400 IM. Was 12th at the US Olympic Trials, 400 IM, 2008.

•**Joe Kinderwater** (University of North Carolina): ACC Champion, 1650 Free, 2008; 5th place at NCAAs, 1650 Free, 2008; Olympic Trials finalist, 1500 Free, 2008.

•**Chip Peterson** (University of North Carolina): ACC Runnerup, 1650 Free, 2007; 6th place at NCAAs, 1650 Free, 2007; Na-

tional and World Open Water Swimming Champion.

•**Whitney Sprague** (University of North Carolina): 2-Time ACC Champion, 500 & 1650 Free, 2007 & 2008; 2nd place at NCAAs, 1650 Free, 2008; 3rd place at NCAAs, 1650 Free, 2007.

•**Darian Townsend** (University of Florida): 6-time NCAA All America in 2005; 2005 SEC Champion, 200 Freestyle; member of NCAA record setting 800 Free Relay Team; South African Commonwealth Games Team member; 2-time NCAA All-America in 2006.

•**Maureen Farrell** (University of Florida): 17-time NCAA All-America from 2002-2005; NCAA record holder 800 Free Relay; 5th at 2004 U.S. Olympic Trials in 200 Back.

•**Candice Weimann** (University of Florida): 5-time NCAA All-America in 2005 after transferring from Alabama where she was a 4-time NCAA All-America in 2004; broke Dara Torres' 17-year-old Florida school record in 100 Fly; 5-time NCAA All-America in 2006.

•**Gabriel Mangabiera** (University of Florida): 2004 Brazilian Olympic Team (5th in 100-meter Butterfly); 2004 3-time Brazilian National Champion; South American Record holder in 100-meter Butterfly; 15-time NCAA All-America; SEC Champion, 100 Back, 2003; Florida school record holder in 100 Back and as member of 200 free relay, 400 free relay, 800 free relay, 200 medley relay & 400 medley relay teams.

•**Carlos Jayme** (University of Florida): From 2001-2004 a 26-time NCAA All-America (most All-America citations in Florida men's swimming history); 2001 SEC Freshman-of-the-Year; 2003 SEC Champion, 100 Free; Florida school record holder in 50 Free, 100 Free.; and as member of 200 free relay, 400 free relay & 400 medley relay teams.

•**Scott Schultz** (University of Florida): 2003-2004 NCAA Postgraduate Scholarship winner; 3-time NCAA All-America; 2-time SEC Academic Honor Roll.

•**Hendrik Odendaal** (University of Florida): 2001 & 2002 NCAA All-America; Champion in South African National Championships; Member of 2002 South African Commonwealth Games Team.

•**Leah Martindale** (University of Florida): 2001 & 2002 NCAA All-America; Member of 2001 Barbados World Championship Team.

•**Mary Shell Brosche** (Davidson College): 1997, 1998, 1999 & 2000 Southern States triple event individual Champion; Female Swimmer of the Meet 3 years.

•**Yann deFabrique** (University of North

Carolina): 1992 French Olympic Team; placed 14th in 400-meter free in Barcelona; 1993 French National Champion in 400-meter free; 1993 World University Games 200-meter free Champion, representing France; 1993 European Championships in 200-meter & 400-meter freestyles for France; 200 Fly at 1993 NCAAs 6th Place; 200 Free at 1993 NCAAs 9th Place 500 Free at 1993 NCAAs 11th Place Member of 4th-place 800 Free Relay Team at 1993 NCAAs

•**David Monasterio** (University of North Carolina): 1992 Puerto Rico Olympic Team in Barcelona; 1992 NCAAs: 10th in 200 Fly, 10th in 500 Free; 1992 ACCs—Champion in 500 Free and in 200 Fly; Member of 4th place 800 Free Relay Team at 1993 NCAAs.

•**James Hamrick** (University of North Carolina): 1993 U.S. Team in World University Games in 400-meter freestyle; 1993 NCAAs, 5th in 500 Free, 8th in 1650 Free, 12th in 200 Free; Member of 4th place 800 Free Relay Team at 1993 NCAAs; 1992 NCAAs 6th in 500 Free, 10th in 1650 Free.

•**Carrie Szulc** (University of North Carolina): At 1993 World University Games 5th Place in 400 IM representing U.S.; 1993 NCAAs 8th in 400 IM; 1992 NCAAs 6th in 400 IM; 1992 ACCs - Champion in 200 IM & 400 IM.

•**John Davis** (University of North Carolina): 11-time ACC Individual event champion, 1988-1991.

•**Gary Gauch** (University of North Carolina): 1989 NCAAs, 13th in 100 Breast; 1991 ACC Champion in 100 Breast; 1990 ACC Champion in 100 Breast,

•**Melissa Douse** (University of North Carolina): 1991 NCAAs - Member of 6th-place & 9th-place Free Relays; 1991 ACC Champion in 100 Free; 1990 NCAAs - Member of 4th-place & 5th-place Free Relays.

•**Sarah Perroni** (University of North Carolina): 1991 NCAA's - Member of 6th-place & 9th-place Free Relays; 1990 NCAAs - 8th place in 100 Free, 14th place in 50 Free; 1990 NCAAs - Member of 4th-place & 5th-place Free Relays.

•**Polly Winde** (University of North Carolina): 1982-1985 Multiple NCAA & U.S. Swimming Nationals individual finalist; 1983 U.S. Pan American Games Team Member.

•**Sue Walsh** (University of North Carolina): From 1981-1984 an 11-time AIAW and NCAA Champion (10 individual, 1 relay); American Record Holder in 50-meter backstroke, 100-meter backstroke, 100-yard backstroke; NCAA Top 5 Award Winner.

Kevin Lawrence begins his seventh year as the diving coach for the Tar Heel program with the start of the 2008-09 season. Lawrence has done a magnificent job with the Tar Heel divers since coming to UNC from Kansas seven years ago.



In the past four years Carolina has had 32 ACC championship finalists on the one- and three-meter boards coming from eleven different divers. His divers have earned All-ACC honors in each of his six prior seasons at Carolina.

In 2007-08, Lawrence coached six Tar Heel divers to the 2008 NCAA Division I Zone B Diving Championships. Four of those six made finals at the meet. Ryan Funderburk qualified for the NCAA Championships, and went on to become the first Carolina Men's Diving All-America in 51 years with a fourteenth place finish on the three-meter board. Funderburk also achieved All-ACC recognition on the three-meter board. Funderburk and fellow senior Erika Matheis also had strong finishes at Summer U.S. Nationals.



The 2006-07 campaign saw six divers final at ACCs with junior Laura Filip capturing All-ACC honors. Six Tar Heels qualified for the 2007 NCAA Zone Diving Championships.

Lauren Karatanevski, a senior in 2007, became the first Carolina diver in history to compete in the World Championships in Australia in the spring of 2007. She was a member of the Macedonian team. The same summer, senior Erika Matheis finaled at the U.S. Senior Nationals, taking a sixth place in three-meter synchronized diving.

The 2005-06 season became one for the record books. Carolina had both sophomore Ryan Funderburk and junior Jon Fox qualify for the NCAA Championships. Car-

olina was one of only five schools in the nation that had more than one diver qualify for the championship meet and also had more men qualify than any other ACC school. That season, Carolina had seven different divers final at the ACC Championships, including Fox, Funderburk, Ryan Matuszak, Matheis, Gia Santoro, Mandi Arak and Karatanevski. The four Carolina women comprised half the field for the one-meter finals. Carolina had a total of 10 divers in the championship finals of the men's and women's one-meter and three-meter competitions, more than any other school in the league. Funderburk received All-ACC honors on both boards.

During the summer of 2006, Funderburk qualified for the 2006 U.S. Senior Nationals where he made it to the semifinals on the one-meter board, finishing seventh.

During the 2004-05 campaign, Carolina was the only men's team to have three divers make the championship final in any event at the ACC meet with three in the finals of one-meter. The UNC men also scored more points for their team than any other group of divers in the ACC and had the most total finalists of any squad. During the dual-meet season, UNC's men won 16 of the 20 diving events. Lawrence coached Santoro to All-ACC status and Fox was a championship finalist on both boards. Matuszak finaled in one-meter and platform diving while Funderburk finished in the Top 12 of both boards and also finaled on platform.

In 2003-04, Lawrence led Eric Poitras to ACC Diver-of-the-Year honors and the ACC championship in three-meter diving. No Carolina diver had won those awards since 1994 when Joe Craft did so. Seven Tar Heel divers qualified for the 2004 NCAA Zone Diving Championships and Poitras became the first Tar Heel men's diver in 13 years to advance to the NCAA national meet since Nunzio Esposto's appearance in 1991. Altogether, five UNC divers made seven championship finals at the 2004 ACC meet.

During the 2002-03 season, Lawrence coached four different divers to finals at the ACC Championships. Poitras was runner-up on three-meter, setting a new school record in the process, and Lindsay Waddell also finaled on both boards. Poitras earned All-ACC honors in the process. Carolina also qualified six divers for the NCAA zone meet, where Poitras and Stephen Krebs finished as the first and second alternates in qualifying for the NCAA Championships. In June 2003, Lawrence traveled to Winnipeg, Manitoba to coach Poitras in the Canadian Senior Nationals. Poitras was a finalist in both events, finishing eighth on the one-meter and seventh on the three-meter.

From 1997 to 2002, Lawrence was the diving coach at the University of Kansas.

At Kansas, he coached 11 different divers who finaled 22 times on the one-meter, three-meter and platform events at the Big 12 Conference Championships. Additionally, 13 different divers qualified for the NCAA Zone D Championships, including four divers who finished in the Top 10 at that meet. He coached the 2002 women's Big 12 one-meter runner-up who was a University of Kansas female athlete-of-the-year finalist. Both the Kansas men's and women's platform record holders competed under the tutelage of Lawrence.

Prior to going to Kansas, Lawrence was the diving coach at St. Cloud State University for five years. He coached eight athletes to a total of 25 All-America citations there, including the 1997 NCAA Division II women's one-meter national champion. He was named the North Central Conference Diving Coach of the Year in 1994, 1996 and 1997. His divers won 10 conference titles during his tenure and were named all-conference a total of 22 times. Three of his athletes were honored a total of five times as the NCC's Diver-of-the-Year.

Lawrence attended Western Illinois University from 1989-92, studying elementary education, competing as a diver and compiling a 3.4 grade point average. He was named to the Dean's List three times. As a diver at WIU, he was named All-Conference in 1990 and 1991 and won the school's Academic/Athletic Achievement Award. He is the Leathernecks' three-meter diving record holder and was an NCAA zone qualifier. He finished his Bachelor of Science degree in elementary education with an emphasis in social sciences at St. Cloud State in 1994, graduating Magna Cum Laude with a 3.65 GPA.

Lawrence is a native of Wisconsin where he was a three-time All-State selection as a high school diver and runner-up at the 1989 state high school meet.

Lawrence served a four-year term as the Diving Rules Chairman for the NCAA Swimming and Diving Rules and Championships Committee from 2000-04. He has also chaired the Zone D Diving Subcommittee, holds membership in U.S. Diving and is a past member of the College Swimming Coaches Association of America.

Lawrence's hobbies include running, lifting and hanging out with his son D.J. He enjoys The Simpsons, Star Wars and most recently The Dark Knight. His two coaching role models are Roy Williams and Anson Dorrance.

Lawrence and his son, D.J., reside in Durham, N.C. Lawrence is also active in community service projects. He organized Adopt-a-Family for the KU Swimming program and served as a lector at St. Lawrence Cathedral. While at St. Cloud, he worked with the Big Brothers/Big Sisters of St. Cloud while serving as the lector at St. Mary's Cathedral of St. Cloud.

Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM



Chief Assistant Coach Mike Litzinger

Mike Litzinger coached the middle distance program during the 2007-2008 season and had two All-ACC swimmers at the ACC Championships. Sophomore Megan Steeves placed third in the 100 backstroke and freshman Vinny Pryor finished second in the 200 breaststroke. Litzinger was part a staff that sent 27 Tar Heels to Olympic Trials in June 2008.



Litzinger, most recently the former head swimming coach at the University of Utah, was hired in June 2007 to be a new full-time assistant swimming coach at the University of North Carolina. Litzinger will be involved in all aspects of the program with his primary emphasis on coaching the middle distance group.

"We were thrilled to add Mike Litzinger as an assistant swimming coach at North Carolina. Mike is an outstanding person with a tremendous coaching record," Tar Heel head coach Rich DeSelm says. "His coaching, administrative and recruiting skills are helping us compete at a higher level nationally. Mike has earned respect nationally from his peers as a terrific coach and a true professional. We are thrilled to have Mike,

with his on-deck coaching techniques and a great evaluator of talent. He turned Utah into a highly competitive program with an influx of talent and a winning attitude.

The Utes program excelled in his last season there in 2006-07. The women went undefeated in dual meets at 10-0, upping their mark over the past three seasons to an impressive 28-1. The women had three conference champions while Amber Walter won the MWC Swimmer of the Year award and Kelsey Patterson garnered the MWC Diver of the Year award. The women established six school records in 2007 and placed 12 individuals and four relay teams on the all-conference squad. At the 2007 NCAA Championships, Alison McIntuff of the Utes earned All-America honors in the 200-yard freestyle with a scorching time of 1:46.56.

The men's team finished the 2006-07 campaign with six Ute swimmers and divers landing on the all-conference squad. Breastroker Michael DeCarolis garnered two of the all-conference honors.

Litzinger's teams in 2005-06 were also excellent as the women's team won its third straight regular-season MWC title. Diver Sterling Richards' fifth-place NCAA finish earned the senior All-America honors. The MWC honored Litzinger as the conference's Coach of the Year for the second time during his tenure there. In 2005-06, the team set 13 school records, five MWC records and put a record number of athletes on the MWC All-Academic team.

At the 2005 MWC Championships, Litzinger coached seven conference champions, including Marta Stepanczuk, Alison McIntuff, Michelle Blair, Rachael Curci, Loren Sweny, Cody Rempfer and Jonathan Larsen. The women's team enjoyed unprecedented success in 2005, capturing its second straight MWC title and its first-ever outright title with a 7-0 conference mark.

Litzinger guided his 2004 squad to a 9-0 overall dual-meet record. That was the second most wins in school history. Only the 2003 swimming Utes had more wins in school history with a 10-8 record.

Thirteen Utes from the women's team garnered all-MWC accolades, including first-team selections Michelle Blair, Rachael Curci, Marissa Martin, Alison McIntuff, Kelsey Patterson, Marta Stepanczuk and Jamie Trapp. Stepanczuk qualified for the NCAA Championships in the 500 and 1650 freestyles. On the men's side, the Utes won a share of the MWC title, the team's first championship since 1995, after tallying a 3-1 conference mark. The men finished the season 4-2 overall. Eight men earned all-MWC honors, including first-team honorees Damien Brown, Evan Castro, Andrew Cole, Jonathan Larsen, Matan Ratz,

Cody Rempfer and Sterling Richards.

In 2002-03, the Utah women set a school record with 10 wins. The Utes turned in a 10-8 overall mark, going 5-2 in conference. The men also had a landmark season with a five dual-meet wins, the first time since 1999 that the squad had more than four wins in a season. The Utes also had strong finishes at the 2003 Mountain West Conference and Utah also added a 19th-place finish at the Phillips 66 U.S. National Championships.

In 2001-02, Litzinger was recognized as the Mountain West Conference women's Coach of the Year after the Utes broke six school records and placed 25th at the Phillips 66 U.S. National Championships.

Overall, in Litzinger's seven years, the Utes broke 35 school records, qualified eight athletes in 23 different events at the NCAA Championships and 14 swimmers for the U.S. Nationals. Both programs garnered academic All-America status from the College Swimming Coaches Association of America.

Litzinger has received numerous accolades for his dedication to the sport of swimming. He was awarded Eastern Intercollegiate Coach of the Year awards in 1992 and 1994 and Atlantic 10 Conference Coach of the Year accolades in 1996 and 1997 while serving as the head coach at St. Bonaventure University.

Before going to Utah, Litzinger was the assistant men's coach at Ohio State University from 1997-2000. While there, he helped lead the team to a 20th-place finish in the NCAA meet in 1998 and a 25th-place finish in 2000.

At St. Bonaventure University from 1989-97, Litzinger was head coach of the women's swimming program. He led the Bonnies to an Eastern Intercollegiate Conference title and two Atlantic 10 Conference championships in his tenure there.

Litzinger began his coaching career at Fredonia State University in New York in 1988-89. While at Fredonia State, Litzinger took the Blue Devils to a second place SUNYAC Conference finish.

A 1984 graduate of Hobart College, Litzinger received his Bachelor's Degree in English and was captain of the Hobart swimming team in 1983-84. The same year he was voted the program's Most Valuable Swimmer. In 1988, he received his master's degree in exercise science from the University of Iowa. While working on his master's degree, Litzinger was the Hawkeyes' graduate assistant men's coach.

The New York native and his wife, Julie, reside in Durham, N.C. The Litzingers have two children, Gabrielle, two years old, and Grace, 16 months old.



his wife, Julie, and their family here in Chapel Hill."

In seven seasons in Salt Lake City, Litzinger reinvigorated the University of Utah men's and women's swimming and diving and teams, making them into a pair of the top teams in the Mountain West Conference and the nation.

Litzinger is known as an innovative coach

Eric Stefanski had a successful first year as the sprint coach of the Carolina swimming program. Three of his swimmers achieved All-ACC Honors at the 2008 ACC Championships. Freshman Tommy Wyher took first place in the 100 backstroke, senior Kelsey Morrissy finished second in the 100 free and freshman Rebecca Kane finished third in the 50 free. Morrissy qualified for NCAA Championships in the 100 & 200 Freestyles. Stefanski was part of the Carolina staff that sent 27 Tar Heels to Olympic Trials in June 2008.



in that critical area and his additional background in sports psychology, video analysis, master's swimming and triathlon training will benefit all aspects of our aquatics program here at UNC," DeSelm explains.

Stefanski began his coaching career at the high school level in 1998 and started his college coaching tenure in 2002. Stefanski entered the field immediately after earning a Bachelor of Science degree in psychology from the University of Pittsburgh in 1998. He went on to merit a Master of Science degree in kinesiology with an emphasis in sports psychology at Georgia Southern University in Statesboro, Ga., in 2002.

As a Panther student-athlete, Stefanski was an NCAA Division I Championships qualifier and a 1998 Big East individual champion. He was a two-year selection as the Pitt team's Most Valuable Performer while also captaining the team from 1995-98. In April 1998, Stefanski earned the University of Pittsburgh's Senior of Distinction Award from the athletic department. Individually, he qualified and competed in four events at the 2000 U.S. Olympic Trials.

Most recently Stefanski coached at his alma mater, Pitt, as assistant coach and coordinator of men's recruiting from 2004-2007. For one season, 2003-04, he garnered head coaching credentials at the University of Rochester (N.Y.) where he simultaneously served as aquatics director. Stefanski had been an assistant coach at the U of R for one season after arriving in 2002. While at the U. of R., he was also the head master's swimming coach.

While at Pittsburgh, he coached two women's NCAA qualifiers, five Big East Conference individual champions, and seven U.S. Swimming National Championships qualifiers. At the University of Rochester, he was the UAA Conference Women's Coach of the Year in 2003-04 as his team improved four spots in



the conference meet from seventh to third. Stefanski had a freshman swimmer qualify in two individual events for the 2004 Division III National Championships.

While earning his master's degree, Stefanski was a teaching assistant at GSU from 2000-02 while at the same time bulking up his experience level with a two-year gig as swimming coach of the Statesboro Bulloch County Sharks. Prior to going to Georgia Southern, he served a two-year coaching stint at the Seneca Valley Swim Club in Zelenople, Pa., and with the Seneca Valley School District.

During the summer of 2007, University of North Carolina head swimming coach Rich DeSelm added a fifth full-time member to his coaching staff at UNC with the hiring of Eric Stefanski as an assistant coach. Stefanski, a University of Pittsburgh alumnus, joins DeSelm, diving coach Kevin Lawrence and assistant and Mike Litzinger in comprising Carolina's largest full-time staff in the history of the program.

Stefanski is a former head coach at the University of Rochester and assistant at the University of Pittsburgh. He was a conference coach of the year winner in 2003 and was a member of the USA Swimming race analysis team. He brings a varied background of accomplishments to his job at UNC.

Stefanski coaches the sprint group at Carolina and oversees meet management while being one of Carolina's chief recruiters.

"We are thrilled to add Eric Stefanski to our coaching staff at North Carolina. Eric brings tremendous coaching knowledge and experience that will have an immediate impact on our program," DeSelm says.

"His recruiting skills will enhance our efforts

Christy Garth was added as the fifth full-time member of the Carolina Swimming coaching staff in September 2008. Garth, a 1996 alumnus of the University of North Carolina and a four year letter-winner on the Carolina swim team, brings more experience and depth to the coaching staff.



cludes a year as an assistant coach at the University of Maryland for one season earlier this decade. She also served as an interim assistant coach for women's swimming at the University of Michigan during the 2000-01 season.

Garth has worked in a variety of sports-related jobs. Out of college, she worked for the United States Golf Association as the U.S. Women's Open director's assistant. Following that, she was on the production crew for ABC Sports from 1996-98. Garth also worked for NBC during the 2000 Sydney Olympic Games as part of the production crew. From 2001-03, she worked for Speedo as an Accounts Manager before she began coaching at the University of Maryland. Most recently, Garth was the head swim coach at Duchesne Academy in Houston, Texas.

Garth studied political science and communication studies at North Carolina. Today, she continues to swim and was recently honored as a Top 10 Master's swimmer in 2007.



Garth was a decorated swimmer at Carolina during her four year tenure. She was an All-ACC Selection from 1993-96 and was part of four ACC Championship winning teams. Garth was a two-year team captain and winner of the Hill Carrow Spirit Award in 1994-95 and 1995-96. She qualified for U.S. Olympic Trials in 2000 and was an Olympic torch bearer in 2002.

Her collegiate coaching experience in-

Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM



Assistant Coaches Ryan Woodruff & Sean Quinn

Ryan Woodruff had a strong first season as the head coach of the North Carolina Aquatic Club. NCAC earned Silver Medal Recognition from USA Swimming for the third year in a row and took eleven swimmers to U.S. Olympic Trials in June. Carly Smith was the only NCAC swimmer at Trials who was not a collegiate athlete. Smith also competed for the U.S. Junior National Team in Australia. Luke Hoffer, 16, shattered the 15-16 boys North Carolina state record in the 200 breaststroke by more than two seconds. Woodruff coached seven graduating high school seniors who will swim in college. Five of those will swim in Division I. Jesse Mendes is a freshman at the Carolina this year.



Woodruff came to Chapel Hill in August 2007 to serve as the head coach of the North Carolina Aquatic Club and as an assistant coach for the Tar Heel varsity teams.

Woodruff arrived with great credentials, serving the University of Florida swimming program in various capacities the previous seven years and playing a key part in the return of the Gator program to national prominence. Woodruff served as the head coach for the Gator Swim Club in Gainesville, Fla., from 2005-07, developing over a dozen junior national qualifiers

and two Olympic Trial qualifiers.

Woodruff earned his Bachelor of Science degree in exercise and sports sciences and exercise physiology from the University of Florida in August 2003. He earned a Master of Science degree in Human Performance from UF in May 2007.

In three years as head coach of the Gator Swim Club, Woodruff directed all aspects of the club team which had over 130 swimmers while managing a staff of eight. In three years, he saw seven of his swimmers earn scholarships to NCAA Division I schools or colleges. Woodruff coached swimmers who achieved a total of 52 cuts for U.S. nationals, U.S. junior nationals and NCSA junior nationals in his three years at the helm. At the 2006 nationals, the Gator Swim Club women's team placed 12th and the men's and women's squad combined to rank eighth nationally in the number of scholastic All-Americans.

Woodruff was also a volunteer assistant swimming coach at the University of Florida from 2003-07. During that time the Florida program produced over a dozen Olympians as well as several Olympic medalists. The Gators recorded four Top 5 NCAA finishes and had multiple individual and relay NCAA champions.

In 2003 Woodruff gained significant experience as a technical support intern for the USA Swimming National Team as it prepared for the World Championships. While attending UF, he was the head team manager for the Gator

swimming teams from 1999-2003 where he played a key role in logistic operations and technical support for the coaching staff while also overseeing the Gators' equipment operations.



He was also the head counselor for one year and coach for the Florida Gator summer swimming camps from 2000-06.

While an undergraduate at Florida he served as an age group swimming coach for the Gator Swim Club, working primarily with the 10-13 age group. He coached swimmers to three Junior Olympic championships in that time.

Woodruff has also been a Florida Swimming All-Star coach, USA Swimming National Team support volunteer, USA Swimming coach member and American Swim Coaches Association member.

In his spare time, Woodruff is an accomplished runner. He has finished six marathons including the famed Boston Marathon in 2005. He was the USMS 5k open water national champion in 2001. He is married to Abby Woodruff.

The Tar Heel school record holder in the 200-yard breaststroke, 100-meter breaststroke and 200-meter breaststroke, Sean Quinn begins his fifth season as an assistant swimming coach at the University of North Carolina in 2007-08. A year ago he played a key role in the Carolina women capturing the ACC championship. He is also head age group coach for the North Carolina Aquatic Club.



A native of Lancaster, S.C., and 1999 alumnus of Lancaster High School, Quinn was a three-time All-America selection as a Tar Heel, earning those honors in 2000, 2002 and 2003. His best NCAA finish was an eighth place in the 200-meter breaststroke as a freshman in 2000. He also finished 10th in the 200-yard breaststroke at the NCAA Championships in 2002.

Quinn, a tri-captain of the 2002-03 Tar Heel team, won a silver medal in the 200-meter breaststroke at the 2003 Pan American Games in Santo Domingo, Dominican Republic. He finished fifth in the 200-meter breaststroke at the 2000 U.S. Olympic Trials. He was offered a slot on the United States Team at the 2002 Short Course World Championships in Moscow but turned it down in order to compete for the Tar Heels collegiately that season. During his freshman year at UNC, he competed in the Short Course World Championships in Athens, Greece. Before enrolling at Carolina, he swam in the 1999 U.S. Junior World Championships in Barcelona. That international team was coached by former Tar Heel head mentor Frank Comfort.

Quinn won ACC individual championships in the 200-yard breaststroke in 2000 and 2003. He holds the Tar Heel school record in the 200-yard breaststroke at 1:56.39 and he ranks fourth in school history in the 100-yard breaststroke with a career best time of 55.15.

A four-time All-ACC selection, Quinn swam for the Mecklenburg Aquatic Club while in high school and was coached there by Pat Hogan. Quinn was named the University of North Car-

olina's most outstanding swimmer in 2000 and 2002 and the team's most valuable swimmer in 2003. His sister Kathleen swam for four years at UNC and was a tri-captain of the 2004-05 women's team.





2008-09 University of North Carolina Men's Swimming & Diving Team

(Team Photo Taken on Front Steps of Historic Louis Round Wilson Library by Jeffrey K. Camarati)

Front Row: Tri-Captain Yi-Khy Saw, Hank Browning, Tri-Captain Jeff James, Tri-Captain Brad Mitchell, Alex Kenley. **Second Row:** Diving Coach Kevin Lawrence, Jim Flannery, David Solarz, Jason McLaughlin, Michael Wilson, Zach DeVault, Mike Kelly, Chip Peterson, Austin Bradyhouse, Assistant Coach Mike Litzinger. **Third Row:** Head Coach Rich DeSelm, Charlie Bartel, Flynn Jones, Joe Kinderwater, Josh Hafkin, Alex Ismail, Chandler Thomas, Tommy Wyher, David MacDonald, Assistant Coach Eric Stefanski. **Fourth Row:** Steve Cebertowicz, Vinny Pryor, Andy Brake, Robert Grimmitt-Norris, David Zolno, Tyler Smith, Tyler Harris. **Back Row:** Brock Park, Manager Will Bondurant, Brad Hamilton, Sean Lane, Wil Singley, Victor Leclere, Evan Reed, Jesse Mendes.



2008-09 University of North Carolina Women's Swimming & Diving Team

(Team Photo Taken on Front Steps of Historic Louis Round Wilson Library by Jeffrey K. Camarati)

Front Row: Kimmy Davis, Aubrette Biegel, Katy Pritchett, Tri-Captain Whitney Sprague, Tri-Captain Lindsay Mcllvain, Erica Schiffler. **Second Row:** Diving Coach Kevin Lawrence, Katelyn Martin, Alex Hamilton, Tri-Captain Alison Clemens, Ashley Howard, Megan Steeves, Eliza Butts, Chelsea Mock, Caroline Hartmann, Laura Moriarty, Assistant Coach Mike Litzinger. **Third Row:** Head Coach Rich DeSelm, Layne Brodie, Kristin Arnold, Kaci Hollingsworth, Allison Barnes, Katie Marsh, Rebecca Kane, Ashley Miller, Katura Harvey, Brittany Iacouzze, Enuf Swanson, Katie Keel, Assistant Coach Eric Stefanski. **Back Row:** Manager Mary Zaytoun, Brooke Atkinson, Sarah Tanner, Kerianne McAfee, Laura Ruscoe, Candace Cooper, Sarah List, Marie Pesacreta, Manager Laura Murphy, Jenna Moore.



The 2008-09 Tar Heels/Hank Browning & Alex Kenley



Hank BROWNING
Redshirt Junior,
6-1
Middle Distance
Freestyle
Cincinnati, Ohio

Career Best Times: 44.63 in the 100-yard freestyle (8th in school history); 1:36.29 in the 200-yard freestyle (4th in school history); 4:19.99 in the 500-yard freestyle (6th in school history); 9:13.12 in the 1000-yard freestyle; 15:10.75 in the 1650-yard freestyle (6th in school history); 1:50.35 in the 200-yard backstroke.

General: One of the ACC's best swimmers...ranks No. 1 on the 2008-09 UNC preseason depth chart in the 200-yard freestyle at 1:36.29...his return to the Tar Heel lineup after a year off recovering from shoulder surgery is certainly welcome news to the program...a double letter winner coming off a wonderful sophomore season in 2006-07 in which he won the 200-yard freestyle for the second year at the ACC Championships ...can swim any freestyle event from 100 yards through 1650 yards with equal aplomb.

2007-08 (Redshirt Year): Redshirted the entire season to recover from surgery performed on one of his shoulders.

2006-07 (Sophomore): He won the Jamerson Memorial Award as UNC's Most Valuable Swimmer for the second year in a row...was the ACC champion in the 200-yard freestyle for the second season in a row with a time of 1:36.43, meriting him fourth place on Carolina's All-Time Top 10 list...named UNC's Progress Energy Performer of the Week after his performance at the 2007 ACC Championships...a 2007 All-Atlantic Coast Conference performer in both the 200 and 500 freestyle events...was on three third-place relay teams at the conference meet — the 400 free relay, the 400 medley relay and the 800 free relay...swam a career best 4:19.99 while finishing second in the 500 freestyle at the ACC Championships...that time moved him into sixth place on the All-Time Top 10 list at Carolina...also placed seventh in the 1650 freestyle at the ACC meet...named the ACC Men's Swimming Performer of the Week on January 29, 2007...qualified for and competed at the NCAA Championships in the 200 free, 500 free and 1650 free...was also on the 800 freestyle relay unit that competed at the NCAA meet...during the season he also achieved a career best in the 100-yard free that landed him eighth on the UNC All-Time Top 10 list for the event.

2005-06 (Freshman): ACC Men's Swimming Freshman of the Year...won the ACC championship in the 200-yard freestyle...honorable mention All-America in 500-yard freestyle by finishing 12th at NCAA Championships...All-ACC in the 200- and 500-yard freestyles...excelled in both the ACC and NCAA Championships, setting career bests in the 500, 1000 and 1650-yard freestyles at NCAAs

and the 100- and 200-yard freestyle events at the ACC Championships...ranked No. 1 on UNC's end-of-the-year depth chart in four freestyle events... his 15:10.75 in the 1650-yard freestyle at the NCAA Championships then ranked as the third-best time in UNC history...swam four other times in freestyle events that vaulted him into the UNC All-Top 10 lists...finished sixth at the ACC Championships in the 1650-yard freestyle and third in the 500-yard freestyle, the latter swim earning him a spot on the medals stand...voted Carolina's Most Valuable Swimmer.

Prep: Graduated from Turpin High School in June 2005...the YMCA national champion in 500, 1000 and 1650-yard freestyles in 2004...high-point winner and Swimmer-of-the-Meet at YMCA Nationals...helped set a YMCA national record in the 800-yard freestyle relay in 2004...member of U.S. Swimming's Junior National Team...competed in 2005 Junior Pan Pacific Games in Hawaii...received the prestigious honor in 2003 of attending a U.S. Swimming Training Camp in Colorado Springs...voted Turpin's MVP four consecutive years...Greater Ohio District Champion for three years in the

In The Huddle With Hank

Academic Major at Carolina: English

Career Plans: Undetermined

Hobbies: Napping, dancing, Halo

Athletes I Most Admire: Chad Johnson, Barry Larkin

Biggest Sports Thrill: Becoming an ACC Champion

People Who Have Had The Greatest Influence on My Athletic Career: My parents

Favorite Book: In Cold Blood by Truman Capote

Favorite Food: Pizza

Favorite Movie: American Beauty

Favorite TV Show: South Park

City I've Never Been To But Want To Visit: Penang, Malaysia

Entertainment Figure I'd Most Like To Have Dinner With: Oprah Winfrey



200- and 500-yard freestyles...Ohio state champion in 200- and 500-yard freestyles in 2005...Cincinnati Enquirer Swimmer of the Year in 2005...four-time high school All-America...holds 14 of 20 Turpin High School pool records...holds 20 of the 25 Turpin school records...his high school retired his swimming cap and goggles, placing them in the memorabilia area of gymnasium...selected to attend the 2004 Anthony Munoz Leadership Conference...editor-in-chief of the Turpin newspaper, The Lancer.

Personal: Given name is Harrison John Browning...born February 19, 1987 in Cincinnati, Ohio...has one brother, Parker, 18...son of Bill and Diana Browning.



Alex KENLEY
Senior, 5-10
Diving
Sarasota, Fla.

Career Best Scores: 280.20 in a one-meter dual meet; 269.15 in a one-meter championship meet; 317.55 in a three-meter dual meet; 332.75 in a three-meter championship meet.

General: The leader of the Tar Heel diving contingent...the only senior diver on the squad...three-year letterman...on UNC's all-time Top 10 list of diving scores, he ranks ninth on the one-meter board, third on the three-meter board and third in platform diving...studied abroad during the spring semester of 2008...a world class tumbler who dove competitively for the first time in his career as a freshman in 2005-06 at Carolina.

2007-08 (Junior): Set career bests in a one-meter dual meet event with a 280.20 score against Clemson and in a three-meter championship event with a 332.75 tally in the Nike Cup...scored a career best 269.15 on the one-meter board at Nike Cup...placed second in mixed synchronized diving at the ECU Invite with senior Erika Matheis as the duo posted a score of 453.75...copped a place on the 2007-08 ACC Academic Honor Roll...was also named to the Fall 2007 semester Dean's List.

2006-07 (Sophomore): Competed at ACC Championships on both boards...finished 19th on the one-meter springboard and 22nd on the three-meter with championship meet career best scores on both...took 17th on the one-meter board at Nike Cup and 13th on the three-meter...had his best dual meet performances of the year against Maryland with a career best 317.55 on the three-meter springboard...named to the Dean's List in each semester of the school year...named to 2006-07 ACC Academic Honor Roll...served as academic team captain for 2006-07 diving squad.

2005-06 (Freshman): Set career bests in a one-meter dual meet event with a 209.78 score against N.C. State and in the three-meter championship meet event at the ACC Championships...finished 24th in the ACC on the



one-meter and 25th on the three-meter...member of the 2005-06 ACC Academic Honor Roll...had a 3.9 cumulative GPA his freshman year.

Prep: Graduated from Pine View High School in Osprey, Fla. on May 20, 2005...Florida state champion on the tumbling double-mini five straight years from 2001-05...won regional championships in tumbling double-mini in 2005-06...2004 national champion in Level 10 Tumbling and second place finisher in the double-mini...2005 third place finisher at Nationals in Junior Elite Tumbling...competed on an elite level in tumbling and trampoline in 2004-05...member of National Honor Society...also elected to French National Honor Society.

Personal: Given name is Joseph Alexander Kenley...nicknamed Charmin...born November 3, 1986 in Indianapolis, Ind....son of Jim and Judy Kenley...has two brothers, Paul, 19, and Colin, 17.

Archiving Alex's Assests

Academic Major at Carolina: International Business

Career Plans: Work for the International Olympic Committee or U.S. Olympic Committee

Hobbies: Going to the beach, hanging out with friends, traveling

Athletes I Most Admire: Jonathan Horton, Nastia Liukin

Biggest Sports Thrill: Winning the 2004 national championships in tumbling; attending the 2008 Olympic Games

People Who Have Had The Greatest Influence on My Athletic Career: Shelly Proa, Kevin Lawrence

Favorite Magazine: International Gymnast

Favorite Food: Mexican Food

Favorite Movie: Knocked Up

Favorite TV Show: Family Guy

Favorite Website to Visit: TarHeelBlue.com

City I've Never Been To But Want To Visit: Barcelona, Spain

Entertainment Figure I'd Most Like To Have Dinner With: Nik og Jay



Brad MITCHELL
Senior, 6-1
Breaststroke, IM
Somers, N.Y.

Career Best Times: 55.23 in the 100-yard breaststroke (5th in school history); 2:00.38 in the 200-yard breaststroke (9th in school history); 1:50.93 in the 200-yard individual medley.

General: Ranks No. 1 on Carolina's preseason depth chart in the 100 breast with a time of 55.23...one of the tri-captains of the 2008-09 Tar Heels, joining Yi-Khy Saw and Jeff James...an outstanding breaststroker and three-year letter winner...also swims on medley relays and in the 200 IM.

2007-08 (Junior): Set career bests at the ACC Championships in both the 100-yard breaststroke and the 200-yard breaststroke...his time of 55.23 in the 100-yard breaststroke moved him from seventh place to fifth place in school history and claimed sixth place at the Championships...his time of 2:00.38 in the 200-yard breaststroke catapulted him into eighth place in school history and merited him a 10th-place finish...qualified for the 2007-08 ACC Academic Honor Roll...made the Dean's List in the spring semester 2008.

2006-07 (Sophomore): Had a very successful ACC Championships meet, placing fifth in the 100-yard breaststroke with a career best 55.43...that time gave him the No. 7 spot on the Tar Heel All-Time Top 10 list...also achieved a career best time in the preliminaries of the 200 IM and finished 14th in the finals...swam the fastest 100 breast time for the team in 2006-07...his 100 breaststroke time from ACC Championships was good enough for the sixth-best time in the ACC for the 2006-07 season.

2005-06 (Freshman): Set career bests in the



100-yard breaststroke and 200-yard individual medley at the ACC Championships with a 55.58 and 1:52.66, respectively...was atop the Carolina depth chart in the 100-yard breaststroke for the 2005-06 season...placed ninth in the 100 breast at the ACCs in 55.58...was 12th in the 200 breast at the conference meet.

Prep: Graduated from Somers High School on June 24, 2005...a junior national champion in the 200-yard breaststroke...metro record holder for both the 100 and 200 breaststrokes...a senior national qualifier in both breaststroke events...team captain of his club team both his junior and senior years.

Personal: Given name is Bradley E. Mitchell...was born August 7, 1987 in New York, N.Y....son of Barbara Mitchell Cronk and Eric Mitchell...has three brothers, Eric, 27, Ed, 25, and Brendan, 20.

Mitchell's Mojo

Academic Major at Carolina: Communications

Career Plans: Appear on the Food Network

Hobbies: Sports, TV, chilling with friends

Athlete I Most Admire: Michael Jordan

Biggest Sports Thrill: Competing against Virginia

Person Who Has Had The Greatest Influence on My Athletic Career: My brother, Eric Mitchell

Favorite Book: Tuesdays With Morrie by Mitch Albom

Favorite Magazine: ESPN The Magazine

Favorite Food: Yi-Khy's Fried Rice

Favorite Movie: Braveheart

Favorite TV Show: Family Guy

Favorite Website to Visit: espn.com

City I've Never Been To But Want To Visit: Rome, Italy

Entertainment Figures I'd Most Like To Have Dinner With: Peter Griffin, Homer Simpson



Yi-Khy SAW
Senior, 5-10
Free, Fly, IM
Penang, Malaysia

Career Best Times: 4:24.27 in the 500-yard freestyle; 9:11.09 in the 1000-yard freestyle (tied for 8th in school history); 15:15.02 in the 1650-yard freestyle (10th in school history); 1:48.09 in 200-yard butterfly; 1:49.90 in the 200-yard individual medley; 3:53.38 in the 400-yard individual medley (9th in school history).

General: Tri-captain of the 2008-09 Tar Heels...strong performer in the IM, butterfly and distance freestyle events...ranks in the Top 5 of Carolina's preseason depth chart in seven events...swam in the 2004 Olympic Games in Athens, Greece for his native Malaysia...ranks on the school's all-time Top 10 depth chart in three events...one of UNC's most versatile performers.

Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM



The 2008-09 Tar Heels/Austin Bradyhouse

2007-08 (Junior): Set career best times at the ACC Championships in the 500-yard freestyle and in the 1650-yard freestyle...set a career best time in the 1000-yard freestyle in the dual meet against Virginia...his time of 9:11.09 in the 1000-yard freestyle moved him from 10th place to a tie for eighth in school history...his time of 15:15.02 in the 1650-yard freestyle put him in 10th place in school history and claimed sixth place at the ACC Championships... member of the 800-yard freestyle relay that finished fourth at the ACC Championships with a time of 6:34.66, knocking more than 12 seconds off the school's seed time...finished eighth in the 500-yard freestyle at the ACC Championships with a time 4:26.73...his time of 3:56.06 in the 400 IM claimed seventh at the ACC Championships...recipient of the Bruce Webster Memorial Award as the Most Dedicated Men's Swimmer...team academic captain...qualified for the 2007-08 ACC Academic Honor Roll.

2006-07 (Sophomore): Scored in three events at the ACC Championships...took fifth place in the 400 IM with a time of 3:54.46...won the consolation final of the 200 fly and placed ninth overall...was also a consolation finalist in the 200 IM.

2005-06 (Freshman): Set what were then several career best times at the ACC Championships...finished 13th in the 500-yard freestyle in 4:27.63, sixth in the 200-yard butterfly in 1:49.34 and fifth in the 400-yard individual medley in 3:53.38...also set a career best in the dual meet against Minnesota in the 1000-yard freestyle with a 9:12.80 clocking...ranked first on Carolina's depth chart in the 400-yard individual medley...named to 2006-07 ACC Academic Honor Roll...also merited a spot on the spring 2007 Dean's List.

Prep: Graduated from The Bolles School in Jacksonville, Fla. on May 28, 2005...a five-time All-America selection there...swam the 1500-meter freestyle in the 2004 Olympic Games in Athens for his home country of Malaysia...co-captained Bolles squad his senior year...named 2003 Florida state short course and long course swimmer of the year for the 15-16 age group...was part of three straight team state championship units as Bolles extended its string of state titles to 17 in a row...as a senior, he was the state champion in the 200-yard individual medley and as a member of 200-yard medley relay and 400-yard freestyle relay teams while also taking second place in the 500-yard free...in his junior year, he captured the 500-yard freestyle and competed on the 200-yard freestyle relay and 400-yard freestyle relay state championship squads...that same year he finished as a runnerup in the 200-yard individual medley...was part of two state championship relays as a sophomore...finished third in the 1500-yard freestyle and was part of the winning 800-meter freestyle relay at the Southeast Asian Games in Vietnam...also competed in the 2003 Barcelona World Championships...a member of both the National Honor Society and French National Honor Society.

Personal: Given name is Yi-khy Saw...nicknamed Pikachu...was born on July 1, 1986 in Georgetown, Penang, Malaysia...he is the son of Boon Hoe and Khuay Sim Saw...he has one sister, Yuit-wen Saw, 29.

The Eclectic Yi-Khy

Academic Major at Carolina: Business Administration

Career Plans: Undetermined

Hobbies: Swimming, basketball, soccer, football, video games, hanging out with friends

Athlete I Most Admire: Dara Torres

Biggest Sports Thrill: Being at the 2004 Olympics Opening Ceremony

People Who Have Had The Greatest Influence on My Athletic Career: My Family

Favorite Book: To Hate Like This Is To Be Happy Forever by Will Blythe

Favorite Magazines: ESPN The Magazine, Sports Illustrated

Favorite Foods: Malaysian Food, Brad Mitchell's Lasagna

Favorite Movies: The Bourne Trilogy, Step Brothers, The Dark Knight, Gladiator

Favorite TV Shows: The Office, Entourage

Favorite Websites to Visit: espn.com, soccernet.com, scout.com, gamespot.com

City I've Never Been To But Want To Visit: Paris, France

Entertainment Figure I'd Most Like To Have Dinner With: Will Ferrell



Austin BRADYHOUSE
Junior, 5-3
Diving
Raleigh, N.C.

Collegiate Career Best Scores: 284.85 in a one-meter dual meet; 232.25 in a one-meter championship meet; 301.58 in a three-meter dual meet; 294.55 in a three-meter championship meet.

General: Two-time returning letterman who has gained valuable experience the past two years...has developed into one of UNC's most consistent performers on the boards...ranks sixth on the all-time UNC scoring list in three-meter diving...is one of four junior men's divers on the Tar Heel squad this season, a group

which includes three true juniors and one red-shirt sophomore.

2007-08 (Sophomore): Set career high scores in one-meter dual meet competition with a score of 284.85 against Clemson and in three-meter dual meet competition with a score of 301.58 against Johns Hopkins and Emory...finished fifth with Katy Pritchett in mixed synchronized diving at the ECU Invite with a score of 378.68...named to 2007-08 ACC Academic Honor Roll...a Fall 2007 Dean's List selection...competed in the ACC Championships as an exhibition entry in the one-meter and three-meter springboard events.

2006-07 (Freshman): Competed in the ACC Championships in the one-meter and three-meter diving events, placing 19th in the three-meter with a score of 238.15...placed 15th at the 2006 Nike Cup in three-meter diving, recording a score 239.25...named to the 2006-07 ACC Academic Honor Roll.

Prep: Graduated on June 10, 2006 from Leesville Road High School...was a member of the diving team there for four years...served as team captain.

Personal: Given name is Austin Lee Bradyhouse...son of David and Judy Bradyhouse...was born February 25, 1988 in Nashville, Tenn. ...has one brother, Peter, 20, and one sister, Audrey, 18.

Bradyhouse By The Book

Academic Major at Carolina: Business Administration

Career Plans: Undetermined

Hobbies: Reading

Athlete I Most Admire: Mike Tyson

Biggest Sports Thrill: Diving in the ACC Championships

People Who Have Had The Greatest Influence on My Athletic Career: My Parents

Favorite Book: Vertical Run by Joseph Garber

Favorite Food: Sushi

Favorite Movie: The Usual Suspects

Favorite TV Show: Family Guy

Favorite Website to Visit: TarHeelBlue.com

City I've Never Been To But Want To Visit: Rome, Italy





Zach DeVault
Sophomore, 6-4
Sprint Freestyle
Atlantic Beach, Fla.

Career Best Times: 21.49 in the 50-yard freestyle; 47.05 in the 100-yard freestyle; 1:47.50 in 200-yard freestyle.

General: A returning letter winner who swims sprint freestyle for Carolina...returns to the Tar Heels' competition squad after redshirting last season...will continue to be add tremendous depth to the freestyle corps and on relay teams.

2007-08: Redshirted to rehab from an injury.

2006-07 (Freshman): Swam as an exhibition entry at the ACC Championships in the 50-, 100- and 200-yard freestyle events and the 100-yard backstroke...finished with a career best 1:47.50 in the 200 free...had career bests of 21.49 in the 50 and 47.05 in the 100...competed at the Nike Cup in the same three freestyle events...also anchored the fourth place 200-yard medley and fifth place 400-yard medley relays at Nike Cup...named to 2006-07 ACC Academic Honor Roll.

Prep: Graduated from Episcopal High School in Jacksonville, Fla., on May 20, 2006...swam there for four years as a freestyle sprinter...two-time high school All-America honoree...MVP of team as a senior...four-time All-First Coast Team selection...swim team captain as a senior...winner of multiple individual district and regional titles...also an accomplished soccer player...played three years of high school soccer as a defender and midfielder...was elected captain of the team as senior...All-First Coast and All-State selections...played 13 years of club soccer...once helped lead his club team to second place in the state tournament...member of National Honor Society...nominated for Wendy's High School Heisman Award.

Personal: Given name is Zachary Samuel DeVault...nicknamed Bruce Bruce...son of Kenneth and Shelley DeVault...was born September 27, 1987 in Nashville, Tenn. ...has two brothers — Andrew, 16, and Jeb, 14 — and three sisters — Mackenzie, 18, Mia, 5, and Ellie, 3.



DeVault's Vault of Knowledge
Academic Major at Carolina: English
Career Plans: Going to law school
Hobbies: Soccer, surfing
Athlete I Most Admire: Lance Armstrong
Person Who Has Had The Greatest Influence on My Athletic Career: My high school swimming coach Mitch Ivey
Favorite Book: Angels and Demons by Dan Brown
Favorite Magazine: Sports Illustrated
Favorite Food: Fried Chicken with Mashed Potatoes and Gravy
Favorite Movie: Miracle
Favorite TV Shows: Scrubs, Entourage, The Office
Country I've Never Been To But Want To Visit: South Africa
Entertainment Figure I'd Most Like To Have Dinner With: Lance Armstrong



Jeff JAMES
Junior, 6-5
IM, Back, Free
Chapel Hill, N.C.

Career Best Times: 1:49.23 in the 200-yard individual medley (9th in school history); 3:57.09 in the 400-yard individual medley; 49.39 in the 100-yard backstroke (8th in school history); 1:46.05 in the 200-yard backstroke (2nd in school history); 21.03 in the 50-yard freestyle; 45.81 in the 100-yard freestyle; 1:39.84 in the 200-yard freestyle; 50.60 in the 100-yard butterfly.

General: Tri-captain of the 2008-09 UNC men's team...ranks No. 1 on UNC's preseason depth chart in the 200 back with a time of 1:46.05...two-time returning letter winner who is one of Carolina's most versatile swimmers...an outstanding individual medley swimmer, backstroke specialist and middle distance and sprint freestyler...was an NCAA Championships qualifier as a freshman...swam for the North Carolina Aquatic Club in Chapel Hill before enrolling at Carolina.

Long Course Highlights: Qualified for the U.S. Olympic Trials in the 100-meter back, 200-meter back and 200-meter IM...placed 23rd in the 100-meter back at the 2008 U.S. Open.

2007-08 (Sophomore): Set a new career best in the 200-yard backstroke by posting a time of 1:46.05 in the event at the ACC Championships...his time in the 200-yard backstroke moved him from third place into second place in school history...was a member of the 800-yard freestyle relay that finished fourth at the ACC Championships with a time of 6:34.66, knocking more than 12 seconds off the school's seed time...also swam on three other relay teams at the ACC meet... his time of 1:46.15 in the 200-yard backstroke at the Championships claimed sixth ...his time of 49.48 in the 100 backstroke claimed 10th place at the ACC Championships...placed 13th in the 200-yard individual

medley at the league meet...named to the 2008 All-ACC Academic Men's Swimming and Diving Team, one of eight Tar Heels selected...selected for the 2007-08 ACC Academic Honor Roll, the Fall 2007 Dean's List and the Spring 2008 Dean's List.

2006-07 (Freshman): Competed in two events at the NCAA Championships — the 200-yard individual medley and as a member of the 800-yard freestyle...swam a career best in the 200 IM, placing ninth at ACC Championships and moving him into eighth place on UNC's All-Time Top 10 list...finished seventh in the 200-yard backstroke at the league championships...his performance in the 200-yard back was fast enough to place him third on the UNC All-Time Top 10...was just off a career best with a 1:39.95 in the 200 freestyle at the meet...was on the 800-yard freestyle relay which placed third at the ACC Championships...named to 2006-07 ACC Academic Honor Roll...was a fall semester 2006 Dean's List selection.

Prep: Graduated from Chapel Hill High School in June 2006...swam at CHHS for four years competing in the 100 & 200 backstrokes, 200 & 400 IMs and 50, 100 and 200 frees...senior national U.S. Swimming qualifier while in high school...won multiple high school individual state titles...achieved 2008 U.S. Olympic Trials qualifying times in multiple events while still in high school.

Personal: Given name is Jeffrey Edward James...nicknamed Thunderbreeze or The Spaniard...son of Steve and Linda James...was born August 26, 1988 in Pittsburgh, Pa. ...has three brothers, Steve, 25, Dave, 22, and Scott, 14.

The Gist of Jeff

Academic Major at Carolina: Journalism
Career Plans: Become a stay-at-home dad or run a restaurant with teammate Michael Wilson
Hobbies: Long walks on the beach, picking berries
Athlete I Most Admire: Jared Kleber
Person Who Has Had The Greatest Influence on My Athletic Career: Andre Agassi
Favorite Book: Pride and Prejudice by Jane Austen
Favorite Food: Escargot
Favorite Movies: Sweet Home Alabama, Rudy
Favorite TV Show: Scrubs
Country I've Never Been To But Want To Visit: Australia
Entertainment Figures I'd Most Like To Have Dinner With: The Ladies of The View



Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM



The 2008-09 Tar Heels/Mike Kelly & Jason McLaughlin



Mike KELLY
Junior, 6-0
Diving
Frederick, Md.

Collegiate Career Best Scores: 278.03 in a one-meter dual meet; 234.05 in a one-meter championship meet; 287.55 in a three-meter dual meet; 292.50 in a three-meter championship meet.

General: Ranks seventh on the all-time UNC scoring list in three-meter diving...two-time returning letterman...enriches and adds depth to the six-man diving squad.

2007-08 (Sophomore): Dove in the ACC Championships as an exhibition entry...set career best scores in one-meter dual meet competition with a score of 278.03 against NC State and in three-meter championship meet diving competition with a score of 292.50 in the Nike Cup.

2006-07 (Freshman): Competed at Nike Cup, finishing 20th in the one-meter event and 18th in the three-meter competition...achieved dual meet career bests on both the one-meter and three-meter boards in the dual meet with Maryland...merited 2006-07 ACC Academic Honor Roll status.

Prep: A June 5, 2006 graduate of Governor Thomas Johnson High School...four-year diving letterman there...also competed for the Frederick Area Divers...competed in CMDL summer league in 2004-05 and served as a coach in the league in 2006...won the Frederick County diving championship four times from 2003-06...best Metro Diving competition finish was a fourth place...National Honor Society member...Maryland Distinguished Scholar.

Personal: Given name is Michael Guy Kelly...son of Michael and Candy Kelly...was born September 23, 1988 in Frederick, Md...has one sister, Sheri, 34.

Kudos To Kelly

Academic Major at Carolina: Management & Society

Career Plans: Take over the family business, Frederick Business Properties

Hobbies: Cliff diving off the western coast of Chile

Athlete I Most Admire: Jeff James
Person Who Has Had The Greatest Influence on My Athletic Career: Kevin Lawrence

Favorite Book: Where The Sidewalk Ends by Shel Silverstein

Favorite Magazine: ESPN The Magazine

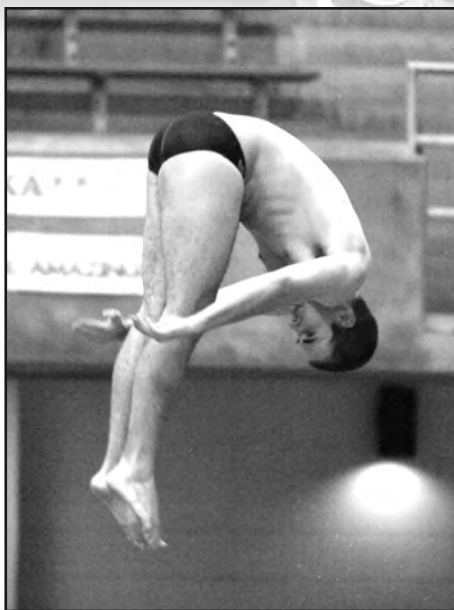
Favorite Food: Chicken Wings

Favorite Movie: Snatch

Favorite TV Show: Weeds

Favorite Website to Visit: TarHeelBlue.com
City I've Never Been To But Want To Visit: Dublin, Ireland

Entertainment Figure I'd Most Like To Have Dinner With: Andre Agassi



Jason McLAUGHLIN
Junior, 5-10
Free, IM,
Butterfly
White Plains,
N.Y.

Career Best Times: 1:41.14 in the 200-yard freestyle; 4:26.96 in the 500-yard freestyle; 9:20.04 in the 1000-yard freestyle; 15:25.71 in the 1650-yard freestyle; 3:56.13 in the 400-yard individual medley; 1:47.73 in the 200-yard butterfly (10th in school history).

General: One of UNC's most versatile and dependable swimmers...two-time returning letterman who has exhibited tremendous improvement in each of his first two years... excels in the distance free, butterfly and IM events.

2007-08 (Sophomore): Set career best times in the 500-yard freestyle with a time of 4:26.96, in the 400-yard IM with a time of 3:56.13 and in the 200-yard butterfly with a time of 1:47.73 at the ACC Championships...placed 12th in the 500 free at ACCs...his time in the 200-yard butterfly lifted him into 10th place in school history and claimed eighth place at the Championships...his time of 3:57.43 in the 400 IM at the ACC Championships earned him eighth place... was the recipient of the Bruce Webster Memorial Award as Most Dedicated Men's Swimmer on the squad.

2006-07 (Freshman): Competed in three events at the ACC Championships in his freshman season...placed fourth in the 200-yard fly and was the top finisher for Carolina in the event with his time of 1:48.04, moving him up to ninth place in Carolina's All-Time Top 10 list...took ninth place in the 1650 freestyle with a career best 15:25.71...also recorded a career best in the 400-yard IM where he finished seventh in championship finals...finished the year with ACC Top 10 Times in the 1000 and 1650 freestyles and the 400-yard individual

medley.

Prep: Was a senior national qualifier in 1000 and 1650 freestyles as a prepster...was the captain of his high school team as a senior...2005-06 high school All-America in the 500 free...four-time All-Section honoree...four-time qualifier for N.Y. state high school championship meet.

Personal: Given name is Jason Oliver McLaughlin...nicknamed Jay...born April 28, 1988 in White Plains, N.Y. ...son of Stephen and Donna McLaughlin...has one brother, Sean, 21, and one sister, Lyndsey, 22.

The Jewel That Is Jason

Major: Sports Administration

Career Plans: Undecided

Hobbies: Playing and watching all sports, beating Hank Browning in all sports

Athlete Most Admired: Derek Jeter

Biggest Sports Thrill: Aaron Boone's walk-off home run in the 2003 ALCS game 7 against the Red Sox

Person With Greatest Influence on Athletic Career: High School Coach Ilan Noach

Favorite Book: Snow in August by Pete Hamill

Favorite Magazine: Sports Illustrated

Favorite Foods: Cheeseburger and French Fries

Favorite Movie: Rudy

Favorite TV Shows: The Simpsons, ESPN SportsCenter, Scrubs

Favorite Website To Visit: espn.com





Chip PETERSON
Redshirt
Sophomore, 6-0
Freestyle, IM
Pine Knoll
Shores, N.C.

Career Best Times: 1:41.69 in the 200-yard freestyle; 4:19.38 in the 500-yard freestyle (3rd in school history); 9:02.38 in the 1000-yard freestyle (2nd in school history); 14:55.53 in the 1650-yard freestyle (2nd in school history); 3:57.45 in the 400-yard individual medley.

General: One of the collegiate ranks' premier distance swimmers...ranks No. 1 on UNC's preseason depth chart in the 500 free at 4:19.39...came in as one of the nation's top recruit his freshman season in 2006-07 and did not disappoint with his first-year efforts...took a redshirt year in 2007-08 to concentrate on training for open water events...set school records in the 1000 and 1650 freestyles as a freshman...ranks as one of the world's premier open water swimmers, making multiple U.S. international teams.

Long Course Highlights: Qualified for the 2008 Olympic Trials in the 200-, 400- and 1500-meters freestyles and the 400-meter IM...placed 12th in the 1500-meter free at the Olympic Trials...came back to finish fourth in the same event at the U.S. Open with a time of 15:21.12...set a career best with a time of 4:31.34 in the 400-meter IM at the 2008 U.S. Open...holds a trio of school long course...he went 3:52.74 in the 400-meter freestyle at the 2007 U.S. Swimming Championships, 8:02.59 in the 800-meter freestyle at the 2007 Santa Clara Grand Prix and 15:12.33 in the 1500-meter freestyle at the 2007 Pan American Games...at the 2007 Pan American Games in Brazil he captured the gold medal in the 1500-meter freestyle... had an outstanding 2007 summer U.S. Nationals, copping third place in the 1500 meters and 13th in the 400 meters... won the 800-meter freestyle at the 2006 Pan Pacific Championships...2005 U.S. national champion in the 1500-meter free.

Open Water Highlights: Placed 13th in the 2008 World Open Water Swimming Championships and was the second best American in a star-studded international field...his time of one hour, 53 minutes, 41.6 seconds was a scant 2.2 seconds from qualifying for the 2008 Olympics...finished second in the 10k 2007 U.S. Open Water World Championships Trials...that earned him one of the U.S. spots in the 2008 World Championships in Spain...at the 2007 Pan American Games in Brazil he earned the silver medal in 10k open water swimming...at the 2007 U.S. Open Water National Championships he captured first place in both the 5k and 10k races... at the 2006 World Open Water Championships he finished second in the 5k and sixth in the 10k...won the 10k open water event at the 2006 Pan Pacific Championships...won the 5k and 10k open water swims at the 2006 U.S. Nationals...2005

U.S. champion and world champion in the 10k open water swimming events... was named the 2005 co-U.S. Swimming Open Water Performer of the Year...U.S. National Team member in 2005, 2006 and 2007...member of U.S. Junior National Team in 2004.

2007-08: Redshirted during the season to concentrate on open water swimming training for international competitions...named to 2007-08 ACC Academic Honor Roll...earned mention on the fall 2007 Dean's List.

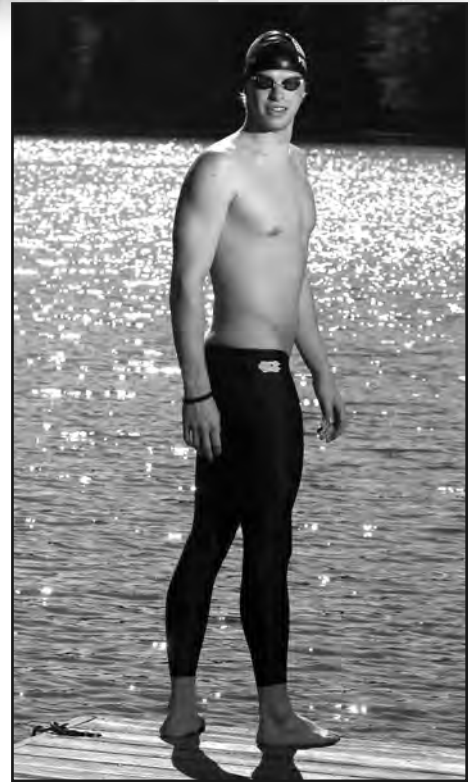
2006-07 (Freshman): Competed at the NCAA Championships in three events...his career best time in the 500 free in the NCAA prelims was good for third place on the Tar Heel all-time depth chart...he finished 14th overall in the event...he took sixth place in the NCAA meet in the 1650-yard freestyle, achieving a career best clocking and smashing the school record held by Yuri Suguiyama...his 1000-yard split in the race also broke the school record for that distance...swam three NCAA consideration qualifying times at the ACC Championships in the 500 free, 1650 free and as a member of the 800 freestyle relay... helped that relay place third in the league meet...finished fifth in the 500 freestyle, 11th in the 400-yard individual medley and second in the 1650-yard freestyle at ACCs...honored as a first-team All-ACC selection...also named a 2007 first-team All-America in the 1650-yard free and an honorable mention All-America in the 500-yard free...won the Jamerson Award as the team's Most Outstanding Swimmer...named to the 2006-07 ACC Academic Honor Roll...met the standards for selection to the UNC Dean's List in both semesters of the 2006-07 school year...tapped for the All-ACC Academic Swimming Team.

Prep: Graduated from West Carteret High School in 2006...a distance freestyler, he swam in high school for four years and also competed in club swimming for 13 years...salutatorian of high school class...a National Merit Scholar.

Personal: Given name is Charles Bowne Peterson...son of Nancy and Pete Peterson...was born December 3, 1987 in Morehead City, N.C. ...has one brother, Perry, 23.

Chatting Up The Chipster

- Academic Major at Carolina:** Biology
- Career Plans:** Undetermined
- Hobbies:** Surfing
- Athlete I Most Admire:** Michael Jordan
- Biggest Sports Thrill:** Winning the world open water swimming championship
- Person Who Has Had The Greatest Influence on My Athletic Career:** Catherine Vogt
- Favorite Book:** Who Moved My Cheese by Spencer Johnson
- Favorite Magazine:** Newsweek
- Favorite Food:** Peanut Butter
- Favorite Movie:** The Nightmare Before Christmas
- Favorite TV Show:** The Blue Planet
- Favorite Website to Visit:** purevolume.com
- City I've Never Been To But Want To Visit:** Sydney, Australia
- Entertainment Figure I'd Most Like To Have Dinner With:** Keira Knightley



David SOLARZ
Junior, 6-0
Diving
Westlake, Ohio

Collegiate Career Best Scores: 309.90 in a one-meter dual meet; 313.30 in a one-meter championship meet; 338.33 in a three-meter dual meet; 335.40 in a three-meter championship meet; 276.90 in a 10-meter platform diving championship meet.

General: One of Carolina's top returning divers...two-year letterman who was an ACC finalist in his sophomore year in two events...ranks sixth all-time in men's one-meter diving, fourth in three-meter diving and second in men's platform diving on the school's Top 10 list.

2007-08 (Sophomore): Set a career high score in platform diving by posting a tally of 276.90 at the ACC Championships...he qualified for NCAA Zone Championships in both the one-meter and three-meter diving events...finished third in coed synchronized diving at the ECU Invite with Erica Shiffler, posting a score of 448.35...took seventh at the ACC Championships in three-meter diving with a score of 317.45 and eighth in 10-meter platform diving with a score of 276.60...also finished 12th in one-meter diving... named to the 2008 All-ACC Academic Men's Swimming and Diving Team, one of eight Tar Heels selected...named to the 2007-08 ACC Academic Honor Roll and to the Dean's List in both semesters of the school year.

Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM

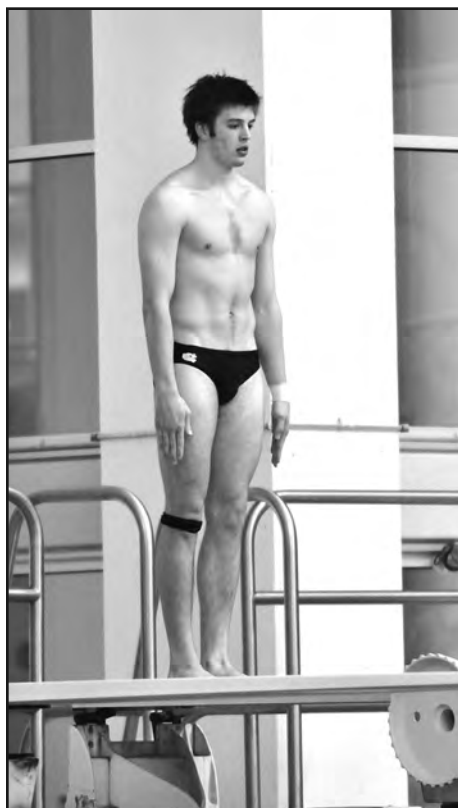


The 2008-09 Tar Heels/Michael Wilson & Andy Brake

2006-07 (Freshman): Was the most outstanding freshman men's diver for Carolina in 2006-07 based on dual meet scores, championship meet scores and ACC finishes...competed in both springboard diving events at the ACC Championships...earned 16th place on the one-meter springboard and 13th on the three-meter board...recorded a career best score in a one-meter dual meet format with 309.90 points against Johns Hopkins...set what was then a career best for a dual setting in the three-meter with a 324.65 tally versus Minnesota...both dual meet scores placed him third for the year on the team depth chart...named to the 2006-07 ACC Academic Honor Roll...merited a spot on the UNC Dean's List in both semesters of the 2006-07 school year.

Prep: Graduated on June 10, 2006 from Westlake High School...dove there and also swam the backstroke for fours years on his high school team...was a hurdler and pole vaulter on the track team for three years...also played a year of tennis...a first-team All-America and first-team All-State selection in diving...Junior National diving qualifier...sectional and district champion and conference record holder...captain of team and scholar-athlete award winner...led swimming team to conference championship...as a pole vaulter, he was first-team All-Conference choice and a district and regional qualifier...AP scholar...graduated Summa Cum Laude...National Honor Society member.

Personal: Given name is David Alan Solarz...son of Mike and Martha Solarz...was born September 15, 1987 in Fairview, Ohio...has one brother, Mike, 19, and two sisters, Sarah, 18, and Julie 13.



Sitting Down With Solarz
Academic Major at Carolina: Chemistry
Career Plans: Go to medical school
Hobbies: Tennis, reading, any recreational activity
Athlete I Most Admire: Roger Federer
Biggest Sports Thrill: Finaling on three-meter springboard and platform at ACCs in 2008
Person Who Has Had The Greatest Influence on My Athletic Career: My club coach, Jeff Arnold
Favorite Book: Catcher in the Rye by J.D. Salinger; The Harry Potter series by J.K. Rowling
Favorite Magazine: The Economist
Favorite Food: Chipotle
Favorite Movie: Napoleon Dynamite
Favorite TV Show: ESPN SportsCenter
Favorite Website to Visit: TarHeelBlue.com
City I've Never Been To But Want To Visit: Nairobi, Kenya
Entertainment Figure I'd Most Like To Have Dinner With: Jack Bauer



Michael WILSON
Redshirt
Sophomore, 5-10
Diving
Atlanta, Ga.

Collegiate Career Best Scores: 273.98 in a one-meter dual meet; 190.85 in a one-meter championship meet; 288.98 in a three-meter dual meet; 262.57 in a three-meter championship meet.

General: Key member of the Tar Heels' six-member diving corps...a significant contributor to the men's diving squad when earning his first letter in 2006-07.

2007-08: Redshirted last season to rehab from an injury.

2006-07 (Freshman): Competed at ACC Championships on both the one-meter and three-meter boards...placed 16th on the three-meter springboard at the conference meet...earned his season best score for a dual meet on the one-meter board against Maryland...also scored a season high on the three-meter versus Maryland...finished 16th on the three-meter board at Nike Cup.

Prep: Graduated from Dunwoody High School on May 26, 2006...four-year diving letterman there...All-America selection his junior and senior years...qualified for nationals in 2004...a 2003-04 Georgia All-Star selection...broke Dunwoody and DeKalb County diving records in 2005-06...won the county championship his senior season...captained the swimming and diving team as a senior.

Personal: Given name is Michael Ross Wilson...nicknamed Flo...son of Raymond and Jody Wilson...was born August 9, 1988 in Atlanta, Ga. ...has two brothers, Blake, 16, and Jordan, 12, and one sister, Robin, 22.

The Wikipedia on Wilson
Academic Major at Carolina: Sports Administration
Career Plans: Undetermined
Hobbies: Fishing
Athlete I Most Admire: Deion Sanders
Biggest Sports Thrill: Beating Duke at everything
People Who Have Had The Greatest Influence on My Athletic Career: Grant Segal, John Ames
Favorite Book: Tales from the Dugout by Mike Shannon
Favorite Magazine: ESPN The Magazine
Favorite Food: Nachos
Favorite Movie: The Ladies Man
Favorite TV Show: Seinfeld
Favorite Website to Visit: prosportsdaily.com
City I've Never Been To But Want To Visit: Cape Town, South Africa
Entertainment Figure I'd Most Like To Have Dinner With: Bob Marley



Andy BRAKE
Sophomore, 6-0
IM, Fly
Springfield, Va.

Career Best Times: 1:50.82 in the 200-yard individual medley; 3:51.60 in the 400-yard individual medley (3rd in school history); 51.40 in the 100-yard butterfly; 1:49.76 in the 200-yard butterfly; 51.98 in the 100-yard backstroke; 1:53.64 in the 200-yard backstroke; 59.29 in the 100-yard breaststroke; 2:05.37 in the 200-yard breaststroke.

General: One of Carolina's most versatile swimmers...a returning letterman whose best events are the two IMs...he can also be counted on to swim fast times in the fly, back and breast as well...was a highly-recruited prospect from the Washington, D.C. area coming out of high school.

Long Course Highlights: Competed in the 2008 U.S. Olympic Trials in the 200-meter and 400-meter individual medley events.

2007-08 (Freshman): Set a career best time in the 400-yard IM with a time of 3:51.60 at the ACC Championships, finishing third in the event...his time in the 400-yard IM put him into third place in school history in the event...was a consolation finalist in the 200 IM at the meet...earned first-team All-ACC honors ... named to the 2008 All-ACC Academic Men's Swimming and Diving Team, one of eight Tar Heels selected.

Prep: Graduated on August 13, 2007 from Lake Braddock High School in Burke, Va. ...a four-year swimming letterman in high school...swam for seven years with the Curl-Burke Swim Club, specializing in the IM, fly and breast...his high school team finished in second place three years in a row at the state championship meet...individually, he won the 200 IM at the state meet two years in a row and set a state high school record in the process...was the team captain...a high school All-America...made NCSA all-star team.

Personal: Full name is Andrew Jeffrey Brake...the son of Jeff and Marlene Brake...was born September 20, 1988 at Andrews Air Force Base in Maryland...has one sister, Meghan, 23.



Brake's Bonus Coverage

Academic Major at Carolina: Undeclared
Career Plans: Join the Peace Corps
Hobbies: Music, reading
Athlete I Most Admire: Tiger Woods
Biggest Sports Thrill: Winning all-star relays with my summer league team
People Who Have Had The Greatest Influence on My Athletic Career: My Parents
Favorite Books: Fear and Loathing in Las Vegas by Hunter S. Thompson
Favorite Magazine: Rolling Stone
Favorite Food: Lamb
Favorite Movie: Requiem for a Dream
Favorite TV Show: South Park
City I've Never Been To But Want To Visit: San Diego, Calif.
Entertainment Figure I'd Most Like To Have Dinner With: Bob Dylan



Robert GRIMMETT-NORRIS
Sophomore, 6-1
Fly, Free
Herndon, Va.

Career Best Times: 49.06 in the 100-yard butterfly; 1:49.02 in the 200-yard butterfly; 1:41.35 in the 200-yard freestyle; 4:32.25 in the 500-yard freestyle; 9:27.84 in the 1000-yard freestyle.

General: Returning letter winner who excelled in the butterfly events and the middle distance freestyle events as a freshman last year...was one of the group of talented freshman recruits from the Washington, D.C. region in the recruiting class of 2007.

2007-08 (Freshman): Set a trio of career best times — in the 100-yard butterfly by posting a time of 49.06, in the 200-yard butterfly with a time of 1:49.02 and in the 500-yard freestyle with a time of 4:32.25, all set at the ACC Championships...was a consolation finalist in the 200-yard butterfly...tapped for the 2007-08 ACC Academic Honor Roll.

Prep: Participated in club swimming for 11 years and high school swimming for four years...a graduate of Georgetown Preparatory School in North Bethesda, Md. ...was the captain of swim team at Georgetown Prep...Potomac Valley Swimming Performer of the Year in 2000 and 2004 for his age group with his club team...a four-year high school All-America selection...earned first and second academic honors in high school...was a U.S. Swimming senior national qualifier in the 100 fly and a junior national qualifier in the 200 fly and 200 free...was a member of the NCSA junior national all-star team.

Personal: Given name is Robert Wade Grimmatt-Norris...the son of Sally Grimmatt and Drury Norris...was born July 10, 1989 in Watford, England...has two brothers, Michael, 15, and Christopher, 12.



Reporting On Robert

Academic Major at Carolina: Undecided
Career Plans: Attend Law School
Hobbies: Rock Band
Athletes I Most Admire: Michael Jordan, Joe Gibbs
Biggest Sports Thrill: Attending the 2008 Duke – Carolina Basketball Game
Person Who Has Had The Greatest Influence on My Athletic Career: The head coach of my club team, Tim Kelly
Favorite Books: Angels & Demons by Dan Brown; The Bourne Identity by Robert Ludlum; The Bourne Supremacy by Robert Ludlum
Favorite Magazine: Car and Driver
Favorite Foods: Surf n' Turf
Favorite Movies: Ace Ventura: When Nature Calls; Kicking & Screaming
Favorite TV Show: South Park
Favorite Websites To Visit: TarHeelBlue.com; espn.com
City I've Never Been To But Want To Visit: Cape Town, South Africa
Entertainment Figure I'd Most Like To Have Dinner With: The Fresh Prince of Bel-Air, Will Smith



Josh HAFKIN
Sophomore, 6-1
Back, Free
Rockville, Md.

Career Best Times: 48.11 in the 100-yard backstroke; 1:46.36 in the 200-yard backstroke; 20.73 in the 50-yard freestyle; 46.25 in the 100-yard freestyle; 50.81 in the 100-yard butterfly.

General: Ranks first on UNC's preseason depth chart in the 100 back with a career best of 48.11...a returning letter winner who had an excellent freshman year...specializes in the backstroke events and also swims the freestyle sprints...came to UNC in 2007 as one of the nation's top high school backstrokers.

2007-08 (Freshman): Had a season best time of 48.49 seconds in the 100-yard backstroke, a time which moved him into third place on UNC's all-time Top 10 list...top time in the 200-yard backstroke was 1:47.78, which places him sixth in Tar Heel history...had some solid swims at the 2008 ACC Championships ...swam the backstroke leg of the 200-yard medley relay team that finished fourth with a time of 1:27.97, a new school record...finished seventh in the 100-yard backstroke with a time of 48.95...led off the 400-yard medley relay team that took fifth with a time of 3:17.89...his time of 1:47.78 in the 200-yard backstroke claimed 10th place.

Prep: Graduated in May 2007 from Georgetown Preparatory School in North Bethesda, Md. ...three-year swimming letterman for Georgetown Prep...lettered as a freshman in swimming at Bullis School in Potomac, Md. ...15-time high school All-America selection, in-

Carolina Swimming and Diving

The 2008-09 Tar Heels/Tyler Harris

cluding nine times as an individual choice and six mentions on relay teams...four-year All-Interstate Athletic Conference selection...four-year Washington Post All-Met Team honoree and the newspaper's All-Met Swimmer of the Year in both 2006 and 2007...four-time Montgomery County All-Gazette swimming and diving team selection, winning the paper's swimmer of the year accolade in '06 and '07...named to All-Washington Examiner swimming and diving team four years and was its swimmer of the year as a junior and senior...team captain of Georgetown Prep in the 2006-07 season...led his high school to three metro team championships...won the metro outstanding performance award...National Catholic Championships Swimmer of the Meet in 2006...Washington Metropolitan Prep School Swim and Dive League swimmer of the year selection...also competed for Potomac Valley Swimming club team and the Rockville Montgomery Swim Club...an Olympic Trials qualifier...2006 U.S. Swimming National Junior Team member...named to 2005 U.S. team which competed at the Maccabiah Games in Ramat Gan, Israel...chosen for 2003 U.S. Swimming National Select Camp...copped a spot on the 2007 National Club Swimming Association All-America Team...Potomac Valley Swimming 's performer of the year for his age group in 2002, 2003, 2004, 2005, 2006 and 2007...swam the backstroke leg of a national age group record-setting medley relay team...led the Rockville Montgomery Swim Club to a junior national championship in 2007...holds 32 RMSC records.

Personal: Given name is Joshua Victor Hafkin...the son of Nancy and Marc Hafkin...has one brother, Jake, 24, and one sister, Bridget, 33.



Hafkin As Habitué

Academic Major at Carolina: Undeclared

Career Plans: Undetermined

Hobbies: Collecting Star Wars cards

Athlete I Most Admire: Tiger Woods

Biggest Sports Thrill: Coming from behind to win the 4x100 freestyle relay against our arch rival Gonzaga

Person Who Has Had The Greatest Influence on My Athletic Career: My club coach, Jim Williams

Favorite Books: Gold in the Water by P.H. Mullen; The Peaceful Warrior by Dan Millman

Favorite Magazine: Sports Illustrated

Favorite Food: Anything from The California Pizza Kitchen

Favorite Movie: Spaceballs

Favorite TV Show: Scrubs

Favorite Website To Visit: Facebook

Country I've Never Been To But Want To Visit: Rapa Nui

Entertainment Figure I'd Most Like To Have Dinner With: Megan Fox



Tyler HARRIS
Sophomore, 5-10
IM, Fly,
Breast, Free
Richmond, Va.

Career Best Times: 1:48.76 in the 200-yard individual medley (6th in school history); 3:47.04 in the 400-yard individual medley (School Record); 1:47.35 in the 200-yard butterfly (6th in school history); 2:01.87 in the 200-yard breaststroke; 1:40.26 in the 200-yard freestyle; 4:29.09 in the 500-yard freestyle; 9:14.36 in the 1000-yard freestyle; 15:35.73 in the 1650-yard freestyle.

General: Ranks No. 1 on Carolina's pre-season depth chart in the 200 fly (1:47.35), the 200 IM (1:48.76) and the 400 IM (3:47.04)...a returning letter winner who clearly was one of the most versatile swimmer to enroll at Carolina in many years when he did so in 2007...school record holder in the 400-yard IM as a freshman (3:47.04)...a tremendous IM specialist who also has solid times in the 200 fly, 200 breast and the distance freestyle events.

Long Course Highlights: Set a pair of University long course records in the summer of 2008...also set Virginia state U.S.S. long course records this past summer in the 200 IM and 400 IM...he went 2:04.39 in the 200-meter individual medley and 4:21.94 in the 400-meter individual medley at the 2008 U.S. Open to establish those marks... finished ninth overall and first in the "B" final in the 400-meter IM...he copped 13th place standings in both the 200 fly (2:02.46, prelim time 2:01.85) and 200 breaststroke (2:19.50) as well...qualified for the 2008 U.S. Olympic Trials in three events — the 200-meter fly, the 200-meter IM and the 400-meter IM...at those Trials, he set what were then school records in the 200 IM

at 2:05.89 and in the 400 IM where he placed 12th...finaled in the 400 IM at 2007 summer senior nationals, taking 15th place.

Open Water Highlights: Finished fourth at the USA Swimming 5K Open Water National Championships in Fort Myers, Fla. last spring.

2007-08 (Freshman): Earned All-America honors with a 14th-place finish in the 400-yard individual medley at the NCAA Championships...was the ACC champion in the 400-yard individual medley...at the ACC Championships he set career best times in the 400-yard IM with a time of 3:47.04 and in the 200-yard butterfly with a time of 1:47.35...set a career best in the 200-yard IM with a time of 1:48.76 at the NCAA Championships...also set a career best time in the 1000-yard freestyle with a time of 9:14.36 in the dual meet against Minnesota...his time of 3:47.04 in the 400-yard IM was a school record and gave him the league title...named ACC Men's Swimmer of the Week on November 13, 2007 after winning a trio of individual events in the Tar Heels' dual meet against Duke...was a member of the 800-yard freestyle relay that finished fourth at the ACC Championships with a time of 6:34.66, knocking more than 12 seconds off the relay's seed time...placed sixth in the 200-yard IM with a time of 1:49.65...his performance in the 400 IM at the ACC Championships made him the first Tar Heel to take the title in that event since 1986...his time of 1:47.53 in the 200 butterfly at the ACC Championships earned him seventh place...earned first-team All-ACC honors ... named an All-America, one of the three Tar Heels selected, the most for Carolina since 2004...received the team's Most Valuable Swimmer Award... named to the 2008 All-ACC Academic Men's Swimming and Diving Team, one of eight Tar Heels selected

Prep: A June 2007 graduate of The Steward School...a four-year swimming letterman there...competed in club swimming for Poseidon Swimming...attained U.S. Swimming senior national qualifying times in the 200 breast, 200 fly, 200 IM, 800 free, 400 free and 400 IM as a member of Poseidon...entered college having already qualified for the 2008 Olympic Trials in the 200 IM, 400 IM and 200 fly...Richmond Times-Dispatch 2007 Scholar-Athlete of the Year finalist...was named by the newspaper as its 2007 high school male swimmer of the year...broke Virginia's 17-18 age group records in both the 200-yard fly at 1:47.75 and 200-meter fly at 2:02.52...a Scholastic All-America selection...qualifier for U.S. Junior Nationals in 11 events, including at least one event each in the freestyle, backstroke, butterfly and breaststroke...attended 2006 U.S. Swimming National Select Camp...March 2007 Richmond Times-Dispatch athlete of the month...honor roll student...member of FCA and treasurer of National Honor Society.

Personal: Given name is William Tyler Harris...is the son of Chip and Bev Harris...was born September 23, 1988 in Los Angeles, Calif. ...has one sister, Sommer, age 13.

Touting Tyler
Academic Major at Carolina: Undeclared, but most likely business
Career Plans: To do something that involves traveling
Hobbies: Sitting around, hanging around with friends, fishing
Athlete I Most Admire: Lance Armstrong
Biggest Sports Thrill: Making my first Olympic Trials cuts
Person Who Has Had The Greatest Influence on My Athletic Career: My club team coach, Ted Sallade
Favorite Book: Oh, the Places You'll Go! by Dr. Suess
Favorite Magazine: ESPN The Magazine
Favorite Food: Barbecue Sandwiches
Favorite Movie: Men of Honor
Favorite TV Show: The Office
Favorite Website To Visit: espn.com
City I've Never Been To But Want To Visit: Aspen, Colo.
Entertainment Figure I'd Most Like To Have Dinner With: Bear Grylls of Man vs. Wild



Flynn JONES
Sophomore, 6-0
Breaststroke
Cary, N.C.

Career Best Times: 58.36 in the 100-yard breaststroke; 2:08.21 in the 200-yard breaststroke.

General: A returning letter winner in UNC's talented breaststroke group...earned a spot on UNC's scoring team at the ACC Championships as a freshman...comes from a family of life-long Carolina fans.

2007-08 (Freshman): Set a career best time in the 100-yard breaststroke with a time of 58.36 at the ACC Championships...had his career best in the 200-yard breaststroke with a time of 2:08.21 in the dual meet against Virginia... received the team's Richard E. Jamerson Memorial Award as the Most Improved Swimmer.

Prep: A 2007 graduate of Green Hope High School...was a member of the swimming team there for four years and the soccer team for two years...was the swim team's MVP three years and coaches award winner once...Tri-8 All-Conference selection...swim team captain as a junior and a senior...member of Spanish National Honor Society.

Personal: Given name is Michael Flynn Jones...son of Pete and Mary Jones...was born August 17, 1989 in Raleigh, N.C. ...has one sister, Amelia.



Heel in 2007-08...as a sophomore he will continue his role in adding depth to Carolina's excellent freestyle group...was only the second men's swimmer from Indiana to enroll at Carolina in the past three decades, joining Chad Ames of Crawfordsville (2003-06).

2007-08 (Freshman): Set career best time in the 50-yard freestyle with a time of 21.25 and in the 200-yard freestyle with a time of 1:40.81 with both career bests being set at the ACC Championships...competed for the Tar Heels at the league meet as an exhibition entry...named to the 2007-08 ACC Academic Honor Roll.

Prep: Graduated in June 2006 from Zionsville Community High School, just northwest of Indianapolis in Boone County...swam for the Eagles' swimming team for four years and played soccer one year...captain of the swim team from 2005-2007...three-time state high school qualifier in the 200-yard freestyle, finishing 17th as a sophomore, sixth as a junior and third as a senior...finished third in the state meet as a senior in the 100-yard freestyle after placing 15th as a junior...led Zionsville's 200 free relay team to a ninth place finish as senior and 400 free relays to seventh his senior year and 12th his junior year...ZCHS record holder in the 100, 200 and 500 freestyles, 100 back and as member of 200 medley, 200 freestyle and 400 freestyle relay squads...team MVP all four years...coached by Charlie Fry at the Washington Township Swim Club in Indianapolis...junior national qualifier in the 50, 100, 200 and 400-meter freestyles as well as the 200 back and on 400 free, 400 medley and 800 free relay units...senior national qualifier on 400 medley and 800 freestyle relay teams...member of National Honor Society and Spanish Honor Society...participated in PEER facilitating with elementary and middle school students.

Personal: Full name is Alexander Rashad Ismail...son of Richard Ismail and Betsy Ismail...was born April 3, 1989 in Cincinnati, Ohio...has one sister, Alison, 13.

Itemizing Ismail
Academic Major at Carolina: International Area Studies

Career Plans: Undetermined
Hobbies: Listening to music, reading, playing soccer and basketball and watching college football and basketball and professional football

Athlete I Most Admire: Tom Dolan
Biggest Sports Thrill: Swimming in the finals of the Indiana State High School Athletic Association swimming championships

Person Who Has Had The Greatest Influence on My Athletic Career: My former Washington Township Swim Club coach Mark Hesse

Favorite Book: It's Not About the Bike by Lance Armstrong

Favorite Magazine: Sports Illustrated

Favorite Food: Spaghetti

Favorite Movie: Forrest Gump

Favorite TV Shows: The Office, Scrubs

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Alexandria, Egypt

Entertainment Figure I'd Most Like To Have Dinner With: Keith Richards



Alex ISMAIL
Sophomore, 6-3
Freestyle
Zionsville, Ind.

Career Best Times: 21.25 in the 50-yard freestyle; 46.58 in the 100-yard freestyle; 1:40.81 in the 200-yard freestyle; 4:38.90 in the 500-yard freestyle.

General: A solid middle distance and sprint freestyler who earned his first letter as a Tar

WELCOME TO THE KOURY NATATORIUM



The 2008-09 Tar Heels/Joe Kinderwater

Featuring Flynn

Academic Major at Carolina: Undeclared
Career Plans: Undetermined
Hobbies: Tennis, sleeping
Athlete I Most Admire: Tiger Woods
Biggest Sports Thrill: Any race I've ever won
People Who Have Had The Greatest Influence on My Athletic Career: My parents
Favorite Book: Catcher in the Rye by J.D. Salinger
Favorite Magazine: ESPN The Magazine
Favorite Food: A bacon, egg and cheese sandwich from Sutton's
Favorite Movies: Apocalypse Now, Pulp Fiction
Favorite TV Shows: Chappelle's Show, Reno 911
Favorite Website To Visit: espn.com
City I've Never Been To But Want To Visit: Rio de Janeiro, Brazil
Entertainment Figure I'd Most Like To Have Dinner With: Dr. Dre



Joe KINDERWATER
Sophomore, 5-11
Freestyle
Lancaster, Pa.

Career Best Times: 4:24.12 in the 500-yard freestyle; 8:58.09 in the 1000-yard freestyle (School Record); 14:53.57 in the 1650-yard freestyle (School Record); 3:59.49 in the 400-yard individual medley.

General: A 2008 U.S. Olympic Trials finalist in the 1500-meter freestyle...heads into the season as Carolina's top returning performer in the 1000 free at 8:58.09 and the 1650 free at 14:53.57...a returning letterman who was one of the nation's top distance freestylers coming out of the high school ranks in 2006-07 and then turned in a phenomenal freshman year for the Tar Heels.

Long Course Highlights: Qualified for the Olympic Trials in the 1500-meter freestyle...finished eighth in the event with a new career best time of 15:21.84... finished fifth in the 1500-meter freestyle at the 2008 U.S. Open with a time of 15:23.26...took fourth in the 800-meter freestyle at the U.S. Open with a time of 8:06.78, a new career best...was a finalist in two events at the 2007 U.S. Swimming summer nationals, placing seventh in the 1500-meter freestyle and 12th in the 800-meter freestyle.

Open Water Highlights: Earned honors on the U.S. National Open Water Swimming Team for the second straight year based upon his performance at the 2008 U.S. Open Water Championships in Minneapolis...had a third place finish with a time just under two hours in the 10k event...finished third in the 2007 U.S. 10k Open Water Swimming World Championship Trials...that earned him a spot to compete in the 2008 Open Water World Championships in Seville, Spain in the 5k race... finished 15th in the 2008 FINA World Open Water Swimming Championships in Spain in the 5k event with a

time of 55 minutes and 21 seconds...his time was just 23.7 seconds behind the champion...was the ninth place finisher in the spring of 2007 in the 5k event at the U.S. Championships.

2007-08 (Freshman): The ACC champion in the 1650-yard freestyle event...fifth-place finisher in the 1650-yard freestyle at the NCAA Championships...set career best times in the 500-yard freestyle with a time of 4:24.12 and in the 1650-yard freestyle with a time of 14:53.57 at the NCAA Championships...set a career best in the 1000-yard freestyle with a time of 8:58.09 in the dual meet against Virginia...his times in the 1000-yard and 1650-yard freestyles both set school records...named the ACC Men's Swimmer of the Week for two straight weeks in January after winning two events against both Clemson and Virginia in dual meet action...those honors came on January 15 and 22, 2008, respectively...honored by CollegeSwimming.com as the National Collegiate Swimmer-of-the-Week (NCSW) for two straight weeks as determined by a panel of collegiate coaches (January 16 and January 23, 2008)...was selected as the UNC Progress Energy Performer of the Week after setting two career bests and winning two events in the Tar Heels' first dual-meet victory against Virginia in 10 years...earned ACC Men's Swimmer of the Week honors for a third time on February 5, 2008 after earning a pair of first-place finishes in dual meets against NC State, Johns Hopkins and Emory...he and fellow Tar Heel Kelsey Morrissy were the only student-athletes in the ACC to receive the weekly conference honor three times each in 2007-08...finished fifth at the ACC Championships in the 500-yard freestyle with a time of 4:24.41...his title-earning time of 14:57.78 at the ACC Championships helped lead the Tar Heels claim second place in the team standings, their best finish since 2001...that time also qualified him for the 2008 NCAA Championships...he was one of three Tar Heels to win a title at the ACC meet...earned first-team All-ACC honors...placed fifth in the 1650-yard freestyle at the NCAA Championships, the highest individual finish for a Tar Heel at the NCAA meet since 1993...honored as an All-America, one of three Tar Heels to receive the honor, the most for Carolina since 2004... received the team's Richard E. Jamerson Memorial Award as the Most Outstanding Swimmer... named to the 2008 All-ACC Academic Men's Swimming and Diving Team, one of eight Tar Heels selected...2007-08 ACC Academic Honor Roll selection.

Prep: Graduated from Hempfield High School in Landisville, Pa., on June 5, 2007...swam four years for his high school team as a 200 and 500 freestyler and 200 IM specialist...a brilliant swimmer in the distance freestyle events from ages 9-18 for the Trident Swim Club...currently swims under Mike Gobrecht at West Shore YMCA...2007 Pennsylvania state champion in the 500 free...a high school All-America in the 500 free his sophomore through senior campaigns...All-State selection in the 500 free and 200 IM in 2005, '06 and '07...captained his high school and club teams in 2007...member of U.S. Swimming's 2007 Junior National Team...as a high school swimmer, he already

was an Olympics Trials qualifier for 2008...a high school academic All-America...National Honor Society member...member of National Foreign Language Honors Society.

Personal: Given name is Josef Henry Kinderwater...son of Craig and Pamela Kinderwater...was born March 31, 1989 in Baltimore, Md. ...has one sister, Kate, 16.

Deciphering The Kinder Code

Academic Major at Carolina: Something in the field of science
Career Plans: To become a pediatrician
Hobbies: Traveling, cooking, going to the beach, tennis
Athlete I Most Admire: Roger Federer
Biggest Sports Thrill: Making the finals at the 2008 Olympic Trials in the 1500-meter freestyle
Person Who Has Had The Greatest Influence on My Athletic Career: Coaches Peter Clark and Catherine Vogt
Favorite Book: The Outsiders by S.E. Hinton
Favorite Magazine: Sports Illustrated
Favorite Food: Everything
Favorite Movie: Home Alone, Ocean's 11
Favorite TV Show: House
Favorite Website To Visit: TarHeelBlue.com
City I've Never Been To But Want To Visit: College Station, Texas
Entertainment Figure I'd Most Like To Have Dinner With: Jack Black





David MacDonald
Freshman, 5-7
Diving
Darien, Conn.

General: An outstanding diver who is expected to be one of the top divers in the ACC in 2008-09...with a deep UNC diving corps a year ago he took a medical redshirt year.

2007-08: Redshirted during the season.

Prep: Graduated from Darien High School in 2007...a three-time high school All-America honoree...four-time Connecticut high school diving champion...YMCA national diving champion in the one-meter and three-meter spring-board events...competed in East Nationals and a finalist in Speedo Nationals.

Personal: Full name is David James MacDonald...son of Tom and Deb MacDonald...was born February 3, 1989 in Minneapolis, Minn. ...has one sister, Kim, 23.

Digging Up Dirt On David

Academic Major at Carolina: Undeclared

Career Plans: Not sure

Hobbies: Pokemon

Athlete I Most Admire: Reggie White

Biggest Sports Thrill: Winning the high school state diving championships for the 4th year in a row

Person Who Has Had The Greatest Influence on My Athletic Career: My club coach Joe Somma

Favorite Book: Angels and Demons by Dan Brown

Favorite Magazine: Snowboarder

Favorite Food: Pancakes

Favorite Movie: Friday

Favorite TV Show: South Park

Favorite Website To Visit: Oprah.com

City I've Never Been To But Want To Visit: Sydney, Australia

Entertainment Figure I'd Most Like To Have Dinner With: Bruce Bruce



Vinny Pryor
Sophomore, 6-2
Breast, IM
Jaffrey, N.H.

Career Best Times: 56.10 in the 100-yard breaststroke; 1:58.74 in the 200-yard breaststroke (2nd in school history); 1:51.59 in the 200-yard individual medley.

General: A returning letter winner who was Carolina's top breaststroker as a freshman in 2007-08...tops UNC's preseason depth chart in the 200 breast at 1:58.74 and ranks No. 2 on the depth chart at 56.10 in the 100 breast...took several seconds off his career best in the 200 IM as a freshman...one of UNC's most improved swimmers as a freshman.

Long Course Highlights: Qualified for the 2008 U.S. Olympic Trials in the 200-meter breaststroke.

2007-08 (Freshman): Set career best times in 100-yard breaststroke with a time of 56.10, in the 200-yard breaststroke with a time of 1:58.74 and in the 200-yard IM with a time of 1:51.59, all achieved at the ACC Championships...his time in the 200-yard breaststroke places him in 2nd place in school history...claimed second place at the ACC Championships in the 200 breast...was a consolation finalist in the 100 breast and won the bonus consolation final in the 200 IM at ACCs...earned first-team All-ACC honors.

Prep: Graduated from Conant High School on June 16, 2006...competed in club swimming for 15 years in the 100 breast, 200 breast and 200 IM...swam on high school team as a sophomore and junior and cross country team as freshman and sophomore...won state titles individually in the 200 free, 200 IM and the 500 freestyle...a high school All-America in the 200 IM.

Personal: Full name is Walter Vincent Pryor, III...son of Walt and Carol Pryor...was born March 9, 1988 in Orlando, Fla. ...has one brother, Michael, 17, and one sister, Katy 22.

Vetting Vinny

Academic Major at Carolina: Undeclared

Career Plans: Undetermined

Hobbies: Reading, writing, playing Ultimate Frisbee, mountain biking

Athlete I Most Admire: Michael Jordan

Biggest Sports Thrill: Any head-to-head competition

Person Who Has Had The Greatest Influence on My Athletic Career: Don Lemieux

Favorite Book: To Kill a Mockingbird by Harper Lee

Favorite Magazine: Splash

Favorite Food: Steak

Favorite Movies: The Godfather, The Departed, Sin City

Favorite TV Show: ESPN SportsCenter

Favorite Websites To Visit: Facebook, ebaumsworld.com, usaswimming.com, collegeswimming.com

City I've Never Been To But Want To Visit: Rome, Italy



Tyler Smith
Sophomore, 6-2
Back, Fly, Free
Lighthouse
Point, Fla.

Career Best Times: 48.70 in the 100-yard butterfly (9th in school history); 51.41 in the 100-yard backstroke; 20.96 in the 50-yard freestyle; 46.74 in the 100-yard freestyle.

General: Returning letterman who was a solid addition to UNC's freshman recruiting class in 2007-08...a versatile swimmer who has quality career times in the 100 fly and 100 back...also swims the freestyle sprint events.

2007-08 (Freshman): Earned a spot on UNC's scoring team at the 2008 ACC Championships...set career best standards in the 100-yard butterfly with a time of 48.70, in the 100-yard backstroke with a time of 51.41, in the 50-yard freestyle with a time of 20.96 and in the 100-yard freestyle at 46.74, all at the ACC Championships...was a consolation finalist in the 100 fly at ACCs...his time in the 100-yard butterfly moved him into 9th place in school history.

Prep: Graduated from the Pine Crest School in 2007...participated on the swimming team there in the sprint events in the fly, free and back...team captain...high school All-America selection.

Personal: Given name is Tyler Dustin Smith...son of Dennis and Mary Smith...was born July 9, 1988 in Fort Lauderdale, Fla. ...has one sister, Claire, 21.



Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM



The 2008-09 Tar Heels/Chandler Thomas & Tommy Wyher

Talking With Tyler
Academic Major at Carolina: Economics
Career Plans: Undetermined
Hobbies: Fishing, surfing, wakeboarding, hunting, tubing, paintball
Athlete I Most Admire: Gary Hall, Jr.
Biggest Sports Thrill: Getting an All-America time in the 100 fly at regionals as a senior in high school
Person Who Has Had The Greatest Influence on My Athletic Career: My coach, Jay Fitzgerald
Favorite Book: Splinter Cell by Tom Clancy
Favorite Food: Sticky Date Pudding
Favorite Movie: Fight Club
Favorite TV Show: The Unit
Favorite Website To Visit: Facebook
City I've Never Been To But Want To Visit: Boston, Mass.
Entertainment Figure I'd Most Like To Have Dinner With: Jim Gaffigan



Chandler THOMAS
Sophomore, 6-0
Breaststroke
Charlotte, N.C.

Career Best Times: 59.56 in the 100-yard breaststroke; 2:09.47 in the 200-yard breaststroke.

General: Returning letter winner for the Tar Heels who competes in a talented breaststroke corps.

2007-08 (Freshman): Had season best times as a freshman in the 100 breast at 59.99 in the dual meet against Georgia and 2:12.12 in the 200 breast, also against the Bulldogs...his top time in the 200 IM came in the Nike Cup.

Prep: Graduated from South Mecklenburg High School on June 11, 2007...four-year letterman on the SMHS varsity swimming team...competed for the Mecklenburg Aquatic Club beginning in 2000 in the 100 and 200 breast events...led the South Meck swimming team to state runnerup finishes in 2006 and '07...member of the 2007 state champion 200 medley relay squad...2007 state champion in

the 100 breast...three-time scholastic All-America in 2005, 2006 and 2007...member of National Honor Society and National Technical Honor Society...four-year honor roll member...2006 second-team All-Mecklenburg County selection in the 100 breast...first-team All-Charlotte Observer and All-Mecklenburg County selection in the 100 breast in 2007...swam on an All-America and school-record holding 200 medley relay team in 2006...2006 MAC coaches award winner.

Personal: Full name is Chandler Page Thomas...son of Tamara Thomas and Randy Thomas...was born September 6, 1989 in Charlotte, N.C. ...has one brother, Randy, 30, and three sisters, Maigen, 27, Kelsey, 14, and Amy 3.

Chewing The Fat With Chandler
Academic Major at Carolina: Undeclared

Career Plans: Undetermined
Hobbies: Basketball, football, watching sports
Athletes I Most Admire: Steve Smith, Vince Carter
Biggest Sports Thrill: Watching Brendan Hansen's world record breaking performance in the 200-meter breaststroke at the 2006 National Championships
People Who Have Had The Greatest Influence on My Athletic Career: My Parents; Russ Kasl, my MAC coach for three years
Favorite Book: The DaVinci Code by Dan Brown
Favorite Magazine: Sports Illustrated
Favorite Foods: Steak, ribs, potatoes
Favorite Movie: Top Gun
Favorite TV Show: ESPN SportsCenter
Favorite Website To Visit: www.NFL.com
City I've Never Been To But Want To Visit: Sydney, Australia
Entertainment Figure I'd Most Like To Have Dinner With: Denzel Washington



Tommy WYHER
Sophomore, 6-4
Fly, Back, Free
New Port Richey, Fla.

Career Best Times: 20.63 in the 50-yard freestyle; 45.37 in the 100-yard freestyle; 1:41.30 in the 200-yard freestyle; 48.12 in 100-yard backstroke (2nd in school history); 1:49.08 in 200-yard backstroke; 48.13 in the 100-yard butterfly.

General: A returning ACC champion in the 100 back who also ranks No. 1 on UNC's pre-season depth chart in the 100 fly at 48.13...was a prized recruit in the Class of 2007 who is an incredibly versatile swimmer.

Long Course Highlights: Qualified for the U.S. Olympic Trials in both the 100-meter backstroke and the 100-meter butterfly.

2007-08 (Freshman): The ACC champion in the 100-yard backstroke with a time of 48.27...he was the first Tar Heel to win that event since Ted Brisson in 1998...set career best times in the 50-yard freestyle with a time of 20.63 and in the 100-yard freestyle with a time of 45.37, both swum at the ACC Championships...his career best in the 100-yard backstroke is 48.12, a time swum at a post-ACC meet time trial...his time in the 100-yard backstroke puts him in 2nd place in school...had a season best 48.18 in the prelims of the 100 fly at the ACCs...that time was short of his career high but it moved him into sixth place in UNC history in the event...in the championship final he finished eighth with a time of 48.56...swam the butterfly leg on the 200-yard medley relay that finished fourth at the ACC Championships with a time of 1:27.97, the new school record...swam a leg on three other relays at ACCs...earned first-team All-ACC honors.

Prep: Graduated from Jesuit High School in Tampa, Fla. on May 24, 2007...an outstanding swimmer and basketball player as a prepster...competed in club swimming for 13 years and played AAU basketball for five years...swam in high school for four years in the sprint freestyle, backstroke and butterfly disciplines...played high school basketball for three years as a center and forward...six-time junior national swimming champion...junior national record holder in the 50-yard butterfly...received 13 high school swimming All-America citations...a two-time high school Academic All-America choice...as a club swimmer he was a U.S. Senior Nationals qualifier and 2008 Olympic Trials qualifier...2006 Florida Swimmer of the Year...swam on Tampa Bay Aquatics club team which won long course junior national championship...member of National Honor Society and Spanish Honor Society...logged over 200 hours of hospital volunteer work during high school.

Personal: Full name is Tommy Jason Wyher...son of Donald and Maria Wyher...was born October 17, 1988 in New Port Richey, Fla.

Waxing Lyrical Re Wyher
Academic Major at Carolina: Undeclared
Career Plans: Something that makes me happy
Hobbies: Sports
Athletes I Most Admire: Robert Margalis, Shawn Kemp
Biggest Sports Thrill: Winning the 100 butterfly as a sophomore at the Florida high school state championships from lane eight against the rest of the field which included all seniors
People Who Have Had The Greatest Influence on My Athletic Career: My grandparents and my high school coach Bill Shaffer
Favorite Book: Catcher in the Rye by J.D. Salinger
Favorite Food: Peanut Butter
Favorite Movie: Zoolander
Favorite TV Show: Rescue Me
Favorite Website To Visit: Facebook
City I've Never Been To But Want To Visit: Edinburgh, Scotland
Entertainment Figure I'd Most Like To Have Dinner With: Jessica Alba

exhibition entries...set a career best time in the 200-yard freestyle with a time of 1:43.06 at the ACC Championships...named to 2007-08 ACC Academic Honor Roll.
Prep: Graduated on May 25, 2007 from Westlake High School...played one year of basketball as a shooting guard...swam on the high school squad for four years in the three sprint free events and the 100 breast...earned 10 high school All-America citations and was an 11-time All-State selection...qualified for Texas 5A state championships his sophomore through senior years...led Westlake to a state title his junior year...swam on the 200 free relay which took first in the state meet and was ranked No. 1 in the nation his junior year...also a member of a second-ranked 400 free relay unit...was seventh in state meet his junior year in the 50 free...as a senior he placed fifth in the 100 free and sixth in the 50 free...swam on a second-place 200 medley relay squad...swam club with Longhorn Aquatics and was the leadoff swimmer on 200 and 400 free relays which took first place and set meet records at the 2006 Junior Nationals...the 200 free relay also set the 15-18 national age group record in the event...made the B final of the 50 free at 2007 Junior Nationals and led the 400 free relay which broke Longhorn Aquatics' own meet record set the year before and established a 15-18 national age group record yet again...member of National Honor Society and Mu Alpha Theta math honor society...graduated in Top 10 percent of his class...U.S. Swimming Scholastic All-America for three years...NISCA academic All-America...VASE All-State finalist for ceramics.

Personal: Full name is David James Brette Zolno...nicknamed Z or Zolno...son of Ron and Lida Zolno...was born September 23, 1988 in Houston, Texas.



Charlie BARTEL
Freshman, 6-0
Backstroke,
Breaststroke
Cary, N.C.

Career Best Times: 51.54 in the 100-yard backstroke; 1:50.22 in the 200-yard backstroke; 2:04.79 in the 200-yard breaststroke.

General: Provides a solid addition to the Tar Heel team, particularly in backstroke and breaststroke events...has excelled in national YMCA meets...is the son of former Tar Heel swimmer Tom Bartel, who competed for teams coached by Frank Comfort in the 1980s.

Prep: Graduated from the Evergreen Academy in May 2008...was the 2007 state champion in the 200 breaststroke and 400 IM...holds the meet record for the North Carolina state meet in the 200-meter breaststroke...garnered honors as the 2007 zone champion in the 200-meter breaststroke...took second in the 200-yard backstroke and fourth in the 200-yard breaststroke at the YMCA Nationals last spring...named to the 2004 Colorado All-Star team...graduated from high school with Magna Cum Laude academic honors.

Personal: Full name is Charles Everett Bartel...son of Tom and Anne Bartel...was born December 15, 1989 in Okinawa, Japan...has one brother, J.T., 13.

Cooling It With Charlie
Academic Major at Carolina: Communications
Career Plans: Professional singer and actor
Hobbies: Dancing, singing, playing the piano, snow skiing, doing design work
Athlete I Most Admire: Larsen Jensen
Biggest Sports Thrill: Winning the 200-meter breaststroke at the Zone Championships
People Who Have Had The Greatest Influence on my Athletic Career: Mark Toburen, Dan Flack, Dan Ohm and Brett Stoyell
Favorite Book: Gone Away Lake by Elizabeth Enright
Favorite Magazines: Architectural Digest, Men's Vogue, Vogue
Favorite Food: Macaroni and Cheese
Favorite Movies: Kill Bill Vol. I, Kill Bill Vol. II, Mean Girls
Favorite TV Shows: Chuck, Desperate Housewives
Favorite Website to Visit: Facebook
City I've Never Been To But Want To Visit: Paris, France
Entertainment Figures I'd Most Like to Have Dinner With: Michael Bubl , Christina Aguilera



David ZOLNO
Sophomore, 6-1
Freestyle
Austin, Texas

Career Best Times: 20.99 in the 50-yard freestyle; 46.12 in the 100-yard freestyle; 1:43.06 in the 200-yard freestyle.

General: A returning letter winner who excels in the sprints and middle distance freestyle events for UNC.

2007-08 (Freshman): Competed in the 2008 ACC Championships as one of UNC's

David's Dictionary
Academic Major at Carolina: Business or Political Science
Career Plans: Law, business
Hobbies: Hanging out with friends, playing basketball, golf
Athlete I Most Admire: Lance Armstrong
Biggest Sports Thrill: Winning the men's Texas 5A high school state championship my junior year
People Who Have Had The Greatest Influence on My Athletic Career: My parents
Favorite Books: To Kill a Mockingbird by Harper Lee; Devil in the White City by Erik Larson
Favorite Magazine: Sports Illustrated
Favorite Food: Filet Mignon
Favorite Movie: American Beauty
Favorite TV Show: Entourage
Favorite Website to Visit: Facebook
Place I've Never Been To But Want To Visit: Santorini
Entertainment Figure I'd Most Like To Have Dinner With: Morgan Freeman

Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM



The 2008-09 Tar Heels/Steven Cebertowicz, Jim Flannery & Brad Hamilton



Steven CEBERTOWICZ
Freshman, 6-3
Sprint Freestyle
Milwaukee, Wis.

Career Best Times: 20.54 in the 50-yard freestyle; 44.90 in the 100-yard freestyle; 1:40.12 in the 200-yard freestyle.

General: A very talented freestyle sprinter who signed with the Tar Heels in the spring recruiting class...enters his freshman year ranked No. 2 on Carolina's preseason depth chart in the 50-yard freestyle and No. 3 on the same chart in the 100-yard freestyle...will fill the void in the sprints Carolina has after the graduations of Robby Swendiman and Zach Swartz.

Long Course Highlights: Competed in the 2008 U.S. Olympic Trials in the 50-meter freestyle and the 100-meter freestyle.

Prep: Graduated from Nicolet High School in June 2008...swam on the varsity swim team for four years...six-time YMCA National Champion in individual freestyle and on relay teams...six-time NISCA All-America selection...captain of the Nicolet High School team...captain of the Schroeder YMCA squad.

Personal: Name is Steven Michael Cebertowicz...grandson of Richard and Mary Purucker...was born October 17, 1989 in Milwaukee, Wis. ...has two sisters, Nicky, 22, and Jenny, 22.

Speaking of Steven

Academic Major at Carolina: Undeclared
Career Plans: To be the first person to circumnavigate the world via submarine

Hobbies: Eating contests, collecting fortune cookies

Athlete I Most Admire: Michael Jordan

Biggest Sports Thrill: Being a part of breaking the 15-18 400 medley relay national record at the 2008 long course Junior National Championships

People Who Have Had the Greatest Influence on My Athletic Career: My grandparents, Adam Mania, Jason Procto

Favorite Book: Merriam-Webster's Collegiate Dictionary

Favorite Magazine: Cook's Illustrated

Favorite Food: Mahi Mahi

Favorite Movie: Ocean's 11

Favorite TV Show: Entourage

Favorite Website to Visit: Google

City I've Never Been To But Want To Visit: Rio de Janeiro, Brazil

Entertainment Figure I'd Most Like To Have Dinner With: Adriana Lima



Jim FLANNERY
Freshman, 6-0
Backstroke
Bronxville, N.Y.

Career Best Times: 50.80 in the 100-yard backstroke; 1:49.67 in the 200-yard backstroke; 52.48 in the 100-yard butterfly; 1:55.50 in the 200-yard individual medley.

General: After the graduation of two key members of the backstroke corps, Carolina welcomes Flannery to campus as an individual who will shore up that area of the team...only a freshman, he ranks No. 5 on the preseason depth chart in the 100 back and No. 4 on the same chart in the 200 back.

Prep: A graduate of Bronxville High School...active in club swimming since he was nine years old...swam for his high school team for three years...named a high school All-America three times in the 100-yard backstroke...team captain of Section 1 Boy's High School Swim Team...David Engalls Award recipient which is given to the athlete who shows dedication and determination in scholarship and athletics in high school.

Personal: Name is James Joseph Flannery...son of Robert and Nonie Flannery...was born March 20, 1990 in New York City...has three brothers, Dayton, 14, John, 12, Aidan, 8, and two sisters, Hayley, 20, and Tori, 17.

Figuring Out Flannery

Academic Major at Carolina: Undeclared

Career Plans: Undecided

Hobbies: Swimming

Athlete I Most Admire: Derek Jeter

Biggest Sports Thrill: Achieving All-America for the first time

Person Who Has Had The Greatest Influence on My Athletic Career: My Dad

Favorite Book: To Kill a Mockingbird by Harper Lee

Favorite Magazine: Sports Illustrated

Favorite Food: Sloppy Joes

Favorite Movie: Scent of a Woman

Favorite TV Show: SportsCenter

Favorite Website to Visit: espn.com

City I've Never Been To But Want To Visit: Rome, Italy

Entertainment Figure I'd Most Like To Have Dinner With: Will Farrell



Brad HAMILTON
Freshman, 6-2
Freestyle,
Butterfly,
Breaststroke
St. Andrew
Parish, Jamaica

Career Best Times: 20.70 in the 50-yard freestyle; 45.15 in the 100-yard freestyle; 57.16 in the 100-yard breaststroke; 50.36 in the 100-yard butterfly.

General: An outstanding sprinter who will help make up for the loss of several individuals from UNC's 2008 sprint corps lost to graduation...also a solid breastroker and butterfly...on Carolina's preseason depth chart, he ranks fourth in the 50 free at 20.70, fourth in the 100 free at 45.15, fifth in the 100 fly at 50.36 and third in the 100 breast at 57.16.

Prep: A graduate of the Baylor School in Chattanooga, Tenn. ...swam sprint freestyle, butterfly and breaststroke in high school...captain of the varsity team...two-time Tennessee high school state champion...two-time Eastern Swimming champion...Academic All-America selection.

Personal: Name is Brad Anthony Hamilton...son of Ransford and Merlene Hamilton...was born November 20, 1989 in St. Andrew Parish, Jamaica...has one sister, Nicole, 24.

Hunkering Down With Hamilton

Academic Major at Carolina: Psychology

Career Plans: Sports psychologist

Hobbies: Eating, sleeping, playing tennis, listening to music

Athlete I Most Admire: Michael Jordan

Biggest Sports Thrill: Breaking a 36-year-old Jamaican swimming record

People Who Have Had The Greatest Influence on My Athletic Career: My Parents

Favorite Books: It's Not About the Bike; My Journey Back to Life by Lance Armstrong

Favorite Magazine: Sports Illustrated

Favorite Food: Asian Cuisine

Favorite Movies: Gladiator; The Italian Job

Favorite TV Show: House

Favorite Website to Visit: Facebook

City I've Never Been To But Want To Visit: Geneva, Switzerland

Entertainment Figure I'd Most Like To Have Dinner With: Rihanna



Sean LANE
Freshman, 6-2
Distance
Freestyle
Garden City, N.Y.

Career Best Times: 4:32.48 in the 500-yard freestyle; 9:15.11 in the 1000-yard freestyle; 15:36.05 in the 1650-yard freestyle.

General: An outstanding recruit who joins the Tar Heels for the 2008-09 season...has top times in the distance freestyle events...has a top time in the 1000-yard freestyle that already places him close to the Top 10 all-time at Carolina...will add even greater depth to the strongest area of the Tar Heel team...Tar Heel coaches feel he has tremendous potential to improve during his freshman year.

Prep: Graduated from Garden City High School in Garden City, N.Y. in June 2008...was a four-year letterman in varsity swimming there...served as the varsity captain of his swimming team his senior year...twice was named Long Island's Most Valuable Swimmer...a senior national qualifier in the 800-meter and 1500-meter freestyles...two-time high school All-America.

Personal: Full name is Sean Michael Lane...Sean is the son of Thomas and Linda Lane...was born June 21, 1990 in Queens, in New York City, N.Y. ...has one brother, Thomas, age 11.

The Lowdown On Lane

Academic Major at Carolina: Undeclared
Career Plans: Become a sports psychologist

Hobbies: Sports, sleeping, hanging out with friends, eating

Athletes I Most Admire: Muhammad Ali, Tim Shaw

Biggest Sports Thrill: Being a part of the first age group team to beat the New York Athletic Club in over 15 years

Person Who Has Had The Greatest Influence on My Athletic Career: My club coach Dave Ferris

Favorite Books: The Harry Potter books by J.K. Rowling

Favorite Magazine: Sports Illustrated

Favorite Food: Lasagna

Favorite Movie: 300

Favorite TV Show: Lost

Favorite Website to Visit: Yahoo

City I've Never Been To But Want To Visit: Sydney, Australia

Entertainment Figure I'd Most Like To Have Dinner With: Will Smith



Victor LECLERE
Freshman, 5-10
Butterfly,
Freestyle
Brookfield, Wis.

Career Best Times: 4:32.17 in the 500-yard freestyle; 9:25.87 in the 1000-yard freestyle; 49.96 in the 100-yard butterfly; 1:49.53 in the 200-yard butterfly.

General: A spring signee who excels in the distance freestyle and butterfly events...heads into his freshman campaign ranked fourth on the UNC depth chart in the 100-yard butterfly and fifth in the 200-yard butterfly.

Prep: Swam butterfly and freestyle for the Schroeder YMCA club team...swam butterfly and freestyle for his varsity high school team for three years at Brookfield High School...member of his high school's varsity track and field and cross country teams...member of the medley relay teams that hold the Wisconsin state records at the 200 and 400 distances...member of the 200 and 400 medley relay teams and 200 freestyle relay team that won titles the YMCA National Championships...finished sixth in the 200-meter butterfly in the 2008 French Olympic trials...competed under the banner of the French Tricolore in the Tri-Nations Cup this past summer...named MVP of his high school team three years straight...named U.S. Swimming Wisconsin state champion in the 100 and 200 butterfly events...named AP Scholar with distinction his junior year...named to the honor roll for four years...Scholastic All-America selection...member of the Spanish National Honor Society...graduated as a National AP Scholar.

Personal: Name is Victor Clement Leclere...son of Igor and Isabelle Leclere...was born December 8, 1989 in Melun, France...has two brothers, Flavien, 21, and Theodore, 16.

Leclere Of Les Bleus

Academic Major at Carolina: Biology

Career Plans: Undecided

Hobbies: Swimming, running, Frisbee, drawing

Athlete I Most Admire: Erik Vendt

Biggest Sports Thrill: Swimming in the 2008 French Olympic Trials

Person Who Has Had The Greatest Influence on My Athletic Career: My age group club coach Robert White

Favorite Book: Angels and Demons by Dan Brown

Favorite Magazine: National Geographic

Favorite Food: Anything

Favorite Movie: American History X

Favorite TV Show: The Office

Favorite Website to Visit: floswimming.com

City I've Never Been To But Want To Visit: Lhasa, Tibet

Entertainment Figure I'd Most Like To Have Dinner With: Edward Norton



Jesse MENDES
Freshman, 5-11
Distance
Freestyle
Chapel Hill, N.C.

Career Best Times: 4:34.60 in the 500-yard freestyle; 9:24.71 in the 1000-yard freestyle; 15:54.66 in the 1650-yard freestyle; 4:04.08 in the 400-yard individual medley.

General: A top-flight distance freestyle specialist who joins the Tar Heels after swimming for Chapel Hill High School and the North Carolina Aquatic Club...in addition to the distance events he also swims the individual medley.

Prep: Swam all four years of high school at Chapel Hill High School...ran cross country for three years as well...had a four-year undefeated dual meet career in high school swimming, finishing 29-0 over those four campaigns...team captain his senior year...helped lead the 2007-08 team to the North Carolina 4-A state high school championship...two-time U.S. Swimming Scholastic All-America honoree...named to his high school's All-Conference team 14 times...was the runnerup in the 2008 state championships in the 200-yard freestyle...North Carolina state champion in the 500-, 1000- and 1650-yard freestyles in 2008.

Personal: Name is O Jesse Nathan Mendes...son of Robert and Nicole Mendes...was born November 17, 1989 in Melbourne, Fla. ...has one brother Bryce, 16, and one sister Alexa, 14.

The Meaning of Mendes

Academic Major at Carolina: Biology

Career Plans: To become a surgeon

Hobbies: Chess, Scrabble, playing Super Smash Brothers

Athlete I Most Admire: Golfer Brandt Snedeker

Biggest Sports Thrill: Third Annual Winter Egg Fight

Person Who Has Had The Greatest Influence on My Athletic Career: Bryce Mendes

Favorite Book: Holes by Louis Sachar

Favorite Magazine: Endovascular Today

Favorite Foods: Chicken Wings, Sesame Chicken

Favorite Movie: How the Grinch Stole Christmas (2000)

Favorite TV Show: Friends

Favorite Website to Visit: TarHeelBlue.com

City I've Never Been To But Want To Visit: Penang, Malaysia

Famous Person I'd Most Like To Have Dinner With: Dean Smith

Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM



The 2008-09 Tar Heels/Brock Park, Evan Reed & Wil Singley



Brock PARK
Freshman, 6-3
Freestyle
Kensington, Md.

Career Best Times: 21.28 in the 50-yard freestyle; 46.23 in the 100-yard freestyle; 1:40.84 in the 200-yard freestyle; 51.95 in the 100-yard butterfly.

General: Outstanding addition to the Tar Heel depth chart...excels at the sprint and middle distance freestyle events...can also swim the butterfly.

Prep: A 2008 graduate of the Landon School in Washington, D.C ...swam in sprint freestyle events and ran cross country...named All-America in the 50 and 100-yard freestyles his senior year...Academic All-America his junior year...high school swim captain...named champion at his high school Metro meet in the 100-yard free his sophomore year and the 50-yard free his senior year...All-Met swimmer his senior year...national champion in the long course meters 50 freestyle in 2002 and 2004 and fifth in 2006...part of Curl-Burke's NCSA Junior National team for the past four years where he helped to win the combined team high score awards in 2005 and 2006... had the men's team overall high score in 2007 and took third place in 2008.

Personal: Name is Nicolas Brock Park...son of Nicholas and Celeste Park...was born September 4, 1989 in Silver Spring, Md ...has one sister, Sarah, 19.

Brock's Bibliography

Academic Major at Carolina: Biology
Career Plans: To become a doctor or an attorney
Hobbies: Swimming, playing the electric bass
Athlete I Most Admire: Alexander Popov
Biggest Sports Thrill: Winning NCSA Junior Nationals
Person Who Has Had The Greatest Influence on My Athletic Career: Tim Kelly
Favorite Book: Pillars of the Earth by Ken Follett
Favorite Magazine: Bass Player
Favorite Food: Watermelon
Favorite Movie: Gladiator
Favorite TV Show: Seinfeld
Favorite Website to Visit: YouTube
City I've Never Been To But Want To Visit: Barcelona
Entertainment Figure I'd Most Like To Have Dinner With: The late Richard Pryor



Evan REED
Freshman, 6-1
Sprint Freestyle
Berwyn, Pa.

Career Best Times: 20.45 in the 50-yard freestyle; 44.51 in the 100-yard freestyle; 1:38.34 in the 200-yard freestyle; 50.18 in the 100-yard backstroke.

General: One of the Tar Heels' top recruits in the Class of 2008...comes into the campaign as one of UNC's best freestyle sprinters...heads into his freshman season ranked No. 1 on the Tar Heel depth chart in the 50-yard freestyle at 20.45 and in the 100-yard freestyle at 44.51.

Long Course Highlights: Set the school's long course record in the 100-meter freestyle at 50.91 at the 2008 Junior Pan Pacifics...qualified for the 2008 U.S. Olympic Trials in the 100-meter freestyle.

Prep: Graduated from Delaware County Christian School in Newtown Square, Pa., in June 2008...swam sprint and middle distance freestyle for his high school team...multi-event winner in the 2007 and 2008 Eastern School Championships in the 50, 100 and 200 freestyle...multiple YMCA national champion and record holder...member of the Junior National Team where he set a record in the 100 freestyle...winner of the 50-meter freestyle at the 2008 YMCA National Championships with a time of 23.66.

Personal: Name is Evan Matthew Reed...son of Brent and Catherine Reed...was born November 16, 1989 in Bryn Mawr, Pa. ...has one brother, Nathan, 16

The Remainder That Is Reed

Academic Major at Carolina: History
Career Plans: Law
Hobbies: Anything athletic except swimming
Athlete I Most Admire: Brett Favre
Person Who Has Had The Greatest Influence on My Athletic Career: My club team head coach Glenn Neufeld
Favorite Book: The Iliad by Homer
Favorite Magazine: Sports Illustrated
Favorite Food: Tacos
Favorite Movie: Gladiator
Favorite TV Show: South Park
Favorite Website to Visit: The Drudge Report
City I've Never Been To But Want To Visit: Athens, Greece



Wil SINGLEY
Freshman, 5-11
Middle Distance
Freestyle
Southlake, Texas

Career Best Times: 45.64 in the 100-yard freestyle; 1:39.17 in the 200-yard freestyle; 4:25.95 in the 500-yard freestyle; 9:18.49 in the 1000-yard freestyle; 15:41.03 in the 1650-yard freestyle.

General: The son of a former Carolina swimmer who joins the team as a versatile freestyle swimmer...can contribute to the teams with solid times at every distance from 100 yards through 1650 yards...going into his freshman season he ranks No. 3 on the UNC depth chart in the 200 and No. 5 in the 500.

Long Course Highlights: Finished 18th in the 800-meter freestyle at the 2008 U.S. Open with a time of 8:18.20, a career best.

Prep: Graduated from Southlake Carroll Senior High School in June 2008...four-year letter winner on the varsity swim team...named captain of his high school team his senior year...competed in club swimming since 2002...as a freshman, he was chosen to represent Team North Texas in a zone meet in Florida...competed in the finals at the Texas 5A high school swimming state championships...NISCA four-year All-America selection...participated in three Junior National meets, one Senior National Championships and one Spring Nationals meet while in high school...member of the winning 4x100 freestyle relay unit at the Texas 5A high school state meet...competed in club swimming for the North Texas Nadadores...in 2007 the club team earned the highest national finish ever, taking fifth place... member of the computer club at his high school...organized a "Walk for Autism" his junior year along with a fellow classmates to support a team member who is autistic.

Personal: Name is David Wilson Singley, III...son of David Singley and Catherine Singley...was born May 22, 1990 in Raleigh, N.C ...has one brother, Ted, 14, and one sister, Claire, 16.

Singling Out Singley

Academic Major at Carolina: Computer Science or Broadcast Journalism
Career Plans: Undetermined
Hobbies: Computers, DJing, music, video games
Athlete I Most Admire: Michael Jordan
Biggest Sports Thrill: Watching my high school football team win state 3 years in a row
People Who Have Had The Greatest Influence on My Athletic Career: All of my coaches, both high school and club, my parents, my friends and my teammates
Favorite Book: Angels and Demons and The Da Vinci Code, both by Dan Brown
Favorite Food: Texas barbecue, Chinese food, Italian food
Favorite Movies: Die Hard, Fight Club, American History X
Favorite TV Show: Weeds
Favorite Website to Visit: www.DI.fm
Places I've Never Been To But Want To Visit: Rio de Janeiro; Ibiza; Sydney, Australia
Entertainment Figures I'd Most Like To Have Dinner With: Denzel Washington, Bruce Willis, Edward Norton, Johnny Depp



Aubrette BIEGEL
Senior, 5-6
IM, Freestyle
Scherverville,
Ind.

Career Best Times: 23.64 in the 50-yard freestyle; 50.69 in the 100-yard freestyle; 1:49.29 in the 200-yard freestyle; 4:57.50 in the 500-yard freestyle; 2:04.56 in the 200-yard individual medley; 4:25.56 in the 400-yard individual medley.

General: Enters her senior season as one of the most versatile swimmers on a deep women's squad...at the 2008 ACC Championships she swam and excelled at three new events, including both IM races...three-year letter winner...one of the team's most improved swimmers last season especially since she was swimming a new set of events.

2007-08 (Junior): Set career best times in the 200-yard individual medley at the ACC Championships with a time of 2:04.56 and in the 400-yard individual medley at the Nike Cup with a time of 4:25.56...swam the 1650-yard freestyle at ACCs and placed 10th with a career best of 16:49.60...she was a consolation finalist in both IM events at the league meet...academic team captain...named to 2007-08 ACC Academic Honor Roll.

2006-07 (Sophomore): Ranked in the top five on UNC's season-ending depth chart in the 50, 100 and 200-yard freestyles...swam on the 400 free relay team which won the ACC title and set the conference record...qualified for the NCAA Championships as a relay entrant...at the ACCs, she clocked career bests in the 50-yard freestyle and the 200-yard free where she took sixth in finals in the latter race... nabbed 10th in the 100-yard free with a time of 51.04...named to 2006-07 ACC Academic Honor Roll...an All-ACC selection...also tapped for All-ACC Academic Swim Team.

2005-06 (Freshman): Played a major role in the sprint freestyle success of the Tar Heels in her first year in the program...led off the third-place 400-yard freestyle relay team at the ACC Championships with a career best 50.69 that was tops among Tar Heel women during 2005-06...won the consolation final of the 100-yard freestyle at the ACC's...took 12th in 200-yard free and anchored both the fourth place 800-freestyle relay and fifth place 400-medley relay.
Prep: Graduated from Lake Central High School in St. John, Ind., on June 2, 2005...a high school All-America in 2004-05...16-time sectional champion...two-time state champion...four-time conference champion and team MVP...was named 2005 conference MVP...team captain her senior year...an academic All-America...graduated Summa Cum Laude with several academic letters...a member of the National Honor Society.

Personal: Given name is Aubrette Marie Biegel...born September 21, 1986 in Munster, Ind.is the daughter of Dan Biegel and Pam Biegel...has one sister, Paige, 17.

Biegel Bytes

Academic Majors at Carolina: Psychology; Exercise and Sport Science

Career Plans: Sports psychologist

Hobbies: Photography, crafting with my roommates

Athlete I Most Admire: Lance Armstrong

Biggest Sports Thrill: Winning the ACC title and swimming at NCAA's

People Who Have Had The Greatest Influence on My Athletic Career: My parents

Favorite Book: The DaVinci Code by Dan Brown

Favorite Magazine: Cosmo

Favorite Food: Ice Cream

Favorite Movie: When Harry Met Sally

Favorite TV Show: Friends

Country I've Never Been To But Want To Visit: Greece

Entertainment Figure I'd Most Like To Have Dinner With: Jen Aniston



Kimmy DAVIS
Senior, 5-5
Free, Fly, Back
Cary, N.C.

Career Best Times: 24.00 in the 50-yard freestyle; 52.45 in the 100-yard freestyle; 56.77 in the 100-yard butterfly; 57.28 in the 100-yard backstroke.

General: Adds depth for Carolina in the backstroke and butterfly events...also competes in the sprint freestyle races.

2007-08 (Junior): Set a career best time in the 100-yard backstroke in the dual meet against Virginia with a time of 57.28... named to 2007-08 ACC Academic Honor Roll...qualified for a spot on UNC's scoring team at ACCs.

2006-07 (Sophomore): Swam as an exhibition entry at the ACC Championships in the 100 fly, 100 free, and 100 back...posted a career best in the 50 free with a time of

24.00...named to the ACC Academic Honor Roll...selected for the spring 2007 Dean's List.
2005-06 (Freshman): Won the Jamerson Memorial Award as Most Improved Swimmer...set a personal best at the ACC Championships by swimming a 56.77 in the 100-yard butterfly...also bested what was then her top 100-yard back time with a 57.55 at the ACC meet.

Prep: Graduated from Athens Drive High School in Raleigh, N.C. on May 26, 2005...was a five-time All-America relay swimmer...part of the 2004 Junior National championship team...captain of the Athens Drive swim team her senior year...an honors scholar...earned a Presidential Academic award...also played soccer for nine years.

Personal: Given name is Kimberly Susan Davis...was born June 5, 1987 in Durham, N.C. ...daughter of Ted and Carol Davis...has two sisters.

The Kimmy Chronicles

Academic Major at Carolina: International Studies

Career Plans: Undetermined

Hobbies: Rollerblading, cooking

Athlete I Most Admire: David Beckham

Biggest Sports Thrill: Winning the ACC championship in 2007

Person Who Has Had The Greatest Influence on My Athletic Career: Frank Comfort

Favorite Book: Calvin and Hobbes by Bill Watterson

Favorite Foods: Steak and brat, beef kielbasa, hot smoked sausage, cheddarwurst

Favorite Movie: The Princess Bride

Favorite TV Show: Friends

Favorite Website To Visit: weather.com

City I've Never Been To But Want To Visit: Beijing, China

Entertainment Figure I'd Most Like To Have Dinner With: Roy Williams



Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM



The 2008-09 Tar Heels/Lindsay McIlvain & Katy Pritchett



Lindsay McILVAIN
Senior, 5-5
Freestyle, IM
Brentwood,
Tenn.

Career Best Times: 4:49.90 in the 500-yard freestyle; 9:53.90 in the 1000-yard freestyle (10th in school history); 16:27.37 in the 1650-yard freestyle (8th in school history); 4:21.80 in the 400-yard individual medley.

General: One of the tri-captains of the 2008-09 Tar Heels...three-time letter winner who continues to be one of Carolina's top distance freestylers and 400 individual medley swimmers after qualifying for the 2007 NCAA Championships in a pair of events.

2007-08 (Junior): Recipient of the Andrea Erban Most Dedicated Women's Swimmer Award... named to 2007-08 ACC Academic Honor Roll... took 12th in the 1650-yard freestyle at the 2008 ACC Championships.

2006-07 (Sophomore): Swam a 9:56.73 in the 1000 free, ranking ninth in school history in the event at the time...competed in two events at NCAA Championships — the 500 and 1650 freestyles...finished 11th in the 400-yard IM competition at the ACC Championships...was the 11th-place finisher in the 500 free with an NCAA B consideration time of 4:52.72...took second as part of a 1-2-3 sweep by Carolina in the 1650-yard freestyle with a career best of 16:27.37 (then seventh in school history) and an NCAA B consideration time...honored as an All-ACC Performer in the 1650-yard free...tapped for 2006-07 ACC Academic Honor Roll...qualified for Dean's List in fall semester 2006.

2005-06 (Freshman): Was a major reason for the pronounced success of the women's distance freestyle corps...at ACCs, she was the third in a trio of Tar Heel freshmen to finish in the Top 5 of the 1650-yard freestyle, taking fifth...was a consolation finalist with a 13th place finish in the 500-yard freestyle...also finished 13th in the 400-yard individual medley...took ninth in the 1650 at Nike Cup.

Prep: Graduated from Brentwood High School in May 2005...four-year letter winner in swimming and cross country...2004-05 swim team captain...two-time Scholastic All-America...2004 Olympic Trials qualifier in the 200-meter butterfly and the 400- and 800-meter freestyles...team captain her senior year...swam on a state championship squad in 2003...captured state championship in the 200 fly...three-time All-District cross country runner...ran on cross country state championship unit in 2003 and 2004...received Principal's Award...member of National Honor Roll and National Honor Society.

Personal: Given name is Lindsay Porter McIlvain...was born September 17, 1986 in Virginia Beach, Va ...daughter of Andy and Dona McIlvain...has one brother, Drew, 18, and one sister, Ashley, 21.

Lindsay's Life

Academic Major at Carolina: Business
Career Plans: Undetermined
Hobbies: Running, hiking, scrapbooking
Athlete I Most Admire: Lance Armstrong
Biggest Sports Thrill: Winning the ACC championship in 2007
People Who Have Had The Greatest Influence on My Athletic Career: My parents and my club coach, John Morse
Favorite Food: Pasta
Favorite Movie: Pride and Prejudice
Favorite TV Show: Grey's Anatomy
Favorite Website To Visit: TarHeelBlue.com



Katy PRITCHETT
Senior, 5-8
Diving
Lubbock, Texas

Collegiate Career Best Scores: 237.22 in a one-meter dual meet; 222.50 in a one-meter championship meet; 250.50 in a three-meter dual meet; 247.25 in a three-meter championship meet.

General: Three-time letter winner who continues to improve on both boards...excellent student who has been honored on the Dean's List and ACC Honor Roll...ranks eighth all-time on UNC's Top 10 list in three-meter diving.

2007-08 (Junior): Set career best scores in a one-meter dual meet with a score of 237.22 against Emory and Johns Hopkins and in a three-meter dual meet with a score of 250.50 against Virginia...team academic captain... named to 2007-08 ACC Academic Honor Roll...tapped for the Dean's List in both the fall and spring semesters.

2006-07 (Sophomore): Exceeded two previ-

ous career best scores in dual meets...earned a career best in the one-meter event in the meet against Maryland...also scored a new career best versus Minnesota in the three-meter event...tapped for ACC Academic Honor Roll...qualified for Dean's List in fall semester 2006 as well as the spring semester 2007.

2005-06 (Freshman): Continually improved throughout the season as one of the diving team's most youthful members...competed as an exhibition entry at ACCs in both the one-meter and three-meter events...named to the Dean's List in both the fall and spring semesters.

Prep: Graduated from Coronado High School on May 28, 2005...dove for four years there...also was part of the golf and softball teams for a year each...a three-time high school All-America selection...also named to the Speedo Top 40 in three consecutive years...was a team captain her sophomore through senior years...was a two-year district champion, a three-time regional champ and a state finalist for three straight years...was twice named district diver of the year...named regional diver of the year three times...four times made the All-State team...was also given the Lubbock outstanding competitor award...named the Lubbock most valuable senior diver...was an academic All-America...a semifinalist for the Wendy's High School Heisman Award...a member of the National Honor Society...she ranked second in her class.

Personal: Given name is Katy Nicole Pritchett...was born December 3, 1986 in Lubbock, Texas...daughter of Amy and Patrick Pritchett.

Pritchett Particulars

Academic Major at Carolina: Business
Career Plans: Marketing
Hobbies: Sports, cooking
Athlete I Most Admire: Vince Young
Biggest Sports Thrill: Winning the ACC championship in 2007
People Who Have Had The Greatest Influence on My Athletic Career: My parents
Favorite Book: The Man Watching by Tim Crothers
Favorite Magazine: Sports Illustrated
Favorite Food: Chips and Hot Sauce (Tex-Mex food)
Favorite Movie: How To Lose a Guy in 10 Days
Favorite TV Show: Grey's Anatomy
Favorite Website To Visit: FoxSports.com
City I've Never Been To But Want To Visit: Venice, Italy
Entertainment Figure I'd Most Like To Have Dinner With: Matt Damon





**Erica
SCHIFFLER**
Senior, 5-3
Diving
Woodbury, Minn.

Collegiate Career Best Scores: 266.78 in a one-meter dual meet; 257.50 in a one-meter championship meet; 314.93 in a three-meter dual meet; 274.28 in a three-meter championship meet; 260.85 in a 10-meter platform diving championship meet (school record)

General: School record holder in platform diving with a score of 260.85 points in 2008...she also ranks sixth in one-meter diving and fourth in three-meter diving on UNC's all-time Top 10 list...Junior transfer from the University of Minnesota where she was a Big 10 Conference finalist on the three-meter springboard and 10-meter platform...chosen as Big Ten Diver of the Week.

2007-08 (Junior): Set a school record in 10-meter platform diving with a score of 260.85...finished third at the ECU Invite with sophomore David Solarz posting a score of 448.35...claimed seventh at the ACC Championships with a score of 239.5 in one-meter diving...finished eighth at the Championships in 10-meter platform diving with a score of 215.95 after scoring 260.85 points in the preliminaries...finished 14th at the NCAA Zone B Diving Championships with a final score of 426.40 on the 10-meter platform... named to the 2008 All-ACC Academic Women's Swimming and Diving Team, one of four Tar Heels selected... named to 2007-08 ACC Academic Honor Roll.

Prep: Graduated from Woodbury High School in 2005...competed there on the 1, 3, and 10-meterboards...four-time All-State selection...three-time high school All-America...team captain...member of National Honor Society.

Personal: Full name is Erica Jean Schiffler...daughter of Bill Schiffler and Lisa Schiffler...was born August 25, 1987 in St. Paul, Minn...has one brother, Bo, 16, and one sister, Courtney, 12.

Sorting Out Schiffler

Academic Major at Carolina: Biology
Career Plans: Medical School, Dermatology
Hobbies: Shopping, Riding Horses
Athlete I Most Admire: Tiger Woods
Person Who Has Had The Greatest Influence on My Athletic Career: My parents
Favorite Book: The Glass Castle by Jeanette Wells
Favorite Magazine: Elle
Favorite Food: Kung Pao Chicken from Yang's
Favorite Movie: The Sound of Music
Favorite TV Show: Grey's Anatomy
City I've Never Been To But Want To Visit: Florence, Italy
Entertainment Figure I'd Most Like To Have Dinner With: Dane Cook



**Whitney
SPRAGUE**
Senior, 5-7
Freestyle
Bronxville, N.Y.

Career Best Times: 1:48.36 in the 200-yard freestyle (7th in school history); 4:41.09 in the 500-yard freestyle (School Record); 9:35.76 in the 1000-yard freestyle (School & ACC Records); 15:51.02 in the 1650-yard freestyle (School & ACC Records).

General: One of the tri-captains of the 2008-09 Tar Heels ...stands at the top of UNC's pre-season depth chart in the 500 free (4:41.09), 1000 free (9:35.76) and 1650 free (15:51.02)...three-time letter winner who is one of the premier distance swimmers in the country...an All-America and All-ACC selection in her first three seasons...set three school records and two ACC records as a junior...set a trio of school records as a sophomore.

Long Course Highlights: Established three long course school records in the summer of 2008...she set the 400-meter freestyle record at 4:13.63 at the Charlotte UltraSwim, the 800-meter freestyle record at 8:39.15 at the U.S. Open and the 1500-meter freestyle record at 16:35.65 at the U.S. Open...qualified for the Olympic Trials in the 400-meter free and the 800-meter free...placed 11th and set a new school record in the 800-meter free at 8:40.16...had a spectacular 2008 U.S. Open...set a school long course record and placed second in the 800-meter free at 8:39.15...placed sixth in the 400-meter free and was fifth in the 1500-meter free with yet another long course school record at 16:35.65...at the 2007 U.S. Summer Nationals she placed fourth in the 1500 meters, eighth in the 800 meters and 16th in the 400 meters.

Open Water Highlights: At the 2007 U.S. Open Water Swimming Championships she placed fourth in the 5k race and eighth in the 10k event.

2007-08 (Junior): Second-place finisher in the 1650-yard freestyle at the 2008 NCAA Championships...ACC champion in the 500-yard freestyle and the 1650-yard freestyle...set three school records and two ACC records during the Nike Cup...her time of 1:48.36 in 200-yard freestyle put her at seventh place in school history and was an NCAA B qualifying time...her time of 4:41.09 in the 500-yard freestyle was a NCAA automatic qualifying time and set a school record...her time of 9:35.76 in 1000-yard freestyle set school and ACC records...her time of 15:51.02 in the 1650-yard freestyle was an NCAA automatic qualifying time and also established school and ACC marks...her performance at the Nike Cup earned her ACC Women's Swimmer of the Week honors on November 20, 2008 and later that week the National Collegiate Swimmer-of-the-Week (NCSW) accolades, the latter of which is selected by a panel of collegiate coaches...repeated as the ACC Champion in the 500-yard and 1650-yard freestyle helping to lead the Tar Heels to a second place finish at the league meet...she now has four individual league titles in the past two years...honored as the Progress Energy Performer of the Week after her performance at the ACC Championships where she won two titles... First-Team All-ACC selection...placed second in the 1650 freestyle at the 2008 NCAA Division I Women's Swimming and Diving Championships with a time of 15:57.77, her second straight Top 3 finish in the event...finished 18th in the 500 freestyle at the Championships with a time of 4:44.29... received the team's Richard E. Jamerson Memorial Award as the squad's Most Outstanding Swimmer...earned 2008 All-ACC honors...honored as a first-team All-America for the second straight season.

2006-07 (Sophomore): Had an outstanding sophomore season for the Tar Heels...was named the squad's Most Outstanding Swimmer...merited first-team All-America honors...at NCAAs, she took 15th in the 500 free, setting a career best clocking in preliminaries... scored all of UNC's points at the NCAA meet...she finished third in the 1650 free, besting her own school record in the event that she had set at ACCs...her third-place finish was the highest individual finish for a Carolina swimmer since the 2004 NCAA Championships...she also clocked a personal best at NCAAs in the 1000 free as her split on the 1650...multiple event winner at ACCs...anchored the 800-yard free relay that set a new pool record...placed 10th in the 200 free...was the top finisher in the 500 free with an NCAA automatic bid and also finished with an automatic bid and a first-place finish in the 1650 free, clocking a school record that would later be broken by her at NCAAs...named a 2007 first-team All-America in the 1650 free and an honorable mention All-America in the 500 free...achieved honors as an All-Conference Performer in the 500 and 1650 freestyles and on the 800-yard free relay...her record-setting swims in the 500, 1000 and 1650-yard freestyles launched her to

Carolina Swimming and Diving

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The 2008-09 Tar Heels/Eliza Butts

the top spot on the All-Time depth chart for Carolina in each of those...named ACC Women's Swimmer of the Week on January 15, 2007.

2005-06 (Freshman): Was named the team's Most Outstanding Swimmer...etched her name into the Carolina record book by setting the school record in the 500-yard freestyle during the Nike Cup preliminaries...her time of 4:44.25 was seven-tenths of a second faster than the former record...earned honorable mention All-America honors in the 500-yard freestyle after taking 15th place at the NCAA Championships with a time of 4:47.36...also swam in the 1650-yard freestyle at NCAAs...at ACCs, she was the highest finishing freshman in the 500-yard freestyle, taking second place at 4:46.30...finished just one spot behind teammate Nicole O'Donnell in the 1650-yard freestyle with a swim good for fourth place...missed competing in the consolation final of the 200-yard freestyle by one spot...won the 200 freestyle and took second in both the 500 and 1650 freestyle events at 2005 Nike Cup...her time in the 1650 free at Nike Cup put her into third place all-time at UNC.

Prep: Graduated from Bronxville High School on June 18, 2005...was the runnerup at the state high school meet twice each in the 200 and 500 freestyles...a seven-time high school All-America selection, three times in the 200-yard freestyle and four times in the 500-yard freestyle...a four-time New York sectional champion, twice each in the 200- and 500-yard freestyles...a 17-time state qualifier in individual and relay events...captain of N.Y. Section One state team her senior year...anchored seven N.Y. Section One championship relay teams in the 200 freestyle relay and 200 medley relay...member of two state championship teams and three straight sectional championship squads...was most valuable performer of her high school team for four straight years and captained the team as a senior...was the 2004 N.Y. Section One Swimmer-of-the-Year and a five-time member of the N.Y. Section One All-Star team...a three-time Scholastic All-America choice...was the high point award winner in the Senior Metro Championships after winning the 200-yard, 400-meter, 500-yard, 800-meter, 1000-yard, 1500-meter and 1650-yard freestyles as well as the 400-yard individual medley...achieved Olympic Trials standards in the 400-meter freestyle and 800-meter freestyle...placed fifth in the 800-meter free at 2004 summer nationals, while placing eighth in the 1500-meter free and 11th in the 400-meter free...member of the national age group record-setting 800 free relay team (7:24.51)...she excelled as a competitor for the Badger Swim Club where she was coached by John Collins...swam for Badger Swim Club for a total of for five years...qualified for senior nationals each year from 2002 to 2005.

Personal: Given name is Whitney Coulter Sprague...nicknamed Whit...was born December 16, 1986 in Bronxville, N.Y. ...is the daughter of Liz and Bill Sprague...has one brother, Travis, 16, and one sister, Abby, 18.

In Whitney's Words

Academic Major at Carolina: Exercise and Sports Science

Hobbies: Sleeping

Athlete I Most Admire: Christina Teuscher

Biggest Sports Thrill: Getting third at NCAA's in the 1650 my sophomore year

People Who Have Had The Greatest Influence on My Athletic Career: My parents and John Collins

Favorite Book: The Eighth Day by Tom Avitabile

Favorite Magazine: Cosmo

Favorite Food: Gluten Free Cookie Dough

Favorite Movie: Father of the Bride

Favorite TV Show: Grey's Anatomy

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Istanbul, Turkey



Eliza BUTTS
Junior, 5-9
Sprint Freestyle
Weston, Mass.

Career Best Times: 23.18 in the 50-yard freestyle; 49.77 in the 100-yard freestyle (7th in school history); 1:47.96 in 200-yard freestyle (5th in school history).

General: Tops the UNC preseason depth chart in the 100-yard freestyle and 200-yard freestyle at 49.77 and 1:47.96, respectively...was a member of two school record-setting relays in 2008...in 2006-07 she had an extremely successful freshman campaign for Carolina...made 2008 Olympic Trial cut in the 100-meter freestyle at the 2005 Summer Nationals.

Long Course Highlights: Qualified for the 2008 U.S. Olympic Trials in the 100-meter freestyle.

2007-08 (Sophomore): Member of the 200-yard freestyle relay team that set a school record of 1:31.09 at the Bulldog Invitational...that the same relay had recently broken the mark at the ACC Championships...swam a leg of the 400-yard freestyle relay team at the ACC Championships that finished second with a time of 3:18.82, setting a school record in the process...finished 10th in the 100 freestyle at the ACC Championships, one of four Tar Heels

to finish in the Top 10.

2006-07 (Freshman): Swam in three individual and three relay events at the NCAA Championships...competed in the 50, 100 and 200 freestyles...placed in the top four in seven events at ACC Championships, three individual races and four relays...took third in the 100 free at 49.77 and second in the 200 free at 1:47.96, earning NCAA qualifying standards in both...finished third in the 50-yard freestyle with a career best 23.18 and an NCAA B qualifying time...member of two first-place relays at ACCs...Carolina's winning 800 free relay set a new pool record and the victorious 400 free relay set a new conference record...named All-Conference Performer for the 400 and 800 free relays and the 50, 100, and 200 freestyles...finished freshman year ranked on the UNC All-Time Top 10 depth chart in the 50, 100, and 200 freestyles.

Prep: A June 2006 alumna of Weston High School...three-year letter winner there...also competed in club swimming since age seven...captained high school squad...earned All-America honors in the 50, 100 and 200 frees and the 100 breast...three-time selection as Boston Globe Swimmer of the Year...won Massachusetts state high school titles in the 50, 100 and 200 frees and set state records in the 50 and 100...twice named the Massachusetts state high school swimmer of the year by the NISCA...Dual County League All-Star and All-Scholastic selections...2006 Daily News Female Athlete of the Year...2005-06 Weston Town Crier Female Athlete of the Year...won the 2006 Proctor Award for athletic achievement, leadership and sportsmanship...a four-year honor roll student...winner of two school art awards...National Team member while swimming for Bluefish Swim Club...placed 12th in summer nationals in 2005 in the 100-meter free...has also achieved senior national cuts in the 50-meter and 50-yard freestyles.

Personal: Given name is Eliza Longpre Butts...daughter of Susan Butts and Frederic Butts...born August 31, 1988 in Newton, Mass...has two brothers, Eric, 23, Stuart, 17, one half brother Jack, 6, and one half sister, Kela, 13.



Edifying You On Eliza

Academic Major at Carolina: Undeclared
Career Plans: Undetermined
Hobbies: Listening to music, shopping, eating, talking
Athlete I Most Admire: Dara Torres
Biggest Sports Thrill: Making my Olympic Trial cut in the 100-meter freestyle
Person Who Has Had The Greatest Influence on My Athletic Career: My Mom
Favorite Book: The Kite Runner by Khaled Hosseini
Favorite Magazine: Any gossip magazine
Favorite Foods: Cheese, mashed potatoes, avocados and anything from "Nothing But Noodles"
Favorite Movie: Sweet November
Favorite TV Show: Virtually any cooking show
Favorite Website To Visit: Facebook
Entertainment Figure I'd Most Like To Have Dinner With: Britney Spears



Alison CLEMENS
Junior, 5-3
Breaststroke, IM
Staten Island, N.Y.

Career Best Times: 1:02.22 in the 100-yard breaststroke (3rd in school history); 2:13.21 in the 200-yard breaststroke (3rd in school history); 2:01.51 in the 200-yard individual medley (4th in school history); 4:19.02 in the 400-yard individual medley (10th in school history).

General: One of the tri-captains of the 2008-09 Tar Heels ...has the team's top preseason time in the 200 breast at 2:13.21...two-time returning letter winner who was the Tar Heels' top breaststroker during her freshman and sophomore seasons...also competes in the 200 and 400 IM events.

Long Course Highlights: Qualified for the U.S. Olympic Trials in the 100-meter breaststroke, 200-meter breaststroke, 200-meter individual medley and 400-meter individual medley.

2007-08 (Sophomore): Set a career best time in the 100-yard breaststroke at the Bulldog Invitational with a time of 1:02.22, putting her in third place in school history...her time in the 200-yard breaststroke of 2:13.21 also put her at third in school history...her time in the 400-yard individual medley at the Tar Heel Invitational put her in 10th place in school history...named the ACC Women's Swimmer of the Week on January 15, 2008 after taking first in three individual events and swimming a leg in the winning relay against Clemson and Rutgers... finished fourth at the ACC Championships in the 400-yard IM...was a member of the 400-yard medley relay team that finished third at the ACC Championships...finished fourth at the ACC Championships in the 200 breaststroke...finished 19th in the 200-yard breaststroke at the 2008 NCAA Division I

Women's Swimming and Diving Championships with a time of 2:13.45.

2006-07 (Freshman): Competed at the NCAA Championships in both individual and relay events...reached NCAA B qualifying standards in each of her three individual events at the ACC Championships...took second in the 200-yard individual medley with a career best time of 2:01.51, fourth best in school history...also set a career best in the 400 IM with a 4:20.25 which landed her third place in the championship final...took third in the 200-yard breaststroke...named ACC Women's Swimmer of the Week on January 22, 2007...her season best 1:03.21 in the 100 breast left her tied for fourth in school history...named an All-Conference Performer in the 200 breast, 200 individual medley and 400-yard individual medley.

Prep: A June 1, 2006 graduate of St. Joseph By The Sea High School...member of swimming team there for four years...captained her club swimming team...member of U.S. Junior National Team in 2005...competed in the 2005 Junior Pan Pacific Championships...a Top 8 finisher at nationals in the breaststroke.

Personal: Given name is Alison Patricia Clemens...daughter of Thomas and Anne Clemens...was born October 7, 1988 on Staten Island, N.Y. ...has one sister, Clare, 21.

Clemens' Karma

Academic Major at Carolina: Exercise and Sports Science

Career Plans: Undetermined

Hobbies: Shopping, going to the beach, reading

Athlete I Most Admire: Rebecca Soni

Biggest Sports Thrill: Competing in the Olympic Trials

Person Who Has Had The Greatest Influence on My Athletic Career: My sister

Favorite Books: Memoirs of a Geisha by Arthur Golden; Something Borrowed by Emily Giffin

Favorite Magazines: US Weekly, Vogue

Favorite Food: Cheese

Favorite Movie: Wedding Crashers

Favorite TV Shows: The Hills, Entourage, Gossip Girl

Cities I've Never Been To But Want To Visit: Paris, France and Venice, Italy

Entertainment Figure I'd Most Like To Have Dinner With: Rihanna



Ashley HOWARD
Junior, 5-11
Backstroke,
Freestyle
Durham, N.C.

Career Best Times: 56.63 in the 100-yard backstroke; 1:57.84 in the 200-yard backstroke (2nd in school history); 1:49.74 in the 200-yard freestyle; 4:51.70 in the 500-yard freestyle.

General: Ranks at the No. 1 spot in the preseason depth chart at 1:57.84 in the 200 back...placed fourth in the 200 backstroke at the 2008 ACC Championships ...two-time returning letter winner in the backstroke and middle distance freestyle...competed on the ACC champion 800 free relay team as a freshman.
Long Course Highlights: Qualified for the U.S. Olympic Trials in the 200-meter backstroke.

2007-08 (Sophomore): Set career best times in the 100-yard backstroke and 500-yard freestyle at the ACC Championships with times of 56.63 and 4:51.70, respectively...her time of 1:57.84 in the 200-yard backstroke at the U.S. Swimming Short Course National Championships in the fall semester lifted her into second place in school history, only .01 seconds from first place on the Tar Heel chart ... finished fourth in the 200-yard backstroke at the ACC Championships... named to 2007-08 ACC Academic Honor Roll.

2006-07 (Freshman): Had a very successful ACC Championship meet...was a member of the victorious 800-yard freestyle relay unit with the team setting a new pool record and achieving an NCAA B qualifying standard...placed third in the 200-yard backstroke with a career best time, NCAA consideration time and what was then the seventh fastest time in UNC history...was the ninth-place finisher in the 200-yard free, achieving the NCAA B standard with a 1:50.04...took seventh in the 500-yard free with a career best...named an All-Conference Performer in the 200 backstroke and in the 800 freestyle relay...won the Andrea Erban Award as the team's most dedicated swimmer.

Prep: Graduated from Riverside High School on June 9, 2006...four-year swimming letter winner there in the free, back and IM...a senior national qualifier in the 200 backstroke...also qualified for the U.S. Open in both the 100 and 200 backstrokes...2005 North Carolina long course champion in the 400 IM and as a member of 200 and 400 free relay squads...named a North Carolina All-Star three times...N.C. Zone Team selection in 2002-03...MVP of Pac-6 Conference in 2004...named Riverside's MVP three times...2005 and 2006 North Carolina state champion in open water swimming...the 2005 N.C. state long course championships high point winner...four-year honor roll student...N.C. Scholar...National Honor Society member...junior national qualifier in the 100 and 200 backstrokes.

Personal: Given name is Ashley Brooke Howard...daughter of Ken and Jeannine Howard...was born January 13, 1988 in Durham, N.C. ...has one sister, 14.



The 2008-09 Tar Heels/Chelsea Mock & Megan Steeves

The How To Of Howard
Academic Major at Carolina: Undeclared
Career Plans: Undetermined
Athlete I Most Admire: Lance Armstrong
Biggest Sports Thrill: Getting my Olympic Trials cut
People Who Have Had The Greatest Influence on My Athletic Career: My parents and my former coach Eric Steinger
Favorite Book: The Harry Potter series by J.K. Rowling
Favorite Food: Mexican Food
Favorite Movie: Wedding Crashers
Favorite TV Show: Friends
City I've Never Been To But Want To Visit: Paris, France
Entertainment Figure I'd Most Like To Have Dinner With: Vince Vaughn

Chatting With Chelsea
Academic Major at Carolina: Communica-tions
Career Plans: Undecided
Hobbies: Hanging out with friends, watching movies, dancing
Athlete I Most Admire: Mia Hamm
Person Who Has Had The Greatest Influence on My Athletic Career: My father
Favorite Book: Lovely Bones by Alice Sebold
Favorite Magazine: Cosmo
Favorite Food: Chicken Parmesan
Favorite Movie: The Little Mermaid
Favorite TV Show: Grey's Anatomy
Favorite Website To Visit: Facebook
City I've Never Been To But Want To Visit: Los Angeles, Calif.
Entertainment Figure I'd Most Like To Have Dinner With: New York from the show I Love New York

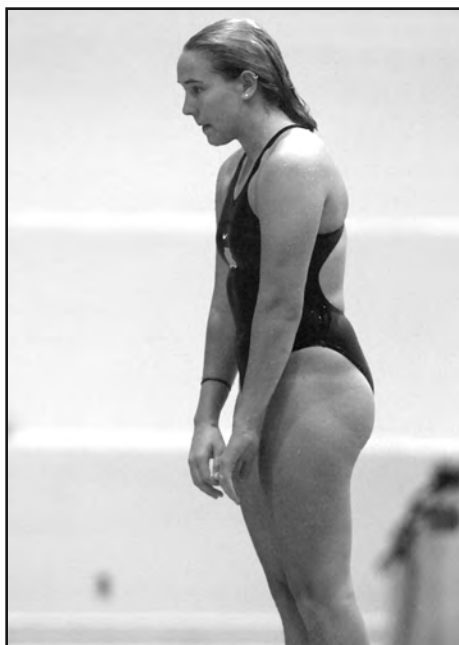
U.S. Olympic Trials in the 100-meter freestyle.

2007-08 (Junior): First-Team All-ACC selection...set career best times in the 50-yard freestyle, the 100-yard freestyle and the 100-yard backstroke in the ACC Championships and in the 200-yard backstroke in the dual meet against Duke...her time of 22.89 in the 50-yard freestyle puts her at seventh place in school history...her time of 50.33 in the 100-yard freestyle puts her at 10th place in school history and that swim claimed seventh place at the ACC Championships...her time of 54.69 in the 100-yard backstroke claimed the third spot at the ACC Championships and puts her at third in school history... member of the 200-yard freestyle relay team that set a school record of 1:30.09 at the Bulldog Invitational, breaking the record that had been set at the ACC Championships the prior week... member of the 400-yard medley relay team that finished third at the ACC Championships... swam a leg on the 400-yard freestyle relay at the ACC Championships that finished second with a time of 3:18.82, setting a school record in the process...received All-ACC honors... named to the 2008 All-ACC Academic Women's Swimming and Diving Team, one of four Tar Heels selected... named to the 2007-08 ACC Academic Honor Roll...a UNC Dean's List selection in both semesters of the school year.

2006-07 (Freshman): Had the second-fastest 100 back time for UNC in 2006-07 and moved into 10th place at the time on Tar Heel all-time chart for the event...qualified to swim in five events at the NCAA Championships, two individual events and on a trio of relays...earned a career best time of 50.39 in the 100-yard free at NCAAs...achieved NCAA consideration times in all of her events at ACC Championships...placed 10th in the 50 free and eighth in the 100-yard freestyle at the league meet...was a member of the conference champion 400 free relay team that set a conference record...also finished ninth in the 100-yard backstroke with a career best in the event, elevating here to 10th all-time at Carolina...named an All-Conference Performer for her swim on the 400 free relay...tapped for 2006-07 ACC Academic Honor Roll...qualified for Dean's List in spring semester 2007...also named to 2007 All-ACC Academic Swimming Team.

Prep: Graduated from St. Marks High School in Wilmington, Del., in June 2006...was a member of the swimming team there for four years...also played volleyball for one year...was the captain of her high school swimming team...U.S. Swimming Academic All-America for three years...National Merit Commended Student...treasurer of National Honor Society...graduated with a 3.89 grade point average.

Personal: Given name is Megan Elizabeth Steeves...daughter of Amy and Kent Steeves...was born June 30, 1988 in Newark, Del. ...has one sister, Katie, 16.



Chelsea MOCK
Redshirt Sophomore, 5-2 Diving
Chapel Hill, N.C.

Megan STEEVES
Junior, 5-7 Freestyle, Back
Newark, Del.

General: Transfer from UNC-Wilmington who redshirted last year...adds to an already deep diving corps...the daughter of UNC wrestling coach C.D. Mock.

Prep: 2006 graduate of Cresset Christian Academy...competed in diving, soccer and swimming in high school...diving team MVP...two-time diving regional champion and state champion.

Personal: Full name is Chelsea Danielle Mock...daughter of C.D. and Mickie Mock...has one brother, Corey, 17.

Career Best Times: 22.89 in the 50-yard freestyle (7th in school history); 50.33 in the 100-yard freestyle (10th in school history); 1:50.40 in the 200-yard freestyle; 54.69 in the 100-yard backstroke (3rd in school history); 2:03.03 in the 200-yard backstroke.

General: Leads Carolina's preseason depth chart in the 100 back at 54.69...ranked No. 2 in the 50-yard freestyle on the same chart...two-time returning letter winner who excels in the backstroke and the freestyle sprints.

Long Course Highlights: Qualified for the

Stats About Steeves
Academic Major at Carolina: Undeclared
Career Plans: Medicine
Hobbies: Being with friends and family, doing puzzles
Biggest Sports Thrill: Winning the ACC title by sophomore year
People Who Have Had The Greatest Influence on My Athletic Career: My parents
Favorite Book: The DaVinci Code by Dan Brown
Favorite Food: Lasagna
Favorite Movie: The Notebook
Favorite TV Show: Friends
City I've Never Been To But Want To Visit: Paris, France
Entertainment Figure I'd Most Like To Have Dinner With: Jennifer Aniston

meet in 200 free in 2005 and in the 200 back in 2006...had nationally-ranked times in the 400 free, 500 free, 800 free and 1500 free in 2006...2003 individual state cross country champion...captained state champion cross country team in 2004...participated in inaugural Nike Team Nationals that year...named student-athlete of the week in Baltimore area by the Ravens and Fox News...was on distinguished honor roll all through high school...member of National Honor Society as a senior...varsity club member for two years...editor of the yearbook as a senior.
Personal: Full name is Allison Nelson Barnes...daughter of Keith and JoEllen Barnes...born March 29, 1989 in Baltimore, Md. ...has one sister, Amanda, 22, who played lacrosse for four years at UNC (2005-08) and is now an assistant lacrosse coach at Ohio State.



Alex HAMILTON
Redshirt Freshman, 5-3
Diving
Holly Springs, N.C.

General: Outstanding in-state diver who was a redshirt during the 2007-08 season...has four years of athletic eligibility remaining.
Prep: Graduated from Southeast Raleigh High School on June 1, 2007...member of varsity diving team there for four years...dove with the North Carolina Aquatic Club's Junior Olympic program...conference and regional champion for three years...2006 third-place state finisher...most valuable athlete in 2005 and most improved diver in 2004...won North Carolina Academic Scholars Award.
Personal: Given name is Alexandra Samantha Christine Hamilton...daughter of Ken and Christine Hamilton...was born August 14, 1989 in Los Gatos, Calif. ...has one brother, Kenny, 14.



All About Allison
Academic Major at Carolina: Undeclared
Career Plans: Undetermined
Hobbies: Watching sports, cooking, shopping
Athlete I Most Admire: Cal Ripken, Jr.
Biggest Sports Thrill: Winning the state championship in cross country as a high school freshman
People Who Have Had The Greatest Influence on My Athletic Career: My parents and sister; Coach Paul Yetter
Favorite Book: Angels and Demons by Dan Brown
Favorite Magazine: Cosmo
Favorite Food: Crabs
Favorite Movie: Zoolander
Favorite TV Show: Criminal Minds, Entourage, Top Chef
Favorite Website To Visit: Facebook
City I've Never Been To But Want To Visit: Athens, Greece
Entertainment Figure I'd Most Like To Have Dinner With: Mark Wahlberg

Assessing Alex
Academic Major at Carolina: Pharmacy
Career Plans: Pharmacist
Hobbies: Photography
Athlete I Most Admire: Gabby Mayo, a high school classmate held a world record in track
Biggest Sports Thrill: Finishing third at the 2006 state championships
Person Who Has Had The Greatest Influence on My Athletic Career: My Mom
Favorite Book: Cyrano de Bergerac by Edward Rostand
Favorite Magazine: Cosmopolitan
Favorite Food: Fried Cheesecake at Paddy's Hallow in Wilmington
Favorite Movie: The Little Mermaid
Favorite TV Show: Grey's Anatomy
Favorite Website To Visit: Facebook
City I've Never Been To But Want To Visit: Paris, France
Entertainment Figure I'd Most Like To Have Dinner With: Will Farrell



Allison BARNES
Sophomore, 5-8
Freestyle
Bel Air, Md.

Career Best Times: 1:51.53 in 200-yard freestyle; 4:52.19 in the 500-yard freestyle; 10:00.67 in 1000-yard freestyle; 16:55.88 in 1650-yard freestyle.

General: An outstanding returning letter winner in the Tar Heels' distance freestyle corps.
2007-08 (Freshman): Had a strong freshman season swimming distance free from 500 up to and including the 1650 freestyle...swam as an exhibition swimmer at the 2008 ACC Championships.
Prep: Graduated from C. Milton Wright High School in May 2007...finished first at state




Caroline HARTMANN
Sophomore, 5-7
Backstroke
Williamsburg, Va.

Career Best Times: 56.81 in the 100-yard backstroke; 2:02.02 in the 200-yard backstroke.

General: Had a strong freshman season as a Tar Heel... swam as an exhibition swimmer at the 2008 ACC Champi-

Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM



The 2008-09 Tar Heels/Katura Harvey

onships... would have qualified for championship finals in the 200 backstroke had she been on UNC's scoring team so her swim was truly remarkable... ranks No. 2 on Carolina's preseason depth chart in the 200 backstroke... was a valuable addition to the Tar Heel backstroke group last season.

2007-08 (Freshman): Set career best times of 56.81 in the 100-yard backstroke and 2:02:02 in the 200-yard backstroke at the ACC Championships... received the team's Richard E. Jamerson Memorial Award as Carolina's Most Improved Swimmer... named to the 2007-08 ACC Academic Honor Roll...qualified for the Dean's List in the spring semester 2008.

Prep: Graduated from Walshingham Academy on June 2, 2007...four-year high school letter winner in the 100 back and 200 IM...also played tennis in high school...competed in club swimming for three years as a backstroker...All-State choice as a junior and senior...All-Conference selection all four years of high school...state champion and record holder in the 100 backstroke...won the Eloise Jacons Leadership and Sportsmanship Award as a senior...high school All-America in the 100 back in the 12th grade...swim team captain as a junior and senior...led a state championship team in 2006...with her club team she was a junior national qualifier, the 2006-07 team captain and most dedicated swimmer recipient in 2004...member of National Honor Society and French National Honor Society.

Personal: Full name is Caroline Kimball Hartmann...nicknamed Caki or Cakatack...daughter of Paul and Barbara Hartmann...was born September 15, 1989 in Williamsburg, Va. ...has two brothers, John, 24, a UNC swimmer from the Class of 2005, and Will, 21.



Katura HARVEY
Sophomore, 5-9
Distance Freestyle
Rockville, Md.

Career Best Times: 50.95 in the 100-yard freestyle; 1:48.66 in the 200-yard freestyle; 4:44.42 in the 500-yard freestyle (2nd in school history); 9:49.88 in the 1000-yard freestyle (9th in school history); 16:16.57 in the 1650-yard freestyle (3rd in school history).

General: Tremendous addition a year ago to the Tar Heels' corps in the freestyle events from the 100 through the 1650...qualified for the NCAA Championships during her freshman season...first-team All-ACC Selection...an outstanding student...made Dean's List both semesters of her freshman year.

Long Course Highlights: Qualified for the U.S. Olympic Trials in the 400-meter freestyle. **2007-08 (Freshman):** First-team All-ACC selection...her career best time of 4:44.42 in the 500-yard freestyle at the ACC Championships claimed third in the event and put her at second place in school history...her career-best time of 16:16.57 in the 1650-yard freestyle at the NCAA Championships puts her at third in school history...she finished fifth at the ACC Championships in the 1650 freestyle...placed 17th in the 1650 freestyle at the 2008 NCAA Championships with a time of 16:16.57, missing All-America accolades by just one spot...honored as a College Swimming Coaches Association of America Academic All-America...named to the 2008 All-ACC Academic Women's Swimming and Diving Team, one of four Tar Heels selected... named to 2007-08 ACC Academic Honor Roll...was selected for the Dean's List in both semesters of the school year.

Prep: Graduated from Richard Montgomery High School in June 2007...four-year letter winner in the distance freestyles...has competed in club swimming since 1994...All-Gazette and All-County first-team selection from 2004-

07...All-Metropolitan first-team selection in 2006 and 2007...high school team captain in 2006-07...Metro Swimming Championships title winner in 200 free, 500 free and on the 400 free relay squad...AP Distinguished Scholar ...International Baccalaureate Program graduate...National Merit Commended Scholar
Personal: Name is Katura Margaret Harvey...daughter of Phil Harvey and Kathy Radimer...was born February 25, 1989 in Brisbane, Queensland, Australia...has one brother, Will, 22.

Hanging Around With Harvey
Academic Major at Carolina: International Studies
Career Plans: Work in the State Department
Hobbies: Sleeping, eating, reading, computers
Athlete I Most Admire: Dara Torres
Biggest Sports Thrill: Watching the UNC basketball team win the 2005 NCAA title
Person Who Has Had The Greatest Influence on My Athletic Career: One of my former coaches, Jim Williams
Favorite Book: Lord of the Rings by J. R. R. Tolkien
Favorite Magazine: Rolling Stone
Favorite Food: Strawberry Cheesecake
Favorite Movie: Lord of the Rings trilogy
Favorite TV Show: Scrubs
Favorite Website To Visit: Facebook
City I've Never Been To But Want To Visit: London, England
Entertainment Figure I'd Most Like To Have Dinner With: Johnny Depp



Catching Up With Caroline
Academic Major at Carolina: Undeclared
Career Plans: Undetermined
Hobbies: Boating, scuba diving, fishing
Athlete I Most Admire: Roger Federer
Biggest Sports Thrill: Watching the Carolina basketball team win the national championship in 2005
People Who Have Had The Greatest Influence on My Athletic Career: My Mom and my former coach, Jack Bierie
Favorite Book: It's Not About The Bike by Lance Armstrong
Favorite Foods: Steak, spaghetti
Favorite Movie: Elf
Favorite TV Shows: Man vs. Wild, Family Guy
Favorite Website To Visit: Facebook
City I've Never Been To But Want To Visit: Paris, France
Entertainment Figures I'd Most Like To Have Dinner With: Will Ferrell, Kenny Chesney



Brittany IACOUZZE
Sophomore, 5-6
Distance Freestyle
North Brunswick, N.J.

Career Best Times: 4:52.78 in the 500-yard freestyle; 9:59.36 in the 1000-yard freestyle; 16:43.93 in the 1650-yard freestyle; 4:22.56 in the 400-yard individual medley.

General: A stellar sophomore transfer from Yale...brings added talent to the already strong distance freestyle corps...an outstanding student...named a distinguished scholar at Yale.

2007-08 (Freshman): At Yale University she received honorable mention status for the 2008 Division I Women's Mid-Major All-America Swimming team...named a distinguished scholar her first semester at Yale.

Prep: Graduated from Stuart Country Day School in Princeton, N.J. in June 2007...competed for Eastern Express club team throughout high school...won the Mercer County championships in the 200 and 500 freestyles as a freshman...set Mercer County record in the 500 Free as a senior...was a Senior Nationals qualifier in the 500, 1000 and 1650 freestyles and the 400 IM.

Personal: Name is Brittany Patrice Iacouzze...daughter of Bill and Colleen Iacouzze...was born in North Brunswick, N.J. ...has one brother, Michael, 17.

Info on Iacouzze

Academic Major at Carolina: Undeclared

Career Plans: Undecided

Hobbies: Going to the beach, shopping, spending time with friends

Athlete I Most Admire: Dara Torres

Biggest Sports Thrill: Swimming at Carolina

Person Who Has Had the Greatest Influence on My Athletic Career: My coach, Brent Matheson

Favorite Book: The Great Gatsby by F. Scott Fitzgerald

Favorite Magazine: Cosmo

Favorite Food: Sushi

Favorite Movie: The Notebook

Favorite TV Show: The Hills

Favorite Website to Visit: YouTube.com

Country I've Never Been to but want to Visit: The Fiji Islands

Entertainment Figure I'd Most Like to Have Dinner With: Ryan Gosling



Rebecca KANE
Sophomore, 5-11
Sprint Freestyle
Toms River, N.J.

Career Best Times: 22.77 in the 50-yard freestyle (4th in school history); 50.27 in the 100-yard freestyle (9th in school history); 1:50.20 in the 200-yard freestyle.

General: Has the best time on the team depth chart in the 50-yard freestyle heading into the season at 22.77 seconds...was named All-ACC in the 50 free at the 2008 ACC Championships... ranked No. 2 on the preseason depth chart in the 100-yard free...was part of the school record-setting 400-yard free relay team last year...very talented freestyle sprinter...was a strong addition in the 50, 100 and 200 freestyles last year.

Long Course Highlights: Qualified for the U.S. Olympic Trials in the 50-meter freestyle.

2007-08 (Freshman): First-team All-ACC selection...set career best times of 22.77 in the 50-yard freestyle and 50.27 in the 100-yard freestyle at the ACC Championships...her time in the 50-yard freestyle claimed third at the Championships and puts her at fourth place in school history...her time in the 100-yard freestyle puts her at ninth on the UNC Top 10 list and it claimed sixth at the ACC Championships...swam a leg of the 400-yard freestyle relay at the ACC Championships that finished second with a time of 3:18.82, setting a school record in the process...member of the 200-yard freestyle relay team that set a school record of 1:31.09 at the Bulldog Invitational, breaking the record that was set the week before at the ACC Championships.

Prep: Graduated in June 2007 from Monsignor Donovan High School...swam four years there as a freestyle sprinter...nine-time high school All-America selection...U.S. Swimming senior national qualifier...high school swim team captain...state record holder in the 50 and 100 freestyles...first swimmer to ever swim faster than 51 seconds in the 100 freestyle in New Jersey history...NJSIAA New Jersey Swimmer of the Year selection...National Honor Society member.

Personal: Full name is Rebecca Lynn Kane...nicknamed Bec...daughter of Mike and Linda Kane...was born February 3, 1989 in Toms River, N.J. ...has two brothers, Mike, 16, and Wesley, 10, and two sisters, Erica 18, and Mikaela, 9.



Rebecca's Rules

Academic Major at Carolina: Communications

Career Plans: Undetermined

Hobbies: Swimming, listening to music, being with friends

Athlete I Most Admire: Dara Torres

Biggest Sports Thrill: Swimming at 2008 Olympic Trials

Person Who Has Had The Greatest Influence on My Athletic Career: My Dad

Favorite Book: Dolores Claiborne by Stephen King

Favorite Magazine: Cosmo

Favorite Food: Pierogies

Favorite Movie: Remember The Titans

Favorite TV Show: The Hills

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Paris, France

Entertainment Figure I'd Most Like To Have Dinner With: Jennifer Aniston



Katie MARSH
Sophomore, 5-10
Breaststroke
Ocean Ridge, Fla.

Career Best Times: 1:04.50 in the 100-yard breaststroke; 2:18.27 in the 200-yard breaststroke.

General: Returning letter winner who was an important addition to the Tar Heel program last year...will continue to contribute in the breaststroke events.

2007-08 (Freshman): A solid contributor during her freshman season...a reliable dual meet swimmer... competed at the 2008 ACC Championships as a member of the scoring team.

Prep: A May 2007 graduate of Saint Andrew's School in Boca Raton, Fla. ...a U.S. Swimming Academic All-America selection...NISCA All-America in the 100 breaststroke for four years...two-year state champion in 100 breast...team MVP three times and top rookie on the team as a freshman...Boca Raton News Swimmer of the Year choice...Sun-Sentinel Swimmer of the Year honoree...National Honor Society member...on the Dean's List four years...Palm Beach County Gold Key Award for photography recipient...an outstanding club swimmer...qualified for nationals in 200-meter breast...FGC record holder in both breaststroke events...two-time 200-meter breast champion at Southern zone meet...broke zone meet record for 15-18 age group in 200-meter breast...member of zone meet record-breaking 200 free relay team.

Personal: Full name is Kathryn Leigh Marsh...daughter of Janet and Mark Marsh...was born Sept. 15, 1988 in Boynton Beach, Fla. ...has one sister, Jenny, 22.

Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM



The 2008-09 Tar Heels/Ashley Miller & Kristin Arnold

Marsh Makes Her Mark

Academic Major at Carolina: Undeclared
Career Plans: Undetermined
Hobbies: Photography, music, the beach
Athlete I Most Admire: Dara Torres
Biggest Sports Thrill: Watching the men's dual meet last year against Virginia
People Who Have Had The Greatest Influence on My Athletic Career: My parents
Favorite Book: The Great Gatsby by F. Scott Fitzgerald
Favorite Magazine: Cosmo
Favorite Food: Everything except olives
Favorite Movie: Basically any comedy or drama
Favorite TV Shows: Entourage, Grey's Anatomy, Gossip Girl
Favorite Website To Visit: Facebook
Country I've Never Been To But Want To Visit: Australia
Entertainment Figure I'd Most Like To Have Dinner With: Chris Brown



Ashley MILLER
Sophomore, 5-11
Freestyle, IM
Cincinnati, Ohio

Career Best Times: 4:56.43 in the 500-yard freestyle; 10:07.76 in the 1000-yard freestyle; 16:46.96 in the 1650-yard freestyle; 4:28.90 in 400-yard individual medley.

General: Returning letter winner who was a tremendous addition to the Tar Heel distance group last season...a talented distance freestyler and IM specialist.

2007-08 (Freshman): Set career best times of 4:56.43 in 500-yard freestyle and 4:28.90 in the 400-yard IM at the ACC Championships...set another career best time of 10:07.76 in 1000-yard freestyle in the dual meet against Minnesota...at the Nike Cup, she had a career-best time of 16:46.96 in the 1650-yard freestyle... named to 2007-08 ACC Academic Honor Roll...earned honors on the Dean's List in both semesters of the school year.

Prep: Graduated from Saint Ursula Academy...four-year varsity high school swimmer

who also swam for the Anderson Barracudas club team since 1997...high school team captain...four-year state qualifier in the 200 IM and 500 free...Top 8 state qualifier in both events at the state meet her sophomore through senior years...Cincinnati Enquirer 2006 All-City selection...four-time high school All-America selection...Ohio high school Scholar-Athlete...National Merit Finalist...AP Scholar Award...National Honor Society member...National French Honor Society member.
Personal: Given name is Ashley Lorraine Miller...daughter of Claire and Michael Miller...born August 2, 1988 in Cincinnati, Ohio...has one brother, Alex, 16.

The Accomplished Ashley

Academic Major at Carolina: Biology
Career Plans: Graduate and then undecided
Hobbies: Taking pictures, swimming, going to sporting events, going on vacation, baking, cooking
Athlete I Most Admire: Carson Palmer
Biggest Sports Thrill: Swimming at Carolina
People Who Have Had The Greatest Influence on My Athletic Career: My Parents
Favorite Book: The Kite Runner by Khaled Hosseini
Favorite Magazine: People
Favorite Food: Ice Cream
Favorite Movies: The Breakfast Club, Wedding Crashers
Favorite TV Show: Grey's Anatomy
Favorite Website To Visit: Facebook
City I've Never Been To But Want To Visit: Paris, France



Kristin ARNOLD
Freshman, 5-1
Diving
Miami, Fla.

General: An outstanding addition to the UNC Diving corps... a three-time All-America selection...Kevin Lawrence is

excited about the impact Arnold will make on the team...she increases the depth and talent on the already deep diving squad... one of three new freshman divers.

Prep: Graduated from Miami Palmetto Senior High in June 2008...competed in one-meter diving throughout her high school career...competed in three-meter and platform diving during her club career...made finals at her high school state competitions all four years in one-meter diving...named an All-America on one-meter diver her sophomore, junior and senior years...named an NISCA Top 40 selection as a one meter diver her junior and senior years...named to the Miami-Dade All-County Second Team her freshman, sophomore and junior years...named to the All-County First Team her senior year...qualified for Nationals from 2003-2008

Personal: Name is Kristin Lee Arnold...daughter of John and Tracy Arnold...was born September 16, 1989 in Miami, Fla. ...has two brothers, Mike, 21, and Danny, 14.

All About Arnold

Academic Major at Carolina: Undeclared
Career Plans: Undecided
Hobbies: Reading, biking, going to the beach, watching movies, anything outdoors
Athlete I Most Admire: Shannon Miller, Olympic Gold Medalist Gymnast
Biggest Sports Thrill: Having the opportunity to train with and learn from Olympic divers such as Kyle Prandi and Michelle Davison.
Person Who Has Had The Greatest Influence on My Athletic Career: My grandfather, Peter Hochreiter, who played baseball at Duke and was the captain of the soccer team
Favorite Book: The Great Gatsby by F. Scott Fitzgerald
Favorite Magazine: People
Favorite Food: Chicken Parmesan
Favorite Movie: Indiana Jones The Temple of Doom
Favorite TV Show: Gossip Girl
Favorite Website to Visit: Tarheelblue.com
City I've Never Been To But Want To Visit: Tuscany, Italy
Entertainment Figure I'd Most Like To Have Dinner With : Matt Damon



Brooke ATKINSON
Freshman, 5-8
Freestyle,
Backstroke
Boca Raton, Fla.

Career Best Times: 23.57 in the 50-yard freestyle; 51.10 in the 100-yard freestyle; 56.18 in the 100-yard backstroke; 2:05.02 in the 200-yard backstroke; 2:08.74 in the 200-yard individual medley.

General: A talented sprinter and backstroker, Atkinson will make an immediate impact in relay events...ranks No. 4 on Carolina's preseason depth chart in the 50-yard free and No. 3 on the same chart in the 100-yard back... 10-time All-America selection, including four straight selections in the 100-yard backstroke...2007 Florida high school state champion in the 50-yard freestyle.

Prep: Graduated from the Pine Crest School on May 23, 2008...four-year letter winner in swimming in the back and free...four-year track letter winner in the 800 meters, mile, pole vault, long jump and on the 4x200-meter relay...2007 Florida high school state champion in the 50-yard freestyle and runnerup in the 100-yard backstroke...2007 Florida high school record holder and state champion as a member of Pine Crest's 200-yard freestyle relay...named a high school All-America 10 times including four straight years in the 100-yard backstroke...holds the record at her high school in the 100-yard backstroke...named team captain her junior and senior years...named high school MVP and received the coaches award in 2006...received the most improved swimmer award in 2004...qualified for Senior National, USA Open and Junior National meets...named FGC MVP...captain of the first FGC zone team to win the Southern Zone Championship at the 2006 Southeastern Zones...honored with the 2006 State Farm Sportsmanship Award...received the 2007 Ann Marshall Coaches Award at the Woodson Invitational...named Sun-Sentinel Athlete of the Week...Santa Clara and Mel Zajac Invitational finalist...named the 2006 Swimmer of the Meet at the Bolles High School Invitational...her high school team was undefeated for three years and runnerup at states all four years...was a letter winner and regional qualifier for her track and field team

Personal: Name is Brooke Eve Atkinson...daughter of John Atkinson and Susan Atkinson...was born June 14, 1989, in Boynton Beach, Fla. ...has two brothers, John 25, and James 20...her father swam for the University of Pennsylvania...her brother John swam for Yale University...her brother James currently swims for the University of Georgia...has two brothers, John B. Atkinson, IV, 25, and James T. Atkinson, 21.

The Short Book on Brooke
Academic Major at Carolina: Undeclared
Career Plans: Undecided
Hobbies: Wakeboarding, art, going to the beach

Athletes I Most Admire: Steve Prefontaine and Lenny Krayzelburg

Biggest Sports Thrill: Being a part of the 2006 FGC zone team; we were the first Florida Gold team to win zones

People Who Have Had The Greatest Influence on My Athletic Career: My coaches Jay Fitzgerald and Eddie Lovell, and my parents
Favorite Book: Tuesdays with Morrie by Mitch Albom

Favorite Food: Lasagna

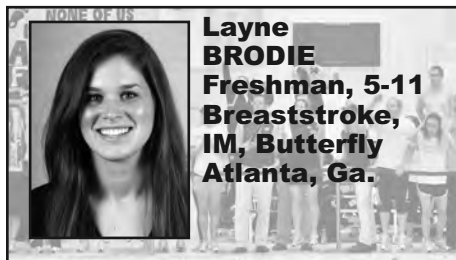
Favorite Movie: The Notebook

Favorite TV Show: Gossip Girl

Favorite Website to Visit: YouTube.com

Country I've Never Been To But Want To Visit: Thailand

Entertainment Figure I'd Most Like To Have Dinner With: Dane Cook



Layne BRODIE
Freshman, 5-11
Breaststroke,
IM, Butterfly
Atlanta, Ga.

Career Best Times: 1:02.12 in the 100-yard breaststroke; 2:13.99 in the 200-yard breaststroke; 2:01.31 in the 200-yard individual medley; 55.34 in the 100-yard butterfly.

General: Goes into her freshman year ranked No. 1 on the UNC depth chart in the 100 breast at 1:02.12 and in the 200 IM at 2:01.31...posted a time of 2:38.80 in the 200-meter breaststroke at the 2008 U.S. Open, finishing 31st.

Long Course Highlights: Qualified for the U.S. Olympic Trials in the 100-meter and 200-meter breaststrokes.

Prep: Graduated from the Westminster School in May 2008...named MVP at the Westminster School three times...six-time state champion...took first place in the 100-yard breaststroke all four years of high school...member of the state championship team in 2005 and 2006 and of runnerup squads in 2007 and 2008...five-time Metro champion...received All-State honors four times...named an All-America 10 times...honored as the Atlanta Journal-Constitution Swimmer of the Year twice...named to the Atlanta Journal-Constitution All-City Team...holds the record at her high school in the 100-yard breaststroke and the 200-yard IM...holds the state record in the 100-yard breaststroke...named team captain her senior year...as a member of the Dynamo Swim Club, she was a national qualifier in the

100- and 200-yards and meters breaststrokes and 200-yard IM...was a junior national qualifier in the 100-yard and 200-yard breaststroke, 200-yard IM, 100-yard butterfly and 400-yard IM...qualified for the Olympic Trials in 100-meter and 200-meter breaststrokes...honored with the Outstanding Swimmer Award at the 2007 Georgia Senior Short Course Championships...named to the Georgia Zone team twice...was the 2006 and 2008 Southeastern Sectional Champion in the 100-yard breaststroke...named the 2007 Georgia Senior Short Course Champion in the 100-yard breaststroke...honored as a U.S. Swimming Scholastic All-America three times...named to the honor roll every semester at the Westminster School...member of the National Honor Society...recipient of the Dean's Award...honored as a National Merit Commended Student and an AP Scholar with Honors...elected class vice president as a senior and class treasurer as a sophomore...president of her school's French Club...captain of the Wildcat Spirit Squad...named to the Homecoming Court

Personal: Name is Layne Wallis Brodie...daughter of Hall and Brenda Brodie...was born November 27, 1989, in Dhahran, Saudi Arabia ...has one brother, Kyle, 23, and one sister, Abby, 11, her golden retriever.

Layne's Lore

Academic Majors at Carolina: Art History, French or Journalism

Career Plans: Interior Design, Philanthropy

Hobbies: Drawing, reading, baking, playing my guitar

Athletes I Most Admire: Most teammates I have had or will have as they are the ones who truly understand how hard swimmers work everyday

Biggest Sports Thrill: Being a part of the Westminster High School Swim Team my freshman year and the anchor on the last relay, the 4x100 freestyle relay, when the girl's team won the high school state championship by four points

Person Who Has Had The Greatest Influence on My Athletic Career: Pete Higgins (UNC '56), my high school swim coach at Westminster

Favorite Book: Catcher in the Rye by J.D. Salinger

Favorite Magazine: Lucky

Favorite Food: Dark chocolate

Favorite Movie: Remember the Titans

Favorite TV Show: Extreme Makeover Home Edition

Favorite Website to Visit: Google

City I've Never Been To But Want To Visit: Florence, Italy

Entertainment Figure I'd Most Like To Have Dinner With: The cast of Extreme Makeover Home Edition

Carolina Swimming and Diving

The 2008-09 Tar Heels/Candace Copper, Kaci Hollingsworth & Katie Keel



Candace COOPER
Freshman, 6-0
Backstroke,
Freestyle
Raleigh, N.C.

Career Best Times: 23.64 in the 50-yard freestyle; 51.35 in the 100-yard freestyle; 54.90 in the 100-yard backstroke; 2:03.03 in the 200-yard backstroke.

General: An outstanding backstroker, Candace comes into Carolina ranked No. 2 on the preseason depth chart in the 100-yard backstroke and No. 3 in the 200-backstroke...she will also make an immediate impact in the sprint events and relays... two-time high school All-America.

Prep: Graduated from Ravenscroft School in May 2008...swam backstroke, freestyle and IM from grades seven through 12...named the NCISAA state girls' swimming overall champion twice...member of the NCISAA state girls' swimming championship 200 medley and 400 free relay teams...two-time NCISAA state girls' swimming individual champion in the 100 Free...named a National high school All-America on the 400 free and 200 medley relay teams...letter winner in grades eight through 12...received the coaches' award as a freshman...named to the NCISAA All-Conference team as a sophomore and junior...member of the NCISAA All-State team as a freshman, sophomore and junior...as a junior she broke the team record in the 200 IM...as a member of the YOTA Swim Team she was the team captain in 2007-2008...named a U.S. Swimming Academic All-America in 2007...at the 2007 Youth Nationals she was a member of the relay champion teams in the 200 and 400 free relays...at the 2006 Youth Nationals she was named the overall champion and was the individual champion in the 100 back...she was a member of the 200 and 400 free and 200 and 400 medley relays championship teams...with the help of teammates set national YMCA records in the 200 and 400 free Relays in 2006...compiled numerous U.S. and YMCA Top 16 Finishes in her nine years of competition...ranked fifth in the U.S. in the 15-16 age group for the 100 back in 2006...North Carolina Swimming All-Star in 2006 and 2007...ranked in the North Carolina Swimming Top 5 in 2001, 2003, 2005 and 2006...she broke at least one team record a year from 1998 to 2007...currently holds 20 of the 45 team records in the backstroke and on freestyle relays and medley relays...recipient of the YOTA Character Award 2004-2005...as a member of the North Carolina Aquablazers AAU Travel team...she was the National Black Heritage individual swimming champion in the 100 free and 100 back in 2007...in 2006 she was the National Black Heritage Meet high point award winner and was the individual champion in the 200 free, 50 back, 200 IM, 100 free and 100 back...she was also the National Black Heritage relay swimming cham-

pion in the 200 free and medley Relays in 2006...recipient of the 2006 Coaches' Award for the Falls River Black Racers Summer League team...received an academic letter as a freshman...named to honor roll as a freshman and sophomore...inducted into the Spanish Honor Society in 11th grade...recipient of the Ravenscroft Community Service Award as a sophomore...president of the Cultural Club as a senior...member of many clubs including the Adolescent Issues Group, Key Club, Peer Helpers, Spanish Club and Yearbook staff...has played piano since 1996...honored with excellent and superior awards at the Piano Federation and National Guild Competitions...volunteers with her church, St. Paul AME Church...she sorts food for the North Carolina Food Bank...she donates blood to the American Red Cross and works to encourage others to donate as well...helps with the Special Olympics...helped with the YOTA Swim Team...read to fourth grade classes at Ravenscroft...member of her church's youth choir.

Personal: Name is Candace Danielle Cooper...nicknamed "Coop"...daughter of William Donald and Kathryn Jones Cooper...was born January 10, 1990, in Raleigh, N.C.

Holding Court With Cooper

Academic Major at Carolina: Exercise and Sports Science

Career Plans: Sports and Entertainment Law

Hobbies: Watching sports, listening to music

Athletes I Most Admire: Kevin Garnett, Chris Paul

Biggest Sports Thrill: Competing in swim meets

People Who Have Had the Greatest Influence on My Athletic Career: My parents and my swimming coaches

Favorite Book: Quiet Strength by Tony Dungy

Favorite Magazine: Ebony

Favorite Food: Soul Food

Favorite Movie: Fried Green Tomatoes

Favorite TV Show: Desperate Housewives

Favorite Website to Visit: TarHeelBlue.com

City I've Never Been to but want to Visit: New York City

Entertainment Figure I'd Most Like to Have

Dinner With: Oprah Winfrey



Kaci HOLLINGSWORTH
Freshman, 5-1
Diving
Mission Viejo,
Calif.

General: An exceptional diver from California...will make an immediate impact on both springboards and the platform...four-time All-America...increases depth on an already strong diving squad... one of three freshman divers Kevin Lawrence recruited.

Prep: Graduated from Trabuco Hills High School in Mission Viejo, Calif., in June 2008...competed in gymnastics for 10 years

before turning to diving...named the team captain of her high school diving team for three years...made All-America and competed in the CIF Championships all four years of high school...placed 12th at the U.S. Diving Summer Junior Nationals on platform...received the Most Dedicated Diver Award for her high school diving team.

Personal: Name is Kaci Ann Hollingsworth...nicknamed "Kacidilla"...daughter of Mark and Joanna Hollingsworth...was born August 23, 1990 in Fullerton, Calif...has one sister, Mindi, 21.

The History of Hollingsworth

Academic Major at Carolina: Undecided

Career Plans: Undecided

Hobbies: Diving, going to the beach, shopping, kickboxing

Athlete I Most Admire: Kimiko Soldati

Biggest Sports Thrill: Winning Zones on platform

Person Who Has Had the Greatest Influence on My Athletic Career: Janet Ely

Favorite Book: Kite Runner by Khaled Hosseini

Favorite Magazine: Car and Driver

Favorite Food: Chocolate

Favorite Movie: Fool's Gold

Favorite TV Show: America's Funniest Home Videos

Favorite Website to Visit: Facebook

City I've Never Been to but want to Visit: Barcelona, Spain

Entertainment Figure I'd Most Like to Have

Dinner With: Will Farrell



Katie KEEL
Freshman, 5-7
Breaststroke
Knoxville, Tenn.

Career Best Times: 1:04.19 in the 100-yard breaststroke; 2:18.46 in the 200-yard breaststroke; 2:07.50 in the 200-yard individual medley.

General: An exceptional breaststroker who will bolster the already strong breaststroke squad...ranked No. 4 in the 100-yard breaststroke on the preseason depth chart...named an All-America five times during high school.

Prep: Graduated from the Webb School of Knoxville, Tenn. in May 2008...played competitive soccer for nine years, basketball for two years and played softball for three years...also ran track in middle school...dived competitively for four years...started swimming at age 13 for Pilot Swim Club...named an All-American five times...placed third in the 100-yard breaststroke at the state meet...was a short course national qualifier in the 100- and 200-yard breaststrokes...junior national qualifier in both the 100 and 200 breaststrokes...member of the National Honor Society

Personal: Name is Katherine Marie-Annelise

Keel...nicknamed KK...daughter of Michael Keel and Beth Keel...was born August 21, 1990, in Knoxville, Tenn.

Keel's Spiel
Academic Major at Carolina: Communications
Career Plans: Undetermined
Hobbies: Going to the lake, running, reading, dancing, singing, sleeping
Athlete I Most Admire: Chamique Holdsclaw
Biggest Sports Thrill: Cutting lots of time in any of my races
Person Who Has Had the Greatest Influence on My Athletic Career: Marshall Goldman, my former coach
Favorite Books: Angels and Demons by Dan Brown; The Phantom Tollbooth by Norton Juster
Favorite Magazine: People
Favorite Food: Peaches...anything peach actually
Favorite Movies: Mean Girls, Boondock Saints, The Princess Bride
Favorite TV Shows: Grey's Anatomy, Friends, The O.C.
Favorite Website to Visit: Facebook
Cities I've Never Been to but want to Visit: Melbourne, Sydney or Brisbane, Australia
Entertainment Figure I'd Most Like to Have Dinner With: Jennifer Aniston



Sarah LIST
Freshman, 5-9
Freestyle, Backstroke
Ringold, Ga.

Career Best Times: 23.96 in the 50-yard freestyle; 56.93 in the 100-yard backstroke; 2:07.14 in the 200-yard backstroke.

General: A promising sprinter in the freestyle and backstroke events...she is the daughter of a pair of All-America swimmers at UNC, Mark List, Class of '78, co-captain with Coach Rich DeSelm that year, and Bonny Brown List, Class of '80, the school's Patterson Medal winner in 1980.

Prep: Graduated from the Baylor School in Chattanooga, Tenn. on May 31, 2008...lettered there for four years as a backstroker and freestyle sprinter...named a high school Academic All-America in both 2007 and 2008...was the team's 2007-08 team captain...swam on 200 freestyle and 200 medley relay teams which held state records and on the school's record-setting 400 free relay team...won the Roger Vredevelde Coaches Award in 2006, an award named after another former star UNC swimmer, Class of '82.

Personal: Full name is Sarah Elizabeth List...is the daughter of Mark and Bonny List...was born on April 5, 1990 in Kirkland, Wash. ...has one brother, Luke, 23, and one sister, Bekah, 21.

List's List
Academic Major at Carolina: Undeclared
Career Plans: Undecided
Hobbies: Cooking, running, traveling and planning parties
Athlete I Most Admire: Vince Papale
Biggest Sports Thrill: Winning the girls' & boys' and combined state titles my senior year at Baylor School
Person Who Has Had the Greatest Influence on My Athletic Career: My high school swimming coach
Favorite Books: The Harry Potter series by J.K. Rowling
Favorite Magazine: US Weekly
Favorite Food: Moose Tracks ice cream
Favorite Movie: Center Stage
Favorite TV Show: So You Think You Can Dance
Favorite Website to Visit: Facebook
City I've Never Been to but want to Visit: Monterey, Mexico
Entertainment Figure I'd Most Like to Have Dinner With: Mark Wahlberg



Katelyn MARTIN
Freshman, 5-10
Freestyle
Chelmsford, Mass.

Career Best Times: 1:51.91 in the 200-yard freestyle; 4:51.26 in the 500-yard freestyle; 9:54.56 in the 1000-yard freestyle; 16:18.40 in the 1650-yard freestyle.

General: An excellent freestyler who will make an immediate impact in all the freestule distance from the 200 through the 1650...ranked No. 3 on the preseason depth chart in the 1650 free.

Prep: Graduated from Chelmsford High School in June 2008...swam for her high school all four years where she primarily competed in the 200 and 500 free...holds the high school state records in the 500 free...went undefeated throughout her high school career in the 500 free...holds the New England resident record in the 1650 free...member of the National Honor Society and the Latin Honor Society.

Personal: Name is Katelyn Alyssa Martin...daughter of Tom and Kathy Martin...was born April 27, 1990, in Newton, Mass. ...has two sisters, Jessica, 19 and Kristina, 16

Martin's Minutiae
Academic Major at Carolina: Undeclared
Career Plans: Undecided
People Who Have Had the Greatest Influence on Your Athletic Career: My parents
Favorite Book: The Lovely Bones by Alice Sebold
Favorite Magazine: Cosmopolitan
Favorite Food: Anything Mexican
Favorite Movie: The 40-Year-Old Virgin
Favorite TV Show: Grey's Anatomy
Favorite Website to Visit: Facebook
Place I've Never Been to but Want to Visit: Santorini
Entertainment Figure I'd Most Like to Have Dinner With: Will Ferrell



Kerianne McAfee
Freshman, 5-9
Butterfly
Charlotte, N.C.

Career Best Times: 56.39 in the 100-yard butterfly; 2:02.16 in the 200-yard butterfly.

General: An outstanding butterfly who will be a key component in the Tar Heel butterfly corps this season...ranked No. 3 in the 200-yard butterfly on the preseason depth chart...qualified for U.S. Olympic Trials this summer in the 100-yard butterfly.

Long Course Highlights: Qualified for the U.S. Olympic Trials in the 100-meter butterfly.

Prep: Graduated from Charlotte Catholic High School in May 2008...named High School Rookie of the Year in 2004-2005...honored as an All-Conference and All-State performer from 2004-2008...four-year letter winner...named an All-America in the 100 and 200 fly her senior year...named to the Charlotte Girls' First Team All-City Team in 2007-2008...Charlotte's Swimmer of the Year in 2008...honored as MVP of her high school and conference in 2008...named the NC 3-A MVP in 2008...holds the high school state record in the 100 fly...high school state champion in the 100 fly from 2005-2008...high school champion in the 200 IM in 2008...named captain of her high school team her senior year...her high school won the state championship from 2004-2008...named a North Carolina All-Star from ages 12 to 18...U.S. Swimming Senior National Qualifier...qualified for the Olympic Trials...received academic honors all four years...named a High School Catholic Retreat Team Leader her senior year.

Personal: Name is Kerianne Elizabeth McAfee...was born April 22, 1990, in Houston, Texas...daughter of Michael McAfee and Kim McAfee...has one brother, PJ, 16, and one sister, Kathleen, 21

Carolina Swimming and Diving

The 2008-09 Tar Heels/Jenna Moore, Laura Moriarty & Marie Pesacreata

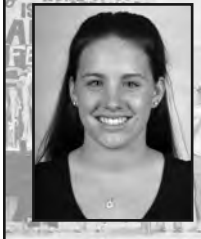
McAfee's Motivations
Academic Major at Carolina: Communications/Public Relations
Career Plans: Something in the fashion industry
Hobbies: Snowboarding, reading, surfing, design, waterskiing, shopping
Athlete You Most Admire: Terra Wilson
Biggest Sports Thrill: Competing in the Olympic Trials
People Who Have Had The Greatest Influence On Your Athletic Career: My parents and my former coach Dave Gibson
Favorite Book: Twilight Series by Stephenie Meyer
Favorite Magazines: Vogue, Cosmo
Favorite Food: Anything from Panera
Favorite Movie: My Best Friend's Wedding
Favorite TV Show: Grey's Anatomy
Favorite Website to Visit: Facebook
City I've Never Been To But Want To Visit: Paris, France
Entertainment Figure I'd Most Like To Have Dinner With: Orlando Bloom



Jenna MOORE
Freshman, 5-8
Diving
Matthews, N.C.

General: A talented in-state addition to Kevin Lawrence's group of divers...named a diving All-America two times during high school...a high school Academic All-America.
Prep: Graduated from Providence High School...member of the swimming & diving team for three years...dove for the Carolina Diving Academy Club Team for three years...named to the Providence High School Swimming & Diving Leadership Team...captain of her high school diving team...three-time Diver of the Year at Providence High School...two-time Southwestern 4A Diver of the Year...honored as a Diving All-America...qualified twice for the AAU Nationals...USA Diving Spring 2008 Junior National Qualifier and Senior National Qualifier...member of the Harris YMCA Gymnastics Team from 1997 to 2002...competed for the International Gymnastics Academy from 2002 to 2005...named a Junior Marshall...earned Honor Roll status all four years...recipient of the Providence High School Academic Award...graduated in the top three percent of her class...named an Academic All-America.
Personal: Name is Jenna Leigh Moore...daughter of Marty and Donna Moore...was born November 14, 1989, in Greensboro, N.C... has two sisters, Madison, 14, and Lacey, 14.

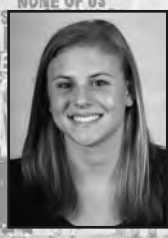
Mostly About Moore
Academic Major at Carolina: Undecided (Most likely Journalism)
Career Plans: I hope to eventually work for a major magazine as a layout editor or pursue some type of graphic design
Hobbies: Reading, art and writing poetry
Athlete You Most Admire: Jennifer Peterson
Biggest Sports Thrill: Finally accomplishing something that has been an obstacle to you
Person Who Has Had the Greatest Influence on Your Athletic Career: Ted Hautau
Favorite Book: The Five People You Meet in Heaven by Mitch Albom
Favorite Magazine: Seventeen
Favorite Food: Steak and mashed potatoes
Favorite Movie: Step Up
Favorite TV Show: One Tree Hill
Favorite Website to Visit: Facebook
City I've Never Been to but Want to Visit: Los Angeles
Entertainment Figure I'd Most Like to Have Dinner With: Author Karen Kingsbury



Laura MORIARTY
Freshman, 5-4
Fly, Breast, IM
Methuen, Mass.

Career Best Times: 1:02.88 in the 100-yard breaststroke; 2:15.42 in the 200-yard breaststroke; 56.72 in the 100-yard butterfly; 2:00.67 in the 200-yard butterfly; 2:03.08 in the 200-yard individual medley; 4:18.29 in the 400-yard individual medley.
General: A highly-touted recruit who will make an immediate impact in the breaststroke, butterfly and individual medley...ranks first on Carolina's preseason depth chart in the 400-yard IM with a time of 4:18.29...ranked No. 2 on the same chart in the 200-yard butterfly.
Long Course Highlights: Qualified for the U.S. Olympic Trials in the 100-meter breast, 200-meter breast, 200-meter IM and 400-meter IM.
Prep: Graduated from Methuen High School...participated in varsity swimming all four years of high school as well as club swimming...specialized in the 100 butterfly and breaststroke and the 200 IM for her high school team...for her club team she specialized in butterfly, breaststroke and IM events...named team captain her senior year...three-time state champion in the 100 breaststroke...three-time runnerup in the 100 butterfly...holds the state record in the 200 IM and 100 breaststroke...honored with the Boston Globe, Boston Herald and Eagle-Tribune All-Scholastic Award three times...named MVP three times...earned Scholastic All-America Award two years...National Honor Society member.
Personal: Name is Laura Marie Moriarty...daughter of James and Carla Moriarty...was born on March 18, 1990 in Boston, Mass. ...has one brother, James, 19.

More on Moriarty
Academic Major at Carolina: Nursing
Career Plans: Undetermined
Hobbies: Camping, hanging with friends & family, music
Athlete I Most Admire: My brother
Biggest Sports Thrill: Swimming at U.S. Olympic Trials
People Who Have Had the Greatest Influence on My Athletic Career: My parents
Favorite Book: Tuesdays with Morrie by Mitch Albom
Favorite Magazine: Cosmo
Favorite Food: Lasagna
Favorite Movie: Anchorman
Favorite TV Show: Seinfeld
Favorite Website to Visit: Facebook
City I've Never Been to but want to Visit: Paris, France
Entertainment Figure I'd Most Like to Have Dinner With: Will Ferrell



Marie PESACRETA
Freshman, 5-6
Individual
Breaststroke
Chapel Hill, N.C.

Career Best Times: 2:05.08 in the 200-yard individual medley; 4:23.58 in the 400-yard individual medley; 1:05.18 in the 100-yard breaststroke; 2:21.90 in the 200-yard breaststroke; 2:05.29 in the 200-yard backstroke.

General: A local talent who specializes in the individual medley.
Prep: Graduated from Chapel Hill High School in June 2008...swam all four years of high school, specializing in the 100 breaststroke and 200 IM...swam for her club team since she was five...named an All-America and Academic All-America...member of the Chapel Hill High school state title team...captain of her high school team...honored as the 2008 PAC-6 Conference Swimmer of the Year...captain of her club team...named a North Carolina Swimming All Star.
Personal: Name is Marie Brooke Pesacreata...daughter of George and Geraldine Pesacreata...was born September 28, 1990, in Durham, N.C.

Passing Time with Pesacreata
Academic Major at Carolina: Undecided
Career Plans: Undecided
Hobbies: Cooking
Person Who Has Had the Greatest Influence on My Athletic Career: Eric Steidinger
Favorite Book: The Harry Potter series by J.K. Rowling
Favorite Magazine: People
Favorite Food: Funfetti Cake
Favorite Movie: The Breakfast Club
Favorite TV Show: Grey's Anatomy
Favorite Website to Visit: Facebook
City I've Never Been to but want to Visit: Paris, France
Entertainment Figure I'd Most Like to Have Dinner With: Dave Matthews



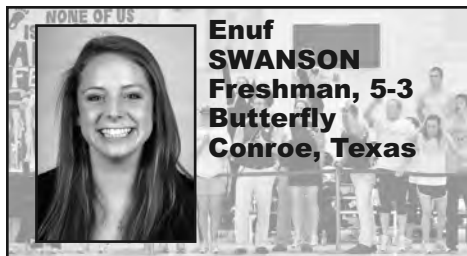
Laura Ruscoe
Freshman, 5-7
Butterfly,
Individual
Medley
Asheville, N.C.

General: An in-state talent who swims the butterfly and individual medley.

Prep: Graduated from A.C. Reynolds High School in Asheville, N.C. on June 6, 2008...a four-year varsity swimming letterman in the butterfly and individual medley...had an outstanding high school academic career...graduated fifth in her high school class...was co-editor of her high school newspaper...finished sixth at the YMCA Nationals in the 200 fly...2006-08 Swimmer of the Year in the 4-A Western Conference.

Personal: Full name is Laura Bess Roscoe...daughter of Mark and Jackie Ruscoe...born November 5, 1989 in Asheville, N.C. ...has one brother, Taylor, 16.

Laura's List Of Favorites
Academic Major at Carolina: Undeclared
Career Plans: Undecided
Hobbies: Hiking, backpacking, snowboarding
Athlete I Most Admire: Lance Armstrong
Biggest Sports Thrill: YMCA Nationals
Person Who Has Had the Greatest Influence on My Athletic Career: My club coach, Chris Snyder
Favorite Books: The Harry Potter series by J.K. Rowling; The Kite Runner by Khaled Hosseini
Favorite Magazine: Vogue
Favorite Kind of Food: Italian
Favorite Movie: Mean Girls
Favorite TV Shows: Scrubs, The Office
Favorite Website to Visit: Facebook
City I've Never Been to but want to Visit: Madrid, Spain
Entertainment Figure I'd Most Like to Have Dinner With: Ashton Kutcher



Enuf SWANSON
Freshman, 5-3
Butterfly
Conroe, Texas

Career Best Times: 55.91 in the 100-yard butterfly; 1:58.86 in the 200-yard butterfly; 2:05.98 in the 200-yard individual medley; 4:25.46 in the 400-yard individual medley.

General: An outstanding freshman butterflyer...will provide much needed depth and talent in the butterfly events...stands at the top of UNC's preseason depth chart in the 200-yard butterfly at 1:58.86...also ranked No. 2 in the 100-yard butterfly on the Tar Heel depth chart.

Long Course Highlights: Qualified for the U.S. Olympic Trials in the 200-meter fly.

Prep: Graduated from Conroe High School in May 2008...swam three years for her high school's varsity team where she specialized in the 100 fly and 200 IM...member of the water polo team her senior year...swam four years for the Woodlands Swim Team where she specialized in the 200 fly and 400 IM...captain of her high school team...two-time state finalist in the 100 fly, finishing fifth and seventh in those championship meets...named team MVP in 2006 and 2007...qualified for the Olympic Trials in the 200 fly...Spring National qualifier in the 100 fly and 400 IM...named to the Zones Team and All Star Team in 2004...National Honor Society inductee...member of Mu Alpha Theta...graduated Summa Cum Laude

Personal: Name is Eriel Enuf Swanson...nicknamed "Nuffy"...daughter of John and Linda Swanson...was born June 28, 1990, in Melbourne, Fla...has four sisters, Alice, 32, Bryce, 28, Crystyl, 26 and D'Andra, 23.

Swanson's Song
Academic Major at Carolina: Electronic Communications
Career Plans: To be a successful newscaster
Hobbies: Jumping on any available trampoline, shopping and sleeping
Athlete I Most Admire: Janet Evans
Biggest Sports Thrill: All that hard work paying off
People Who Have Had the Greatest Influence on My Athletic Career: It's not really one individual person; it's more the support and encouragement from my family
Favorite Book: 90 Minutes in Heaven by Don Piper
Favorite Magazine: People
Favorite Food: Chocolate chip cookies
Favorite Movie: Wedding Crashers
Favorite TV Show: One Tree Hill, Gossip Girl
Favorite Website to Visit: Facebook
City I've Never Been to but want to Visit: Honolulu, Hawaii
Entertainment Figure I'd Most Like to Have Dinner With: Reese Witherspoon



Sarah TANNER
Freshman, 5-6
IM, Sprint Free,
Fly
Loveland, Ohio

Career Best Times: 23.88 in the 50-yard freestyle; 52.06 in the 100-yard freestyle; 57.38 in the 100-yard backstroke; 2:03.15 in the 200-yard backstroke; 55.26 in the 100-yard butterfly; 2:01.83 in the 200-yard individual medley; 4:27.86 in the 400-yard individual medley.

General: A stellar butterfly and individual medley specialist...will make an immediate impact in both events...ranks at the top spot in the team's preseason depth chart in the 100-yard butterfly at 55.26...also ranks No. 3 on the same chart in the 200-yard individual medley.

Long Course Highlights: Qualified for the U.S. Olympic Trials in the 200-meter IM.

Prep: Graduated from Ursuline Academy in Blue Ash, Ohio, in June 2008...swam for her high school's varsity team all four years specializing in the 50 free, 100 fly, 100 back and 200 IM...named an All-America 15 times during high school...named a Girls Greater Cincinnati League First-Team All-Star all four years of high school...six-time Ohio State High School Swimming State Champion...two-time 200 IM State Champion...honored as the GGCL Swimmer of the Year two straight years...named the 2008 GGCL Scholar Athlete of the Year...finalist for the LaRosa's MVP in 2008...captain of her high school swim team her senior year...member of the Cincinnati Enquirer's All-City Team from 2005 to 2008...received first honors all four years of high school...winner of the 2008 Ursuline Academy Centennial Spirit Award...co-president of her senior class

Personal: Name is Sarah Elizabeth Tanner...daughter of Tom and Marty Tanner...was born October 19, 1989, in Seattle, Wash. ...has two brothers, Scott, 24, and Drew, 15.

The Tales of Tanner
Academic Major at Carolina: Advertising or Psychology
Career Plans: Be successful and happy with my job, hopefully designing advertisements
Hobbies: Running, biking, friends, Frisbee
Athlete I Most Admire: Whitney Myers
Biggest Sports Thrill: Competing in the 2008 Olympic Trials
People Who Have Had the Greatest Influence on My Athletic Career: My parents and brother Scott
Favorite Book: Catcher in the Rye by J.D. Salinger
Favorite Food: Chipotle
Favorite Movie: The Breakfast Club
Favorite TV Show: Reno 911
Favorite Website to Visit: Facebook
City I've Never Been to but want to Visit: Sydney, Australia
Entertainment Figure I'd Most Like to Have Dinner With: The Red Hot Chili Peppers



Dick Baddour

• *Director of Athletics*

Dick Baddour, a 1966 graduate of the University of North Carolina, was named Director of Athletics on June 25, 1997. In his 11 years as director, the UNC Department of Athletics has undergone a number of changes, yet remains one of the premier programs in the Atlantic Coast Conference

and in the nation.

The Goldsboro, N.C., native heads a program that with 28 varsity sports is among the largest in the nation. Carolina prides itself on a strong overall athletic program and finished 14th in the 2007-08 U.S. Sports Academy Directors' Cup, a measure of NCAA postseason success. The Tar Heels, inaugural winners of the Cup in 1994, have finished among the top 10 teams 12 times in the competition's 15 years. During Baddour's tenure, UNC has claimed 58 ACC Championships, more than any other school over that span.

Baddour is in his 42nd year of continuous service to the university. He graduated from UNC in 1966 and was appointed Assistant Dean of Men in 1967. He served as Assistant Dean of Admissions and Assistant Dean of the UNC School of Law and also earned a Master of Arts degree in education prior to joining the athletic department in 1986.

In 2001, he received the Distinguished Service Medal from the UNC General Alumni Association.

Active in Chapel Hill community affairs, he is a past president of the Public School Foundation and has served on the Parks and Recreation Commission. He and his wife, Lynda, have two sons, Allen and David, and a daughter, Jennifer, as well as six grandchildren: Henry, Jack, Lauren, Johnathan, William, Julia.

Dr. Beth Miller

• *Sr. Associate Director of Athletics*

Beth Miller is in her 24th year supervising North Carolina's highly-successful 26-team Olympic Sports program and serves as UNC's Senior Woman Administrator. Miller is a 1968 alumna of Appalachian State University with a B.S. degree in health and physical education. She has a



master's from ASU and earned a Doctor of Arts degree in physical education at Middle Tennessee State in 1974.

From 1969-72, Miller served as the head volleyball and basketball coach at Appalachian State. She became head volleyball coach at UNC in 1975 and led the Tar Heels to four consecutive ACC titles from 1980-83 and five postseason tournament appearances. She also coached softball at Carolina from 1978-79.

In 1979, Miller was named Athletic Business Manager. She retired from coaching volleyball after 1983, but continued to handle all financial affairs for the department through 1987. She has overseen UNC's Olympic Sports program since 1985.

Miller serves on the NCAA Committee on Women's Athletics, as well as a number of Atlantic Coast Conference committees, including those for women's basketball, women's golf and volleyball. She also is a member of UNC's Housing Advisory Board. Miller is a native of Landis, N.C.



Department of Athletics Mission Statement

The Department of Athletics has offered high quality athletic programs for many years. Through a dedicated commitment to educational interests, competitive athletic programs, and integrity in all areas, the student-athletes, coaches and staff strive to bring credit and recognition to the University.

The mission of the Department is to sponsor a broad-based athletic program that provides educational and athletic opportunities for young men and women to grow and develop, and to serve the interests of the University by complementing and enhancing its diversity and quality of life. Coaches, as educators, are foundational to this process. In keeping with the University's efforts to offer programs of regional and national acclaim, the Department's athletic programs strive for competitive excellence within the Atlantic Coast Conference or other similar institutions. Through its athletic programs, the University seeks to unite students, faculty, staff and alumni in a common and shared experience. The Department seeks to contribute to the diversity of the University by offering opportunities for enhanced racial/ethnic, cultural and geographic representation.

To fulfill this mission, the Department, with the approval of the Board of Trust, has developed principles of operation to provide guidance and direction to its personnel. This Mission Statement and accompanying principles require strong dedication and commitment from all who participate in, coach in and support the Department of Athletics.

UNC Athletics Administration

| | |
|---|------------------|
| Chancellor | Dr. Holden Thorp |
| Faculty Representative | Dr. Jack Evans |
| Director of Athletics | Dick Baddour |
| Senior Associate Athletic Director | Larry Gallo |
| Senior Associate A.D. (Olympic Sports) | Dr. Beth Miller |
| Senior Associate A.D. (Facilities) | Willie Scroggs |
| Senior Associate A.D. (Business and Finance) | Martina Ballen |
| Senior Associate A.D. (Student-Athlete Services) | John Blanchard |
| Associate A.D. (Tickets, Dean E. Smith Center) | Clint Gwaltney |
| Associate A.D. (Football Administration) | Corey Holliday |
| Associate A.D. (Communications) | Steve Kirschner |
| Associate A.D. (Marketing & Promotions) | Rick Steinbacher |
| Rams Club President | John Montgomery |
| Director of the Academic Support Program | Robert Mercer |
| Director of Sports Medicine | Dr. Tim Taft |
| Associate Director of Sports Medicine | Dr. Dan Hooker |
| Assistant A.D. (Marketing & Promotion) | Michael Beale |
| Assistant A.D. (Facility Planning & Management) | Mike Bunting |
| Assistant A.D. (Strength & Conditioning) | Jeff Connors |
| Assistant A.D. (Football, Olympic Sports Operations) | Ellen Culler |
| Assistant A.D. (Compliance) | Amy Herman |
| Assistant A.D. (Certification & Eligibility) | Susan Maloy |
| Director of Strength and Conditioning, Olympic Sports | Greg Gatz |

Athletic Department Switchboards

| | |
|-------------------------------|----------------|
| Ernie Williamson Center | (919) 962-6000 |
| Carmichael Auditorium | (919) 962-5411 |

Mailing Address:

P.O. Box 2126
Chapel Hill, NC 27515

Overnight Address:

Ernie Williamson Center
Skipper Bowles Drive
Chapel Hill, NC 27514

Web Address:

www.TarHeelBlue.com

Carolina Swimming & Diving Support Staff



Kathy Griggs
Administrative Assistant



Wayne Walden
Academic Advisor



Chris Hirth
Head Athletic Trainer



Lizzy Hibberd
Graduate Asst. Athletic Trainer



Will Bondurant
Men's Team Manager



Laura Murphy
Women's Team Manager



Mary Lanier
Zaytoun, Wom. Team Mgr.



Angie Bitting
Smith Center Complex Dir.



Carolina fans at Koury Natatorium have provided their support of the swimmers and divers wearing Carolina Blue at Nike Cup and ACC meets held in Chapel Hill in large and boisterous numbers.



While winning the 2007 ACC championship, Carolina's first in five years, the Tar Heels blew the meet open with the sweep of medal stand spots in the 1650-yard freestyle by Lindsay McIlvain, Whitney Sprague and Nicole O'Donnell.



UNC athletic director John Swofford was thrilled to award team captains John Davis and Marc Ferguson with the 1991 ACC championship trophy, Carolina's third league crown between '88 & '91.



Carolina's sweep of the 200-yard freestyle at the 2003 ACC Men's Championships was an incredible feat. Left to right, Michael Pigasou, Yuri Suguiyama (ACC champion) and Justin Donato, accounted for the 1-2-3 Tar Heel finish.



2000 semifinalists and finalists at the United States Olympic Swimming Trials included five Tar Heels (clockwise) — Erika Acuff, Summer Mack, Sean Quinn, Katie Hathaway and Molly Freedman.



Great Moments in Carolina History



Thompson Mann led the United States to a gold medal in the 4x100 medley relay at the 1964 Olympic Games in Tokyo. Mann went 59.8 on the opening leg, marking the first time in history a swimmer went under one minute in the 100-meter backstroke.



Carolina's victorious 800-yard freestyle relay team at the 1993 ACC Championships included Jenny Huber, Kari Haag, Shannon Allison and Sarah Perroni.



The greatest swimmer in ACC history, Sue Walsh won 10 individual national championships in backstroke events from 1981 to 1984. She was the American record holder in the 50-meter backstroke, 100-meter backstroke and 100-yard backstroke.



Carolina women's swimmers and divers celebrate UNC's 16th ACC championship in the sport in 2007 with the usual celebratory swim in the pool. Thirty-year head coach Frank Comfort, who retired after the 2007 season, can be seen at the top of the picture.



Carolina had a total of 22 men's and women's swimmers compete in the 2000 U.S. Olympic Trials.



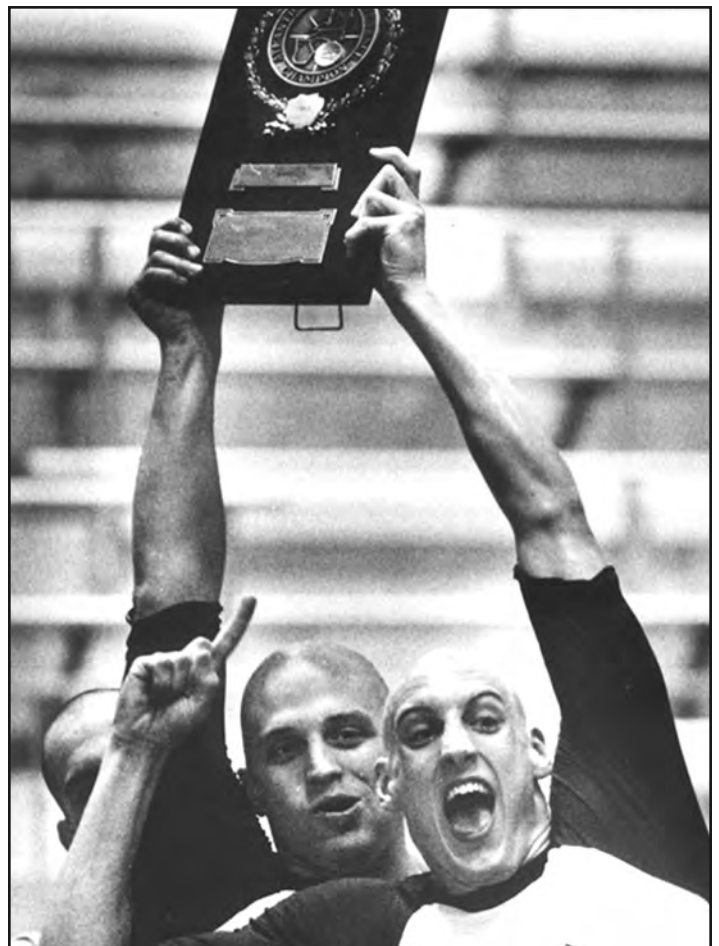
In 1957, Charlie Krepp swept the 100- and 200-yard backstroke events at the NCAA Championships. The '57 NCAA's were held at Bowman Gray Pool in Chapel Hill.



North Carolina has won 17 ACC men's championships and 16 ACC women's championships in history. Here, the 1993 teams celebrate in tandem after the combined championship meet at Koury Natatorium.



The 1997 Tar Heels celebrate their league championship at Koury Natatorium. It was the fifth of six straight ACC championships the Tar Heel men won from 1993-98.



In 1983, Carolina won its first ACC men's championship in 19 years at the Duke Aquatics Center in Durham, N.C. Captains Mark Welker and Tim Sutton are seen here with the championship hardware.



National champion swimmers Amy Pless, Sue Walsh and Cami Berizzi join head coach Frank Comfort at the ACC Top 50 celebration in 2002.

Carolina Swimming and Diving

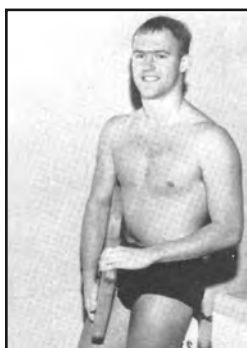
WELCOME TO THE KOURY NATATORIUM



The History 1939-2008



Norm Sper is one of only two four-time first-team All-Americans in school history.



Cecil Milton won the Patterson Medal in 1952 as UNC's best senior athlete.



Charlie Krepp won the NCAA titles in the 100 and 200 backstrokes in 1957.



Bill Zickgraf earned All-America honors in 1957 and 1958.

The University of North Carolina's proud swimming and diving heritage predates America's entry into World War II. On January 23, 1939, Tar Heel swimmers and divers participated in the school's first varsity intercollegiate swimming meet against the University of Virginia at historic Bowman Gray Pool on the UNC campus.

Since 1939, Carolina's men's teams have posted a cumulative dual-meet record of 529-182-1, a winning percentage of .744. Carolina teams have captured 14 Southern Conference team championships and 17 Atlantic Coast Conference team titles, while posting a 60-3 (.952) Southern Conference dual-meet mark and a 248-61-1 (.802) record in ACC dual meets. On 37 occasions, UNC men's teams have finished amongst the Top 30 teams at the NCAA Championships. Carolina swimmers have also won four individual NCAA championships in the history of the program.

Although Carolina had women's swimming teams in the early 1970s competing in Association for Intercollegiate Athletics for Women (AIAW) competitions as part of the UNC physical education department, the women's swimming and diving program was not elevated to varsity status and taken under the aegis of the intercollegiate athletic program until the 1974-75 school year. In 34 years, Carolina teams have compiled a 284-58-1 dual-meet record, a winning percentage of .829. Carolina has won 16 ACC championships and never finished lower than third in the league championships, taking first place on 15 occasions, second place on 12 occasions and third place twice.

UNC's record in ACC dual meets is a gaudy 134-20, a winning percentage of .870. Twenty-nine of UNC's 33 women's teams have finished the season ranked in the national Top 30, including 13 straight years from 1976-88 and 10 straight years from 1995 through 2004. The only times Carolina has missed finishing in the Top 30 were in 1975, 1989, 2005, 2006 and 2008. UNC women's swimmers have also won 15 individual national collegiate championships and produced one national championship relay team.

Roots of the Program Under Dick Jamerson

While these records demonstrate decades of excellence, one of the program's most important years was 1938. That year marked the completion of historic Bowman Gray Pool and the arrival of Carolina's first varsity coach. Without those events the Tar Heel swimming program would not exist as we know it today.

The pool was completed on March 25, 1938, but the first meet was not held until

almost a year later. The pool was a gift to the University from Mrs. Bowman Gray, Sr., in the memory of her two sons, Bowman Gray, Jr., and Gordon Gray.

Bowman Gray Pool served as home to the Carolina swimming and diving program from 1938 until the fall of 1986 when the Tar Heels moved into their current home, the Maurice J. Koury Natatorium, which is part of the Dean E. Smith Center complex on the UNC campus.

Richard E. Jamerson came to UNC in 1938 from Oberlin College in Ohio to take over the helm as head coach of the fledgling Tar Heel team. Dr. Jamerson, one of the top coaches in 1930s collegiate swimming, served as head coach of the Tar Heel program for 11 years. Five of his squads went undefeated and 10 of his teams won Southern Conference championships.

The annual awards given to Carolina's most valuable, most outstanding and most improved swimmers bear Jamerson's name, as does the timing system at the Maurice J. Koury Natatorium.

Ralph Casey Continues the Tradition

Jamerson turned over the coaching reins to his long-time assistant coach, Ralph Casey, on a full-time basis in 1952. Casey had served as interim head coach in 1949 and as co-head coach with his brother, Willis Casey, in 1946. Willis Casey also coached the 1945 Tar Heel team by himself in Jamerson's absence.

Ralph Casey guided the Tar Heels to additional championships during his tenure from 1949 to 1957. Two of Casey's teams won Southern Conference titles and another two teams won Atlantic Coast Conference crowns after UNC became a charter member of the new league in 1953-54. Under his direction, the 1955 squad finished fifth in the nation, the 1953 team tied for fifth nationally, the 1957 squad was sixth at the NCAA Championships and the 1949 team took ninth place.

In both 1949 and 1957, the bookends of Casey's tenure, UNC hosted the NCAA Division I Men's Swimming and Diving



Bill Roth was a first-team All-America in the 50 free in 1957 and 1958.



Mike Bissell and Thompson Mann captained the 1962-63 Tar Heel team.



Maxine Forrest was the first coach of the UNC women's team in 1974-75.



Rich DeSelm was a UNC assistant from 1978-93.

Patterson Medal Winners Outstanding Senior Student-Athlete at UNC

| Name | Year |
|------------------|------|
| Denny Hammond | 1944 |
| Jimmy Thomas | 1951 |
| Cecil Milton | 1952 |
| Harrison Merrill | 1965 |
| Bonny Brown | 1980 |
| Sue Walsh | 1984 |
| Katie Hathaway | 2002 |



Laurie Potter was a three-time All-America for the women's team from 1976-78.

Championships at Bowman Gray Pool. The 1949 championships marked the first time a national championship event in any sport on the collegiate level had been held in the South. However, a visit to Bowman Gray Pool today would lead one to believe that it would have been difficult to host an NCAA Championship in that tiny facility. Somehow UNC pulled it off.

Pat Earey took over as UNC's head coach in 1958 and continued the remarkable swimming success in Chapel Hill. His teams won a sterling percentage of .711 of their dual meets, and they captured five ACC championships before he retired in 1974.

Women's Swimming & Diving Added to Program

With the addition of women's swimming and diving as a varsity sport in 1974-75, the program had split head coaches for the only time in its history as Paul Doty, who was then Carolina's head men's lacrosse coach, coached the men for one season and Maxine Forrest coached the women the same season.

Jim Wood was then brought in to coach both teams in 1976 and 1977 and, after a successful two-year coaching run, he returned to club coaching in New Jersey.

The program's next head coach, Frank Comfort, was hired away from NCAA Division III power Johns Hopkins University, in Baltimore, Md., to take command of both the men's and women's teams during the summer of 1977. Comfort arrived in Chapel Hill after having just led the Blue Jays' men's squad to an NCAA Division III championship in 1977 after attaining runner-up finishes in both 1975 and 1976.

Comfort helped continue and improve upon Carolina's swimming success. His men's teams won over 71 percent of their dual meets and the women's teams captured over 83 percent of their dual meets under his tutelage. His 1983 men's squad captured the school's first ACC title in the sport in 19 years and the 1988 and 1989 teams won back-to-back league crowns for

the first time since 1963 and 1964. With six titles in a row, the 1993, 1994, 1995, 1996, 1997 and 1998 men's teams became the first UNC teams since 1956-59 to capture as many as four ACC crowns in a row. The men also made decided progress on the national level. The 1993 team finished 14th, the best Tar Heel national finish since 1967, and the 1996 team had an outstanding 15th-place standing in the championships.

The women finished in the Top 25 in the nation in 25 of the 30 seasons of Comfort's tenure and Carolina won 16 of the 29 ACC championships under Comfort's tutelage since that meet's inception in 1979 until his retirement after the 2007 season. On 11 of the other 13 occasions, the Tar Heels were conference runners-up, an amazing string of consistency.

Comfort's swimmers also did extremely well in the classroom. His final year was the 20th school year in a row that Carolina's swimming and diving contingent placed at least 21 members on the ACC Academic Honor Roll as 41 were named to the academic list in 2006-07. Beginning with the 1987-88 school year and continuing through end of Comfort's tenure, UNC swimming placed 21, 21, 22, 23, 24, 23, 24, 25, 25, 27, 33, 30, 38, 43, 37, 35, 23, 34, 33 and 41 individuals on the ACC Honor Roll. That is a consistent record of academic excellence in which the program can truly take pride. The Tar Heels continued their academic prowess in Coach Rich DeSelm's first year as head coach in 2007-08 as 34 individuals were tapped for the ACC Academic Honor Roll.

At the end of the 2006-07 school year Comfort retired from coaching after 30 years at Carolina and nine years at Johns Hopkins. No coach in history won more dual meets in their coaching career than Comfort did as he finished with 578 dual-meet wins.

Carolina's swimming success since the program's inception cannot be credited only to the outstanding coaches who have



Tim Shea won four individual ACC championships from 1985-87.



Dave Hansen won back-to-back ACC titles in the 200 free in 1981 & 1982.



Susan O'Brien was an individual first-team All-America eight times from 1985-88.



Roger Vredevelde was the ACC champion in the 200 IM in 1980.



Tony Monasterio was on four ACC champion relays from 1987-90.



The Tar Heels cheer on their teammates in the early 1980s.

| Carolina's Olympians | | | |
|--------------------------------------|---------------|------|-------------|
| Name | Country | Year | Site |
| Stan Tinkham (Women's Head Coach) | United States | 1956 | Melbourne |
| Thompson Mann | United States | 1964 | Tokyo |
| Phil Riker | United States | 1964 | Tokyo |
| Ann Marshall | United States | 1972 | Munich |
| Janis Hape | United States | 1976 | Montreal |
| Wendy Weinberg | United States | 1976 | Montreal |
| Sue Walsh | United States | 1980 | Moscow |
| Chris Stevenson | Greece | 1984 | Los Angeles |
| Yann deFabrique | France | 1992 | Barcelona |
| David Monasterio | Puerto Rico | 1992 | Barcelona |
| Yann deFabrique | France | 1996 | Atlanta |
| Yi-Khy Saw | Malaysia | 2004 | Athens |



John Davis and Marc Ferguson with the 1991 ACC trophy.

Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM



The History 1939-2008



Heather Nottingham won three individual ACC breaststroke titles from 1988-91.

directed Carolina swimming fortunes. The program has also been distinguished by a long string of outstanding swimmers and divers.

A Who's Who of Great Talent

Seven Tar Heel swimmers have been honored as recipients of the Patterson Medal as the school's outstanding senior athlete student-athlete, an amazing number for the sport given Carolina's rich athletic heritage in so many other sports, particularly men's basketball. Among those seven are three outstanding women who have won the school's highest athletic award, including the first woman to ever win the award.

Jamerson's early teams were full of stars. They included Denny Hammond of Atlanta, Ga., who in 1942 established a national intercollegiate backstroke record; George Whitner of Jacksonville, Fla., who established a national freshman breaststroke mark in 1942; and Buddy Crone of Goldsboro, N.C., who was the head varsity cheerleader at Carolina and the winner of the national junior Amateur Athletic Union (AAU) diving title.

Several Tar Heels in the early era won the Southern Conference's Most Valuable Swimmer recognition, including Fleming Stone in 1940, Denny Hammond in 1943, Dick Twining in 1948, Jimmy Thomas in 1949, 1950 and 1951 and Donnie Evans, who was the co-winner with Thomas in 1951.

Another one of the outstanding student-athletes in early Carolina swimming and diving history was Norm Sper (1947-50),

who both swam on the team and was an outstanding diver, while also serving as Carolina's head cheerleader during the Charlie Justice football era on campus. He is one of only two men in the program's illustrious history to be named a first-team All-America during each of his four years in school, the other being Eric Ericson (1981-84). In 1949, Sper won the National AAU men's platform diving championship in Los Angeles, Calif.

Sper's tremendous diving feat was equaled in 1950 by one of the greatest of all Carolina athletes, Sara Wakefield. A native of Charlotte, N.C., who grew up in Palm Beach, Fla., Wakefield, then 22, won the 1950 women's one-meter AAU national diving championship in her hometown with a score of 133.90 points. The win came during Wakefield's senior year at Carolina. Don Draper served as Wakefield's diving coach at UNC. Wakefield, while at Carolina, also won the Southeastern AAU championship in 1950 at Atlanta, and the Florida state meet and national junior championships in 1949.

The Greatest Swimmer In Southern History

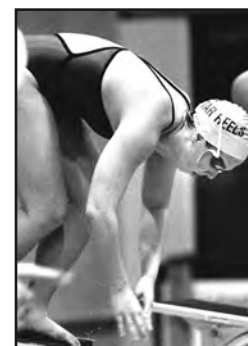
Jimmy Thomas, the Patterson Medal recipient in 1951, was an amazingly versatile swimmer who won two AAU national individual medley championships and one AAU national backstroke crown during his career. He established 10 American records, four NCAA standards and seven Southern Conference marks while a swimmer at UNC. In 1950, Thomas, considered by many to be the top swimmer in South-



James Hamrick and Sean Gowrie finished 1 & 3 in the 1650 free at the 1992 ACCs.



John Davis' 11 ACC individual championships are the most in league history.



Susan Leupold won three individual ACC butterfly championships.



The 1991 Tar Heels won their third ACC championship in four years.



Carolina celebrates its second straight women's ACC title in 1992.



Rich DeSelm congratulates David Monasterio & Yann deFabrique.



1992 Olympians Yann deFabrique and David Monasterio

| Carolina's Collegiate National Champions | | | |
|--|----------------------------|------|---------|
| Name | Event | Year | Time |
| Phil Drake | 200-Yard Butterfly | 1955 | 2:13.70 |
| Charlie Krepp | 100-Yard Backstroke | 1957 | 58.10 |
| | 200-Yard Backstroke | 1957 | 2:07.80 |
| Phil Riker | 100-Yard Butterfly | 1966 | 51.19 |
| Ann Marshall | 200-Yard Freestyle | 1976 | |
| | 200-Yard Backstroke | 1976 | |
| Bonny Brown | 100-Yard Individual Medley | 1977 | |
| Sue Walsh | 200-Yard Medley Relay | 1981 | 1:42.63 |
| Amy Pless | | | |
| Cami Berizzi | | | |
| Barb Harris | | | |
| Sue Walsh | 50-Yard Backstroke | 1981 | 25.97 |
| | 100-Yard Backstroke | 1981 | 55.60 |
| Barb Harris | 50-Yard Butterfly | 1982 | 24.82 |
| Sue Walsh | 50-Yard Backstroke | 1982 | 25.64 |
| | 100-Yard Backstroke | 1982 | 54.81 |
| | 200-Yard Backstroke | 1982 | 1:59.47 |
| Sue Walsh | 50-Yard Backstroke | 1983 | 25.85 |
| | 100-Yard Backstroke | 1983 | 55.62 |
| | 200-Yard Backstroke | 1983 | 1:59.05 |
| Sue Walsh | 100-Yard Backstroke | 1984 | 55.32 |
| | 200-Yard Backstroke | 1984 | 1:59.84 |
| Jessi Perruquet | 200-Yard Freestyle | 2003 | 1:45.01 |



Mark Sedlak was the top freestyle sprinter on three ACC championship teams.



Kari Haag was the 1995 & 1996 ACC Women's Swimmer of the Year.



Carrie Szulc won a quintet of individual ACC titles from 1992-95 in IM events.



Joe Craft was the 1994 ACC Most Valuable Diver.

ern history, became the first swimmer in NCAA annals to be named an All-America in four different individual events in the same year. He completed his career having never lost in conference competition in the 220- and 440-yard freestyle events. At the 1949 NCAA Championships in Bowman Gray Pool, Thomas was the meet's high scorer, with his best finish being second place in the 150-yard backstroke.

Buddy Baarcke, who was a contemporary of Thomas at Carolina, set a world record in the 100-yard butterfly in 1954. He was the first swimmer in history to go under one minute in the 100-yard distance of three different strokes — the butterfly, the backstroke and the freestyle — and he won gold and bronze medals at the 1955 Pan American Games in Mexico City, Mexico.

Other top men's swimmers have included 1955 NCAA 200-yard butterfly champion Phil Drake; Charlie Krepp, who won NCAA titles in the 100- and 200-yard backstrokes while swimming in the 1957 NCAA Championships at Carolina's own Bowman Gray Pool; Harrison Merrill, the 1965 Patterson Medal recipient who was a three-time All-America and the winner of seven individual ACC titles; and 1966 NCAA 100-yard butterfly titlist Phil Riker, who was also a member of the 1964 U.S. Olympic Team where he placed fourth in the 200-meter butterfly.

Olympic Gold Medalist Thompson Mann

Arguably the finest men's swimmer in Carolina history was Thompson Mann. A three-year All-America, Mann was a 1964 Olympic Games gold medalist as the lead-off swimmer on the United States' victorious 4x100-meter medley relay squad. He set a world record at the Tokyo Olympic Games in the 100-meter backstroke during that race and was the first person to ever smash the one minute at that distance, clocking a time of 59.80 seconds.

Of more recent vintage, outstanding men's swimmers at Carolina have included Ken Ireland, a backstroker who was the Most Valuable Swimmer at the 1979 ACC Championships and a first-team All-America in both 1979 and 1980; Eric Ericson who, like Norm Sper, was a four-year first-team All-America, as well as the 1984 ACC Championships MVP and winner of seven ACC individual titles during his career; Chris Stevenson, a multi-faceted swimmer who competed in the 1984 Olympic Games for Greece and was the Most Valuable Swimmer at the 1986 ACC Championships; the incredibly gifted John Davis, who twice was the ACC Championships MVP and once the ACC Swimmer-of-the-Year, and who also set the ACC record for

career individual men's championships with 11; David Monasterio, who was the ACC Swimmer-of-the-Year in 1991, a two-year first-team All-America, a three-time medalist swimming for Puerto Rico in the 1991 Pan American Games in Havana, Cuba and a member of the 1992 Puerto Rican Olympic Team; James Hamrick, who was a first-team All-America both his junior and senior years, a Chapel Hill native and son of a former Carolina swimming team captain and ACC champion, Harvey Hamrick; and, Yann deFabrique, who swam for France in the 1992 and 1996 Olympics, placing as high as 14th in the 400-meter freestyle in 1992 in Barcelona. deFabrique went on to win three medals for the French squad in the 1993 World University Games in Buffalo, N.Y., and two medals for France at the 1995 World University Games in Fukuoka, Japan.

Two 1997 alumni, Steve Bonack and Jeff Weiss, also added their names to the list of great swimmers at Carolina. Both were All-America breaststrokers at UNC. Trevor Runberg, '98, was a gifted UNC swimmer for four years, being named ACC Co-Swimmer of the Year in 1996 and earning a spot on the U.S. World Championships Team in 1996. In 1999, the top senior swimmers included Tucker Shade, a three-time ACC champion in the 100-yard butterfly and a four-time All-America selection, and Ted Brisson, the former ACC record holder in the 100-yard backstroke and two-time Verizon Academic All-America selection.

More recently, Carolina has produced Sean Quinn, two-time ACC champion and three-time All-America in the 200-yard breaststroke, and Yuri Suguiyama, 2003 and 2004 All-America and back-to-back ACC champion in the 200-yard freestyle. Current Tar Heel standouts include Hank Browning, back-to-back ACC champion in the 200-yard freestyle in 2006 and 2007, as well as Chip Peterson, a world champion in open water swimming. In 2008, freshmen Joe Kinderwater and Tyler Harris merited All-America accolades after also winning ACC championships in the 1650-yard freestyle and 400-yard individual medley, respectively.

Talented Women Since the Inception

Obviously, there have also been many talented women's swimmers at Carolina. In 1976, Ann Marshall, the first female swimmer to receive an athletic scholarship at UNC, captured AIAW national championships in the 200-yard backstroke and 200-yard freestyle. Marshall, a 1972 Olympian as a 14-year-old prodigy, was followed to campus by Bonny Brown, who in 1980 became the first female recipient



Leslie Ramsey was named the 1994 ACC Women's Swimmer of the Year.



Scott Troy swept the breaststroke events at the 1996 ACC Championships.



Steve Bonack was a first-team All-America in both breaststrokes in 1996.



Eric Fehr was on four ACC championship teams.

Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM



The History 1939-2008



Chancellor Michael Hooker presents Tucker Shade with his 1996 MVP award.

of the Patterson Medal as UNC's outstanding senior student-athlete. Brown had been a gold medalist at the 1975 Pan American Games in Mexico City and, a year later, she established the American record in the 100-meter freestyle. In 1977, she won the AIAW national championship in the 100-yard individual medley, and later that summer she was a gold medalist at the World University Games.

Hot on the heels of Brown came the incomparable Sue Walsh. North Carolina's outstanding swimming figure of all-time, Walsh won 10 national collegiate individual championships and was on one AIAW national championship relay squad. She was named the Most Valuable Swimmer at the ACC Championships three times and was an American record holder in the 50- and 100-yard backstrokes and the 100-meter backstroke. Walsh won the Patterson Medal in 1984 and, in 1983, she was named the North Carolina Athlete-of-the-Year by the Greensboro News & Record.

Walsh was joined on the United States' 1982 World Swimming Championships and 1983 Pan American Games teams by Tar Heel teammate Polly Winde, an individual medleyist and breaststroker extraordinaire, who also had a standout Carolina career. Winde finished second in the 400-yard individual medley at the 1984 NAAs and is married to former Tar Heel baseball star B.J. Surhoff, a major league baseball standout for two decades, primarily with the Baltimore Orioles and Atlanta Braves. Winde has been inducted into the Maryland Swimming Hall of Fame, which also includes former UNC swimmer Wendy Weinberg, '80, and former Tar Heel head coach Frank Comfort.

Other outstanding swimmers of the 1980s included Barb Harris, the 1982 NCAA champion in the 50-yard butterfly, and Amy Pless and Cami Berizzi, who combined with Walsh and Harris to win the AIAW national championship in the 200-yard medley relay in 1981.

The ACC MVPs

Several Tar Heel women have been named the Most Valuable Swimmer at the ACC Championships, including Cindy Shirey in 1979, Gayle Hegel in 1980, Sue Walsh in 1981, 1983 and 1984, Susan O'Brien in 1985 and 1988, Melissa Douse in 1992, Kari Haag in 1995, Chrissy Miller in 1996 and 1998 and Richelle Fox in 1997.

Another top swimmer for Carolina was Melanie Buddemeyer, a two-time first-team All-America. Buddemeyer is one of only seven women's swimmers in ACC history to sweep an individual event all four years of her eligibility. Buddemeyer accomplished the feat in two events, winning

Atlantic Coast Conference titles in both the 100- and 200-yard butterflys in 1985, 1986, 1987 and 1989. Also duplicating the feat were Walsh in the 100- and 200-yard backstrokes (1981-84), Polly Winde in the 400-yard individual medley (1983-86) and most recently Christy Watkins in the 50-yard freestyle from 2000-03.

A complete list of the great Carolina swimmers would also include Sarah Perroni, who graduated from UNC in 1993. A three-time first-team All-America, Perroni finished fourth in the 50-yard freestyle at the 1993 NCAA Championships, won a pair of medals at the 1993 World University Games and participated on the American Team at the 1993 Pan Pacific Championships in Kobe, Japan. She also swam in the Short Course World Championships in December 1993 in Mallorca, Spain and was a member of the U.S. Swimming Resident National Team training in Colorado Springs, Colo., for two years.

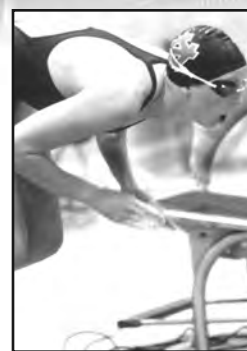
Another great Tar Heel sprinter was Jessi Peruquet who swam at Carolina from 2001-04. Perruquet was the winner of multiple individual and relay ACC championships and she was the 2003 NCAA co-champion in the 200-yard freestyle. Peruquet was the ACC Swimmer-of-the-Year in 2003.

Another tremendous freestyler was Kari Haag, who graduated from Carolina in 1996. Haag was the ACC Swimmer-of-the-Year in both 1995 and 1996 and she came close to winning UNC's first national title in 11 years in 1995 when she finished second at NAAs in the 200-yard freestyle. Haag is married to Brad Woodall, a former star pitcher for the Tar Heel baseball team who spent several years in the major leagues with the Atlanta Braves, Chicago Cubs and Milwaukee Brewers.

Richelle Fox was the 1997 and 1998 ACC Women's Swimmer-of-the-Year. She had six Top 8 placings in championship finals at the 1997 and 1998 NCAA meets, including a pair of second-place finishes in the 100-yard butterfly. Fox was named to the United States squad for the 1999 Pan Pacific Championships. She was joined on that team which competed in Sydney, Australia by Kari Haag and by Molly Freedman, later a standout butterflyer at UNC.

Tar Heels On International Teams

UNC swimmers have also been fixtures competing in international and Olympic-related competitions. That has especially been true over the past three decades. Starting with Bonny Brown's appearance in the 1977 World University Games, other Tar Heels invited to that biannual competition have been Barb Harris and Gayle Hegel in 1979; Sue Walsh in 1981 at



Tracey Barrett was the 1996 ACC champion in the 200-yard backstroke.



Jeff Weiss won four ACC individual breaststroke titles.



Former assistant coach Catherine Vogt was a Tar Heel letter winner from 1996-99.



Micah Copeland captained the 1996 and 1997 ACC championship squads.



Ethan Hall has the third fastest time in UNC history in the 200 breaststroke.



Mike Chorba was the 1996 ACC champion in the 1650 freestyle.



Tom Schmelzer was a three-time All-ACC selection 1996-98.



Jennifer Strasburger swam on four ACC title-winning relays in the late 1990s.



Erika Acuff won the ACC Women's Swimming Rookie of the Year award in 1997.



Katie Hathaway is the school record holder in the 100 and 200 breaststrokes.



Kevin Erndl shares the school record in the 50-yard freestyle.

Bucharest, Romania; Eric Ericson and Sue Walsh in 1983 at Edmonton, Alberta; Melanie Buddemeyer in 1985 at Kobe, Japan; Melanie Buddemeyer and Susan O'Brien in 1987 at Zagreb, Yugoslavia; Sarah Perroni, James Hamrick, Yann deFabrique and individual medley standout Carrie Szulc in 1993 at Buffalo, N.Y.; Yann deFabrique, Kari Haag and Trevor Runberg in 1995 at Fukuoka, Japan; and Jessi Perruquet and Jessie Brosch in Daegu, South Korea in 2003. Perruquet won two silver medals at the 2003 World University Games. Haag won a gold medal at the 1995 World University Games as a member of the U.S.'s 800-meter freestyle relay squad, while deFabrique won three medals at the 1993 World University Games and two more medals at the 1995 World University Games.

Buddemeyer and O'Brien also swam together at Brisbane, Australia in August 1987 at the Pan Pacific Games.

In August 1987, UNC had a participant in the Pan American Games in Indianapolis in the person of Tony Monasterio, representing his native Puerto Rico. Tony Monasterio was followed to the same competition four years later by his younger brother David Monasterio, who swam splendidly in the 1991 event at Havana, Cuba. Sean Quinn represented the U.S. at the 2003 Pan American Games in Santo Domingo, Dominican Republic, where he won the silver medal in the 200-meter breaststroke. At the 2007 Pan American Games in Brazil, Chip Peterson won the gold medal in the 1500-meter freestyle and the silver medal in 10k open water swimming.

Carolina Olympians of the past 30 years have included Ann Marshall in 1972, Wendy Weinberg and Janis Hape in 1976, Sue Walsh in 1980, Chris Stevenson in 1984, David Monasterio and Yann deFabrique in 1992, Yann deFabrique in 1996 and Yi-Khy Saw in 2004. Yann deFabrique also competed for France in the 1994 World Championships in Rome, while Trevor Runberg swam for the American team at the 1998 World Championships. Chip Peterson and Joe Kinderwater swam in the 2008 World Open Water Championships.

Carolina's ACC Top 50 Honorees

Eleven University of North Carolina men's swimmers and 22 Tar Heel women's swimmers headlined the list of the 50 greatest Atlantic Coast Conference men's and women's swimmers and divers of all time, announced in September of 2002 by the ACC. The team encompassed the first 50 years of conference action from 1953-2002.

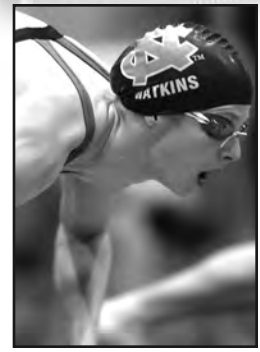
As part of its 50th anniversary celebration, the ACC recognized the all-time greatest athletes in conference history in each sport. With 33 of the top 100 swimmers in conference history, UNC's total stood at the top of the list among ACC schools.

UNC's total number of 279 ACC Top 50 selections in all sports led all league schools. North Carolina's Sue Walsh was recognized as one of the 50 greatest women's athletes in ACC history.

Following is the complete list of Tar Heel honorees for men's and women's swimming and diving:

| MEN | |
|------------------|--------------|
| Name | Years |
| John Davis | 1988-91 |
| Yann deFabrique | 1992-95 |
| Phil Drake | 1953-55 |
| Eric Ericson | 1981-84 |
| Kenny Ireland | 1978-81 |
| Charlie Krepp | 1955-57 |
| Thompson Mann | 1962-64 |
| Harrison Merrill | 1963-65 |
| David Monasterio | 1990-93 |
| Phil Riker | 1966-68 |
| Trevor Runberg | 1995-98 |

| WOMEN | |
|--------------------|--------------|
| Name | Years |
| Erika Acuff | 1997-2001 |
| Cami Berizzi | 1981-84 |
| Bonny Brown | 1977-80 |
| Melanie Buddemeyer | 1985-89 |
| Melissa Douse | 1989-92 |
| Lauren Dupree | 1977-80 |
| Richelle Fox | 1997-98 |
| Kari Haag | 1993-96 |
| Janis Hape | 1977-80 |
| Barb Harris | 1979-82 |
| Katie Hathaway | 1999-2002 |
| Gayle Hegel | 1980-83 |
| Ann Marshall | 1976-79 |
| Chrissy Miller | 1995-98 |
| Susan O'Brien | 1985-88 |
| Sarah Perroni | 1990-93 |
| Jessi Perruquet | 2001-04 |
| Amy Pless | 1981-84 |
| Leslie Ramsey | 1992-95 |
| Sue Walsh | 1981-84 |
| Christy Watkins | 2000-03 |
| Polly Winde | 1983-86 |



Christy Watkins won four straight ACC titles in the 50 free from 2000-03.



Stephen Krebs was an All-ACC selection in 2000 and 2001.



Kelly Weeks was the ACC record holder in the 200-yard butterfly.



Jon Fox was an NCAA national qualifier in diving in 2006.



Men's All-Americans

1941-42

First-Team All-Americans--Denny Hammond, 150 Back; Denny Hammond, Bob Ousley, George Coxhead, 300 Medley Relay; Denny Hammond, George Coxhead, Truman Hobbs, Jim Barclay, 400 Free Relay.

1943-44

First-Team All-Americans--Percy Mallison, 100 Free; Bill Wildman, 100 Fly; Denny Hammond, Bill Wildman, Percy Mallison, 300 Medley Relay.

1944-45

First-Team All-Americans--Bill Kelly, 200 Breast; Denny Hammond, Bill Kelly, Jesse Greenbaum, 300 Medley Relay.

1945-46

First-Team All-Americans--Mike Morrow, Jack Zimmerman, Dick Twining, Ben Ward, 400 Free Relay.

1946-47

First-Team All-Americans--Ernie Crone, Three-Meter Diving; Norm Sper, One- and Three-Meter Diving.

1947-48

First-Team All-Americans--Norm Sper, One- and Three-Meter Diving; Jesse Greenbaum, Floyd Drew, Mike Morrow, Dick Twining, 400 Free Relay.

1948-49

First-Team All-Americans--Jimmy Thomas, 440 and 1500 Free, 150 Back; Dick Twining, 200 Breast; Norm Sper, Dick Twining, Steve Osborne, 300 Medley Relay; Floyd Drew, Ike Norwood, Dick Twining, Steve Osborne, 400 Free Relay.

1949-50

First-Team All-Americans--Norm Sper, 100 Back; Jimmy Thomas, 440 and 1500 Free, 150 IM, 150 Back.

1950-51

First-Team All-Americans--Buddy Baarcke, 100 Back; Jimmy Thomas, 100 and 200 Back, 150 IM; Jimmy Thomas, Barry Wall, Stan Tinkham, 300 Medley Relay.

1951-52

First-Team All-Americans--Buddy Baarcke, Barry Wall, Stan Tinkham, 300 Medley Relay.

1952-53

First-Team All-Americans--Buddy Baarcke, 100 and 200 Back; Don Evans, 220 Free, 150 IM, 200 Breast; Warren Heeman, 200 Back; Buddy Baarcke, Barry Wall, Jack Edwards, 300 Medley Relay; Jack Edwards, Don Evans, Jim Heins, Buddy Baarcke, 400 Free Relay.

1954-55

First-Team All-Americans--Phil Drake, 200 Fly; Charlie Krepp, 100 and 200 Back; Charlie Krepp, Phil Drake, Dick Baker, 300 Medley Relay.

1955-56

First-Team All-Americans--Lee Holmes, 200 Fly;

Charlie Krepp, 100 and 200 Back, 200 IM.

1956-57

First-Team All-Americans--Charlie Krepp, 100 and 200 Back; Telfair Mahaffey, 200 Fly; Bill Roth, 50 Free; Charlie Krepp, Walt Rose, Bill Zickgraf, Bill Roth, 400 Medley Relay; Walt Rose, Tony Schiffman, Bill Roth, Bill Zickgraf, 400 Free Relay; David McInnis, Diving

1957-58

First-Team All-Americans--Telfair Mahaffey, 200 Fly; Bill Roth, 50 Free; Bill Zickgraf, 100 Fly; Bill Roth, Bill Zickgraf, Walt Rose, Brent Nash, 400 Free Relay.

1960-61

First-Team All-American--Harry Bloom, 100 Fly, 100 Free.

1961-62

First-Team All-American--Thompson Mann, 100 and 200 Back.

1962-63

First-Team All-Americans--Thompson Mann, 100 Back; Harrison Merrill, 200 Free.

1963-64

First-Team All-Americans--Thompson Mann, 100 and 200 Back; Harrison Merrill, 100 and 200 Free; Thompson Mann, Fred Lipp, Rick Forum, Davis Roberts, 400 Medley Relay; Thompson Mann, John Sheldon, Harrison Merrill, Davis Roberts, 400 Free Relay.

1964-65

First-Team All-Americans--Pete Worthen, 50 and 100 Free; John Hayden, Rick Forum, Fred Lipp, Davis Roberts, 400 Medley Relay; Pete Worthen, Steve Hildenbrand, Harrison Merrill, Davis Roberts, 400 Free Relay.

1965-66

First-Team All-American--Phil Riker, 100 Fly.

1966-67

First-Team All-Americans--Fred Dannemann, 100 Back; Phil Riker, 100 and 200 Fly; Fred Dannemann, Hamilton Gadd, Phil Riker, Jim Edwards, 400 Medley Relay; Dave Ball, Doug Behrmann, Jim Edwards, Pete Worthen, 400 Free Relay.

1967-68

First-Team All-Americans--Fred Dannemann, 100 Back; Fred Dannemann, Rich Williams, Phil Riker, Jim Edwards, 400 Medley Relay; Greg Meehan, Andy Bristow, Dave Ball, Jim Edwards, 400 Free Relay; Greg Meehan, Dave Ball, Phil Riker, Jim Edwards, 800 Free Relay.

1975-76

First-Team All-Americans--Karl Thiele, Steve McDonald, Tim Balderston, Rich DeSelm, 800 Free Relay.

1976-77

First-Team All-American--Mark List, 200 Back.

1977-78

First-Team All-Americans--Mark List, 100 Back; Mark List, Mike Amaya, Fritz Homans, Tim Balderston, 400 Medley Relay.

1978-79

First-Team All-American--Ken Ireland, 200 Back.

1979-80

First-Team All-American--Ken Ireland, 100 and 200 Back.

1980-81

First-Team All-American--Eric Ericson, 100 Back.

1981-82

First-Team All-American--Eric Ericson, 100 Back.

1982-83

First-Team All-American--Eric Ericson, 100 and 200 Back.

1983-84

First-Team All-American--Eric Ericson, 100 and 200 Back.

1984-85

Honorable Mention All-American--Chris Stevenson, 100 Back.

1985-86

Honorable Mention All-Americans--Dirk Marshall, 100 Fly; Chris Stevenson, 100 Back.

1987-88

First-Team All-Americans--John Davis, 200 Free; Tony Monasterio, John Davis, Larry Bloch, Jed Guenther, 800 Free Relay. *Honorable Mention All-Americans*--Larry Bloch, John Davis, Jed Guenther, Tony Monasterio, 400 Free Relay.

1988-89

Honorable Mention All-American--Gary Gauch, 100 Breast.

1989-90

Honorable Mention All-Americans--Tod Schroeder, 50 Free; Tod Schroeder, Jed Guenther, John Davis, Tony Monasterio, 200 Free Relay; David Monasterio, John Davis, Jed Guenther, Tony Monasterio, 800 Free Relay.

1990-91

First-Team All-Americans--David Monasterio, 200 Free, 200 Fly. *Honorable Mention All-Americans*--James Hamrick, 1650 Free; Tod Schroeder, Mark Sedlak, Daniel Summerlin, John Davis, 200 Free Relay; James Hamrick, David Monasterio, Ralph Vick, John Davis, 800 Free Relay.

1991-92

First-Team All-American--James Hamrick, 500 Free. *Honorable Mention All-Americans*--David Monasterio, 500 Free and 200 Fly; James Hamrick, 1650 Free; Sean Gowrie, 1650 Free; David Monasterio, James Hamrick, Daniel Summerlin, Sean Gowrie, 800 Free Relay.

1992-93

First-Team All-Americans--Yann deFabrique, 200 Free; James Hamrick, 500 and 1650 Free; David Monasterio, James Hamrick, Daniel Summerlin, Yann deFabrique, 800 Free Relay. *Honorable Mention All-Americans*--Yann deFabrique, 500 Free, 200 Fly; James Hamrick, 200 Free; William Keever, 100 Fly; David Monasterio, 500 Free; Daniel Summerlin, James Hamrick, Mark Sedlak, Yann deFabrique, 400 Free Relay.



Norm Sper, All-America, 1947, 1948, 1949, 1950, Diving, Medley Relay, Backstroke



1981 AIAW National Champion 200-Yard Medley Relay Team



Gayle Hegel, All-America, 1980, 1981, 1982, 1983, Breaststroke, Individual Medley



Amy Pless, All-America, 1981, 1982, 1983, 1984, Freestyle, IM, Breaststroke, Relays



Pete Worthen, All-America 1965, 1967, Freestyle Sprints, Relays



Phil Riker, All-America, 1966, 1967, 1968; NCAA Butterfly Champion, 1966

1993-94

Honorable Mention All-Americans--Yann deFabrique, 200 and 500 Free, 200 Fly; Daniel Summerlin, 200 and 400 IM.

1994-95

Honorable Mention All-Americans--Trevor Runberg, Micah Copeland, Yann deFabrique, Ed Abele, 800 Free Relay.

1995-96

First-Team All-Americans--Steve Bonack, 100 and 200 Breast; Trevor Runberg, 500 Free. *Honorable Mention All-Americans*--Mike Chorba, 1650 Free; Micah Copeland, 500 Free; Eric Fehr, 200 Breast, 400 IM; Scott Troy, 100 and 200 Breast; Ted Brisson, Steve Bonack, Tucker Shade, Matt Branum, 200 Medley Relay; Trevor Runberg, Scott Troy, Tucker Shade, Ed Abele, 400 Medley Relay; Micah Copeland, Eric Fehr, Trevor Runberg, Ed Abele, 800 Free Relay.

1996-97

Honorable Mention All-America--Steve Bonack, 100 and 200 Breast; Micah Copeland, 500 Free; Tucker Shade, 100 Fly; Jeff Weiss, 200 Breast; Ted Brisson, Steve Bonack, Tucker Shade, Chris Jennings, 200 Medley Relay; Ted Brisson, Steve Bonack, Tucker Shade, Ed Abele, 400 Medley Relay; Micah Copeland, Chris Jennings, Ed Abele, Ted Brisson, 400 Free Relay; Micah Copeland, Ed Abele, Eric Fehr, Trevor Runberg, 800 Free Relay

1997-98

First-Team All-America--Tucker Shade, 100 Fly.

1998-99

Honorable Mention All-Americans--Tucker Shade, 100 Fly; Ethan Hall, 200 Breaststroke.

1999-2000

First-Team All-America--Sean Quinn, 200 Breast. *Honorable Mention All-America*--David Slawinski, 200 Breast.

2001-02

Honorable Mention All-America--Sean Quinn, 200 Breast.

2002-03

Honorable Mention All-Americans--Sean Quinn, 200 Breast; Yuri Suguiyama, 500, 1650 Free.

2003-04

First Team All America--Yuri Suguiyama, 400 Free. *Honorable Mention All-Americans*--Yuri Suguiyama, 1500 Free; Reid Owen, 1500 Free; Josh Glasco, 200 Fly.

2004-05

Honorable Mention All-America--Josh Glasco, 200 Fly.

2005-06

Honorable Mention All-America--Hank Browning, 500 Free.

2006-07

First Team All America--Chip Peterson, 1650 Free. *Honorable Mention All-America*--Chip Peterson, 500 Free.

2007-08

First Team All America--Joe Kinderwater, 1650 Free. *Honorable Mention All-Americans*--Tyler Harris, 400 IM; Ryan Funderburk, 3-Meter Diving.

Women's All-Americans

1975-76

First-Team All-Americans--Ann Marshall, 100, 200 and 500 Free, 200 Back; Laurie Potter, 100 and 200 IM, 200 Fly; Madelyn Warcholik, 50 Fly; Ann Marshall, Laurie Potter, Madelyn Warcholik, Dale Alton, 200 Medley Relay; Ann Marshall, Laurie Potter, Madelyn Warcholik, Gale Thompson, 200 Free Relay; Ann Marshall, Laurie Potter, Madelyn Warcholik, Gale Thompson, 400 Free Relay.

1976-77

First-Team All-Americans--Bonny Brown, 100 and 200 Free, 100 IM; Lauren Dupree, 200, 500 and 1650 Free; Janis Hape, 200 Breast; Ann Marshall, 50 and 200 Back, 200 and 500 Free; Laurie Potter, 200 Fly; Ann Marshall, Janis Hape, Laurie Potter, Bonny Brown, 400 Medley Relay; Bonny Brown, Lauren Dupree, Laurie Potter, Ann Marshall, 400 Free Relay; Bonny Brown, Lauren Dupree, Laurie Potter, Ann Marshall, 800 Free Relay.

1977-78

First-Team All-Americans--Bonny Brown, 50 and 100 Free, 100 and 200 IM; Lauren Dupree, 200, 500 and 1650 Free, 100 and 200 Fly; Ann Marshall, 200 Back; Laurie Potter, 200 Fly; Judy Tooher, 200 Fly; Cathy Vayda, Judy Tooher, Karen Hoff, Janis Hape, 200 Medley Relay; Ann Marshall, Janis Hape, Karen Hoff, Bonny Brown, 400 Medley Relay; Bonny Brown, Lauren Dupree, Ann Marshall, Judy Tooher, 400 Free Relay.

1978-79

First-Team All-Americans--Bonny Brown, 50 and 100 Free, 100 IM; Lauren Dupree, 200, 500 and 1650 Free; Barb Harris, 50 and 100 Fly, 100 Free; Nancy Hudock, 200, 500 and 1650 Free; Gina Layton, 100 and 200 Back; Cindy Shirey, 50 and 100 Breast, 400 IM; Nance Thompson, 200 and 400 IM; Gina Layton, Cindy Shirey, Barb Harris, Bonny Brown, 200 Medley Relay; Gina Layton, Cindy Shirey, Barb Harris, Nancy Hudock, 400 Medley Relay; Gina Layton, Barb Harris, Bonny Brown, Betsy Hughes, 200 Free Relay; Barb Harris, Bonny Brown, Nancy Hudock, Nance Thompson, 400 Free Relay; Bonny Brown, Nancy Hudock, Lauren Dupree, Ann Marshall, 800 Free Relay.

1979-80

First-Team All-Americans--Bonny Brown, 50 and 100 Free, 100 IM; Cynthia Chilcott, 400 IM; Barb Harris, 50 and 100 Fly, 100 Free; Gayle Hegel, 100 and 200 Breast, 100, 200 and 400 IM; Nance Thompson, 400 IM; Cynthia Chilcott, Cindy Shirey, Barb Harris, Bonny Brown, 200

Medley Relay; Cynthia Chilcott, Gayle Hegel, Barb Harris, Bonny Brown, 400 Medley Relay; Gayle Hegel, Barb Harris, Bonny Brown, Cynthia Chilcott, 400 Free Relay; Lauren Dupree, Liz Mesmer, Nancy Hudock, Cynthia Chilcott, 800 Free Relay.

1980-81

First-Team All-Americans--Cami Berizzi, 50, 100 and 200 Back, 50 and 100 Fly; Barb Harris, 50 Fly; Gayle Hegel, 100, 200 and 400 IM, 100 and 200 Breast; Liz Mesmer, 200 Free; Amy Pless, 50 and 100 Breast, 50 Free, 100 IM; Jenny Strickland, 50 and 100 Breast; Sue Walsh, 50, 100 and 200 Back, 50 Free; Sue Walsh, Amy Pless, Cami Berizzi, Barb Harris, 200 Medley Relay; Cami Berizzi, Jenny Strickland, Barb Harris, Liz Mesmer, 400 Medley Relay; Amy Pless, Liz Mesmer, Sue Walsh, Barb Harris, 200 Free Relay; Amy Pless, Liz Mesmer, Barb Harris, Gayle Hegel, 400 Free Relay; Liz Mesmer, Sue Walsh, Barb Harris, Gayle Hegel, 800 Free Relay.

1981-82

First-Team All-Americans--Cay Andres, 500 Free; Cami Berizzi, 50, 100 and 200 Back; Barb Harris, 50 and 100 Fly, 100 Free; Gayle Hegel, 100, 200 and 400 IM, 200 Breast; Amy Pless, 50 Breast, 100 IM; Jenny Strickland, 50 Breast; Sue Walsh, 50, 100 and 200 Back, 50 Free, 100 IM; Sue Walsh, Amy Pless, Barb Harris, Sue Scott, 200 Medley Relay; Cami Berizzi, Jenny Strickland, Barb Harris, Sue Scott, 400 Medley Relay; Amy Pless, Sue Scott, Sue Walsh, Barb Harris, 200 Free Relay; Sue Scott, Amy Pless, Cami Berizzi, Barb Harris, 400 Free Relay; Cay Andres, Cami Berizzi, Gayle Hegel, Sue Scott, 800 Free Relay.

1982-83

First-Team All-Americans--Gayle Hegel, 100 and 200 IM; Amy Pless, 50 Breast, 100 IM; Jenny Strickland, 50 Breast; Sue Walsh, 50, 100 and 200 Back, 100 IM; Polly Winde, 100 and 200 Breast, 100, 200 and 400 IM; Sue Walsh, Jenny Strickland, Amy Pless, Sue Scott, 200 Medley Relay; Amy Pless, Sue Scott, Jeanne Gerhart, Sue Walsh, 200 Free Relay; Amy Pless, Sue Scott, Gayle Hegel, Sue Walsh, 400 Free Relay; Cay Andres, Sarah Durstein, Gayle Hegel, Polly Winde, 800 Free Relay.

1983-84

First-Team All-Americans--Martha McCann, 400 IM; Betsy Mitchell, 100 and 200 Back; Amy Pless, 100 Breast, 200 IM; Jenny Strickland, 100 and 200 Breast; Sue Walsh, 100 and 200 Back; Polly Winde, 200 Breast, 200 and 400 IM; Sue Walsh, Jenny Strickland, Betsy Mitchell, Amy Pless, 400 Medley Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 200 Free Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 400 Free Relay; Polly Winde, Sue Walsh, Sarah Durstein, Betsy Mitchell, 800 Free Relay.

1984-85

First-Team All-Americans--Melanie Buddemeyer,

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All-Americans Through The Years

100 and 200 Fly; Susan O'Brien, 100 and 200 Back; Polly Winde, 400 IM. *Honorable Mention All-Americans*--Polly Winde, 200 IM, 200 Breast; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 200 Medley Relay; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 400 Medley Relay; Susan O'Brien, Melanie Buddemeyer, Nancy Page, Polly Winde, 800 Free Relay.

1985-86

First-Team All-Americans--Susan O'Brien, 100 and 200 Back. *Honorable Mention All-Americans*--Melanie Buddemeyer, 100 and 200 Fly; Polly Winde, 400 IM; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 400 Medley Relay.

1986-87

First-Team All-Americans--Melanie Buddemeyer, 100 and 200 Fly; Susan O'Brien, 100 and 200 Back; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 400 Medley Relay. *Honorable Mention All-Americans*--Susan O'Brien, 200 IM; Wendy Powers, Susan O'Brien, Karen Engel, Kim Beattie, 200 Free Relay; Melanie Buddemeyer, Wendy Powers, Susan O'Brien, Kim Beattie, 400 Free Relay; Melanie Buddemeyer, Monica Strahl, Martha McCann, Kim Beattie, 800 Free Relay.

1987-88

First-Team All-Americans--Susan O'Brien, 100 and 200 Back. *Honorable Mention All-Americans*--Susan O'Brien, 200 IM; Susan O'Brien, Wendy Powers, Jill Benda, Kim Beattie, 200 Medley Relay; Susan O'Brien, Wendy Powers, Naila Deeb, Kim Beattie, 400 Medley Relay.

1988-89

Honorable Mention All-Americans--Hannah Turlish, 400 IM; Melanie Buddemeyer, Kim Beattie, Melissa Douse, Hannah Turlish, 800 Free Relay.

1989-90

First-Team All-Americans--Sarah Perroni, 100 Free; Melissa Douse, Jill Benda, Jenny Huber, Sarah Perroni, 200 Free Relay; Jenny Huber, Melissa Douse, Jill Benda, Sarah Perroni, 400 Free Relay. *Honorable Mention All-Americans*--Heather Cleavelly, 10-Meter Diving; Sarah Perroni, 50 Free.

1990-91

First-Team All-Americans--Sarah Perroni, Jenny Huber, Jill Benda, Melissa Douse, 200 Free Relay. *Honorable Mention All-Americans*--Jenny Huber, Melissa Douse, Jill Benda, Sarah Perroni, 400 Free Relay.

1991-92

First-Team All-Americans--Carrie Szulc, 400 IM; Jenny Huber, Ann Hart, Melissa Douse, Shannon Allison, 400 Free Relay. *Honorable Mention All-Americans*--Melissa Douse, 50 and 100 Free;

Heather Cleavelly, 3-Meter Diving; Jenny Huber, Leslie Ramsey, Ann Hart, Melissa Douse, 200 Free Relay.

1992-93

First-Team All-Americans--Sarah Perroni, 50 Free; Carrie Szulc, 400 IM; Kari Haag, Jenny Huber, Ann Hart, Sarah Perroni, 400 Free Relay. *Honorable Mention All-Americans*--Kari Haag, 50 Free; Sarah Perroni, 100 Free; Sarah Perroni, Jenny Huber, Ann Hart, Kari Haag, 200 Free Relay.

1993-94

First-Team All-Americans--Leslie Ramsey, 200 Fly; Carrie Szulc, 400 IM. *Honorable Mention All-Americans*--Leslie Ramsey, 500 and 1650 Free.

1994-95

First-Team All-Americans--Kari Haag, 100 and 200 Free. *Honorable Mention All-Americans*--Leslie Ramsey, 200 Fly; Merel Hommen, Kari Haag, Chrissy Miller, Leslie Ramsey, 800 Free Relay.

1995-96

First-Team All-Americans--Kari Haag, 50, 100 and 200 Free. *Honorable Mention All-Americans*--Chrissy Miller, 400 IM; Chrissy Miller, Merel Hommen, Kari Haag, Janney Hooff, 800 Free Relay.

1996-97

First-Team All-Americans--Erika Acuff, 400 IM; Richelle Fox, 50 and 100 Free, 100 Fly. *Honorable Mention All-Americans*--Chrissy Miller, 500 Free and 200 Fly; Erika Acuff, Jennifer Latimer, Richelle Fox, Jennifer Strasburger, 400 Free Relay; Chrissy Miller, Richelle Fox, Jennifer Strasburger, Erika Acuff, 800 Free Relay.

1997-98

First-Team All-Americans--Erika Acuff, 200 IM; Richelle Fox, 50 and 100 Free, 100 Fly; Chrissy Miller, 500 Free. *Honorable Mention All-Americans*--Erika Acuff, 400 IM; Tracey Barrett, 200 Back; Summer Mack, 100 Back; Chrissy Miller, 200 Fly; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 200 Medley Relay; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay; Summer Mack, Richelle Fox, Jennifer Strasburger, Erika Acuff, 400 Free Relay; Chrissy Miller, Richelle Fox, Jennifer Strasburger, Erika Acuff, 800 Free Relay.

1998-99

First-Team All-Americans--Katie Hathaway, 400 IM; Erika Acuff, 400 IM. *Honorable Mention All-Americans*--Melissa Fiss, 200 Fly; Katie Hathaway, 200 Breast; Katie Hathaway, Stefanie Rulis, Erika Acuff, Jennifer Strasburger, 800 Free Relay.

1999-2000

First-Team All-Americans--Katie Hathaway, 200 Breast, 400 IM; Summer Mack, 100 Back. *Honorable Mention All-Americans*--Katie Hathaway, 200 IM; Summer Mack, 100 Fly; Christy Watkins, 50 Free; Lauren Silva, 400 IM; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 200 Medley Relay; Christy Watkins, Katie Hath-

away, Summer Mack, Stefanie Rulis, 400 Medley Relay; Summer Mack, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, Lauren Silva, 800 Free Relay.

2000-01

First Team All-Americans--Erika Acuff, 200 IM, 400 IM; Katie Hathaway, 200 IM, 100 Breast, 200 Breast; Summer Mack, 100 Back. *Honorable Mention All-Americans*--Lauren Silva, 400 IM; Jessi Perruquet, 100 Free; Becky Acker, 200 Breast; Kelly Weeks, 200 Fly; Erika Acuff, Jessi Perruquet, Summer Mack, Christy Watkins, 200 Free Relay; Jessi Perruquet, Christy Watkins, Katie Hathaway, Erika Acuff, 400 Free Relay; Kelly Weeks, Jessi Perruquet, Katie Hathaway, Erika Acuff, 800 Free Relay; Summer Mack, Katie Hathaway, Erika Acuff, Christy Watkins, 200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Jessi Perruquet, 400 Medley Relay.

2001-02

First Team All-Americans--Jessi Perruquet, 200 Free; Katie Hathaway, 200 Breast. *Honorable Mention All-Americans*--Christy Watkins, 50 Free, 100 Free; Katie Hathaway, 200 IM, 100 Breast; Becky Acker, 200 Breast; Jessi Perruquet, 100 Free; Christy Watkins, Katie Hathaway, Kelly Weeks, Jessi Perruquet, 200 Medley Relay; Christy Watkins, Becky Acker, Kelly Weeks, Jessi Perruquet, 400 Medley Relay; Jessi Perruquet, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Christy Watkins, Katie Hathaway, Stefanie Rulis, Jessi Perruquet, 400 Free Relay; Kelly Weeks, Katie Hathaway, Christy Watkins, Jessi Perruquet, 800 Free Relay.

2002-03

First Team All-Americans--Jessi Perruquet, 100 Free, 200 Free; *Honorable Mention All-Americans*--Christy Watkins, 50 Free; Kelly Weeks, 500 Free, 200 Fly; Becky Acker, 200 Breast; Whitney Smith, Jessi Perruquet, Christy Watkins, Kelly Weeks, 800 Free Relay.

2003-04

First Team All-America--Jessi Perruquet, 200 Free; *Honorable Mention All-Americans*--Kelly Weeks, 200 Fly; Jessi Perruquet, 100 Free; Lizzy Bruce, 200 Breast.

2006-07

First Team All America--Whitney Sprague, 1650 Free. *Honorable Mention All-America*--Whitney Sprague, 500 Free.

2007-08

First Team All America--Whitney Sprague, 1650 Free.



Eric Ericson, All-America, 1981, 1982, 1983, 1984, Backstroke



Polly Winde, All-America, 1983, 1984, 1985, 1986, Breaststroke, IM, Relays



Melanie Buddemeyer, All-America, 1985, 1986, 1987, 1989, Butterfly, Relays



Thompson Mann, Harrison Merrill, coach Pat Earey — 14 individual ACC championships combined



Chrissy Miller — six ACC individual championships (500 free, 1650 free, 400 IM)



1997 Sweep in 200-Yard Breaststroke — Scott Troy (2nd), Jeff Weiss (1st), Steve Bonack (3rd)

Men's Atlantic Coast Conference Champions

1953-54

John Hussey, One-Meter Diving.

1954-55

Phil Drake, 200 Fly; John Hussey, One-Meter Diving; Charlie Krepp, 100 and 200 Back; Charles Parker, Three-Meter Diving.

1955-56

Charlie Krepp, 100 and 200 Back, 200 IM; ^David McInnis, One- and Three-Meter Diving; Dick Baker, Bill Roth, Bill Zickgraf, Walt Rose, 400 Free Relay.

1956-57

Charlie Krepp, 100 and 200 Back, 200 IM; ^David McInnis, One- and Three-Meter Diving; Bill Roth, 50 Free; Bill Zickgraf, 100 Fly; Brent Nash, Telfair Mahaffey, Bill Zickgraf, Bill Roth, 400 Medley Relay; Walt Rose, Brent Nash, Tony Schiffman, Bill Roth, 400 Free Relay.

1957-58

Telfair Mahaffey, 100 Fly; ^Ned Meekins, One- and Three-Meter Diving; Walt Rose, 100 Free; Bill Roth, 50 Free; Tony Schiffman, 220, 440 and 1500 Free; Bill Zickgraf, 200 IM; Brent Nash, Walt Rose, Telfair Mahaffey, Bill Zickgraf, 400 Medley Relay; Bill Roth, Jeff Zwicker, Walt Rose, Kelly Maness, 400 Free Relay.

1958-59

Harry Bloom, 100 and 220 Free, 200 IM; Randy Dodson, 200 Fly; Bob Hunter, 100 and 200 Back; Bob Hunter, Kit Mercer, Jeff Zwicker, Brent Nash, 400 Medley Relay; Randy Dodson, Vinny Simonton, Brent Nash, Jeff Zwicker, 400 Free Relay.

1959-60

Bob Bilbro, 200 Back; Vinny Simonton, 200 Fly.

1960-61

Harry Bloom, 100 Free and 200 IM; Willie Bloom, 200 Free; Harvey Hamrick, 200 Back; Barry King, Bryan Williams, Willie Bloom, Bob Bilbro, 400 Free Relay.

1961-62

Willie Bloom, 220 Free; Thompson Mann, 100 and 200 Back; Sandy Patterson, Three-Meter Diving; Thompson Mann, Bob Briggs, Harry Schiffman, Bob Bilbro, 400 Medley Relay; Willie Bloom, Bryan Williams, Don Murray, Harry Schiffman, 400 Free Relay.

1962-63

Frank Lea, 1650 Free; Harrison Merrill, 100 and 200 Free, 400 IM; Thompson Mann, 100 Back, 200 IM; Davis Roberts, Willie Bloom,

Harrison Merrill, Thompson Mann, 400 Free Relay.

1963-64

Rick Forum, 200 Breast; Harrison Merrill, 100 and 200 Free, 400 IM; Thompson Mann, 100 and 200 Back, 200 IM; Thompson Mann, Rick Forum, Fred Lipp, Davis Roberts, 400 Medley Relay.

1964-65

Rick Forum, 200 Breast; Harrison Merrill, 500 Free; Steve Hildenbrand, Pete Worthen, Harrison Merrill, Davis Roberts, 400 Free Relay.

1965-66

Phil Riker, 100 and 200 Fly.

1966-67

Phil Riker, 100 and 200 Fly; Jim Edwards, Doug Behrman, Greg Meehan, Dave Ball, 800 Free Relay.

1967-68

Fred Dannemann, 100 Back; Phil Riker, 100 and 200 Fly; Fred Dannemann, Rich Williams, Phil Riker, Jim Edwards, 400 Medley Relay.

1969-70

Gerry Chapman, 400 IM.

1970-71

Jim Osborne, 100 Fly.

1971-72

Jim Osborne, 100 and 200 Fly.

1973-74

Jike Southard, 1650 Free.

1974-75

Dave Marlin, 100 Back.

1975-76

Mark List, 100 and 200 Back; Steve McDonald, 200 Free.

1978-79

*Ken Ireland, 100 and 200 Back; Arnaldo Perez, 200 Fly.

1979-80

Ken Ireland, 100 and 200 Back, 500 Free; Roger Vredevel, 200 IM; Mark Welker, Todd Deckman, Ken Ireland, Dave Hansen, 400 Free Relay; Ken Ireland, Mark Welker, Roger Vredevel, Dave Hansen, 800 Free Relay.

1980-81

Eric Ericson, 100 Back; Dave Hansen, 200 Free; Ken Ireland, 200 Back; Ken Ireland, Robert Bingham, Arnaldo Perez, Dave Hansen, 400 Medley Relay; Bob Omainsky, Ken Ireland, Mark Welker, Dave Hansen, 800 Free Relay.

1981-82

Eric Ericson, 100 and 200 Back; Dave Hansen, 200 Free; Eric Ericson, Scott Hammond, Dirk Marshall, Dave Hansen, 400 Med-

ley Relay.

1982-83

Eric Ericson, 100 and 200 Back; Eric Ericson, Scott Hammond, Dirk Marshall, Geoff Cassell, 400 Medley Relay; Geoff Cassell, Dirk Marshall, Eric Ericson, Mark Welker, 400 Free Relay; Dan Hamilton, Jeff Schenk, Chris Stevenson, Dirk Marshall, 800 Free Relay.

1983-84

Todd Deckman, 50 Free; *Eric Ericson, 100 and 200 Back; Dan Flack, 1650 Free; Scott Hammond, 100 Breast; Dirk Marshall, 100 Fly; Eric Ericson, Scott Hammond, Dirk Marshall, Geoff Cassell, 400 Medley Relay.

1984-85

Tim Shea, 200 Fly and 400 IM.

1985-86

Dirk Marshall, 100 Fly; Doug Sawyer, 200 Breast; Tim Shea, 400 IM; *Chris Stevenson, 100 and 200 Back; Chris Stevenson, Doug Sawyer, Dirk Marshall, Larry Bloch, 400 Medley Relay; Larry Bloch, Marc Croggon, Chris Stevenson, Dirk Marshall, 400 Free Relay; Larry Bloch, Dan Flack, Dirk Marshall, Chris Stevenson, 800 Free Relay.

1986-87

Doug Sawyer, 100 Breast; Tim Shea, 200 Fly.

1987-88

Larry Bloch, 100 Free; @John Davis, 200 IM and 200 Free; Tod Schroeder, 50 Free; Rich Gleason, John Fischetti, John Davis, Larry Bloch, 400 Medley Relay; Tod Schroeder, Jed Guenther, John Davis, Larry Bloch, 400 Free Relay; Tony Monasterio, Ralph Vick, Larry Bloch, John Davis, 800 Free Relay.

1988-89

John Davis, 100 and 200 Free, 200 IM; Jed Guenther, Tony Monasterio, Chris Himebauch, John Davis, 400 Free Relay.

1989-90

*+John Davis, 100 and 200 Free, 200 IM; Gary Gauch, 100 Breast; David Monasterio, 200 Fly; Tod Schroeder, 50 Free; Tod Schroeder, Jed Guenther, Tony Monasterio, John Davis, 200 Free Relay; Tony Monasterio, David Monasterio, Jed Guenther, John Davis, 800 Free Relay.

1990-91

John Davis, 100 and 200 Back, 200 IM; Marc Ferguson, 1650 Free; John Fischetti, 200 Breast; Gary Gauch, 100 Breast; @David Monasterio, 200 and 500 Free, 200 Fly; John Davis, Gary Gauch, David Monasterio, Tod Schroeder, 200 Medley Relay; Matt Countie, Gary Gauch, David Monasterio, Tod

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ACC Champions at Carolina

Schroeder, 400 Medley Relay; Tod Schroeder, Mark Sedlak, Daniel Summerlin, John Davis, 200 Free Relay; John Davis, Tod Schroeder, Mark Sedlak, David Monasterio, 400 Free Relay; John Davis, James Hamrick, Ralph Vick, David Monasterio, 800 Free Relay.

1991-92

Yann deFabrique, 200 Free; Gary Gauch, 100 Breast; James Hamrick, 1650 Free; David Monasterio, 500 Free and 200 Fly; David Monasterio, James Hamrick, Daniel Summerlin, Yann deFabrique, 800 Free Relay.

1992-93

Yann deFabrique, 200 Free; Daniel Summerlin, 200 IM; Summerlin, David Monasterio, Mark Sedlak, deFabrique, 400 Free Relay; Summerlin, James Hamrick, Monasterio, deFabrique, 800 Free Relay.

1993-94

&Joe Craft, One-Meter Diving; Yann deFabrique, 200 Fly; Daniel Summerlin, 100 Free and 200 IM; Jon Thorpe, 200 Free; Jeff Weiss, 100 and 200 Breast; Bryan Stuck, Steve Bonack, Yann deFabrique, Daniel Summerlin, 400 Medley Relay; Daniel Summerlin, Jason James, Matt Smith, Mark Sedlak, 200 Free Relay; Daniel Summerlin, Matt Smith, Jason James, Mark Sedlak, 400 Free Relay; Daniel Summerlin, Jon Thorpe, Yann deFabrique, Micah Copeland, 800 Free Relay.

1994-95

Yann deFabrique, 200 and 500 Free, 200 Fly; %Scott Troy, 100 Breast; Jeff Weiss, 200 Breast; Trevor Runberg, Micah Copeland, Ed Abele, Yann deFabrique, 800 Free Relay.

1995-96

Ted Brisson, 100 Back; Mike Chorba, 1650 Free; +Trevor Runberg, 500 Free, 200 Back; *Tucker Shade, 100 and 200 Fly, 200 IM; Scott Troy, 100 and 200 Breast; Ted Brisson, +Steve Bonack, Tucker Shade, Matt Branum, 200 Medley Relay; Trevor Runberg, Scott Troy, Tucker Shade, Matt Branum, 400 Medley Relay; Trevor Runberg, Eric Fehr, Ed Abele, Micah Copeland, 800 Free Relay.

1996-97

Eric Fehr, 200 IM; Tucker Shade, 100 Fly; Jeff Weiss, 200 Breast; Eric Fehr, Micah Copeland, Ed Abele, Trevor Runberg, 800 Free Relay.

1997-98

Ted Brisson, 100 Back; Eric Fehr, 200 Free; Tucker Shade, 100 Fly; Ted Brisson, Brad Kline, Tucker Shade, Ed Abele, 400 Medley Relay.

1999-2000

%Sean Quinn, 200 Breast.

2002-03

Yuri Suguiyama, 200 Free; Seann Quinn, 200 Breast; Eddy Matkovic, 100 Fly.

2003-04

Yuri Suguiyama, 200 Free; &Eric Poitras, Three-Meter Diving.

2005-06

%Hank Browning, 200 Free.

2006-07

Hank Browning, 200 Free.

2007-08

Tyler Harris, 400 IM; Tommy Wyher, 100 Back; Joe Kinderwater, 1650 Free.

**Selected as Most Valuable Swimmer at Atlantic Coast Conference Championships*

@Selected as Co-Most Valuable Swimmer at Atlantic Coast Conference Championships

#Selected as Swimmer-of-the-Year in the Atlantic Coast Conference

+Selected as Co-Swimmer-of-the-Year in the Atlantic Coast Conference

&Selected as Most Valuable Diver at Atlantic Coast Conference Championships

^Won John A. Futchenberg Award as Outstanding Diver in Atlantic Coast Conference

%Selected as Atlantic Coast Conference Swimming Rookie of the Year

Women's Atlantic Coast Conference Champions

1978-79

Bonny Brown, 50 and 100 Free, 100 IM; Nancy Hudock, 200 Free; Gina Layton, 50 and 100 Back; *Cindy Shirey, 50 and 100 Breast, 200 Back, 400 IM; Sally Winde, 200 Breast; Gina Layton, Cindy Shirey, Barb Harris, Bonny Brown, 200 Medley Relay; Ann Marshall, Nancy Hudock, Barb Harris, Brown, 400 Free Relay; Nance Thompson, Nancy Hudock, Lauren Dupree, Ann Marshall, 800 Free Relay.

1979-80

Bonny Brown, 100 IM; Cynthia Chilcott, 50, 100 and 200 Back, 400 IM; Barb Harris, 50 and 100 Fly; *Gayle Hegel, 50, 100 and 200 Breast, 200 IM; Cindy Shirey, Gayle Hegel, Barb Harris, Bonny Brown, 200 Medley Relay; Cynthia Chilcott, Gayle Hegel, Barb Harris, Bonny Brown, 400 Medley Relay.

1980-81

*Sue Walsh, 50, 100 and 200 Back, 50 Free; Amy Pless, 50 Breast and 100 IM; Gayle Hegel, 200 IM; Cami Berizzi, Jenny Strickland, Karen Hoff, Amy Pless, 200 Medley Relay; Amy Pless, Liz Mesmer, Sue Walsh, Barb Harris, 200 Free Relay; Gayle Hegel, Barb Harris, Liz Mesmer, Sue Walsh, 800 Free Relay.

1981-82

Barb Harris, 50 Fly; Gayle Hegel, 200 and 400 IM; Amy Pless, 100 IM; Sue Walsh, 50, 100 and 200 Back, 50 Free; Sue Walsh, Jenny Strickland, Barb Harris, Kathy Smith, 400 Medley Relay; Sue Scott, Julie Basichiss, Amy Pless, Cami Berizzi, 200 Free Relay; Amy Pless, Gayle Hegel, Sue Scott, Cami Berizzi, 400 Free Relay.

1982-83

Amy Pless, 50 Breast; Jenny Strickland, 100 Breast; *Sue Walsh, 50, 100 and 200 Back, 100 IM; Polly Winde, 200 and 400 IM, 200 Breast; Sue Walsh, Jenny Strickland, Cami Berizzi, Jeanne Gerhart, 200 Medley Relay; Sue Scott, Amy Pless, Jeanne Gerhart, Sue Walsh, 200 Free Relay; Sue Scott, Amy Pless, Gayle Hegel, Sarah Durstein, 400 Free Relay; Sarah Durstein, Cay Andres, Gayle Hegel, Polly Winde, 800 Free Relay.

1983-84

Amy Pless, 200 IM; Jenny Strickland, 100 Breast; *Sue Walsh, 100 and 200 Back, 100 Free; Polly Winde, 200 Breast and 400 IM; Sue Walsh, Jenny Strickland, Betsy Mitchell, Sue Scott, 200 Medley Relay; Betsy Mitchell, Jenny Strickland, Martha McCann, Sue Scott, 400 Medley Relay; Sue Scott, Sue Walsh, Soraya Sherwani, Amy Pless, 200 Free Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 400 Free Relay; Sarah Durstein, Martha McCann, MaryLou O'Connor, Polly Winde, 800 Free Relay.

1984-85

Melanie Buddemeyer, 100 and 200 Fly; *Susan O'Brien, 100 and 200 Back, 100 Free; Sue Scott, 50 Free; Polly Winde, 200 and 400 IM; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 200 Medley Relay; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 400 Medley Relay.

1985-86

Melanie Buddemeyer, 100 and 200 Fly; Wendy Powers, 100 and 200 Breast; Polly Winde, 200 and 400 IM; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 400 Medley Relay; Melanie Buddemeyer, Kim Beattie, Susan O'Brien, Patty Schultz, 400 Free Relay.

1986-87

Kim Beattie, 100 Free; Melanie Buddemeyer, 100 and 200 Fly; Karen Engel, 50 Free; Susan O'Brien, 100 and 200 Back; Wendy Powers, 100 Breast; %Ann Wentz, Three-Meter Diving; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Karen Engel, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 400 Medley Relay.



Eric Fehr, 1997
200-yard IM



Molly Sullivan, 1999
1650-yard freestyle



1991 ACC Champion
400 Freestyle Relay



Laura Collier, 2003
200-yard backstroke

1987-88

Kim Beattie, 50, 100 and 200 Free; Heather Nottingham, 100 and 200 Breast; *Susan O'Brien, 100 and 200 Back, 200 IM; Hannah Turlish, 1650 Free; Susan O'Brien, Wendy Powers, Jill Benda, Kim Beattie, 200 Medley Relay.

1988-89

Melanie Buddemeyer, 100 and 200 Fly; Kim Beattie, 50 Free; Kim Beattie, Jill Benda, Wendy Powers, Melissa Douse, 200 Free Relay.

1989-90

Susan Leupold, 100 and 200 Fly; Sarah Perroni, 50 and 100 Free; Jenny Huber, Lisa Brown, Susan Leupold, Sarah Perroni, 400 Medley Relay; Jill Benda, Melissa Douse, Jenny Huber, Sarah Perroni, 200 Free Relay; Jenny Huber, Jill Benda, Melissa Douse, Sarah Perroni, 400 Free Relay.

1990-91

Melissa Douse, 100 Free; Susan Leupold, 100 Fly; Heather Nottingham, 200 Breast; Sarah Perroni, 50 Free; Hannah Turlish, 1650 Free; Cathy Burgess, Heather Nottingham, Susan Leupold, Sarah Perroni, 400 Medley Relay; Jill Benda, Melissa Douse, Jenny Huber, Sarah Perroni, 200 Free Relay; Sarah Perroni, Jenny Huber, Jill Benda, Melissa Douse, 400 Free Relay.

1991-92

Shannon Allison, 200 Back; %Heather Cleevly, One- and Three-Meter Diving; *#Melissa Douse, 50 and 100 Free, 100 Fly; Leslie Ramsey, 200 Fly; Carrie Szulc, 200 and 400 IM; Ann Hart, Lisa Brown, Susan Leupold, Melissa Douse, 200 Medley Relay; Cathy Burgess, Lisa Brown, Susan Leupold, Melissa Douse, 400 Medley Relay; Jenny Huber, Ann Hart, Meredith Gardner, Melissa Douse, 200 Free Relay; Jenny Huber, Shannon Allison, Ann Hart, Melissa Douse, 400 Free Relay.

1992-93

Sarah Perroni, 50 and 100 Free; Trish McHardy, 1650 Free; Carrie Szulc, 400 IM; Kari Haag, Alison Nemeth, Christy Garth, Sarah Perroni, 200 Medley Relay; Cathy Burgess, Alison Nemeth, Christy Garth, Ann Hart, 400 Medley Relay; Jenny Huber, Kari Haag, Ann Hart, Sarah Perroni, 200 Free Relay; Ann Hart, Kari Haag, Jenny Huber, Sarah Perroni, 400 Free Relay; Kari Haag, Shannon Allison, Jenny Huber, Sarah Perroni, 800 Free Relay.

1993-94

Kari Haag, 50 and 100 Free; #Leslie Ramsey, 200 Fly; Carrie Szulc, 200 and 400 IM; Candiss Johnson, Ann Hart, Kari Haag, Christy Garth, 200 Free Relay; Candiss Johnson, Kari Haag, Christy Garth, Ann Hart, 400 Free Relay.

1994-95

*#Kari Haag, 50, 100 and 200 Free; Christy Garth, Ann Hart, Jennifer Latimer, Kari Haag, 200 Free Relay; Christy Garth, Ann Hart, Tracey Barrett, Kari Haag, 400 Free Relay; \$Chrissy Miller, Merel Hommen, Leslie Ramsey, Kari Haag, 800 Free Relay.

1995-96

Tracey Barrett, 200 Back; #Kari Haag, 50, 100 and 200 Free; *Chrissy Miller, 500 and 1650 Free, 400 IM; Tracey Barrett, Beth Schlessman, Chrissy Miller, Kari Haag, 400 Medley Relay; Tracey Rankin, Christy Garth, Jennifer Latimer, Kari Haag, 200 Free Relay; Jennifer Latimer, Christy Garth, Beth Schlessman, Kari Haag, 400 Free Relay; Chrissy Miller, Merel Hommen, Janney Hooff, Kari Haag, 800 Free Relay.

1996-97

\$Erika Acuff, 200 IM, 400 IM, 200 Breast; *#Richelle Fox, 50 Free, 100 Free, 100 Fly; Tracey Barrett, Beth Schlessman, Richelle Fox, Jennifer Latimer, 200 Medley Relay; Tracey Barrett, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay; Erika Acuff, Jennifer Latimer, Jennifer Strasburger, Richelle Fox, 200 Free Relay.

1997-98

Erika Acuff, 200 IM; #Richelle Fox, 50 and 100 Free, 100 Fly; \$Summer Mack, 100 Back; *Chrissy Miller, 500 Free, 400 IM, 1650 Free; Summer Mack, Erika Acuff, Richelle Fox, Tracey Rankin, 200 Medley Relay; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay.

1998-99

Molly Sullivan, 1650 Free; Melissa Fiss, 200 Fly; Erika Acuff, 200 IM, 400 IM; Erika Acuff, Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, 800 Free Relay.

1999-2000

Christy Watkins 50 Free, 100 Back; Katie Hathaway 100 and 200 Breast; Summer Mack 200 Back; Summer Mack, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 400 Medley Relay.

2000-01

Christy Watkins, 50 Free, 100 Back; \$Jessi Perruquet, 200 Free; Katie Hathaway, 100 Breast; Becky Acker, 200 Breast; Erika Acuff, 200 IM; Christy Watkins, Katie Hathaway, Jessi Perruquet, Erika Acuff, 400 Free Relay; Kelly Weeks, Jessi Perruquet, Katie Hathaway, Erika Acuff, 800 Free Relay; Christy Watkins, Katie Hathaway, Summer Mack, Erika Acuff, 200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Jessi Perruquet, 400 Medley Relay.

2001-02

Christy Watkins, 50 Free, 100 Back; Jessi Perruquet, 200 Free; Katie Hathaway, 100 Breast, 200 Breast; Kathleen Quinn, 200 Back.

2002-03

Christy Watkins, 50 Free; Kelly Weeks, 200 Fly; Laura Collier, 200 Back.

2003-04

Jessi Perruquet, 100 and 200 Free; Kelly Weeks, 200 Fly; Virginia Hanson, Kelly Weeks, Amanda Smith, Jessi Perruquet, 800 Free Relay.

2004-05

Lizzy Bruce, 200 Breast.

2005-06

Lindsey Marck, 200 Fly.

2006-07

Lindsey Marck, 200 Fly; Whitney Sprague, 500 Free, 1650 Free; Eliza Butts, Megan Steeves, Aubrette Biegel, Kelsey Morrissy, 400 Free Relay; Ashley Howard, Eliza Butts, Kelsey Morrissy, Whitney Sprague, 800 Free Relay.

2007-08

Whitney Sprague, 500 Free, 1650 Free.

**Selected as Most Valuable Swimmer at Atlantic Coast Conference Championships*
%Selected as Most Valuable Diver at Atlantic Coast Conference Championships
#Selected as Atlantic Coast Conference Swimmer-of-the-Year
\$Selected as Atlantic Coast Conference Rookie-of-the-Year



2003 Sweep in 200 Freestyle — Michael Pigassou (2nd), Yuri Suguiyama (1st), Justin Donato (3rd)



Hank Browning — 200-yard freestyle in 2006, 2007



2007 ACC Women's 800 Free Relay Team — Eliza Butts, Kelsey Morrissy, Whitney Sprague, Ashley Howard

Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM



Conference Award Winners



Denny Hammond, 1943 Southern Conference Most Valuable Swimmer



Jimmy Thomas, 1949, 1950, 1951 Southern Conference Most Valuable Swimmer



David McInnis, 1956, 1957 John A. Futchenberg Award Winner



Sue Walsh, 1981, 1983, 1984 ACC Most Valuable Swimmer

Men's All-Atlantic Coast Conference Selections

1983-84

Geoff Cassell, Todd Deckman, Eric Ericson, Dan Flack, Scott Hammond, Dirk Marshall, Clay Wellborn

1984-85

Tim Shea, Chris Stevenson

1985-86

Larry Bloch, Marc Croggon, Dan Flack, Dirk Marshall, Doug Sawyer, Tim Shea, Chris Stevenson

1986-87

Larry Bloch, Doug Sawyer, Tod Schroeder, Tim Shea

1987-88

Larry Bloch, John Davis, Nunzio Esposto, Marc Ferguson, John Fischetti, Rich Gleason, Jed Guenther, Tony Monasterio, Tod Schroeder, Ralph Vick

1988-89

Matt Countie, John Davis, Jed Guenther, Chris Himebauch, Tony Monasterio

1989-90

John Davis, Nunzio Esposto, Marc Ferguson, John Fischetti, Gary Gauch, Jed Guenther, David Monasterio, Tony Monasterio, Tod Schroeder

1990-91

Matt Countie, John Davis, Nunzio Esposto, Marc Ferguson, John Fischetti, Gary Gauch, James Hamrick, David Monasterio, Tod Schroeder, Mark Sedlak, Daniel Summerlin, Ralph Vick

1991-92

Yann deFabrique, Gary Gauch, Sean Gowrie, James Hamrick, David Monasterio, Daniel Summerlin

1992-93

Yann deFabrique, James Hamrick, William Keever, David Monasterio, Mark Sedlak, Daniel Summerlin

1993-94

Steve Bonack, Micah Copeland, Joe Craft, Yann deFabrique, Jason James, Mark Sedlak, Matt Smith, Bryan Stuck, Daniel Summerlin, Jon Thorpe, Jeff Weiss

1994-95

Ed Abele, Micah Copeland, Joe Craft, Yann deFabrique, Jay Griffin, Trevor Runberg, Drew Sechrist, Scott Troy, Jeff Weiss

1995-96

Ed Abele, Steve Bonack, Matt Branum, Ted Brisson, Mike Chorba, Micah Copeland, Eric Fehr, Trevor Runberg, Tom Schmelzer, Tucker Shade, Scott Troy

1996-97

Ed Abele, Steve Bonack, Micah Copeland, Eric Fehr, Chris Jennings, Trevor Runberg, Tom Schmelzer, Tucker Shade, Jeff Weiss

1997-98

Ed Abele, Ted Brisson, Mike Chorba, Eric Fehr, Brad Kline, Tom Schmelzer, Tucker Shade

1998-99

Ted Brisson, Justin Rossi, Tucker Shade.

1999-2000

Kevin Erndl, Chris Helin, Brad Kline, Stephen Krebs, Sean Quinn, David Slawinski

2000-01

Chris Helin, Stephen Krebs, Stephen Mohr, Sean Quinn, Yuri Suguiyama

2001-02

Kevin Erndl, Eric Poitras, Sean Quinn

2002-03

Justin Donato, Josh Glasco, Eddy Matkovic, Michael Pigassou, Eric Poitras, Sean Quinn, Yuri Suguiyama

2003-04

Eric Poitras, Josh Glasco, Patrick Woodruff, Eddy Matkovic, Yuri Suguiyama

2004-05

Josh Glasco

2005-06

Chad Ames, Hank Browning, Jon Van Assen, Ryan Funderburk

2006-07

Hank Browning, Keith Laabs, Philip Owen, Chip Peterson

2007-08

Joe Kinderwater, Vinny Pryor, Tommy Wyher, Tyler Harris, Andy Brake, Ryan Funderburk

Women's All-Atlantic Coast Conference Selections

1983-84

Janice Dalrymple, Sarah Durstein, Martha McCann, Betsy Mitchell, MaryLou O'Connor, Amy Pless, Sue Scott, Soraya Sherwani, Jenny Strickland, Sue Walsh, Polly Winde

1984-85

Melanie Buddemeyer, Susan O'Brien, Sue Scott, Ann Wentz, Polly Winde

1985-86

Kim Beattie, Melanie Buddemeyer, Susan O'Brien, Wendy Powers, Patty Schultz, Polly Winde

1986-87

Kim Beattie, Melanie Buddemeyer, Karen Engel, Susan O'Brien, Wendy Powers, Ann Wentz

1987-88

Kim Beattie, Jill Benda, Heather Nottingham, Susan O'Brien, Wendy Powers, Staci Sawyer, Hannah Turkish

1988-89

Kim Beattie, Jill Benda, Lisa Brown, Melanie Buddemeyer, Melissa Douse, Wendy Powers

1989-90

Jill Benda, Lisa Brown, Dawn Davies, Melissa Douse, Jenny Huber, Susan

Leupold, Sarah Perroni, Staci Sawyer

1990-91

Jill Benda, Cathy Burgess, Melissa Douse, Jenny Huber, Susan Leupold, Heather Nottingham, Sarah Perroni, Hannah Turkish

1991-92

Shannon Allison, Lisa Brown, Cathy Burgess, Heather Cleevely, Melissa Douse, Meredith Gardner, Ann Hart, Jenny Huber, Susan Leupold, Trish McHardy, Leslie Ramsey, Theresa Seastrom, Carrie Szulc

1992-93

Shannon Allison, Cathy Burgess, Christy Garth, Kari Haag, Ann Hart, Jenny Huber, Trish McHardy, Alison Nemeth, Sarah Perroni, Carrie Szulc

1993-94

Cathy Burgess, Alison Conrad, Christy Garth, Ann Hart, Kari Haag, Candiss Johnson, Leslie Ramsey, Carrie Szulc

1994-95

Tracey Barrett, Alison Conrad, Christy Garth, Kari Haag, Ann Hart, Merel Hommen, Jennifer Latimer, Chrissy Miller, Leslie Ramsey

1995-96

Tracey Barrett, Christy Garth, Kari Haag, Merel Hommen, Janney Hooff, Jennifer Latimer, Chrissy Miller, Tracey Rankin, Beth Schlessman

1996-97

Erika Acuff, Tracey Barrett, Richelle Fox, Jennifer Latimer, Kelly McLaughlin, Beth Schlessman, Jennifer Strasburger

1997-98

Erika Acuff, Kelsey Durkin, Richelle Fox, Kristin Lozeau, Summer Mack, Chrissy Miller, Tracey Rankin, Jennifer Strasburger

1998-99

Erika Acuff, Melissa Fiss, Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, Molly Sullivan

1999-2000

Katie Hathaway, Summer Mack, Kelly McLaughlin, Stefanie Rulis, Lauren Silva, Christy Watkins

2000-01

Becky Acker, Erika Acuff, Katie Hathaway, Summer Mack, Jessi Perruquet, Leigh Sanders, Lauren Silva, Lindsay Waddell, Christy Watkins, Kelly Weeks

2001-02

Becky Acker, Laura Collier, Katie Hathaway, Jessi Perruquet, Kathleen Quinn, Leigh Sanders, Molly Sullivan, Christy Watkins, Kelly Weeks

2002-03

Becky Acker, Laura Collier, Jessi Perruquet, Christy Watkins, Kelly Weeks

2003-04

Virginia Hanson, Amanda Smith, Kelly Weeks, Jessi Perruquet, Lizzy Bruce, Becky Acker, Jessie Brosch



Heather Cleavelly, 1992 ACC Most Valuable Diver

2004-05

Lizzy Bruce, Virginia Hanson, Lindsey Marck, Kelsey Morrissy, Gia Santoro, Kelly Woodruff

2005-06

Lindsey Marck, Nicole O'Donnell, Amanda Smith, Whitney Sprague

2006-07

Aubrette Biegel, Eliza Butts, Alison Clemens, Laura Filip, Ashley Howard, Lindsey Marck, Lindsay McIlvain, Kelsey Morrissy, Nicole O'Donnell, Kristin Oxford, Whitney Sprague

2007-08

Rebecca Kane, Kelsey Morrissy, Whitney Sprague, Katura Harvey, Megan Steeves

All-ACC Academic Team

2005-06

Men: Jon Albrecht, Robby Swendiman, Jon Fox, Jon Van Assen, Keith Laabs, Patrick Woodruff, Philip Owen

Women: Lizzy Bruce, Erika Matheis, Meagan Eickman, Gia Santoro

2006-07

Men: Keith Laabs, Philip Owen, Chip Peterson, Adam Schauer, Robby Swendiman

Women: Aubrette Biegel, Meagan Eickman, Kristin Oxford, Emily Rear-don, Megan Steeves

2007-08

Men: Andy Brake, Tyler Harris, Jeff James, Joe Kinderwater, Keith Laabs, Philip Owen, David Solarz, Robby Swendiman

Women: Laura Filip, Katura Harvey, Erica Schiffler, Megan Steeves

ACC Men's Swimmer-of-the-Year

| | |
|------------------|------|
| John Davis | 1990 |
| David Monasterio | 1991 |
| Steve Bonack | 1996 |
| Trevor Runberg | 1996 |

ACC Men's Swimming Freshman-of-the-Year

| | |
|---------------|------|
| Scott Troy | 1995 |
| Sean Quinn | 2000 |
| Hank Browning | 2006 |

ACC Men's Swimming Coach-of-the-Year

| | |
|---------------|------|
| Frank Comfort | 1991 |
| Frank Comfort | 1993 |
| Frank Comfort | 1996 |
| Frank Comfort | 1997 |

Most Valuable Men's Swimmer at ACC Championships

| | |
|------------------|------|
| Ken Ireland | 1979 |
| Eric Ericson | 1984 |
| Chris Stevenson | 1986 |
| John Davis | 1988 |
| John Davis | 1990 |
| David Monasterio | 1991 |
| Tucker Shade | 1996 |

Most Valuable Men's Diver at ACC Championships

| | |
|--------------|------|
| Joe Craft | 1994 |
| Eric Poitras | 2004 |

John A. Futchenberg Award (Out-standing Men's Diver in ACC)

| | |
|---------------|------|
| David McInnis | 1956 |
| David McInnis | 1957 |
| Ned Meekins | 1958 |

ACC Women's Swimmer-of-the-Year

| | |
|-----------------|------|
| Melissa Douse | 1992 |
| Leslie Ramsey | 1994 |
| Kari Haag | 1995 |
| Kari Haag | 1996 |
| Richelle Fox | 1997 |
| Richelle Fox | 1998 |
| Jessi Perruquet | 2003 |

ACC Women's Freshman-of-the-Year

| | |
|-----------------|------|
| Chrissy Miller | 1995 |
| Erika Acuff | 1997 |
| Summer Mack | 1998 |
| Jessi Perruquet | 2001 |

ACC Women's Swimming Coach-of-the-Year

| | |
|----------------|------|
| Frank Comfort | 1982 |
| Frank Comfort* | 1984 |
| Frank Comfort | 1985 |
| Frank Comfort | 1992 |
| Frank Comfort | 1993 |
| Frank Comfort | 1995 |
| Frank Comfort* | 1996 |
| Frank Comfort | 2000 |
| Frank Comfort | 2001 |
| Frank Comfort | 2002 |
| Frank Comfort | 2007 |

Most Valuable Women's Swimmer at ACC Championships

| | |
|----------------|------|
| Cindy Shirey | 1979 |
| Gayle Hegel | 1980 |
| Sue Walsh | 1981 |
| Sue Walsh | 1983 |
| Sue Walsh | 1984 |
| Susan O'Brien | 1985 |
| Susan O'Brien | 1988 |
| Melissa Douse | 1992 |
| Kari Haag | 1995 |
| Chrissy Miller | 1996 |
| Richelle Fox | 1997 |
| Chrissy Miller | 1998 |

Most Valuable Women's Diver at ACC Championships

| | |
|-------------------|------|
| Ann Wentz | 1987 |
| Heather Cleavelly | 1992 |

Men's Southern Conference Individual and Relay Champions

1939-40: Fleming Stone, 50 and 100 Free; J.A. Barclay, 220 Free; 400 Freestyle Relay.
1940-41: Bob Ousley, 200 Breast; Bob Nicholson, One-Meter Diving;

400 Freestyle Relay; 300 Medley Relay.

1941-42: Bob Ousley, 200 Breast; Denny Hammond, 150 Back; 400 Freestyle Relay; 300 Medley Relay.

1942-43: Denny Hammond, 220 Free and 150 Back; Russell L. Proctor, 440 Free; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1946-47: Jerry Cook, 200 Breast; Norman Sper, 150 Back and One-Meter Diving; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1947-48: Floyd Drew, 50 Free; Dick Twining, 220 and 440 Free; Bob Ousley, 200 Breast; Jimmy Thomas, 150 Back; Norman Sper, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1948-49: Jesse Greenbaum, 50 Free; Jimmy Thomas, 220 and 440 Free; Bob Hutton, 1500 Free; Dick Twining, 200 Breast and 150 Individual Medley; Norman Sper, 150 Back; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1949-50: Cecil Milton, 220 and 440 Free; Jimmy Thomas, 1500 Freestyle, 200 Breast, 150 Individual Medley; Norman Sper, 100 and 150 Back;

1950-51: Donnie Evans, 440 Free; Barry Wall, 100 Breast; Jimmy Thomas, 100 and 200 Back, 150 Individual Medley; 400 Freestyle Relay; 300 Medley Relay.

1951-52: Barry Wall, 200 Breast; Buddy Baarcke, 100 and 200 Back; 400 Freestyle Relay; 300 Medley Relay.

1952-53: Jack Edwards, 100 Free; Barry Wall, 100 Breast; Donnie Evans, 200 Breast and 150 Individual Medley; Buddy Baarcke, 100 and 200 Back; 400 Freestyle Relay; 300 Medley Relay.

Southern Conference Championships Most Valuable Swimmers

| | |
|---------------|------|
| Fleming Stone | 1940 |
| Denny Hammond | 1943 |
| Dick Twining | 1948 |
| Jimmy Thomas | 1949 |
| Jimmy Thomas | 1950 |
| Donnie Evans | 1951 |
| Jimmy Thomas | 1951 |



Kari Haag, 1995, 1996 ACC Swimmer of the Year



Scott Troy, 1995 ACC Rookie of the Year



Frank Comfort, 15-time ACC Coach of the Year

Carolina Swimming and Diving

WELCOME
TO THE
KOURY
NATATORIUM



Team Award Winners

1977-78
Men's Most Valuable Swimmer: Rich DeSelm
Women's Most Valuable Swimmer: Bonny Brown
Men's Most Outstanding Swimmer: Mark List
Women's Most Outstanding Swimmer: Bonny Brown
Men's Most Improved Swimmer: Al Hill
Women's Most Improved Swimmer: Betsy Hughes
Men's Captains: Rich DeSelm, Mark List
Women's Captains: Bonny Brown, Laurie Potter

1978-79
Men's Most Valuable Swimmer: Fritz Homans
Women's Most Valuable Swimmer: Nancy Hudock
Men's Most Outstanding Swimmer: Ken Ireland
Women's Most Outstanding Swimmer: Bonny Brown
Men's Most Improved Swimmer: Robert Bingham
Women's Most Improved Swimmers: Betsy Hughes, Cindy Shirey
Men's Captains: Mike Amaya, Fritz Homans
Women's Captains: Bonny Brown, Laurie Potter

1979-80
Men's Most Valuable Swimmer: Dave Hansen
Women's Most Valuable Swimmer: Bonny Brown
Men's Most Outstanding Swimmer: Ken Ireland
Women's Most Outstanding Swimmer: Gayle Hegel
Men's Most Improved Swimmer: Jeff Schenk
Women's Most Improved Swimmer: Mary Ann Dempster
Men's Captains: Mike Amaya, Fritz Homans
Women's Captains: Bonny Brown, Lauren Dupree

1980-81
Men's Most Valuable Swimmer: Dave Hansen
Women's Most Valuable Swimmer: Sue Walsh
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Ken Warren
Women's Most Improved Swimmer: Jenny Strickland
Men's Captains: Keith Hoffman, Ken Ireland
Women's Captains: Cindy Shirey, Nance Thompson, Sally Winde

1981-82
Men's Most Valuable Swimmer: Dave Hansen
Women's Most Valuable Swimmer: Sue Walsh
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Mike Ferguson
Women's Most Improved Swimmer: Jeannette Nabel
Men's Hill Carrow Spirit Award Winner: Roger Vredeveld
Women's Hill Carrow Spirit Award Winner: Patty Huey
Men's Captains: Jose deJesus, Dave Hansen
Women's Captains: Barb Harris, Nance Thompson

1982-83
Men's Most Valuable Swimmer: Chris Stevenson
Women's Most Valuable Swimmers: Sue Walsh, Polly Winde
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue

Walsh
Men's Most Improved Swimmer: Tim Sutton
Women's Most Improved Swimmer: Sarah Durstein
Men's Hill Carrow Spirit Award Winner: Roger Vredeveld
Women's Hill Carrow Spirit Award Winner: Patty Huey
Bruce Webster Memorial Award Winner: Dirk Marshall
Men's Captains: Tim Sutton, Mark Welker
Women's Captains: Cami Berizzi, Sue Walsh

1983-84
Men's Most Valuable Swimmer: Eric Ericson
Women's Most Valuable Swimmer: Sue Walsh
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Doug Sawyer
Women's Most Improved Swimmers: Martha McCann, Mary Lou O'Connor, Jenny Strickland
Men's Hill Carrow Spirit Award Winner: Geoff Cassell
Women's Hill Carrow Spirit Award Winner: Patty Huey
Bruce Webster Memorial Award Winner: Dirk Marshall
Men's Captains: Eric Ericson, Dirk Marshall
Women's Captains: Amy Pless, Sue Walsh

1984-85
Men's Most Valuable Swimmer: Chris Stevenson
Women's Most Valuable Swimmer: Polly Winde
Men's Most Outstanding Swimmers: Tim Shea, Chris Stevenson
Women's Most Outstanding Swimmer: Melanie Buddemeyer
Men's Most Improved Swimmer: Neil Wilson
Women's Most Improved Swimmer: Deirdre Coury
Men's Hill Carrow Spirit Award Winner: Geoff Cassell
Women's Hill Carrow Spirit Award Winner: Sue Scott
Bruce Webster Memorial Award Winner: Scott Fuller
Men's Captains: Geoff Cassell, Dirk Marshall
Women's Captain: Sue Scott

1985-86
Men's Most Valuable Swimmer: Chris Stevenson
Women's Most Valuable Swimmer: Susan O'Brien
Men's Most Outstanding Swimmers: Dirk Marshall, Chris Stevenson
Women's Most Outstanding Swimmer: Susan O'Brien
Men's Most Improved Swimmer: David Adams
Women's Most Improved Swimmer: Amy Pritchard
Men's Hill Carrow Spirit Award Winner: Dan Flack
Women's Hill Carrow Spirit Award Winner: Ginny Dunaway
Bruce Webster Memorial Award Winners: Dirk Marshall, Chris Stevenson, Clay Wellborn
Men's Athletic Director's Scholar-Athlete Award Winner: Chris Stevenson
Women's Athletic Director's Scholar-Athlete Award Winner: Sarah Durstein

Men's Captains: Randy Hyre, Chris Stevenson
Women's Captains: Sarah Durstein, Polly Winde

1986-87
Men's Most Valuable Swimmer: Larry Bloch
Women's Most Valuable Swimmer: Susan O'Brien
Men's Most Outstanding Swimmer: Doug Sawyer
Women's Most Outstanding Swimmer: Melanie Buddemeyer
Men's Most Improved Swimmer: Chris Himebauch
Women's Most Improved Swimmer: Karen Engel
Men's Hill Carrow Spirit Award Winner: Dan Flack
Women's Hill Carrow Spirit Award Winner: Martha McCann
Bruce Webster Memorial Award Winner: Tim Shea
Men's Athletic Director's Scholar-Athlete Award Winner: Doug Sawyer
Women's Athletic Director's Scholar-Athlete Award Winner: Martha McCann
Men's Captains: Dan Flack, Doug Sawyer
Women's Captains: Martha McCann, Susan O'Brien

1987-88
Men's Most Valuable Swimmer: John Davis
Women's Most Valuable Swimmer: Susan O'Brien
Men's Most Outstanding Swimmer: Larry Bloch
Women's Most Outstanding Swimmer: Susan O'Brien
Men's Most Improved Swimmer: Jon Austin
Women's Most Improved Swimmer: Jenny Hinshaw
Men's Hill Carrow Spirit Award Winner: Chris Himebauch
Women's Hill Carrow Spirit Award Winner: Wendy Powers
Bruce Webster Memorial Award Winner: Marc Ferguson
Men's Athletic Director's Scholar-Athlete Award Winner: Scott Fuller
Women's Athletic Director's Scholar-Athlete Award Winner: Erika Schmidt
Men's Captains: Scott Fuller, Chris Himebauch
Women's Captain: Susan O'Brien

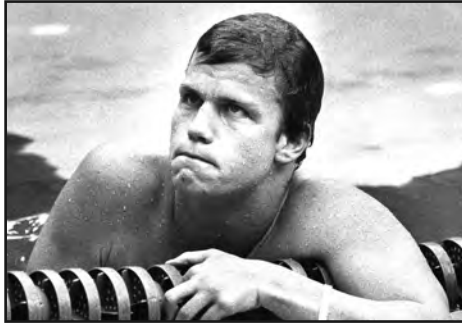
1988-89
Men's Most Valuable Swimmer: John Davis
Women's Most Valuable Swimmer: Wendy Powers
Men's Most Outstanding Swimmer: John Davis
Women's Most Outstanding Swimmer: Melanie Buddemeyer
Men's Most Improved Swimmer: Gary Gauch
Women's Most Improved Swimmer: Melissa Douse
Men's Hill Carrow Spirit Award Winner: Chris Himebauch
Women's Hill Carrow Spirit Award Winner: Wendy Powers
Bruce Webster Memorial Award Winner: Marc Ferguson
Class of 1989 Most Dedicated Swimmer Award Winner: Wendy Powers
Class of 1940 Blue Dolphin Award Winners: Chris Himebauch, Wendy Powers



1977-78 Team Captains: Mark List, Bonny Brown, Rich DeSelm, Laurie Potter



Fritz Homans, 1979 Most Valuable Swimmer: 1978-79, 1979-80 Captain



Chris Stevenson, Most Valuable Swimmer: 1982-83, 1984-85, 1985-86



Melissa Douse, Most Valuable Swimmer:
1990-91, 1991-92



James Hamrick, Most Valuable Swimmer:
1991-92, 1992-93



Sarah Perroni, Most Outstanding Swimmer:
1989-90, 1992-93

Osterneck Family Unsung Hero Award Winners:
Craig Silliman, Jeff Sural

Men's Athletic Director's Scholar-Athlete Award Winner: Craig Silliman

Women's Athletic Director's Scholar-Athlete Award Winner: Amy Pritchard

Men's Captains: Jed Guenther, Chris Himebauch

Women's Captains: Amy Pritchard, Wendy Powers

1989-90

Men's Most Valuable Swimmer: John Davis

Women's Most Valuable Swimmer: Sarah Perroni

Men's Most Outstanding Swimmer: John Davis

Women's Most Outstanding Swimmer: Sarah Perroni

Men's Most Improved Swimmer: James Hamrick

Women's Most Improved Swimmer: Jenny Huber

Men's Hill Carrow Spirit Award Winner: Jed Guenther

Women's Hill Carrow Spirit Award Winner: Jenny Hinshaw

Bruce Webster Memorial Award Winner: Marc Ferguson

Class of 1989 Most Dedicated Swimmer Award Winner: Jenny Hinshaw

Class of 1940 Blue Dolphin Award Winner: Murray Drucker

Osterneck Family Unsung Hero Award Winners: Jon Austin, Mike Connor, Joe Kohla, John Morrison, Ellen Young

Men's Athletic Director's Scholar-Athlete Award Winner: Jon Austin

Women's Athletic Director's Scholar-Athlete Award Winner: Natalie Gould

Men's Captains: Jed Guenther, Tony Monasterio

Women's Captains: Karin Andren, Jenny Hinshaw

1990-91

Men's Most Valuable Swimmer: David Monasterio

Women's Most Valuable Swimmer: Melissa Douse

Men's Most Outstanding Swimmer: David Monasterio

Women's Most Outstanding Swimmer: Melissa Douse

Men's Most Improved Swimmer: James Hamrick

Women's Most Improved Swimmer: Meredith Gardner

Men's Hill Carrow Spirit Award Winner: Chip Lavender

Women's Hill Carrow Spirit Award Winner: Karin Andren

Bruce Webster Memorial Award Winner: Marc Ferguson

Class of 1989 Most Dedicated Swimmer Award Winner: Sarah Perroni

Class of 1940 Blue Dolphin Award Winner: Dave Lohse

Osterneck Family Unsung Hero Award Winner: Nunzio Esposto

Men's Athletic Director's Scholar-Athlete Award Winner: Marc Ferguson

Women's Athletic Director's Scholar-Athlete Award Winner: Heather Nottingham

Men's Captains: John Davis, Marc Ferguson

Women's Captains: Karin Andren, Jill Benda,

Melissa Douse

1991-92

Men's Most Valuable Swimmer: David Monasterio

Women's Most Valuable Swimmer: Melissa Douse

Men's Most Outstanding Swimmer: James Hamrick

Women's Most Outstanding Swimmer: Melissa Douse

Men's Most Improved Swimmer: Kevin Antshel

Women's Most Improved Swimmer: Claudia Goins

Men's Hill Carrow Spirit Award Winner: Gary Gauch

Women's Hill Carrow Spirit Award Winner: Jenny Huber

Bruce Webster Memorial Award Winner: Yann deFabrique

Class of 1989 Most Dedicated Swimmer Award Winner: Shannon Allison

Class of 1940 Blue Dolphin Award Winner: Jack Ryan

Osterneck Family Unsung Hero Award Winners: Kevin Antshel, Ryan Schwanke, Aimee Skeen

Men's Athletic Director's Scholar-Athlete Award Winner: Ralph Vick

Women's Athletic Director's Scholar-Athlete Award Winner: Melissa Douse

Men's Captains: Gary Gauch, David Monasterio

Women's Captains: Melissa Douse, Sarah Perroni

1992-93

Men's Most Valuable Swimmer: James Hamrick

Women's Most Valuable Swimmer: Sarah Perroni

Men's Most Outstanding Swimmer: James Hamrick

Women's Most Outstanding Swimmer: Sarah Perroni

Men's Most Improved Swimmer: Peter Cloutier

Women's Most Improved Swimmer: Margaret Richards

Men's Hill Carrow Spirit Award Winner: Mark Moore

Women's Hill Carrow Spirit Award Winner: Jenny Huber

Bruce Webster Memorial Award Winner: James Hamrick

Class of 1989 Most Dedicated Swimmer Award Winner: Sarah Perroni

Class of 1940 Blue Dolphin Award Winner: Beth Miller

Osterneck Family Unsung Hero Award Winners: Jason Clark, Greg Hart, Erin Martin, Pam Proctor

Men's Athletic Director's Scholar-Athlete Award Winner: James Hamrick

Women's Athletic Director's Scholar-Athlete Award Winner: Jenny Huber

Men's Captains: James Hamrick, Mark Moore

Women's Captains: Jenny Huber, Jill Minich

1993-94

Men's Most Valuable Swimmers: Yann deFabrique, Daniel Summerlin

Women's Most Valuable Swimmer: Leslie Ramsey

Men's Most Outstanding Swimmer: Daniel Summerlin

Women's Most Outstanding Swimmer: Leslie Ramsey

Men's Most Improved Swimmer: Bryan Stuck

Women's Most Improved Swimmer: Susan Stretcher

Men's Hill Carrow Spirit Award Winner: Chris John

Women's Hill Carrow Spirit Award Winner: Jill Minich

Bruce Webster Memorial Award Winners: Daniel Summerlin, Jeff Weiss

Class of 1989 Most Dedicated Swimmer Award Winner: Leslie Ramsey

Class of 1940 Blue Dolphin Award Winner: Kevin Antshel

Osterneck Family Unsung Hero Award Winners: Lisa Etherington, Josh Thomson

Men's Athletic Director's Scholar-Athlete Award Winner: Chris John

Women's Athletic Director's Scholar-Athlete Award Winner: Shannon Howes

Men's Captains: Chris John, Daniel Summerlin

Women's Captains: Shannon Allison, Shannon Howes

1994-95

Men's Most Valuable Swimmers: Trevor Runberg, Jeff Weiss

Women's Most Valuable Swimmer: Kari Haag

Men's Most Outstanding Swimmer: Scott Troy

Women's Most Outstanding Swimmer: Kari Haag

Men's Most Improved Swimmer: Tim Capps

Women's Most Improved Swimmer: Cara Dunaway

Men's Hill Carrow Spirit Award Winner: Joe Craft

Women's Hill Carrow Spirit Award Winner: Christy Garth

Bruce Webster Memorial Award Winner: Eric Fehr

Class of 1989 Most Dedicated Swimmer Award Winner: Leslie Ramsey

Class of 1940 Blue Dolphin Award Winner: C.B. Whitfield

Osterneck Family Unsung Hero Award Winners: Jenni Smith

Men's Athletic Director's Scholar-Athlete Award Winner: Drew Sechrist

Women's Athletic Director's Scholar-Athlete Award Winner: Alison Conrad

Men's Captains: Peter Cloutier, Joe Craft

Women's Captains: Christy Garth, Leslie Ramsey

1995-96

Men's Most Valuable Swimmer: Trevor Runberg

Women's Most Valuable Swimmer: Chrissy Miller

Men's Most Outstanding Swimmer: Steve Bonack

Women's Most Outstanding Swimmer: Kari Haag

Men's Most Improved Swimmer: Eric Fehr

Women's Most Improved Swimmer: Jennifer Lattimer

Men's Hill Carrow Spirit Award Winner: Tucker Shade

Women's Hill Carrow Spirit Award Winner: Christy Garth

Bruce Webster Memorial Award Winner: Tom Schmelzer

Class of 1989 Most Dedicated Swimmer Award



Team Award Winners



Trevor Runberg, Most Valuable Swimmer: 1994-95, 1995-96



Richelle Fox, Most Valuable Swimmer, Most Outstanding Swimmer: 1996-97, 1997-98



Ted Brisson, Most Valuable Swimmer: 1997-98, 1998-99

Winner: Chrissy Miller
Class of 1940 Blue Dolphin Award Winners: 1995-96 UNC Men's Swimming Team
Osterneck Family Unsung Hero Award Winners: Garrett Means, Nicola Stewart, Cheri Yadao
Men's Athletic Director's Scholar-Athlete Award Winner: Matt Branum
Women's Athletic Director's Scholar-Athlete Award Winner: Kari Haag
Men's Captains: Matt Branum, Micah Copeland, Erik Morris
Women's Captains: Christy Garth, Kari Haag
1996-97
Men's Most Valuable Swimmer: Micah Copeland
Women's Most Valuable Swimmer: Richelle Fox
Men's Most Outstanding Swimmer: Tucker Shade
Women's Most Outstanding Swimmer: Richelle Fox
Men's Most Improved Swimmer: Matt Lundgaard
Women's Most Improved Swimmer: Kelly McLaughlin
Men's Hill Carrow Spirit Award Winner: Tucker Shade
Women's Hill Carrow Spirit Award Winner: Jennifer Strasburger
Bruce Webster Memorial Award Winners: Steve Bonack and Eric Fehr
Class of 1989 Most Dedicated Swimmer Award Winner: Richelle Fox
Class of 1940 Blue Dolphin Award Winners: Matt Branum, Steve Bonack, Micah Copeland, Patrick Heffernan, Jason James, Erik Morris, Jeff Weiss
Osterneck Family Unsung Hero Award Winner: Erik Morris
Men's Athletic Director's Scholar-Athlete Award Winner: Matt Branum
Women's Athletic Director's Scholar-Athlete Award Winner: Cara Dunaway
Men's Captains: Matt Branum, Micah Copeland, Erik Morris
Women's Captains: Cara Dunaway, Chrissy Miller
1997-98
Men's Most Valuable Swimmer: Ted Brisson
Women's Most Valuable Swimmer: Richelle Fox
Men's Most Outstanding Swimmer: Tucker Shade
Women's Most Outstanding Swimmer: Richelle Fox
Men's Most Improved Swimmer: Brad Kline
Women's Most Improved Swimmer: Kelsey Durkin
Men's Hill Carrow Spirit Award Winner: Tim Tober
Women's Hill Carrow Spirit Award Winner: Tracey Rankin
Bruce Webster Memorial Award Winner: Seth Laughlin
Class of 1989 Most Dedicated Swimmer Award Winner: Richelle Fox
Class of 1940 Blue Dolphin Award Winner: Marc Davis
Osterneck Family Unsung Hero Award Winners: Brian Cockman, Sarah Purcell
Men's Athletic Director's Scholar-Athlete Award Winner: Eric Fehr
Women's Athletic Director's Scholar-Athlete Award Winners: Richelle Fox, Millie Long

Men's Captains: Ed Abele, Trevor Runberg
Women's Captains: Richelle Fox, Millie Long
1998-99
Men's Most Valuable Swimmer: Ted Brisson
Women's Most Valuable Swimmer: Erika Acuff
Men's Most Outstanding Swimmer: Tucker Shade
Women's Most Outstanding Swimmer: Katie Hathaway
Men's Most Improved Swimmers: Justin Rossi, Greg Johnson
Women's Most Improved Swimmer: Heather Stiles
Men's Hill Carrow Spirit Award Winner: Tim Tober
Women's Hill Carrow Spirit Award Winner: Jennifer Strasburger
Bruce Webster Memorial Award Winner: Tom Schmelzer
Class of 1989 Most Dedicated Swimmer Award Winner: Kelly McLaughlin
Class of 1940 Blue Dolphin Award Winners: Liz Bursiek, Katie Coates, Hilary Hoskins, Karen Krysiowski, Catherine Frock, Kelsey Durkin, Beth Schlessman, Tracey Rankin
Osterneck Family Unsung Hero Award Winners: Liz Bursiek, Katie Coates, Hilary Hoskins, Karen Krysiowski, Catherine Frock, Tim Tober, Matt Lundgaard, Christian Weber
Men's Athletic Director's Scholar-Athlete Award Winner: Ted Brisson
Women's Athletic Director's Scholar-Athlete Award Winner: Beth Schlessman
Men's Captains: Ted Brisson, Tucker Shade, Tom Schmelzer
Women's Captains: Kelsey Durkin, Beth Schlessman, Tracey Rankin
1999-2000
Men's Most Valuable Swimmer: Chris Helin
Women's Most Valuable Swimmer: Katie Hathaway
Men's Most Outstanding Swimmer: Sean Quinn
Women's Most Outstanding Swimmer: Christy Watkins
Men's Most Improved Swimmer: Andrew Biedrzycki
Women's Most Improved Swimmer: Janna Turner
Men's Hill Carrow Spirit Award: Jonah Turner
Women's Hill Carrow Spirit Award: Jennifer Strasburger
Bruce Webster Memorial Award Winner: Stephen Mohr
Class of 1989 Most Dedicated Swimmer Award Winner: Kelly McLaughlin
Osterneck Family Unsung Hero Award Winner: Kevin Mangum
Men's Athletic Director's Scholar-Athlete Award Winner: Christian Zuburg
Women's Athletic Director's Scholar-Athlete Award Winners: Kelly McLaughlin, Jennifer Strasburger
Men's Captains: Brad Kline, Seth Laughlin, David Weeks
Women's Captains: Kelly McLaughlin, Jennifer Strasburger
2000-01
Men's Most Valuable Swimmer: Chris Helin

Women's Most Valuable Swimmer: Erika Acuff
Men's Most Outstanding Swimmer: Yuri Suguiyama
Women's Most Outstanding Swimmer: Katie Hathaway
Men's Most Improved Swimmer: Jimmy Owens
Women's Most Improved Swimmer: Elizabeth Misiti
Men's Hill Carrow Spirit Award: Seth Laughlin
Women's Hill Carrow Spirit Award: Janna Turner
Bruce Webster Memorial Award Winner: Stephen Mohr
Class of 1989 Most Dedicated Swimmer Award: Jessi Perruquet
Osterneck Family Unsung Hero Award Winners: JoAnn Overton, Erica Vrana, Taylor Marks, David Meschke
Class of 1940 Blue Dolphin Award Winners: Elizabeth Farrington, Judy Weseman
Men's Athletic Director's Scholar-Athlete Award Winner: David Slawinski
Women's Athletic Director's Scholar-Athlete Award Winner: JoAnn Overton
Men's Captains: Brad Kline, Seth Laughlin, David Slawinski
Women's Captains: Erika Acuff, Katie Hathaway
2001-02
Men's Most Valuable Swimmer: Chris Helin
Women's Most Valuable Swimmer: Katie Hathaway
Men's Most Outstanding Swimmer: Sean Quinn
Women's Most Outstanding Swimmer: Jessi Perruquet
Men's Most Improved Swimmer: Reid Owen
Women's Most Improved Swimmer: Whitney Smith
Men's Hill Carrow Spirit Award: Seth Laughlin
Women's Hill Carrow Spirit Award: Janna Turner
Bruce Webster Memorial Award Winner: Seth Laughlin
Class of 1989 Most Dedicated Swimmer Award: Gena Bittner
Osterneck Family Unsung Hero Award Winners: Andrew Biedrzycki, Greg Johnson
Class of 1940 Blue Dolphin Award Winners: Tom and Judy Kean
David McInnis Diving Awards: Stephen Krebs, Ashley Benner
Men's Athletic Director's Scholar-Athlete Award Winner: Seth Laughlin
Women's Athletic Director's Scholar-Athlete Award Winner: Katie Hathaway
Men's Captains: Seth Laughlin, Chris Helin, Kert Johnson
Women's Captains: Janna Turner, Katie Hathaway
2002-03
Men's Most Valuable Swimmer: Sean Quinn
Women's Most Valuable Swimmer: Christy Watkins
Men's Most Outstanding Swimmer: Yuri Suguiyama
Women's Most Outstanding Swimmer: Jessi Perruquet
Men's Most Improved Swimmer: Josh Glasco
Women's Most Improved Swimmer: Lizzy Bruce
Men's Hill Carrow Spirit Awards: Sean Quinn, Stephen Mohr
Women's Hill Carrow Spirit Award: Janna Turner

Bruce Webster Memorial Award Winner: Stephen Mohr
Class of 1989 Most Dedicated Swimmer Awards: Becky Acker, Kelly Weeks
Osterneck Family Unsung Hero Award Winners: Hal Wansley, P.J. Wallin
Class of 1940 Blue Dolphin Award Winner: Sharon Wagner
Men's Athletic Director's Scholar-Athlete Award Winner: Stephen Mohr
Women's Athletic Director's Scholar-Athlete Award Winner: Laura Collier
Men's Captains: Stephen Mohr, Stephen Krebs, Sean Quinn
Women's Captains: Janna Turner, Jessi Perruquet
2003-04
Men's Most Valuable Swimmer: Yuri Suguiyama
Women's Most Valuable Swimmers: Jessi Perruquet, Kelly Weeks
Men's Most Outstanding Swimmer: Yuri Suguiyama
Women's Most Outstanding Swimmer: Jessi Perruquet
Men's Most Improved Swimmer: Patrick Woodruff
Women's Most Improved Swimmer: Emily Reardon
Men's Hill Carrow Spirit Award: Dan Vick
Women's Hill Carrow Spirit Award: Whitney Smith
Bruce Webster Memorial Award Winner: Yuri Suguiyama
Andrea Erben Most Dedicated Swimmer Award: Becky Acker
Osterneck Family Unsung Hero Award Winners: Sinisa Haberle, Gena Bittner, Courtney Lewis
Class of 1940 Blue Dolphin Award Winner: Willem Bok
David McInnis Diving Awards: Eric Poitras, Elizabeth Misiti, Lindsay Waddell, Jennifer Rehm
Men's Athletic Director's Scholar-Athlete Award Winner: Yuri Suguiyama
Women's Athletic Director's Scholar-Athlete Award Winners: Jessi Perruquet, Becky Acker
Men's Captains: Yuri Suguiyama, Dan Vick
Women's Captains: Jessie Brosch, Jessi Perruquet
2004-05
Men's Most Valuable Swimmer: Josh Glasco
Women's Most Valuable Swimmer: Lindsey Marck
Men's Most Outstanding Swimmer: Josh Glasco
Women's Most Outstanding Swimmer: Lindsey Marck
Men's Most Improved Swimmers: Casey Kott, Philip Owen
Women's Most Improved Swimmer: Kelly Woodruff
Men's Hill Carrow Spirit Award: Jon Van Assen
Women's Hill Carrow Spirit Award: Jessie Brosch
Bruce Webster Memorial Award Winner: Aaron Burns
Andrea Erben Most Dedicated Swimmer Award: Erin Cutrell
David McInnis Diving Awards: Ben Herboth, Gia Santoro
Men's Athletic Director's Scholar-Athlete Award Winner: John Hartmann

Women's Athletic Director's Scholar-Athlete Award Winner: Jessie Brosch
Men's Captains: Reid Owen, Eric Mohr
Women's Captains: Jessie Brosch, Kathleen Quinn, Virginia Hanson
2005-06
Men's Most Valuable Swimmer: Hank Browning
Women's Most Valuable Swimmer: Lindsey Marck
Men's Most Outstanding Performer: Ryan Funderburk
Women's Most Outstanding Swimmers: Whitney Sprague, Nicole O'Donnell
Men's Most Improved Performer: Ryan Funderburk
Women's Most Improved Swimmer: Kimmy Davis
Men's Hill Carrow Spirit Award: Patrick Woodruff
Women's Hill Carrow Spirit Award: Becky Smock
Bruce Webster Memorial Award Winner: Patrick Woodruff
Andrea Erben Most Dedicated Swimmer Award: Emily Reardon
David McInnis Diving Awards: Ryan Funderburk, Jon Fox, Mandi Arak
Osterneck Family Unsung Hero Award Winners: Josh Weavil, Erich Gloege
Class of 1940 Blue Dolphin Award Winner: Quinton Sawyer
Men's Athletic Director's Scholar-Athlete Award Winner: Patrick Woodruff
Women's Athletic Director's Scholar-Athlete Award Winners: Lizzy Bruce, Gia Santoro
Men's Captains: Josh Glasco, Jon Albrecht, Patrick Woodruff
Women's Captains: Lizzy Bruce, Gia Santoro, Becky Smock
2006-07
Men's Most Valuable Swimmer: Hank Browning
Women's Most Valuable Swimmer: Lindsey Marck
Men's Most Outstanding Swimmer: Chip Peterson
Women's Most Outstanding Swimmer: Whitney Sprague
Men's Most Improved Swimmer: Philip Owen
Women's Most Improved Performer: Laura Filip
Men's Hill Carrow Spirit Award: Robby Swediman
Women's Hill Carrow Spirit Awards: Becky Smock, Emily Reardon, Erin Cutrell
Bruce Webster Memorial Award Winner: Robby Swediman
Andrea Erben Most Dedicated Swimmer Award: Ashley Howard
David McInnis Diving Awards: Jon Fox, Laura Filip
Osterneck Family Unsung Hero Award Winners: Paul Weir, Adam Schauer, Robbie Bittner, Stewart Norman
Class of 1940 Blue Dolphin Award Winner: Steve Gisselman
Men's Athletic Director's Scholar-Athlete Award Winner: Jon Fox
Women's Athletic Director's Scholar-Athlete Award Winner: Emily Reardon
Men's Captains: Robby Swediman, Jon Fox, Aaron Burns, Keith Laabs
Women's Captains: Emily Reardon, Lindsey

Marck, Erin Cutrell, Becky Smock
2007-08
Men's Most Valuable Swimmer: Tyler Harris
Women's Most Valuable Swimmer: Kelsey Morrissy
Men's Most Outstanding Swimmer: Joe Kinderwater
Women's Most Outstanding Swimmer: Whitney Sprague
Men's Most Improved Swimmer: Flynn Jones
Women's Most Improved Performer: Caroline Hartmann
Men's Hill Carrow Spirit Award: Brandon Sudreth
Women's Hill Carrow Spirit Award: Kelly Woodruff
Bruce Webster Memorial Award Winners: Yi-Khy Saw, Jason McLaughlin
Andrea Erben Most Dedicated Swimmer Awards: Kelsey Morrissy, McIlvain
David McInnis Diving Awards: Erika Matheis, Laura Filip, Ryan Funderburk
Osterneck Family Unsung Hero Award Winners: Will Bondurant
Class of 1940 Blue Dolphin Award Winner: Keith Laabs, Philip Owen, Robby Swediman
Tar Healer Award: Kelly Woodruff
Team Academic Captains: Aubrette Biegel, Katy Pritchett, Yi-Khy Saw
Men's Athletic Director's Scholar-Athlete Award Winner: Keith Laabs
Women's Athletic Director's Scholar-Athlete Award Winner: Laura Filip
Men's Captains: Robby Swediman, Philip Owen, Keith Laabs
Women's Captains: Lindsey Marck, Laura Filip, Kelsey Morrissy, Taylor McFarlane

Notes About Carolina Swimming Team Awards: The Most Valuable, Most Outstanding and Most Improved Awards for both the men's and women's teams are all named for Richard E. Jamerson, who founded the University of North Carolina swimming program in 1938-39. The Hill Carrow Spirit Award is presented annually in honor of former Tar Heel swimmer Hill Carrow, Class of 1977, to the swimmer on each team who exhibits the most school spirit. The Bruce Webster Memorial Award is presented annually to the most dedicated member of the men's team. The award honors former Tar Heel swimmer Bruce Webster, Class of 1981, who passed away in 1983. The Athletic Director's Scholar-Athlete Awards, begun in 1986, are presented annually by the UNC Athletic Director to the top student-athlete in each of UNC's 28 varsity sports. The Andrea Erben Memorial Award is given each year to the most dedicated swimmer on the women's team and honors Andrea Erben, a Tar Heel swimmer who passed away following her sophomore year in 2003. The Class of 1940 Blue Dolphin Award is given in honor of the senior class which founded UNC's swimming program in 1938-39 and is awarded to an individual who has made exceptional overall contributions to the Carolina swimming program. The Osterneck Family Award is given annually by Rhoda Osterneck of Durham, N.C., to the swimming program's unsung heroes. It is dedicated in the loving memory of Bob Osterneck, Rhoda's husband, who passed away in June 1991, and her late mother, Minnie Pitkus. The David McInnis Diving Awards honor David McInnis, Class of 1957, and winner twice of the John A. Futchenberg Award as the ACC's top diver. It is awarded each year to the outstanding diver on each UNC squad.



Chris Helin, Most Valuable Swimmer:
1999-2000, 2000-01, 2001-02



Yuri Suguiyama, Most Outstanding Swimmer:
2002-03, 2003-04



Laura Filip, Most Improved Performer:
2006-07



All-Time Letter Winners

Men's Team

Letter Winners

AAA

Abele, Ed, 1995-98
 Abrahamson, Ira, Jr., 1943-44
 Adams, David M., 1986-88
 Adams, George H., 1993
 Adams, Thaddeus A., III, 1963-64
 Adams, Thomas J., Jr., 1965-67
 Albrecht, Jon, 2003-06
 Alexander, Jay M., 1952
 Alexander, Richard J., 1952
 Allen, Aaron, (Mgr.), 1994-96
 Allen, David D., 1984-85
 Allison, Derek S., 1995-96
 Amaya, Michael A., 1976-79
 Ambler, Kirby B., 1950-52
 Ames, Chad, 2003-06
 Anderson, Ashley H., 1990-91
 Anderson, David E., 1982
 Anderson, Peter C., 1972
 Andraka, Douglas, 1979-81
 Antshel, Kevin M., 1989-92
 Asseff, Ben, 2005
 Atwater, James T., 1956-57
 Austin, Jonathon G., 1987-90
 Aycock, Benjamin F., 1972-75
 Aycock, Thomas, 1977-78
BBB
 Baarcke, Leonide A., 1951-53
 Baccich, Wade, 2004-07
 Baer, Klaus D., 1988-91
 Baker, Richard Henry, Jr., 1954-56
 Balderston, Timothy R., 1975-77
 Baldwin, Matthew Sayre, 1998-2000
 Ball, David Lee, 1966-68
 Barclay, J.A., 1940-42
 Barnes, Peter A., 1970-73
 Barrett, John B., 1959
 Bartel, Thomas R., 1982-83
 Bartlett, Charles S., Jr., 1949-50
 Bartlett, Craig G., 1981-82
 Basescu, Ronald, 1948-50
 Batchelor, Charles J., 1989-92
 Beal, Philip M., 1979
 Beam, Gilbert R., 1948-49
 Bedell, David W., 1968-71
 Behrman, Douglas N., 1966-68
 Bernuth, James T., 1965-67
 Berry, Thomas A., 1972, 1974-75
 Beutler, Mark J., 1979
 Biedrzycki, Andrew Henry, 1999-2002
 Biedrzycki, Spencer, 2007
 Bilbro, Robert H., 1960-62
 Bingham, Robert D., 1978-81
 Bippart, John D., Jr., 1948-49
 Birkenstock, Robert H., 1960
 Bissell, Dan, 1967
 Bissell, Michael S., 1962-64
 Bittner, Robbie, 2004-07
 Bloch, Laurens C., 1986-87
 Bloom, Harry E., Jr., 1959-61
 Bloom, William F., 1961-63
 Boardman, Richard B., 1964
 Bok, Willem E., 1999-2000
 Bolte, Stephen W., 1976
 Bonack, Stephen Michael, 1994-97

Bonito, Victor E., 1991-92
 Bradyhouse, Austin 2007-08
 Brake, Andy, 2008
 Branum, Matthew Bennett, 1994-97
 Breeden, Dan C., 1947-49
 Brietz, Raymond L., (Mgr.), 1972-73
 Briggs, Robert E., 1960-62
 Brisson, Theodore Edward, 1996-99
 Bristow, Andrew S., 1968-70
 Bromwell, James E., 1960-61
 Brooks, Tim B., 1997
 Browning, Harrison "Hank", 2006-07
 Bultman, Deuward G., 1947
 Burgess, William C., (Mgr.), 1952
 Burns, Aaron, 2004-07
 Burns, Robert H., III, 1962
 Butler, Peter H., 1972-73
 Byerly, Darrell, 1950
 Byers, James M., 1980-82
CCC
 Callahan, Michael Patrick, 1999-2000
 Cannon, Harold L., 1946
 Cannon, Harry B., 1980-81
 Cannon, Thomas R., 1961-62
 Capps, Tim M., 1995-96
 Carnes, Walter A., Jr., 1950
 Carney, Robert B., III, 1966
 Carrow, Harvey H., 1974-76
 Caruthers, M. R., (Mgr.), 1943
 Cashwell, Richard G., 1958-59
 Cassell, Geoffrey D., 1982-85
 Cavalaris, James, (Mgr.), 1966, 1968
 Chambers, Donald R., 1970
 Chapman, Gerard M., 1969-72
 Chenier, Michael, 2000-03
 Chorba, Michael Joseph, 1996-98
 Cidowski, Ross, 2000
 Ciocca, David R., 1978-79
 Clark, Jason D., 1990-93
 Clement, James E., 1949-50
 Cloutier, Peter B., 1993-96
 Coble, Casey, 2001-04
 Cockman, Brian Keith, 1995-98
 Colbert, Robert S., (Mgr.), 1954-56
 Cole, Cameron C., 1989-91
 Colvard, John David, 1981
 Cone, Howard McAfee, Jr., 1961-63
 Conner, Michael J., 1987, 1989-90
 Cook, Gerard L., 1947-49
 Copeland, Micah A., 1994-97
 Cornwell, Timothy, 1961
 Correll, Josh, 2007
 Countie, Matthew M., 1987, 1989-91
 Cowper, R. L., 1939
 Coxhead, George L., Jr., 1970
 Coxley, G. L., 1940-42
 Craft, Joseph A., III, 1992-95
 Craig, Thomas M., Jr., 1974-77
 Crampton, James C., 1989-92
 Croggon, Marc A., 1986-89
 Crone, Ernest G., 1943-44,

1947, 1949
 Crutchfield, Ben F., Jr., 1960
 Cunningham, Thomas F., 1977
DDD
 Dalrymple, Robert W., 1970-72
 Dameron, John Darsey, 1981, 1983-85
 Danforth, Jason, 2000
 Danielson, Russell E., 1975
 Dannemann, Frederick K., 1966-68
 Dannenbaum, Robert, 1954
 Darst, Michael E., 1969
 Davidson, Ben, 2000-01
 Davidson, Richard, 1975-78
 Davidson, Tristan, 2004-06
 Davies, Jack R., 1944, 1946
 Davis, Christopher, 1985-87
 Davis, John E., 1988-91
 Davis, Putnam, 1951
 DeCarlo, Michael C., 1978-79
 Deckman, Dalton H., 1979-80, 1982-83
 deFabrique, Yann J. S. T., 1992-95
 deJesus, Jose R., 1978-81
 DeLoatche, Charles D., Jr., 1994-95
 Derks, Marshall C., 1982
 DeSelm, Richard L., 1974-77
 DeVault, Zach, 2007
 DeVine, Stephen W., 1977
 Dietzel, Arthur, 1950
 D'Iorio, Ralph B., Jr., 1975
 Dodson, Randolph M., 1959, 1962
 Domina, Walter L., 1967
 Donato, Justin, 2001-04
 Douglas, Samuel P., Jr., 1959-60
 Doyle, Brett (Mgr.), 1995-96
 Drucker, M. D., 1940
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 Hamilton, Daniel J., 1983-86
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Fred Dannemann
1966-68



Erik Morris
1994-97



Gary Gauch
1989-92



Dick Baker
1954-56



Ryan Matuszak
2003-06



Stephen Krebs
2000-03



Justin Donato
2001-04



Nunzio Esposto
1988-91

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 Stevens, John W., 1966
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 Suguiyama, Yuri, 2001-04
 Summerlin, Daniel C., III, 1991-94
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 Walker, Robert W., (Mgr.), 1968-70
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 Ward, Ben Warren, 1943-46
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 Warren, Kenneth B., 1980-81, 1983
 Weaver, Britt L., 1980-81
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 Weir, Paul, 2004-07
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 Wheeler, Eric P., 1980-83
 Whichard, David J., 1948
 Whichard, John S., 1948-50
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 Woodhouse, N.R., 1939-41
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 Zwicker, Jeffrey A., 1958-59

Women's Team

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AAA
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 Allison, Shannon, 1992-95
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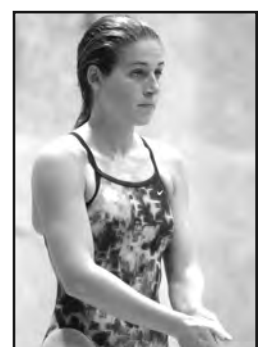
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 Arak, Mandi, 2006, 2008
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BBB
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 Ballenger, Angie, 1989
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 Barnes, Allison, 2008
 Barrett, Tracey, 1995-98
 Bassichis, Julie, 1982-83
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 Bencini, Missy, 1978-80
 Benda, Jill, 1988-91
 Benner, Ashley, 2000-03
 Berizzi, Cami, 1981-84
 Biegel, Aubrette, 2006-08
 Bittner, Gena, 2001-04
 Bodman, Lydia, 1978
 Bolton, Barb, 1988-90
 Booth, Sara, 1990
 Bouckaert, Amy, 1984
 Brosch, Jessie, 2002-05
 Brown, Bonny, 1978-80
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 Bruce, Lizzy, 2003-06
 Buckley, Ali, 1990-93
 Buddemeyer, Melanie, 1985-87, 1989
 Bunting, Tracy, 1987
 Burgess, Cathy, 1991-94
 Bursiek, Elizabeth Ann, 1996-99
 Butts, Eliza, 2007-08
CCC
 Cannon, Virginia (Mgr.), 1978
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 Carroll, Monica, 1990
 Carter, Deborah (Mgr.), 1987-88
 Castle, Ginger, 1993
 Chenier, Megan, 2003-05
 Cherpinsky, Kathleen, 1981-82
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 Claffey, Tracey, 1993
 Clark, Tracy, 1991
 Cleevly, Heather, 1989-92
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 Cluett, Anne, 1983
 Coates, Christianna Kathryn, 1996-99
 Cobb, Erin, 1991-92
 Colacurcio, Beth, 2000-01
 Collier, Eileen, 1982-85
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 Crabbe, Jeanne, 1987-88
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 Deal, Samantha, 2005-07
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Becky Acker
2001-04



Bonny Brown
1977-80



Elizabeth Misiti
2001-04



Janis Hape
1977-80



JoAnne Overton
1998-2001



Ann Hart
1992-95



Karin Andren
1988-91



Shannon Allison
1992-95

Dempster, Mary A., 1980
Dieter, Michelle Marie, 1994-95, 1997
Dhue, Laurie, 1987-88
Dombay, Diane, 1986
Donald, Lindsay, 2005
Douse, Melissa, 1989-92
Dul, Lauren, 1984
Dunaway, Cara Elizabeth, 1994-97
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Dupree, Lauren, 1978-80
Durkin, Kelsey Ann, 1996-99
Durstein, Sarah, 1983-86

EEE
Edmiston, Lisa, 1979
Edwards, Elizabeth, 1985-87
Eickman, Meagan, 2004-07
Elliott, Dondrea, 1995
Engel, Karen, 1987
Erben, Andrea, 2003
Etherington, Lisa, 1991-94

FFF
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GGG
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Gardner, Jennifer Dawn, 1999-2002
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Garth, Christy L., 1993-96
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Glazener, Tracey, 1994-95
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HHH
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Halter, Kristin, 1989-91
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McDowell, Jane (Mgr.), 1979-80
McFarlane, Taylor, 2006-08
McHardy, Trish, 1991-94
McIlvain, Lindsay, 2006-08
McLaughlin, Kelly A., 1997-2000
Meehan, Sarah E., 1997
Mein, Hannah, 2006-07
Mesmer, Liz, 1980-81
Michna, Jennifer, 1987-89
Miller, Ashley, 2008
Miller, Beth, 2007
Miller, Christine Marie, 1995-98
Mills, Holly Dyan, 1998-99
Minich, Jill, 1991-94
Misiti, Elizabeth, 2001-04
Mitchell, Betsy, 1984
Montford, Stacy, 1986
Morris, Tammy L., 1995-96
Morrissy, Kelsey, 2005-08
Morsman, Laura, 1988, 1990
Moyer, Faith A., 1997
Mulholland, Carol

(Mgr.), 1982-83
Myers, Jill, 1996-99
NNN
Nabell, Jeannette, 1981-82
Nemeth, Alison M., 1993-96
Nilon, Marissa, 2004-07
Noblett, Lisa (Mgr.), 1981-82
Norton, Annie, 2007
Nottingham, Heather, 1988-91
Nystrand, Meghan, 2003-04
OOO
O'Brien, Susan, 1985-88
O'Connor, MaryLou, 1984-87
O'Donnell, Nicole, 2006-07
O'Neal, Eva, 1981
Overton, JoAnn Marie, 1998-2001
Owen, Kristen, 1991
Oxford, Kristin, 2007

PPP
Page, Nancy, 1985-87
Perfater, Sue, 1982-85
Perroni, Sarah, 1990-91, 1993
Perruquet, Jessica, 2001-04
Pittman, Victoria (Mgr.), 1985-87
Pless, Amy, 1981-84
Potter, Laurie, 1978-79
Powers, Wendy, 1986-89
Preston, Stephanie, 1994
Pritchard, Amy, 1986-89
Pritchett, Katy, 2006-08
Proctor, Pam, 1990-93
Proctor, Sarah, 2006-07
Purcell, Sarah Margaret, 1995-98

QQQ
Quinn, Kathleen, 2002-05
RRR
Ramsey, Leslie, 1992-95
Rankin, Tracey Lynn, 1996-99
Ray, Amy, 1989-90
Reardon, Emily, 2004-07
Rehm, Jennifer, 2001-04
Richards, Margaret, 1990, 1992-93
Robins, Barbara, 1979-80
Rogers, Val, 2000
Root, Eliza, 1992
Rosser, Angie, 1993-94
Rulis, Stefanie Marie, 1999-2002

SSS
Salomon, Somer, 1993-95
Sanders, Leigh, 2000-03
Santoro, Gia, 2003-06
Sawyer, Staci, 1988-91
Schiffner, Erica, 2008
Schlessman, Elizabeth Ann, 1996-99
Schmidt, Erika, 1985-88
Schultz, Patricia, 1986-87
Scoggins, Katie, 2000-01
Scott, Sarah, 2006-08
Scott, Sue, 1982-85
Seastrom, Theresa, 1989-92
Seawell, Jennifer, 1993
Shelton, Margarete (Mgr.), 1978
Sherwani, Soraya, 1984
Shirey, Cindy, 1979-81
Silva, Lauren, 2000-01
Skeen, Aimee, 1991-92
Smith, Amanda, 2003-06
Smith, Jenni (Mgr.), 1992, 1994-95
Smith, Kathy, 1982-83
Smith, Whitney, 2001-04
Smock, Becky, 2004-07
Sprague, Whitney, 2006-08

Stankavage, Sarah, 2007
Steeves, Megan, 2007-08
Steimel, Mary Jo, 1985-87
Steinbacher, Donna, 1987-88
Stephens, Janice (Mgr.), 1978-79
Stewart, Nicola J., 1993-96
Stiles, Heather Brooke, 1999-2002
Stone, Danley, 2000
Stone, Mary, 1982-83
Strahl, Monica, 1985-88
Strasburger, Jennifer Wiley, 1997-2000
Stretcher, Susan A., 1994-96
Strickland, Jenny, 1981-84
Stroupe, Heather, 1983-86
Stroupe, Keira, 1986-89
Stuby, Elinor (Mgr.), 1981
Sullivan, Molly Elizabeth, 1999-2002
Szulc, Carrie, 1992-95

TTT
Terrill, Allison Lorraine, 1999
Thomas, Barbara, 2007-08
Thomas, Lori, 2002-03
Thompson, Nance, 1979-81
Tooher, Judith, 1978
Turlish, Hannah, 1988-91
Turner, Janna, 2000-03
VVV
Vayda, Catherine, 1978
Vilcins, Linda, 1982-85
Virag, Tammy, 1988-89
Vrana, Erica Anahid, 1998-2001

WWW
Waddell, Lindsay, 2001-04
Wallace, Barbara, 1978
Waldo, Bethany Jane, 1999
Walsh, Susan E., 1981-84
Warchoлик, Madelyn, 1978
Watkins, Christy, 2000-03
Weeks, Kelly, 2001-04
Weinberg, Wendy, 1979-80
Welker, Carol, 1981
Wentz, Ann, 1985-87
Williams, Holly, 1983-86
Williams, Martha, 1986-87, 1989
Willeboordse, Sandra, 1982
Wilson, Mona, 1983
Winde, Polly, 1983-86
Winde, Sally, 1979-82
Winthrow, Demi, 1992-93
Witter, Margie, 2000-03
Wittmer, Deana, 1995
Wong, Charlene, 2001-02
Woodruff, Kelly, 2005-08
YYY
Yadao, Cherie A., 1993-96
Young, Ellen, 1987-90
Ytterbo, Kirsten, 2004-05

Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM



Men's Year-by-Year Records

| Year | Overall W-L Record | Southern Conference Record | Southern Conference Finish | NCAA Finish | Head Coach |
|-----------------------------------|-------------------------|----------------------------------|----------------------------------|--------------------------------------|----------------------------|
| 1938-39 | 2-4 | 2-3 | 7th | | Dick Jamerson |
| 1939-40 | 7-1 | 6-0 | Champion | | Dick Jamerson |
| 1940-41 | 8-1 | 6-0 | Champion | | Dick Jamerson |
| 1941-42 | 8-0 | 5-0 | Champion | Tied 12th | Dick Jamerson |
| 1942-43 | 8-1 | 7-0 | Champion | | Dick Jamerson |
| 1943-44 | 6-0 | 2-0 | Champion | | Dick Jamerson |
| 1944-45 | 4-0 | 1-0 | Champion | | Willis Casey |
| 1945-46 | 4-3 | 1-0 | Champion | Tied 5th | Ralph Casey & Willis Casey |
| 1946-47 | 5-2 | 4-0 | Champion | | Dick Jamerson |
| 1947-48 | 10-0 | 5-0 | Champion | 14th | Dick Jamerson |
| 1948-49 | 6-1 | 3-0 | Champion | 9th | Ralph Casey |
| 1949-50 | 8-2 | 4-0 | Champion | | Dick Jamerson |
| 1950-51 | 12-0 | 5-0 | Champion | | Dick Jamerson |
| 1951-52 | 11-0 | 5-0 | Champion | | Dick Jamerson |
| 1952-53 | 9-0 | 4-0 | Champion | Tied 5th | Ralph Casey |
| Southern Conference Totals | | | | | |
| Overall | | 60-3 (.952) | | 14 Southern Conference Titles | |
| Year | Overall W-L Record | Atlantic Coast Conference Record | Atlantic Coast Conference Finish | NCAA Finish | Head Coach |
| 1953-54 | 8-2 | 4-2 | 2nd | | Ralph Casey |
| 1954-55 | 5-3 | 4-2 | 2nd | 5th | Ralph Casey |
| 1955-56 | 6-1 | 5-1 | Co-Champion | 12th | Ralph Casey |
| 1956-57 | 9-0 | 7-0 | Champion | 6th | Ralph Casey |
| 1957-58 | 11-0 | 8-0 | Champion | Tied 14th | Pat Earey |
| 1958-59 | 10-1 | 6-0 | Champion | | Pat Earey |
| 1959-60 | 9-3 | 5-2 | 3rd | | Pat Earey |
| 1960-61 | 9-3 | 4-1 | Tri-Champion | | Pat Earey |
| 1961-62 | 7-3 | 3-2 | 2nd | Tied 13th | Pat Earey |
| 1962-63 | 11-4 | 6-1 | Tri-Champion | | Pat Earey |
| 1963-64 | 12-2 | 7-0 | Co-Champion | Tied 6th | Pat Earey |
| 1964-65 | 12-2 | 6-1 | 2nd | Tied 20th | Pat Earey |
| 1965-66 | 8-5 | 4-2 | 3rd | 12th | Pat Earey |
| 1966-67 | 9-3 | 5-1 | 2nd | 9th | Pat Earey |
| 1967-68 | 7-3 | 3-2 | 2nd | 20th | Pat Earey |
| 1968-69 | 7-4 | 5-1 | 2nd | | Pat Earey |
| 1969-70 | 8-5 | 5-1 | 3rd | | Pat Earey |
| 1970-71 | 7-5 | 5-2 | 3rd | | Pat Earey |
| 1971-72 | 6-6 | 4-2 | 3rd | | Pat Earey |
| 1972-73 | 6-6 | 4-1 | 2nd | | Pat Earey |
| 1973-74 | 6-4 | 4-1 | 2nd | | Pat Earey |
| 1974-75 | 6-4 | 4-1 | 2nd | | Paul Doty |
| 1975-76 | 6-3 | 4-2 | 2nd | 28th | Jim Wood |
| 1976-77 | 4-3 | 3-1 | 3rd | Tied 29th | Jim Wood |
| 1977-78 | 5-5 | 4-1 | 2nd | Tied 26th | Frank Comfort |
| 1978-79 | 5-5 | 3-1 | 2nd | 25th | Frank Comfort |
| 1979-80 | 8-4 | 5-1 | 2nd | 22nd | Frank Comfort |
| 1980-81 | 8-2 | 4-1 | 2nd | 20th | Frank Comfort |
| 1981-82 | 6-3 | 3-2 | 2nd | 24th | Frank Comfort |
| 1982-83 | 5-3 | 3-1 | Champion | 21st | Frank Comfort |
| 1983-84 | 8-4 | 4-1 | Tied 2nd | 17th | Frank Comfort |
| 1984-85 | 4-4 | 3-2 | 3rd | Tied 36th | Frank Comfort |
| 1985-86 | 5-3 | 4-2 | 2nd | Tied 31st | Frank Comfort |
| 1986-87 | 6-4 | 4-2 | 3rd | | Frank Comfort |
| 1987-88 | 9-1 | 5-0 | Champion | 19th | Frank Comfort |
| 1988-89 | 8-2 | 4-1 | Champion | 39th | Frank Comfort |
| 1989-90 | 11-2 | 6-0 | 2nd | 30th | Frank Comfort |
| 1990-91 | 9-1 | 5-0 | Champion | 21st | Frank Comfort |
| 1991-92 | 9-2 | 5-2 | 3rd | 18th | Frank Comfort |
| 1992-93 | 10-4 | 6-1 | Champion | 14th | Frank Comfort |
| 1993-94 | 12-2 | 7-0 | Champion | 31st | Frank Comfort |
| 1994-95 | 9-5 | 5-1 | Champion | 32nd | Frank Comfort |
| 1995-96 | 10-1 | 5-0 | Champion | 15th | Frank Comfort |
| 1996-97 | 8-3 | 4-1 | Champion | 22nd | Frank Comfort |
| 1997-98 | 7-2 | 5-0 | Champion | Tied 30th | Frank Comfort |
| 1998-99 | 10-2 | 4-1 | 3rd | 30th | Frank Comfort |
| 1999-2000 | 6-4 | 3-2 | 2nd | 28th | Frank Comfort |
| 2000-01 | 6-2 | 4-1 | 2nd | | Frank Comfort |
| 2001-02 | 5-4 | 3-2 | 3rd | 31st | Frank Comfort |
| 2002-03 | 9-4 | 5-2 | 3rd | 32nd | Frank Comfort |
| 2003-04 | 7-4-1 | 3-1-1 | 3rd | 23rd | Frank Comfort |
| 2004-05 | 10-2 | 5-1 | 4th | Tied 32nd | Frank Comfort |
| 2005-06 | 6-3 | 4-1 | 3rd | Tied 41st | Frank Comfort |
| 2006-07 | 5-3 | 4-1 | 3rd | 27th | Frank Comfort |
| 2007-08 | 6-2 | 4-0 | 2nd | Tied 29th | Rich DeSelm |
| Overall & ACC Totals | 529-182-1 (.744) | 248-61-1 (.802) | 17 ACC Titles | 37 Top 30 Finishes | |



Ralph Casey & Dick Jamerson



Pat Earey



Frank Comfort



Rich DeSelm

| Year | Overall W-L Record | Atlantic Coast Conference Record | Atlantic Coast Conference Finish | NCAA Finish | Head Coach |
|---------------|----------------------------|----------------------------------|----------------------------------|-------------------------------|----------------|
| 1974-75 | 9-2 | | | | Maxine Forrest |
| 1975-76 | 8-0 | | | 9th | Jim Wood |
| 1976-77 | 3-1 | | | 7th | Jim Wood |
| 1977-78 | 5-3 | | | 8th | Frank Comfort |
| 1978-79 | 7-1 | 2-1 | 2nd | 5th | Frank Comfort |
| 1979-80 | 7-2 | 3-1 | 2nd | 7th | Frank Comfort |
| 1980-81 | 7-1 | 3-1 | Champion | 3rd | Frank Comfort |
| 1981-82 | 11-0 | 5-0 | Champion | 3rd | Frank Comfort |
| 1982-83 | 9-1 | 4-0 | Champion | 6th | Frank Comfort |
| 1983-84 | 9-0 | 5-0 | Champion | 5th | Frank Comfort |
| 1984-85 | 6-2 | 4-1 | Champion | 12th | Frank Comfort |
| 1985-86 | 8-0 | 6-0 | Champion | 16th | Frank Comfort |
| 1986-87 | 8-2 | 5-1 | 2nd | 9th | Frank Comfort |
| 1987-88 | 8-3 | 3-2 | 2nd | 19th | Frank Comfort |
| 1988-89 | 9-2 | 4-1 | 2nd | 36th | Frank Comfort |
| 1989-90 | 11-1 | 5-0 | 2nd | 15th | Frank Comfort |
| 1990-91 | 10-1 | 5-0 | Champion | 20th | Frank Comfort |
| 1991-92 | 12-0 | 7-0 | Champion | 14th | Frank Comfort |
| 1992-93 | 10-2 | 5-1 | Champion | 16th | Frank Comfort |
| 1993-94 | 11-2 | 6-0 | Champion | 26th | Frank Comfort |
| 1994-95 | 10-2 | 6-0 | Champion | 23rd | Frank Comfort |
| 1995-96 | 10-2 | 5-0 | Champion | 18th | Frank Comfort |
| 1996-97 | 8-3 | 4-1 | 2nd | 16th | Frank Comfort |
| 1997-98 | 7-3 | 5-0 | 2nd | 12th | Frank Comfort |
| 1998-99 | 7-4-1 | 2-3 | 2nd | 20th | Frank Comfort |
| 1999-2000 | 9-2 | 4-1 | Champion | 15th | Frank Comfort |
| 2000-01 | 8-1 | 5-0 | Champion | 9th | Frank Comfort |
| 2001-02 | 7-2 | 4-1 | Champion | 13th | Frank Comfort |
| 2002-03 | 12-1 | 7-0 | 2nd | 17th | Frank Comfort |
| 2003-04 | 7-3 | 4-1 | 2nd | 23rd | Frank Comfort |
| 2004-05 | 9-3 | 4-2 | 3rd | | Frank Comfort |
| 2005-06 | 8-2 | 4-1 | 3rd | Tied 41st | Frank Comfort |
| 2006-07 | 8-1 | 5-0 | Champion | 30th | Frank Comfort |
| 2007-08 | 6-3 | 3-1 | 2nd | Tied 32nd | Rich DeSelm |
| Totals | 284-58-1 (.829) | 134-20 (.870) | 16 ACC Titles | 29 Top 30 Finishes | |

| Men's Dual-Meet Records Against Opponents | | Women's Dual-Meet Records Against Opponents | |
|---|--------|---|-------|
| Alabama | 0-2 | Navy | 1-0 |
| Army | 0-3 | Nebraska | 1-0 |
| Auburn | 0-3 | NC State | 43-30 |
| Brown | 4-0 | UNC Wilmington | 3-0 |
| Bucknell | 1-0 | North Dakota | 3-0 |
| Clemson | 44-5-1 | Northwestern | 1-0 |
| Cornell | 1-0 | Notre Dame | 1-0 |
| Davidson | 6-0 | Ohio State | 0-3 |
| Duke | 71-2 | Old Dominion | 1-0 |
| East Carolina | 47-1 | Penn State | 3-0 |
| Emory | 8-0 | Pittsburgh | 2-3 |
| Emory & Henry | 1-0 | Princeton | 4-2 |
| Florida | 10-15 | Rider | 1-0 |
| Florida State | 8-11 | Rutgers | 1-0 |
| George Washington | 1-0 | South Carolina | 23-8 |
| Georgia | 11-15 | Southern Illinois | 0-1 |
| Georgia Tech | 19-1 | Southern Methodist | 1-2 |
| Harvard | 1-1 | Tampa | 1-0 |
| Illinois | 2-0 | Tennessee | 0-19 |
| Johns Hopkins | 8-0 | Texas A&M | 0-1 |
| Kenyon | 11-0 | Virginia | 39-16 |
| La Salle | 3-1 | VMI | 21-1 |
| Lehigh | 6-0 | Virginia Tech | 24-0 |
| Louisiana State | 1-0 | Wake Forest | 22-0 |
| Maryland | 38-10 | Washington & Lee | 4-0 |
| Miami (Fla.) | 4-1 | Westminster (Pa.) | 1-0 |
| Miami (Ohio) | 1-0 | West Virginia | 1-0 |
| Michigan | 0-2 | William & Mary | 7-0 |
| | | Georgia | 1-17 |
| | | Georgia Tech | 1-0 |
| | | Harvard | 1-0 |
| | | Illinois | 2-0 |
| | | James Madison | 2-0 |
| | | Johns Hopkins | 7-0 |
| | | Kenyon | 11-0 |
| | | Lehigh | 6-0 |
| | | Maryland | 23-3 |
| | | Meredith | 1-0 |
| | | Miami (Fla.) | 2-0 |
| | | Miami (Ohio) | 1-0 |
| | | Michigan | 7-1 |
| | | Minnesota | 5-5-1 |
| | | Nebraska | 1-0 |
| | | UNC Greensboro | 1-0 |
| | | NC State | 31-5 |
| | | UNC Wilmington | 2-0 |
| | | North Dakota | 2-0 |
| | | Northwestern | 2-0 |
| | | Old Dominion | 1-0 |
| | | Penn State | 6-1 |
| | | Pittsburgh | 3-0 |
| | | Princeton | 1-0 |
| | | Rice | 1-0 |
| | | Richmond | 3-0 |
| | | Rutgers | 2-0 |
| | | South Carolina | 8-4 |
| | | Southern Methodist | 0-1 |
| | | Syracuse | 2-0 |
| | | Tampa | 1-0 |
| | | Tennessee | 8-0 |
| | | Virginia | 24-9 |
| | | Virginia Commonwealth | 1-1 |
| | | Virginia Tech | 3-0 |
| | | Westminster (Pa.) | 1-0 |
| | | West Virginia | 1-0 |
| | | William & Mary | 6-0 |

| Carolina Diving Records | Three-Meter Championship (6 dives) |
|--|--|
| One-Meter Championship (6 dives) | School Record (Men): Ryan Funderburk, 413.25, 2007 |
| School Record (Men): Ryan Funderburk, 345.85, 2006 | Koury Natatorium Pool Record (Men): Reuben Ross, Miami, 439.92, 2007 |
| Koury Natatorium Pool Record (Men): Reuben Ross, Miami, 387.30, 2007 | School Record (Women): Mandi Arak, 312.40, 2005 |
| School Record (Women): Mandi Arak, 283.50, 2005 | Koury Natatorium Pool Record (Women): Jenna Dreyer, Miami, 364.15, 2007 |
| Koury Natatorium Pool Record (Women): Jenna Dreyer, Miami, 336.00, 2007 | Platform Records (6 dives for men, 5 dives for women) |
| | School Record (Men): Ryan Funderburk, 306.00, 2008 |
| | School Record (Women): Erica Schiffler, 260.85, 2008 |

Carolina Swimming and Diving

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Carolina Men's All-Time Top 10 Lists

50 Yard Freestyle

| Name | Time | Year |
|---------------------|--------|---------|
| 1. Tod Schroeder | :20.06 | 1990 |
| 1. Kevin Erndl | :20.06 | 2001 |
| 3. Mark Sedlak | :20.10 | 1993 |
| 4. Ted Brisson | :20.17 | 1998 |
| 5. Chris Jennings | :20.39 | 1997 |
| 6. Daniel Summerlin | :20.42 | 1994 |
| 7. Zach Swartz | :20.44 | 2006 |
| 8. Jed Guenther | :20.45 | 1989 |
| 8. Matt Smith | :20.45 | 1993 |
| 10. Mark Moore | :20.49 | 1992/93 |

100 Yard Freestyle

| Name | Time | Year |
|---------------------|--------|------|
| 1. Daniel Summerlin | :44.26 | 1993 |
| 2. John Davis | :44.29 | 1990 |
| 3. Tod Schroeder | :44.46 | 1991 |
| 4. Ted Brisson | :44.47 | 1998 |
| 5. Ed Abele | :44.49 | 1998 |
| 6. Larry Bloch | :44.62 | 1988 |
| 6. Chris Jennings | :44.62 | 1997 |
| 8. Hank Browning | :44.63 | 2007 |
| 9. Mark Sedlak | :44.80 | 1991 |
| 9. Robby Swendiman | :44.80 | 2007 |

200 Yard Freestyle

| Name | Time | Year |
|---------------------|---------|------|
| 1. John Davis | 1:35.59 | 1990 |
| 2. Yann deFabrique | 1:35.74 | 1993 |
| 3. David Monasterio | 1:35.77 | 1991 |
| 4. Hank Browning | 1:36.29 | 2006 |
| 5. Trevor Runberg | 1:36.56 | 1997 |
| 6. James Hamrick | 1:37.22 | 1993 |
| 7. Yuri Suguiyama | 1:37.33 | 2004 |
| 8. Philip Owen | 1:37.77 | 2008 |
| 9. Ed Abele | 1:37.95 | 1997 |
| Micah Copeland | 1:37.95 | 1997 |

500 Yard Freestyle

| Name | Time | Year |
|---------------------|---------|------|
| 1. Yann deFabrique | 4:18.91 | 1993 |
| 2. James Hamrick | 4:18.96 | 1993 |
| 3. Chip Peterson | 4:19.38 | 2007 |
| 4. David Monasterio | 4:19.53 | 1991 |
| 5. Yuri Suguiyama | 4:19.92 | 2003 |
| 6. Hank Browning | 4:19.99 | 2007 |
| 7. Trevor Runberg | 4:20.49 | 1996 |
| 8. Micah Copeland | 4:22.07 | 1996 |
| 9. Philip Owen | 4:22.78 | 2008 |
| 10. Brad Kline | 4:23.61 | 2000 |

1000 Yard Freestyle

| Name | Time | Year |
|---------------------|---------|------|
| 1. Joe Kinderwater | 8:58.09 | 2008 |
| 2. Chip Peterson | 9:02.38 | 2007 |
| 3. Yuri Suguiyama | 9:09.59 | 2001 |
| 4. Yann deFabrique | 9:09.82 | 1995 |
| 5. James Hamrick | 9:10.60 | 1992 |
| 6. Philip Owen | 9:10.71 | 2008 |
| 7. David Monasterio | 9:10.90 | 1993 |
| 8. Reid Owen | 9:11.09 | 2004 |
| Yi-Khy Saw | 9:11.09 | 2008 |
| 10. Judd Clasco | 9:12.26 | 2002 |

1650 Yard Freestyle

| Name | Time | Year |
|--------------------|----------|------|
| 1. Joe Kinderwater | 14:53.57 | 2008 |
| 2. Chip Peterson | 14:55.53 | 2007 |
| 3. Yuri Suguiyama | 15:05.10 | 2003 |
| 4. James Hamrick | 15:07.36 | 1993 |
| 5. Philip Owen | 15:10.73 | 2007 |

| | | |
|------------------|----------|------|
| 6. Hank Browning | 15:10.75 | 2006 |
| 7. Sean Gowrie | 15:13.34 | 1992 |
| 8. Stephen Mohr | 15:13.87 | 2001 |
| 9. Reid Owen | 15:14.30 | 2004 |
| 10. Yi-Khy Saw | 15:15.02 | 2008 |

100 Yard Backstroke

| Name | Time | Year |
|--------------------|--------|------|
| 1. Ted Brisson | :48.10 | 1998 |
| 2. Tommy Wyher | :48.12 | 2008 |
| 3. Josh Hafkin | :48.49 | 2008 |
| 4. Keith Laabs | :48.59 | 2007 |
| 5. Drew Sechrist | :49.12 | 1995 |
| 6. Zach Swartz | :49.16 | 2008 |
| 7. Kert Johnson | :49.23 | 2001 |
| 8. Jeff James | :49.39 | 2008 |
| 9. Jon Albrecht | :49.44 | 2004 |
| 10. Chris Jennings | :49.45 | 1999 |

200 Yard Backstroke

| Name | Time | Year |
|-------------------|---------|------|
| 1. Keith Laabs | 1:45.43 | 2007 |
| 2. Jeff James | 1:46.05 | 2008 |
| 3. Trevor Runberg | 1:46.13 | 1996 |
| 4. Bryan Stuck | 1:46.86 | 1994 |
| 5. Eric Ericson | 1:47.67 | 1984 |
| 6. Josh Hafkin | 1:47.78 | 2008 |
| 7. Eric Mohr | 1:47.84 | 2005 |
| 8. Tom Schmelzer | 1:47.97 | 1998 |
| 9. Wade Baccich | 1:48.00 | 2007 |
| 10. Chris Helin | 1:48.14 | 2000 |

100 Yard Breaststroke

| Name | Time | Year |
|-------------------|--------|------|
| 1. Gary Gauch | :54.99 | 1991 |
| 2. Steve Bonack | :55.03 | 1996 |
| 3. Scott Troy | :55.05 | 1996 |
| 4. Sean Quinn | :55.14 | 2003 |
| 5. Brad Mitchell | :55.23 | 2008 |
| 6. John Fischetti | :55.40 | 1991 |
| 7. Kevin Erndl | :55.42 | 2000 |
| 8. Aaron Burns | :55.64 | 2007 |
| 9. Chris Helin | :55.70 | 2000 |
| 10. Jeff Weiss | :55.73 | 1995 |

200 Yard Breaststroke

| Name | Time | Year |
|--------------------|---------|------|
| 1. Sean Quinn | 1:56.39 | 2002 |
| 2. Vinny Pryor | 1:58.74 | 2008 |
| 3. Ethan Hall | 1:58.79 | 1999 |
| 4. David Slawinski | 1:58.95 | 2000 |
| 5. Jeff Weiss | 1:58.98 | 1994 |
| 6. Steve Bonack | 1:58.99 | 1996 |
| 7. Scott Troy | 1:59.27 | 1996 |
| 8. Eric Fehr | 1:59.65 | 1996 |
| 9. Brad Mitchell | 2:00.38 | 2008 |
| 10. Chris Helin | 2:00.60 | 2000 |

100 Yard Butterfly

| Name | Time | Year |
|---------------------|--------|------|
| 1. Tucker Shade | :46.86 | 1998 |
| 2. Eddy Matkovic | :47.59 | 2003 |
| 3. Chris Jennings | :48.07 | 1997 |
| 4. Josh Glasco | :48.11 | 2005 |
| 5. Jon Van Assen | :48.17 | 2006 |
| 6. Tommy Wyher | :48.18 | 2008 |
| 7. William Keever | :48.25 | 1993 |
| 8. Dirk Marshall | :48.33 | 1986 |
| 9. Tyler Smith | :48.70 | 2008 |
| 10. Sebastien Moity | :48.95 | 2001 |

200 Yard Butterfly

| Name | Time | Year |
|----------------------|---------|------|
| 1. Josh Glasco | 1:44.60 | 2004 |
| 2. David Monasterio | 1:45.30 | 1991 |
| 3. Yann deFabrique | 1:46.12 | 1992 |
| 4. Tucker Shade | 1:46.72 | 1996 |
| 5. Chris Stevenson | 1:47.14 | 1985 |
| 6. Tyler Harris | 1:47.35 | 2008 |
| 7. David Weeks | 1:47.39 | 2000 |
| 8. Tim Shea | 1:47.52 | 1985 |
| 9. Chad Ames | 1:47.63 | 2004 |
| 10. Jason McLaughlin | 1:47.73 | 2008 |

200 Yard Individual Medley

| Name | Time | Year |
|---------------------|---------|------|
| 1. John Davis | 1:47.33 | 1990 |
| 2. Daniel Summerlin | 1:47.75 | 1994 |
| 3. Chris Helin | 1:47.81 | 2000 |
| 4. Eric Fehr | 1:48.61 | 1997 |
| 5. Tom Schmelzer | 1:48.66 | 1997 |
| 6. Tyler Harris | 1:48.76 | 2008 |
| 7. Tucker Shade | 1:48.96 | 1996 |
| 8. John Fischetti | 1:49.19 | 1991 |
| 9. Jeff James | 1:49.23 | 2007 |
| 10. Randy Thorpe | 1:49.61 | 1998 |

400 Yard Individual Medley

| Name | Time | Year |
|---------------------|---------|------|
| 1. Tyler Harris | 3:47.04 | 2008 |
| 2. Daniel Summerlin | 3:50.91 | 1994 |
| 3. Andy Brake | 3:51.60 | 2008 |
| 4. Chris Helin | 3:51.73 | 2002 |
| 5. Eric Fehr | 3:52.34 | 1996 |
| 6. Stephen Mohr | 3:52.56 | 2001 |
| 7. Mark Seidman | 3:52.99 | 1999 |
| 8. David Slawinski | 3:53.04 | 2000 |
| 9. Yi-Khy Saw | 3:53.38 | 2006 |
| 10. Tom Schmelzer | 3:53.49 | 1996 |

1-Meter Springboard Diving (6 Optional Format)

| Name | Score | Year |
|--------------------|--------|------|
| 1. Ryan Funderburk | 347.40 | 2005 |
| 2. Jon Fox | 337.80 | 2006 |
| 3. Ben Herboth | 331.50 | 2005 |
| 4. Eric Poiras | 322.70 | 2002 |
| 5. Stephen Krebs | 313.60 | 2002 |
| 6. David Solarz | 309.90 | 2007 |
| 7. Ryan Matuszak | 303.85 | 2004 |
| 8. Rob McMillen | 281.35 | 2002 |
| 9. Alex Kenley | 269.15 | 2007 |
| 10. Erich Gloege | 259.30 | 2005 |

3-Meter Springboard Diving (6 Optional Format)

| Name | Score | Year |
|----------------------|--------|------|
| 1. Ryan Funderburk | 413.25 | 2007 |
| 2. Jon Fox | 349.30 | 2006 |
| 3. Alex Kenley | 332.75 | 2007 |
| 4. David Solarz | 317.45 | 2008 |
| 5. Ryan Matuszak | 311.25 | 2006 |
| 6. Austin Bradyhouse | 294.55 | 2007 |
| 7. Mike Kelly | 292.50 | 2007 |
| 8. Erich Gloege | 285.55 | 2005 |
| 9. Josh Weavil | 270.10 | 2006 |
| 10. Michael Wilson | 262.57 | 2006 |

10-Meter Platform Diving

| Name | Score | Year |
|--------------------|--------|------|
| 1. Ryan Funderburk | 306.00 | 2008 |
| 2. David Solarz | 276.60 | 2008 |
| 3. Alex Kenley | 192.50 | 2007 |
| 4. Ryan Matuszak | 175.85 | 2006 |



Yuri Suguiyama, No. 5 in the 500-yard freestyle, No. 3 in the 1000- and 1650-yard freestyles, No. 7 in the 200-yard freestyle



Steve Bonack, No. 2 in the 100-yard breaststroke, No. 6 in the 200-yard breaststroke



Josh Glasco, No. 1 in the 200-yard butterfly, No. 4 in the 100-yard butterfly



50 Yard Freestyle

| Name | Time | Year |
|--------------------|--------|------|
| 1. Richelle Fox | :22.40 | 1998 |
| 2. Christy Watkins | :22.45 | 2002 |
| 3. Kelsey Morrissy | :22.67 | 2008 |
| 4. Sarah Perroni | :22.72 | 1993 |
| 5. Rebecca Kane | :22.77 | 2008 |
| 6. Erika Acuff | :22.86 | 2001 |
| 7. Megan Steeves | :22.89 | 2008 |
| 8. Melissa Douse | :22.95 | 1992 |
| 9. Jessi Perruquet | :22.95 | 2004 |
| 10. Sue Walsh | :22.96 | 1983 |

100 Yard Freestyle

| Name | Time | Year |
|--------------------|--------|---------|
| 1. Richelle Fox | :48.89 | 1998 |
| 2. Jessi Perruquet | :49.30 | 2002 |
| 3. Kelsey Morrissy | :49.37 | 2008 |
| 4. Kari Haag | :49.53 | 1995 |
| 5. Sarah Perroni | :49.68 | 1992/93 |
| 6. Christy Watkins | :49.71 | 2002 |
| 7. Eliza Butts | :49.77 | 2007 |
| 8. Melissa Douse | :50.14 | 1992 |
| 9. Rebecca Kane | :50.27 | 2008 |
| 10. Megan Steeves | :50.33 | 2008 |

200 Yard Freestyle

| Name | Time | Year |
|--------------------|---------|------|
| 1. Jessi Perruquet | 1:45.01 | 2003 |
| 2. Kari Haag | 1:46.28 | 1995 |
| 3. Richelle Fox | 1:47.29 | 1996 |
| 4. Kelsey Morrissy | 1:47.73 | 2008 |
| 5. Eliza Butts | 1:47.96 | 2007 |
| 6. Virginia Hanson | 1:48.33 | 2005 |
| 7. Whitney Sprague | 1:48.36 | 2007 |
| 8. Hannah Turlish | 1:48.68 | 1987 |
| 9. Kelly Weeks | 1:48.72 | 2004 |
| 10. Kim Beattie | 1:48.84 | 1987 |

500 Yard Freestyle

| Name | Time | Year |
|--------------------|---------|------|
| 1. Whitney Sprague | 4:41.09 | 2007 |
| 2. Katura Harvey | 4:44.42 | 2008 |
| 3. Chrissy Miller | 4:44.97 | 1998 |
| 4. Kelly Weeks | 4:46.97 | 2003 |
| 5. Jessi Perruquet | 4:48.05 | 2001 |
| 6. Leslie Ramsey | 4:48.44 | 1995 |
| 7. Whitney Smith | 4:48.61 | 2002 |
| 8. Trish McHardy | 4:48.76 | 1992 |
| 9. Hannah Turlish | 4:48.98 | 1987 |
| 10. Kristin Oxford | 4:49.20 | 2007 |

1000 Yard Freestyle

| Name | Time | Year |
|----------------------|---------|------|
| 1. Whitney Sprague | 9:35.76 | 2007 |
| 2. Polly Winde | 9:49.55 | 1983 |
| 3. Chrissy Miller | 9:50.10 | 1998 |
| 4. Nicole O'Donnell | 9:51.00 | 2005 |
| 5. Hannah Turlish | 9:52.05 | 1988 |
| 6. Whitney Smith | 9:52.47 | 2003 |
| 7. Molly Sullivan | 9:53.88 | 2001 |
| 8. Leslie Ramsey | 9:55.65 | 1994 |
| 9. Katura Harvey | 9:55.95 | 2008 |
| 10. Lindsay McIlvain | 9:56.73 | 2007 |

1650 Yard Freestyle

| Name | Time | Year |
|---------------------|----------|------|
| 1. Whitney Sprague | 15:51.02 | 2007 |
| 2. Nicole O'Donnell | 16:13.88 | 2005 |
| 3. Katura Harvey | 16:16.57 | 2008 |
| 4. Chrissy Miller | 16:17.88 | 1996 |
| 5. Hannah Turlish | 16:24.39 | 1988 |

| | | |
|---------------------|----------|------|
| 6. Molly Sullivan | 16:26.33 | 2001 |
| 7. Whitney Smith | 16:26.69 | 2003 |
| 8. Lindsay McIlvain | 16:27.37 | 2007 |
| 9. Polly Winde | 16:29.48 | 1983 |
| 10. Leslie Ramsey | 16:32.51 | 1994 |

100 Yard Backstroke

| Name | Time | Year |
|--------------------|--------|------|
| 1. Christy Watkins | :53.92 | 2000 |
| 2. Summer Mack | :54.05 | 2001 |
| 3. Megan Steeves | :54.69 | 2008 |
| 4. Meagan Eickman | :55.64 | 2007 |
| 5. Sue Walsh | :54.74 | 1983 |
| 6. Betsy Mitchell | :55.55 | 1984 |
| 7. Susan O'Brien | :55.69 | 1988 |
| 8. Kari Haag | :55.90 | 1993 |
| 9. Tracey Barrett | :55.95 | 1998 |
| 10. Heather Stiles | :55.98 | 1999 |

200 Yard Backstroke

| Name | Time | Year |
|---------------------|---------|------|
| 1. Laura Collier | 1:57.83 | 2003 |
| 2. Ashley Howard | 1:57.84 | 2007 |
| 3. Summer Mack | 1:58.22 | 2000 |
| 4. Taylor McFarlane | 1:58.67 | 2007 |
| 5. Tracey Barrett | 1:58.68 | 1998 |
| 6. Sue Walsh | 1:58.82 | 1984 |
| 7. Susan O'Brien | 1:59.03 | 1988 |
| 8. Kelsey Durkin | 1:59.46 | 1998 |
| 9. Kathleen Quinn | 1:59.67 | 2002 |
| 10. Leigh Sanders | 2:00.20 | 2002 |

100 Yard Breaststroke

| Name | Time | Year |
|---------------------|---------|------|
| 1. Katie Hathaway | 1:00.89 | 2002 |
| 2. Becky Acker | 1:02.17 | 2002 |
| 3. Alison Clemens | 1:02.22 | 2008 |
| 4. Lizzy Bruce | 1:02.84 | 2003 |
| 5. Jenny Strickland | 1:03.21 | 1984 |
| 6. Janna Turner | 1:03.48 | 2000 |
| 7. Kelsey Morrissy | 1:03.83 | 2007 |
| 8. Marissa Nilon | 1:03.85 | 2005 |
| 9. Amy Pless | 1:03.91 | 1984 |
| 10. Polly Winde | 1:04.07 | 1983 |

200 Yard Breaststroke

| Name | Time | Year |
|-----------------------|---------|------|
| 1. Katie Hathaway | 2:11.12 | 2002 |
| 2. Becky Acker | 2:12.86 | 2002 |
| 3. Alison Clemens | 2:13.21 | 2008 |
| 4. Lizzy Bruce | 2:14.70 | 2004 |
| 5. Erika Acuff | 2:15.67 | 2001 |
| 6. Polly Winde | 2:16.34 | 1984 |
| 7. Janna Turner | 2:16.74 | 2000 |
| 8. Heather Nottingham | 2:17.30 | 1991 |
| 9. Kelly Woodruff | 2:17.60 | 2005 |
| 10. Jenny Strickland | 2:18.65 | 1984 |

100 Yard Butterfly

| Name | Time | Year |
|-----------------------|--------|------|
| 1. Richelle Fox | :52.34 | 1997 |
| 2. Melanie Buddemeyer | :53.91 | 1985 |
| 3. Lindsey Marck | :54.08 | 2006 |
| 4. Summer Mack | :54.55 | 2000 |
| 5. Barb Harris | :55.04 | 1982 |
| 6. Jessie Brosch | :55.30 | 2004 |
| 7. Christy Watkins | :55.23 | 2000 |
| 8. Ilana Kavadlo | :55.30 | 2000 |
| 9. Susan Leupold | :55.41 | 1990 |
| 10. Melissa Fiss | :55.41 | 2002 |

200 Yard Butterfly

| Name | Time | Year |
|-----------------------|---------|------|
| 1. Kelly Weeks | 1:57.66 | 2003 |
| 2. Melanie Buddemeyer | 1:58.04 | 1985 |
| 3. Lindsey Marck | 1:58.79 | 2004 |
| 4. Kelly McLaughlin | 1:59.42 | 2000 |
| 5. Ilana Kavadlo | 1:59.42 | 2000 |
| 6. Chrissy Miller | 1:59.81 | 1997 |
| 7. Melissa Fiss | 1:59.88 | 2001 |
| 8. Molly Freedman | 1:59.89 | 2001 |
| 9. Leslie Ramsey | 2:00.29 | 1994 |
| 10. Jessie Brosch | 2:00.37 | 2004 |

200 Yard Individual Medley

| Name | Time | Year |
|----------------------|---------|------|
| 1. Erika Acuff | 1:59.57 | 2001 |
| 2. Katie Hathaway | 1:59.67 | 2001 |
| 3. Richelle Fox | 2:00.94 | 1996 |
| 4. Alison Clemens | 2:01.51 | 2007 |
| 5. Amy Pless | 2:02.17 | 1984 |
| 6. Polly Winde | 2:02.27 | 1983 |
| 7. Carrie Szulc | 2:02.41 | 1992 |
| 8. Becky Acker | 2:02.41 | 2002 |
| 9. Gayle Hegel | 2:02.72 | 1981 |
| 10. Kelly McLaughlin | 2:02.75 | 1997 |

400 Yard Individual Medley

| Name | Time | Year |
|--------------------|---------|------|
| 1. Polly Winde | 4:11.32 | 1984 |
| 2. Erika Acuff | 4:14.18 | 2001 |
| 3. Katie Hathaway | 4:14.40 | 1999 |
| 4. Lauren Silva | 4:15.66 | 2000 |
| 5. Chrissy Miller | 4:16.39 | 1998 |
| 6. Kelly Woodruff | 4:16.68 | 2005 |
| 7. Carrie Szulc | 4:17.01 | 1993 |
| 8. Kristin Lozeau | 4:18.61 | 1998 |
| 9. Amanda Smith | 4:18.62 | 2006 |
| 10. Alison Clemens | 4:19.02 | 2007 |

1-Meter Springboard Diving (6 Optional Format)

| Name | Score | Year |
|------------------------|--------|------|
| 1. Mandi Arak | 283.50 | 2005 |
| 2. Laura Filip | 280.45 | 2007 |
| 3. Gia Santoro | 279.70 | 2005 |
| 4. Erika Matheis | 272.85 | 2007 |
| 5. Lauren Karatanevski | 260.20 | 2006 |
| 6. Erica Schiffler | 257.50 | 2008 |
| 7. Jennifer Rehm | 247.00 | 2001 |
| 8. Ashley Benner | 244.30 | 2001 |
| 9. Lindsay Waddell | 243.60 | 2003 |
| 10. Kirsten Ytterbo | 243.00 | 2003 |

3-Meter Springboard Diving (6 Optional Format)

| Name | Score | Year |
|------------------------|--------|------|
| 1. Mandi Arak | 312.40 | 2005 |
| 2. Erika Matheis | 301.60 | 2007 |
| 3. Laura Filip | 297.20 | 2007 |
| 4. Erica Schiffler | 276.55 | 2007 |
| 5. Kate Lewis | 276.35 | 2005 |
| 6. Lauren Karatanevski | 274.60 | 2006 |
| 7. Gia Santoro | 262.45 | 2005 |
| 8. Katy Pritchett | 247.25 | 2006 |

10-Meter Platform Diving

| Name | Score | Year |
|--------------------|--------|------|
| 1. Erica Schiffler | 260.85 | 2008 |
| 2. Laura Filip | 175.65 | 2007 |
| 3. Erika Matheis | 133.50 | 2008 |



Katie Hathaway, No. 1 in the 100- and 200-yard breaststrokes, No. 2 in the 200-yard IM



Richelle Fox, No. 1 in the 50- and 100-yard freestyles, 100-yard butterfly



Whitney Sprague, No. 1 in the 500-, 1000- and 1650-yard freestyles



Team Records/Short Course & Long Course

Women's Swimming Team Records

| Event | Time | Name | Year |
|------------------|----------|---|------|
| 50 Free | 22.40 | Richelle Fox | 1998 |
| 100 Free | 48.89 | Richelle Fox | 1998 |
| 200 Free | 1:45.01 | Jessi Perruquet | 2003 |
| 500 Free | 4:41.09 | Whitney Sprague | 2007 |
| 1000 Free | 9:35.76 | Whitney Sprague | 2007 |
| 1650 Free | 15:51.02 | Whitney Sprague | 2007 |
| 100 Fly | 52.34 | Richelle Fox | 1997 |
| 200 Fly | 1:57.66 | Kelly Weeks | 2003 |
| 100 Back | 53.92 | Christy Watkins | 2000 |
| 200 Back | 1:57.83 | Laura Collier | 2003 |
| 100 Breast | 1:00.89 | Katie Hathaway | 2002 |
| 200 Breast | 2:11.12 | Katie Hathaway | 2002 |
| 200 IM | 1:59.57 | Erika Acuff | 2001 |
| 400 IM | 4:11.32 | Polly Winde | 1984 |
| 200 Medley Relay | 1:40.82 | Christy Watkins (25.57), Katie Hathaway (28.20), Summer Mack (24.61), Erika Acuff (22.44) | 2001 |
| 400 Medley Relay | 3:40.81 | Christy Watkins (54.27), Katie Hathaway (1:02.17), Summer Mack (54.36) Stefanie Rulis (50.01) | 2001 |
| 200 Free Relay | 1:31.09 | Kelsey Morrissy (23.13), Rebecca Kane (22.46), Eliza Butts (22.75), Megan Steeves (22.75) | 2008 |
| 400 Free Relay | 3:18.82 | Kelsey Morrissy (49.37), Rebecca Ken (49.95), Eliza Butts (49.70), Megan Steeves (49.80) | 2008 |
| 800 Free Relay | 7:13.33 | Virginia Hanson (1:48.97), Kelly Weeks (1:48.85), Amanda Smith (1:48.55), Jessi Perruquet (1:46.96) | 2004 |

Men's Swimming Team Records

| Event | Time | Name | Year |
|------------------|----------|--|------|
| 50 Free | 20.06 | Tod Schroeder | 1990 |
| | 20.06 | Kevin Erndl | 2001 |
| 100 Free | 44.26 | Daniel Summerlin | 1993 |
| 200 Free | 1:35.59 | John Davis | 1990 |
| 500 Free | 4:18.91 | Yann deFabrique | 1993 |
| 1000 Free | 8:58.09 | Joe Kinderwater | 2008 |
| 1650 Free | 14:53.57 | Joe Kinderwater | 2008 |
| 100 Fly | 46.86 | Tucker Shade | 1998 |
| 200 Fly | 1:44.60 | Josh Glasco | 2004 |
| 100 Back | 48.10 | Ted Brisson | 1998 |
| 200 Back | 1:45.43 | Keith Laabs | 2007 |
| 100 Breast | 54.99 | Gary Gauch | 1991 |
| 200 Breast | 1:56.39 | Sean Quinn | 2002 |
| 200 IM | 1:47.33 | John Davis | 1990 |
| 400 IM | 3:47.04 | Tyler Harris | 2008 |
| 200 Medley Relay | 1:27.97 | Josh Hafkin (22.42), Brad Mitchell (24.86), Tommy Wyher (20.94), Robby Swendiman (19.75) | 2008 |
| 400 Medley Relay | 3:15.08 | Ted Brisson (48.28), Brad Kline (55.81), Tucker Shade (46.86), Ed Abele (44.13) | 1998 |
| 200 Free Relay | 1:20.06 | Tod Schroeder (20.39), Mark Sedlak (19.36), Daniel Summerlin (20.49), John Davis (19.82) | 1991 |
| 400 Free Relay | 2:56.61 | John Davis (44.66), Tod Schroeder (44.38), Mark Sedlak (43.55), David Monasterio (44.02) | 1991 |
| 800 Free Relay | 6:26.71 | David Monasterio (1:37.02), James Hamrick (1:36.22), Daniel Summerlin (1:37.66), Yann deFabrique (1:35.81) | 1993 |

Women's Swimming Long Course Meters Team Records

| Event | Time | Name | Meet | Year |
|------------|----------|--------------------|---------------------|------|
| 50 Free | 25.42 | Kari Haag Woodall | USS Championships | 2001 |
| 100 Free | 55.90 | Kelsey Morrissy | US Olympic Trials | 2008 |
| 200 Free | 2:00.47 | Erika Acuff Erndl | US Olympic Trials | 2008 |
| 400 Free | 4:13.63 | Whitney Sprague | Charlotte UltraSwim | 2008 |
| 800 Free | 8:39.15 | Whitney Sprague | US Open | 2008 |
| 1500 Free | 16:35.65 | Whitney Sprague | US Open | 2008 |
| 100 Fly | 59.55 | Richelle Fox | Pan Pacific Games | 1997 |
| 200 Fly | 2:12.27 | Melanie Buddemeyer | USS Championships | 1987 |
| 100 Back | 1:02.48 | Sue Walsh | USS Championships | 1982 |
| 200 Back | 2:13.86 | Sue Walsh | Pan American Games | 1983 |
| 100 Breast | 1:10.79 | Katie Hathaway | USS Championships | 1983 |
| 200 Breast | 2:31.75 | Katie Hathaway | Southern Sectionals | 2001 |
| 200 IM | 2:16.05 | Erika Acuff Erndl | Southern Sectionals | 2001 |
| 400 IM | 4:47.06 | Erika Acuff Erndl | US Open | 2008 |
| | | | US Olympic Trials | 2008 |

Men's Swimming Long Course Meters Team Records

| Event | Time | Name | Meet | Year |
|------------|----------|-----------------|------------------------|------|
| 50 Free | 23.17 | Tod Schroeder | USS Championships | 1989 |
| 100 Free | 50.91 | Evan Reed | Junior Pan Pacifics | 2008 |
| 200 Free | 1:50.04 | Yann deFabrique | World University Games | 1995 |
| 400 Free | 3:52.74 | Chip Peterson | USS Championships | 2007 |
| 800 Free | 8:02.59 | Chip Peterson | Santa Clara Grand Prix | 2007 |
| 1500 Free | 15:12.33 | Chip Peterson | Pan American Games | 2007 |
| 100 Fly | 55.12 | Tucker Shade | USS Championships | 1997 |
| 200 Fly | 2:00.15 | Yann deFabrique | USS Championships | 1995 |
| 100 Back | 56.94 | Eric Ericson | US Olympic Trials | 1984 |
| 200 Back | 2:01.47 | Trevor Runberg | US Olympic Trials | 1996 |
| 100 Breast | 1:03.17 | Sean Quinn | USS Championships | 2001 |
| 200 Breast | 2:14.92 | Sean Quinn | USS Championships | 2002 |
| 200 IM | 2:04.39 | Tyler Harris | US Open | 2008 |
| 400 IM | 4:21.94 | Tyler Harris | US Open | 2008 |

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Carolina Swimming and Diving

Koury Natatorium Short Course Pool Records

Women's Records

| Event | Time | Name | School | Year |
|-------------------------|----------|----------------------|----------------|------|
| 50 Free | 22.09 | Jenny Bradford | Kentucky | 2006 |
| 100 Free | 49.08 | Nicole Haislett | Florida | 1991 |
| 200 Free | 1:46.24 | Jessi Perruquet | North Carolina | 2001 |
| 500 Free | 4:38.82 | Janet Evans | Fullerton | 1989 |
| 1000 Free | 9:25.49 | Janet Evans | Fullerton | 1989 |
| 1650 Free | 15:51.02 | Whitney Sprague | North Carolina | 2007 |
| 100 Fly | 53.00 | Christie Raleigh | Florida State | 2007 |
| 200 Fly | 1:56.01 | Pamela Minthorn | Curl-Burke | 1989 |
| 100 Back | 53.92 | Christy Watkins | North Carolina | 2000 |
| 200 Back | 1:54.65 | Alicia Humphrey | Michigan | 1994 |
| 100 Breast | 1:00.51 | Lauren Brick | Florida State | 2007 |
| 200 Breast | 2:09.06 | Mary Ellen Blanchard | Dynamos | 1989 |
| 200 IM | 2:00.36 | Mary Ellen Blanchard | Dynamos | 1989 |
| 400 IM | 4:08.53 | Janet Evans | Fullerton | 1989 |
| One-Meter Springboard | 336.00 | Jenna Dreyer | Miami | 2007 |
| Three-Meter Springboard | 364.15 | Jenna Dreyer | Miami | 2007 |
| 200 Medley Relay | 1:39.20 | Christie Raleigh | Florida State | 2007 |
| | | Lauren Brick | 25.80 | |
| | | Lauren Sparg | 27.21 | |
| | | Abbie King | 23.53 | |
| | | | 22.66 | |
| 400 Medley Relay | 3:39.15 | | Florida State | 2007 |
| | | Romy Altmann | 55.32 | |
| | | Lauren Brick | 1:00.45 | |
| | | Lauren Sparg | 53.32 | |
| | | Christie Raleigh | 50.06 | |
| 200 Free Relay | 1:31.09 | | Clemson | 2007 |
| | | Rachel Regone | 22.72 | |
| | | Lauren Sindall | 22.57 | |
| | | Michelle Parkhurst | 23.06 | |
| | | Kallie Deters | 22.74 | |
| 400 Free Relay | 3:19.44 | | North Carolina | 2007 |
| | | Eliza Butts | 49.77 | |
| | | Megan Steeves | 50.10 | |
| | | Aubrette Biegel | 50.39 | |
| | | Kelsey Morrissy | 49.18 | |
| 800 Free Relay | 7:14.38 | | North Carolina | 2007 |
| | | Ashley Howard | 1:49.74 | |
| | | Eliza Butts | 1:47.20 | |
| | | Kelsey Morrissy | 1:48.82 | |
| | | Whitney Sprague | 1:48.62 | |

Men's Records

| Event | Time | Name | School | Year |
|-------------------------|----------|------------------|----------------|------|
| 50 Free | 19.26 | Brendon Dedekind | Florida State | 1997 |
| 100 Free | 43.14 | Brendon Dedekind | Florida State | 1999 |
| 200 Free | 1:35.77 | David Monasterio | North Carolina | 1991 |
| 500 Free | 4:18.20 | Fran Crippen | Virginia | 2003 |
| 1000 Free | 8:57.84 | Fran Crippen | Virginia | 2004 |
| 1650 Free | 14:47.99 | Shilo Ayalon | Georgia Tech | 2003 |
| 100 Fly | 47.40 | Scott Beard | Virginia Tech | 2007 |
| 200 Fly | 1:43.54 | Doak Finch | Virginia | 2000 |
| 100 Back | 46.72 | Martin Zubero | Florida | 1991 |
| 200 Back | 1:41.41 | Martin Zubero | Florida | 1991 |
| 100 Breast | 52.60 | Ed Moses | Virginia | 2000 |
| 200 Breast | 1:51.99 | Ed Moses | Unattached | 2003 |
| 200 IM | 1:45.77 | Pat Mellors | Virginia | 2007 |
| 400 IM | 3:45.47 | Pat Mellors | Virginia | 2007 |
| One-Meter Springboard | 387.30 | Reuben Ross | Miami | 2007 |
| Three-Meter Springboard | 439.92 | Reuben Ross | Miami | 2007 |
| 200 Medley Relay | 1:27.71 | | Florida State | 2007 |
| | | Ian Powell | 22.81 | |
| | | Billy Jamerson | 24.70 | |
| | | Corey Swanson | 21.23 | |
| | | Jarryd Botha | 19.50 | |
| 400 Medley Relay | 3:11.60 | | Virginia | 2000 |
| | | Chris Mousetis | 48.93 | |
| | | Ed Moses | 52.38 | |
| | | Doak Finch | 46.57 | |
| | | Troy Johnson | 43.72 | |
| 200 Free Relay | 1:18.75 | | Florida State | 1998 |
| | | Brendon Dedekind | 19.28 | |
| | | Julio Santos | 19.66 | |
| | | Matt Mcvittie | 19.72 | |
| | | Kevin Flanagan | 20.09 | |
| 400 Free Relay | 2:54.37 | | Tennessee | 2003 |
| | | Bryan Goldberg | 44.48 | |
| | | Tyler Gustafson | 43.28 | |
| | | Raymond Rosal | 43.42 | |
| | | Andrew Bree | 43.19 | |
| 800 Free Relay | 6:27.08 | | Virginia | 2003 |
| | | Pat Mellors | 1:36.82 | |
| | | Richard Hutton | 1:37.34 | |
| | | Stefan Hirniak | 1:36.18 | |
| | | John Millen | 1:36.74 | |

Carolina Swimming and Diving

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ACC Records

| | | ACC Men's Swimming & Diving Record | | |
|-----------------------|----------------|---|---|---------------------------------|
| 50 Freestyle | Conference: | 19.07 | Cullen Jones, NC State | 2006 |
| | ACC Meet: | 19.07 | Cullen Jones, NC State | 2006 |
| 100 Freestyle | Conference: | 42.96 | Brendon Dedekind, Florida State | 1999 |
| | ACC Meet: | 42.96 | Brendon Dedekind, Florida State | 1999 |
| 200 Freestyle | Conference: | 1:34.54 | Matthew McLean, Virginia | 2008 |
| | ACC Meet: | 1:34.54 | Matthew McLean, Virginia | 2008 |
| 500 Freestyle | Conference: | 4:14.10 | Matthew McLean, Virginia | 2008 |
| | ACC Meet: | 4:15.91 | Matthew McLean, Virginia | 2008 |
| 1000 Freestyle | Conference: | 8:54.56 | Fran Crippen, Virginia | 2003 |
| | 1650 Freestyle | Conference: | 14:46.05 | Fran Crippen, Virginia |
| ACC Meet: | | 14:47.99 | Shilo Ayalon, Georgia Tech | 2003 |
| 100 Backstroke | Conference: | 47.72 | Stephen Parry, Florida State | 1999 |
| | ACC Meet: | 47.77 | Braden Holloway, NC State | 2000 |
| 200 Backstroke | Conference: | 1:42.67 | Luke Wagner, Virginia | 2001 |
| | ACC Meet: | 1:43.00 | Luke Wagner, Virginia | 2004 |
| 100 Breaststroke | Conference: | 52.60 | Ed Moses, Virginia | 2000 |
| | ACC Meet: | 52.60 | Ed Moses, Virginia | 2000 |
| 200 Breaststroke | Conference: | 1:53.99 | Ed Moses, Virginia | 2000 |
| | ACC Meet: | 1:54.79 | Gary Marshall, Virginia | 2002 |
| 100 Butterfly | Conference: | 46.86 | Tucker Shade, North Carolina | 1998 |
| | ACC Meet: | 47.05 | Scott Beard, Virginia Tech | 2006 |
| 200 Butterfly | Conference: | 1:42.84 | Michael Raab, Virginia | 2003 |
| | ACC Meet: | 1:43.54 | Doak Finch, Virginia | 2000 |
| 200 Individual Medley | Conference: | 1:44.99 | Pat Mellors, Virginia | 2007 |
| | ACC Meet: | 1:45.77 | Pat Mellors, Virginia | 2007 |
| 400 Individual Medley | Conference: | 3:42.03 | Pat Mellors, Virginia | 2007 |
| | ACC Meet: | 3:44.99 | Bo Greenwood, Virginia | 2002 |
| 200 Free Relay | Conference: | 1:18.75 | Florida State (Julio Santos, Kevin Flanagan, Matt McVittie, Brendon Dedekind) | 1998 |
| | ACC Meet: | 1:18.78 | Florida State (Brendon Dedekind, Eduardo Coelho, Matt McVittie, Rob Braknis) | 1997 |
| 400 Free Relay | Conference: | 2:55.22 | Florida State (Brendon Dedekind, Eduardo Coelho, Matt McVittie, Rob Braknis) | 1997 |
| | ACC Meet: | 2:55.22 | Florida State (Brendon Dedekind, Eduardo Coelho, Matt McVittie, Rob Braknis) | 1997 |
| 800 Free Relay | Conference: | 6:22.93 | Virginia (John Azar, Scot Robinson, Darren Ankosko, Matthew McLean) | 2008 |
| | ACC Meet: | 6:22.93 | Virginia (John Azar, Scot Robinson, Darren Ankosko, Matthew McLean) | 2008 |
| 200 Medley Relay | Conference: | 1:26.88 | NC State (Kevin Velleca, Dan Velez, Steve Cowling, Cullen Jones) | 2006 |
| | ACC Meet: | 1:26.88 | NC State (Kevin Velleca, Dan Velez, Steve Cowling, Cullen Jones) | 2006 |
| 400 Medley Relay | Conference: | 3:11.60 | Virginia (Chris Mousetis, Ed Moses, Doak Finch, Troy Johnson) | 2000 |
| | ACC Meet: | 3:11.60 | Virginia (Chris Mousetis, Ed Moses, Doak Finch, Troy Johnson) | 2000 |
| | | ACC Women's Swimming & Diving Record | | |
| 50 Freestyle | Conference: | 22.38 | Sara Smth, Virginia Tech | 2008 |
| | ACC Meet: | 22.45 | Christy Watkins, North Carolina | 2002 |
| 100 Freestyle | Conference: | 48.84 | Mitzi Kremer, Clemson | 1989 |
| | ACC Meet: | 49.35 | Richelle Fox, North Carolina | 1998 |
| 200 Freestyle | Conference: | 1:44.74 | Michelle Parkhurst, Clemson | 2008 |
| | ACC Meet: | 1:46.36 | Jessi Perruquet, North Carolina | 2004 |
| 500 Freestyle | Conference: | 4:39.18 | Mitzi Kremer, Clemson | 1989 |
| | ACC Meet: | 4:42.35 | Cara Lane, Virginia | 2002 |
| 1000 Freestyle | Conference: | 9:35.76 | Whitney Sprague, North Carolina | 2007 |
| | 1650 Freestyle | Conference: | 15:51.02 | Whitney Sprague, North Carolina |
| ACC Meet: | | 15:58.64 | Cara Lane, Virginia | 2001 |
| 100 Backstroke | Conference: | 52.76 | Brielle White, Virginia | 2006 |
| | ACC Meet: | 53.12 | Brielle White, Virginia | 2004 |
| 200 Backstroke | Conference: | 1:55.33 | Michelle Parkhurst, Clemson | 2008 |
| | ACC Meet: | 1:55.33 | Michelle Parkhurst, Clemson | 2008 |
| 100 Breaststroke | Conference: | 1:00.45 | Danica Wizniuk, Virginia | 1999 |
| | ACC Meet: | 1:00.52 | Danica Wizniuk, Virginia | 1999 |
| 200 Breaststroke | Conference: | 2:10.13 | Jessica Botzum, Virginia Tech | 2008 |
| | ACC Meet: | 2:11.82 | Danica Wizniuk, Virginia | 1999 |
| 100 Butterfly | Conference: | 52.34 | Richelle Fox, North Carolina | 1997 |
| | ACC Meet: | 53.00 | Christie Raleigh, Florida State | 2007 |
| 200 Butterfly | Conference: | 1:54.98 | Liz Shaw, Virginia | 2008 |
| | ACC Meet: | 1:56.07 | Liz Shaw, Virginia | 2008 |
| 200 Individual Medley | Conference: | 1:58.63 | Liz Shaw, Virginia | 2008 |
| | ACC Meet: | 1:58.63 | Liz Shaw, Virginia | 2008 |
| 400 Individual Medley | Conference: | 4:09.75 | Mirjana Bosevska, Virginia | 2002 |
| | ACC Meet: | 4:11.50 | Claire Crippen, Virginia | 2008 |
| 200 Free Relay | Conference: | 1:30.60 | Clemson (Rachel Regone, Lauren Sindall, Alex Allen, Michelle Parkhurst) | 2008 |
| | ACC Meet: | 1:30.60 | Clemson (Rachel Regone, Lauren Sindall, Alex Allen, Michelle Parkhurst) | 2008 |
| 400 Free Relay | Conference: | 3:18.69 | Virginia (Hannah Davis, Stephanie Glover, Megan Evo, Jess Lewis) | 2008 |
| | ACC Meet: | 3:18.69 | Virginia (Hannah Davis, Stephanie Glover, Megan Evo, Jess Lewis) | 2008 |
| 800 Free Relay | Conference: | 7:07.44 | Virginia (Stephanie Glover, Megan Evo, Jenna Harris, Jessica Lewis) | 2008 |
| | ACC Meet: | 7:09.12 | Virginia (Stephanie Glover, Jess Lewis, Jenna Harris, Megan Evo) | 2008 |
| 200 Medley Relay | Conference: | 1:38.59 | Florida State (Christie Raleigh, Lauren Brick, Lauren Sparg, Carrie Ellis) | 2006 |
| | ACC Meet: | 1:38.59 | Florida State (Christie Raleigh, Lauren Brick, Lauren Sparg, Carrie Ellis) | 2006 |
| 400 Medley Relay | Conference: | 3:36.98 | Florida State (Romy Altmann, Lauren Brick, Lauren Sparg, Christie Raleigh) | 2007 |
| | ACC Meet: | 3:38.27 | Virginia (Mei Christensen, Ellie Freeman, Liza Shaw, Jess Lewis) | 2008 |



2008-09 Men's NCAA Division I Swimming & Diving Time Standards

| | Short Course Yards | | | Short Course Meters | | Long Course Meters | |
|-----------------------------|--------------------|------------|-------------------|---------------------|------------|--------------------|------------|
| | A Standard | B Standard | Qualified in 2008 | A Standard | B Standard | A Standard | B Standard |
| 50 Free | 19.35 | 20.02 | 19.75 | 21.60 | 22.25 | 22.51 | 23.29 |
| 100 Free | 42.26 | 43.73 | 43.57 | 47.17 | 48.58 | 48.97 | 50.68 |
| 200 Free | 1:33.61 | 1:36.88 | 1:35.79 | 1:44.48 | 1:47.61 | 1:48.22 | 1:52.01 |
| 500 Free | 4:15.68 | 4:24.62 | 4:20.52 | 3:43.70 | 3:50.41 | 3:51.39 | 3:59.48 |
| 1650 Free | 14:51.15 | 15:22.34 | 15:10.87 | 14:48.39 | 15:15.14 | 15:23.48 | 15:55.80 |
| 100 Fly | 46.04 | 47.65 | 47.11 | 51.39 | 52.93 | 53.05 | 54.90 |
| 200 Fly | 1:42.95 | 1:46.55 | 1:45.32 | 1:54.90 | 1:58.34 | 1:58.88 | 2:03.04 |
| 100 Back | 46.69 | 48.32 | 47.62 | 52.11 | 53.68 | 55.92 | 57.88 |
| 200 Back | 1:41.53 | 1:45.08 | 1:44.00 | 1:53.32 | 1:56.71 | 1:59.59 | 2:03.78 |
| 100 Breast | 52.87 | 54.72 | 53.85 | 59.01 | 1:00.78 | 1:01.77 | 1:03.93 |
| 200 Breast | 1:54.24 | 1:58.24 | 1:57.84 | 1:56.22 | 1:59.70 | 2:13.16 | 2:17.82 |
| 200 IM | 1:44.13 | 1:47.77 | 1:46.53 | 1:56.22 | 1:59.70 | 2:01.51 | 2:05.76 |
| 400 IM | 3:44.88 | 3:52.75 | 3:49.20 | 4:10.99 | 4:18.51 | 4:19.98 | 4:29.08 |
| 200 Free Relay | 1:17.69 | 1:20.40 | 1:18.85 | 1:26.71 | 1:29.31 | 1:30.34 | 1:33.49 |
| 400 Free Relay | 2:52.47 | 2:58.50 | 2:55.46 | 3:12.49 | 3:18.26 | 3:19.85 | 3:26.84 |
| 800 Free Relay | 6:23.26 | 6:36.67 | 6:29.39 | 7:07.75 | 7:20.58 | 7:22.06 | 7:37.53 |
| 200 Med Relay | 1:25.66 | 1:28.65 | 1:27.14 | 1:35.61 | 1:38.47 | 1:39.84 | 1:43.33 |
| 400 Med Relay | 3:08.22 | 3:14.80 | 3:12.49 | 3:30.07 | 3:36.37 | 3:39.89 | 3:47.58 |
| 1-Meter Diving Points–Dual | 290.00 300.00*** | | | | | | |
| 3-Meter Diving Points–Dual | 310.00 320.00*** | | | | | | |
| Platform Diving Points–Dual | 290.00 300.00*** | | | | | | |

*** Qualifying point total when using six optional dives with standard D.D.

2008-09 Women's NCAA Division I Swimming & Diving Time Standards

| | Short Course Yards | | | Short Course Meters | | Long Course Meters | |
|-----------------------------|--------------------|------------|-------------------|---------------------|------------|--------------------|------------|
| | A Standard | B Standard | Qualified in 2008 | A Standard | B Standard | A Standard | B Standard |
| 50 Free | 21.93 | 22.80 | 22.61 | 24.48 | 25.45 | 25.18 | 26.18 |
| 100 Free | 47.84 | 49.75 | 49.39 | 53.40 | 55.53 | 54.74 | 56.93 |
| 200 Free | 1:44.02 | 1:48.18 | 1:47.09 | 1:56.10 | 2:00.74 | 1:59.02 | 2:03.78 |
| 500 Free | 4:38.46 | 4:49.59 | 4:45.37 | 4:03.63 | 4:13.36 | 4:10.42 | 4:20.43 |
| 1650 Free | 15:53.38 | 16:31.51 | 16:25.44 | 15:50.53 | 16:28.55 | 16:17.83 | 16:56.94 |
| 100 Fly | 52.02 | 54.10 | 53.75 | 58.06 | 1:00.39 | 59.32 | 1:01.69 |
| 200 Fly | 1:54.95 | 1:59.54 | 1:59.11 | 2:08.30 | 2:13.42 | 2:10.48 | 2:15.69 |
| 100 Back | 53.01 | 55.13 | 54.50 | 59.17 | 1:01.53 | 1:02.15 | 1:04.64 |
| 200 Back | 1:53.37 | 1:57.90 | 1:57.37 | 2:06.53 | 2:11.59 | 2:12.29 | 2:17.58 |
| 100 Breast | 59.99 | 1:02.38 | 1:01.83 | 1:06.96 | 1:09.63 | 1:08.96 | 1:11.71 |
| 200 Breast | 2:10.32 | 2:15.53 | 2:14.14 | 2:25.45 | 2:31.27 | 2:28.43 | 2:34.37 |
| 200 IM | 1:56.13 | 2:00.77 | 2:00.33 | 2:09.61 | 2:14.79 | 2:13.95 | 2:10.30 |
| 400 IM | 4:07.33 | 4:17.22 | 4:15.45 | 4:36.04 | 4:47.08 | 4:42.35 | 4:53.64 |
| 200 Free Relay | 1:28.35 | 1:31.88 | 1:31.00 | 1:38.61 | 1:42.55 | 1:41.44 | 1:45.49 |
| 400 Free Relay | 3:14.93 | 3:22.72 | 3:18.28 | 3:37.56 | 3:46.26 | 3:43.04 | 3:51.95 |
| 800 Free Relay | 7:02.07 | 7:18.95 | 7:10.94 | 7:51.07 | 8:09.91 | 8:02.92 | 8:22.24 |
| 200 Med Relay | 1:37.81 | 1:41.72 | 1:39.40 | 1:49.17 | 1:53.53 | 1:52.36 | 1:57.06 |
| 400 Med Relay | 3:32.56 | 3:41.06 | 3:37.84 | 3:57.24 | 4:06.72 | 4:03.21 | 4:12.94 |
| 1-Meter Diving Points–Dual | 255.00 265.00*** | | | | | | |
| 3-Meter Diving Points–Dual | 270.00 280.00*** | | | | | | |
| Platform Diving Points–Dual | 260.00 225.00*** | | | | | | |

***Qualifying point total when using six optional dives with standard D.D.

###Qualifying point total when using five optional dives with standard D.D.



Endowed Scholarships

Women's Swimming and Diving Endowed Scholarship list

Scholarship Name: Don and Mary Ann Fisher
2008-09 Student Athlete: Mandi Arak, Redshirt Junior, Scottsdale, Ariz.

Background Info: Although neither Don nor Mary Ann Fisher attended The University of North Carolina, they have become big Tar Heel fans. The Fishers reside in Rocky Mount, N.C.

Scholarship Name: Caroline Elizabeth Murphy
2008-09 Student Athlete: Kristin Arnold, Freshman, Miami, Fla.

Background Info: Mike and Fran Murphy endowed the Caroline Elizabeth Murphy Scholarship in honor of their young daughter who likes the sport of swimming. Mike graduated from UNC in 1984. He is a former member of The Educational Foundation's Board of Directors. The Murphys reside in Raleigh, N.C.

Scholarship Name: Tom and Lou Grady
2008-09 Student-Athlete: Brooke Atkinson, Freshman, Boca Raton, Fla.

Background Info: Tom and Lou Grady of Chapel Hill, N.C. endowed this scholarship. Tom received his B.A. in History and Political Science in 1965 from The University of North Carolina and Lou received her B.A. in Education the same year.

Scholarship Name: Gary, Jennifer, Annabelle, and Olivia Kayye

2008-09 Student Athlete: Allison Barnes, Sophomore, Bel Air, Md.

Background Info: Gary Kayye and his wife Jennifer endowed the scholarship. Gary received his journalism degree from Carolina in 1987. He is the owner of Chapel Hill Home Theater Design. The Kayyes reside in Chapel Hill with their two daughters Annabelle and Olivia who both swim for the North Carolina Aquatic Club at Koury Natatorium.

Scholarship Name: H. Glenn White, Jr. and Family

2008-09 Student Athlete: Allison Barnes, Sophomore, Bel Air, Md.

Background Info: H. Glenn White, Jr. is a 1951 graduate of The University of North Carolina. He is the president of White Oil Company. His son received his A.B. from Carolina in 1976 and his J.D. in 1979. Glenn resides in Cary, N.C.

Scholarship Name: Francis M. Dunn

2008-09 Student Athlete: Aubrette Biegel, Senior, Schererville, Ind.

Background Info: F.M. "Marshall" Dunn, Jr. is a 1966 graduate of The University of North Carolina. He is the president of Piggly Wiggly Supermarkets of Rocky Mount, N.C. Marshall resides in Pinetops, N.C.

Scholarship Name: C. Austin Stephens

2008-09 Student Athlete: Layne Brodie, Freshman, Atlanta, Ga.

Background Info: Although he is a Georgia Tech supporter, Charles Stephens, endowed this scholarship in honor of his son, C. Austin Stephens. Austin is a 1997 UNC graduate. He resides in Atlanta, Ga., and is a member of The Educational Foundation Board of Advisors.

Scholarship Name: Emily & Henry Massey

2008-09 Student Athlete: Eliza Butts, Junior, Weston, Mass.

Background Info: Henry Massey is a 1957 graduate of Davidson College; however, he and his wife Emily are big Carolina fans. Their two sons graduated from Carolina. The Masseys reside in Mount Holly, N.C.

Scholarship Name: Sue Walsh

2008-09 Student Athlete: Eliza Butts, Junior, Weston, Mass.

Background Info: Donald Bullard was a graduate of the UNC Class of 1957. He and his wife Nancy endowed this scholarship in honor of former UNC swimmer Sue Walsh. Sue is an 11-time collegiate national champion and former American record holder. She is a 1984 UNC graduate and is currently the Educational Foundation's Director of Endowment & Stewardship. Don passed away in May 2006. Nancy still resides in Hampstead, N.C.

Scholarship Name: B.J. and Polly Winde Surhoff

2008-09 Student Athlete: Alison Clemens, Junior, Staten Island, N.Y.

Background Info: B.J. Surhoff played baseball at Carolina from 1981-1985. He was National Player of the Year in 1985 and Major League Baseball's No. 1 draft pick. B.J. also represented the U.S. on the 1984 Olympic Team. He retired from the Baltimore Orioles after playing for the Atlanta Braves and Milwaukee Brewers for a number of years. B.J. is a former member of the Educational Foundation's Board of Directors. His wife Polly (Winde) was a four-year All-America in the sport of swimming at UNC and graduated with a Bachelor of Arts degree in 1986. The Surhoffs have endowed two athletic scholarships at Carolina. They reside in Cockeysville, Md. with their four children. Their oldest, Austin, recently competed in the 2008 Olympic Trials in the sport of swimming.

Scholarship Name: Rhoda Osterneck

2008-09 Student Athlete: Alison Clemens, Junior, Staten Island, N.Y.

Background Info: The Osternecks were avid Carolina fans for many, many years and had a special interest in the sport of swimming. Bob Osterneck was in the textile business in Lumberton, N.C. but retired a few years before his death in June 1991. Rhoda, his wife, resides in Durham, N.C. She and her family have endowed



Junior tri-captain Alison Clemens swims at Carolina on endowed scholarships sponsored by B.J. and Polly Surhoff as well as Rhoda Osterneck.

three other athletic scholarships at Carolina.

Scholarship Name: Bayer CropScience LP
2008-09 Student Athlete: Candace Cooper, Freshman, Raleigh, N.C.

Background Info: Jack Boyne and Josh Weeks assisted in setting up this scholarship through Bayer CropScience in the Research Triangle Park. Josh's daughter Kelly graduated from Carolina in 2004 and was a very successful swimmer and ACC record holder.

Scholarship Name: Robert R. Shipman Memorial

2008-09 Student Athlete: Nikki Griswell, Senior, Charlotte, N.C.

Background Info: Robert R. Shipman received his B.S. in Business Administration from The University of North Carolina in 1965. He was the retired president of Sunbelt Resorts. He resided in Atlanta, Ga. prior to his death in 2006.

Scholarship Name: Robert H. Hood, Jr., Irene G. Hood, Robert Hood III, and Jackie Welch Hood

2008-09 Student Athlete: Katura Harvey, Sophomore, Rockville, Md.

Background Info: Robert and Jackie Welch Hood endowed this scholarship and are both University of North Carolina graduates. Bob received his Industrial Relations degree from UNC in 1971 and his Law degree in 1974. He owned his own law firm in Durham until he retired. Jackie received her Dental Auxiliary Teacher Education degree in 1980 and was a dental hygienist instructor at Guilford Technical Community College. The Hoods recently sold their home in Graham and are traveling across the country and Canada by means of a 40 foot recreational vehicle. The scholarship is named after Bob and Jackie as well as Bob's parents, Robert and Irene Hood.



Tom and Janet Kean has endowed five swimming scholarships at North Carolina. Junior Ashley Howard is the recipient of one of those scholarships.

Scholarship Name: Tom and Janet Kean
2008-09 Student Athlete: Ashley Howard, Junior, Durham, N.C.

Background Info: Although Tom Kean went to LaSalle University in Philadelphia, Pa., he and his wife Janet are big supporters of Carolina Athletics. One of their daughters attended UNC. Tom is currently a member of the Educational Foundation's Executive Board. He is a fine

swimmer himself. He and Janet have endowed five swimming scholarships at Carolina in addition to making possible the completion of the diving platform complex at Koury Natatorium. The Keans reside in Norwood, N.C. but also have a home in Chapel Hill.

Scholarship Name: Emily Millis Hiatt & Molly Millis Hedgecock

2008-09 Student Athlete: Rebecca Kane, Sophomore, Toms River, N.J.

Background Info: J.H. "Jim" Millis graduated from UNC in 1947. He was the chairman of The Millis Foundation of High Point, N.C. until his death in 2004 and was a former member of The Educational Foundation's Board of Directors. Jim and his wife Jesse have three children. The Emily Millis Hiatt and Molly Millis Hedgecock Scholarship is named after their two daughters who swam competitively in High Point when they were young. The Millis family endowed another athletic scholarship at UNC in addition to this one. Jesse still resides in High Point, N.C.

Scholarship Name: Tom & Janet Kean

2008-09 Student Athlete: Rebecca Kane, Sophomore, Toms River, N.J.

Background Info: Although Tom Kean went to LaSalle University in Philadelphia, Pa., he and his wife Janet are big supporters of Carolina Athletics. One of their daughters attended UNC. Tom is currently a member of the Educational Foundation's Executive Board. He is a fine swimmer himself. He and Janet have endowed five swimming scholarships at Carolina in addition to making possible the completion of the diving platform complex at Koury Natatorium. The Keans reside in Norwood, N.C. but also have a home in Chapel Hill.

Scholarship Name: Robert W. "Bob" O'Brien Memorial

2008-09 Student Athlete: Katie Keel, Freshman, Knoxville, Tenn.

Background Info: Robert W. O'Brien was a 1952 graduate as well as a strong supporter of Carolina Athletics until the time of his death in January of 1998. He was a retired Exxon executive. Bob's wife Dot resides in Durham, N.C. and is a big Tar Heel fan herself.

Scholarship Name: Miriam Green

2008-09 Student Athlete: Sarah List, Freshman, Ringgold, Ga.

Background Info: Miriam Green, formerly of Chapel Hill, endowed this scholarship. She received her Bachelor of Arts degree from The University of North Carolina in 1969. Miriam now lives in Newport, N.C.

Scholarship Name: Maxine Francis Memorial

2008-09 Student Athlete: Katie Marsh, Sophomore, Ocean Ridge, Fla.

Background Info: Mary Elizabeth Francis endowed the Maxine Francis Memorial in memory of her daughter Maxine. Maxine graduated from Carolina in 1972 and was a member of the Tar Heel volleyball team. She was later the first female swim coach at UNC. Mary Elizabeth resides in Charlotte, N.C.



Sophomore Katie Marsh is the recipient of the Maxine Francis Scholarship which honors the first-ever head women's swimming coach in Carolina history.

Scholarship Name: William C. Ingold

2008-09 Student Athlete: Katelyn Martin, Freshman, Chelmsford, Mass.

Background Info: Although Bill Ingold graduated from Elon College, he is a strong supporter of Carolina Athletics. Bill owns car dealerships in Burlington, N.C.

Scholarship Name: Robert T. and Louise L. Cashion

2008-09 Student Athlete: Kerianne McAfee, Freshman, Charlotte, N.C.

Background Info: Robert Cashion graduated from Carolina in 1956 with his B.A. in Business Administration. He is the owner/president of Cashion's Quik Stop convenience stores. Bob and his wife Louise reside in Cornelius, N.C.



Senior tri-captain Lindsay McIlvain swims at UNC on one of the most prestigious of the endowed scholarships, the one named for Maurice J. Koury, after whom Koury Natatorium is named.

Scholarship Name: Maurice J. Koury

2008-09 Student Athlete: Lindsay McIlvain, Senior, Brentwood, Tenn.

Background Info: Maurice Koury is a great benefactor of the University, two-time past president of the Educational Foundation and former trustee of The Educational Foundation's Endowment Trust. He is also a retired member of the UNC Board of Trustees. Koury Natatorium on the UNC campus is named in his honor. Maurice is a 1948 UNC graduate and the owner of Carolina Hosiery in Burlington, N.C., where he resides with his wife Ann.

Scholarship Name: Ken and Cheryl Williams
2008-09 Student Athlete: Laura Moriarty, Freshman, Methuen, Mass.

Background Info: Although neither Ken nor Cheryl Williams are UNC graduates, they are big supporters of Carolina Athletics. Cheryl is a former member of the Educational Foundation's Board of Directors and Ken is chairman of the Executive Board. Ken retired from Quintiles, a company based in Durham, N.C. The Williams have endowed two other athletic scholarships at Carolina and co-chaired the campaign to raise funds for Anderson Softball Stadium at UNC, where the actual game field is named for them. The Williams reside in Burlington, N.C.

Scholarship Name: Michael Eickman

2008-09 Student Athlete: Erica Schiffer, Senior, Woodbury, Minn.

Background Info: Dr. Michael Eickman and his wife Ann endowed this scholarship. Dr. Eickman is a Clinical Assistant Professor for Medicine at the Medical University of South Carolina. Mike and Ann reside in Spartanburg, S.C. Their daughter Meagan was a four-year swimming letter winner for Carolina, and she graduated in 2007.

Scholarship Name: George S. Stretcher M.D.

2008-09 Student Athlete: Whitney Sprague, Senior, Bronxville, N.Y.

Background Info: Dr. George S. Stretcher received his A.B. in 1963 and his M.D. in 1968, both from Carolina. He was a physician in Spartanburg, S.C. where he and his wife Olynda lived until his death in 2005. Olynda still resides there. Their daughter Susan swam for UNC and graduated in 1994.

Scholarship Name: Jim & Susan Phillips

2008-09 Student Athlete: Megan Steeves, Junior, Newark, Del.

Background Info: Jim Phillips received his A.B. in history in 1979 from The University of North Carolina where he was the student body president and he earned his J.D. in 1984 from Wake Forest University. He is a partner with Broales, Pierce and McLendon law firm. Jim is also chair of the UNC Board of Governors. His wife Susan received her A.B. in American Studies from Carolina in 1981. The Phillipses reside in Greensboro, N.C.

Scholarship Name: Blair Barker Moore

2008-09 Student-Athlete: Enuf Swanson, Freshman, Conroe, Texas

Background Info: John Barker endowed this scholarship in his daughter's name, Blair Barker Moore. John graduated from Carolina in 1967. Blair received her degree in Communication Studies in 1997, also from UNC. She resides in Dallas, Texas.

Scholarship Name: Edward & Kathleen Cornet

2008-09 Student Athlete: Sarah Tanner, Freshman, Loveland, Ohio.

Background Info: Although neither Ed nor his wife Cathy Cornet attended The University of North Carolina they are big Tar Heel fans. Ed is an instructor in the Kenan Flagler Business School. Their daughter swam at Duke and was a freestyler/breaststroker. The Cornets reside in Chapel Hill.



Endowed Scholarships

Scholarship Name: O.G. and Sara Spell (in the Honor of Sue Walsh)
2008-09 Student Athlete: Sarah Tanner, Freshman, Loveland, Ohio.
Background Info: Although neither O.G. Spell nor Sara Spell attended The University of North Carolina, two of their children (O.G. Spell, III and Laura Spell Watkins) graduated from UNC. They endowed this scholarship in honor of former UNC swimmer Sue Walsh. Sue is an 11-time collegiate national champion and former American record holder. She is a 1984 UNC graduate and is currently the Director of Endowment & Stewardship for the Educational Foundation. The Spells reside in Wendell, N.C.

Men's Swimming and Diving Endowed Scholarship List

Scholarship Name: Zucker Family
2008-09 Student Athlete: Harrison Browning, Junior, Cincinnati, Ohio
Background Info: Robert L. Zucker is a 1953 B.S.B.A. graduate of Carolina and the Chairman of Outdoor Equipment Distributors. He and his wife Anne reside in Raleigh, N.C.



Junior Hank Browning swims at UNC under the auspices of the Zucker Family Endowed Scholarship.

Scholarship Name: Tom & Janet Kean
2008-09 Student Athlete: Steven Cebertowicz, Freshman, Milwaukee, Wis.
Background Info: Although Tom Kean went to LaSalle University in Philadelphia, Pa., he and his wife Janet are big supporters of Carolina Athletics. One of their daughters attended UNC. Tom is currently a member of the Educational Foundation's Executive Board. He is a fine

swimmer himself. He and Janet have endowed five swimming scholarships at Carolina in addition to making possible the completion of the diving platform complex at Koury Natatorium. The Keans reside in Norwood, N.C. but also have a home in Chapel Hill.

Scholarship Name: Mr. & Mrs. William D. Hoover
2008-09 Student Athlete: Jim Flannery, Freshman, Bronxville, N.Y.
Background Info: William Hoover received his B.S. in Business Administration from Carolina in 1960 and his M.B.A. in 1961. He is a retired Executive Vice-President with Centura Bank. Bill resides in Asheboro, N.C. with his wife Ann. His grandson swims for the University of Texas and his granddaughter swims for the Mecklenberg Aquatic Club in Charlotte, N.C.

Scholarship Name: Frank R. Comfort
2008-09 Student Athlete: Josh Hafkin, Sophomore, Rockville, Md.
Background Info: Frank R. Comfort, head swimming and diving Coach at the University of North Carolina from 1977-2007, retired as the winningest college dual meet coach in swimming history with 578 wins. His teams also took home 26 ACC Championships – the most in conference history by a single coach. Frank boasted a 79.9% conference winning percentage on the men's side and an amazing 87.3% on the women's side. Family and friends of Coach Frank Comfort endowed this scholarship in his honor.



The recipient of the prestigious Frank R. Comfort Scholarship is sophomore backstroker Josh Hafkin. The scholarship honors 30-year Tar Heel head coach Frank Comfort (1977-2007).

Scholarship Name: Jesse K. Greenbaum
2008-09 Student Athlete: Brad Hamilton, Freshman, Kingston Jamaica
Background Info: Jesse K. Greenbaum was born in Baltimore, Md. He was a UNC letterman in lacrosse, soccer and swimming and received his undergraduate degree from Carolina in 1944 and his master's degree in education in 1949. Jesse was a two-time co-captain of the men's swimming team, a swimming All-America in 1945 and 1948, Southern Conference 50-yard freestyle champion and Southern Conference medley and freestyle relay champion. Jesse passed away in early 1991 from cancer. His wife Francis and son Robert, Class of 1988, reside in Lutherville, Md.

Scholarship Name: Patrick Earey Memorial
2008-09 Student Athlete: Tyler Harris
Background Info: Patrick Earey was a distinguished member of the faculty of the Department of Physical Education, Exercise and Sport Science at UNC for over 30 years. He also spent many years as the public address announcer at UNC football and basketball games. Coach Earey served as the men's swim coach for 17 years after taking over as head coach in 1957. His teams won nearly 81% percent of their ACC dual meets and captured five ACC championships along with eight runner-up finishes before he retired in 1974. Coach Earey was responsible for mentoring a host of All-Americas during his time in Chapel Hill with 24 different Tar Heel swimmers earning such honors. Friends and family of the late Coach Earey established this scholarship upon his death in 2005. His wife Mary Louise resides in Chapel Hill.

Scholarship Name: Jones-Sanchez
2008-09 Student Athlete: Jeff James, Sophomore, Chapel Hill, N.C.
Background Info: Russell Jones received his B.S. in Business Administration from UNC in 1996 and his Master's in Accounting in 1997. He resides in Raleigh, N.C. Russ jointly funded this scholarship along with Greg Sanchez. This is Greg's second men's swimming scholarship. Greg is a 1980 UNC graduate, receiving his B.S. in Industrial Relations. He was also member of the UNC's men's swim team while at Carolina as well as a team captain. Greg is President of TRI Properties in Durham, N.C. and a former member of The Educational Foundation's Board of Directors. He resides in Cary, N.C. with his wife Liz and two daughters.

Scholarship Name: Ramsey R. Qubein
2008-09 Student Athlete: Jeff James, Junior, Chapel Hill, N.C.
Background Info: Nido Qubein came to the United States as a teenager with no knowledge of English and no contacts and became a very successful businessman. Mr. Qubein is the chairman of an international consulting firm and recipient of the highest awards given for professional speakers. He is also chairman of a national public relations company, chairman of Great Harvest Bread Company, and chairman of the Miss North Carolina Miss USA program. Nido has written numerous books and recorded scores of audio and video learning programs including a best-seller on effective communication published by Nightingale-Conant and Berkley. His foundation provides scholarships to 45 deserving young

people each year. To-date the Qubein Foundation has granted more than 500 scholarships, worth over two million dollars. This scholarship was named in honor of his son Ramsey, a 2000 UNC graduate. Nido and his family reside in High Point, N.C.

Scholarship Name: William E. Brenner Jr.
2008-09 Student Athlete: Joe Kinderwater, Junior, Lancaster, Pa.
Background Info: Bill Brenner is a 1981 UNC alumnus and former Carolina swimmer. He served as one of UNC's assistant swim coaches a number of years ago. Bill and his wife Pam reside in Chapel Hill and have a second home in Sarasota, Fla.

Scholarship Name: Frank J. Phoenix
2008-09 Student Athlete: Joe Kinderwater, Junior, Lancaster, Pa.
Background Info: Frank Phoenix endowed this scholarship. He is the President/Director of the Fenwick Foundation. Both he and his wife Kaola graduated from the University of North Carolina in 1972. The Phoenixes reside in Chapel Hill.



Sophomore Joe Kinderwater swims at Carolina with help from the Frank J. Phoenix Endowed Scholarship.

Scholarship Name: Charles Everette Williams, Sr.
2008-09 Student Athlete: Victor Leclere, Freshman, Brookfield, Wis.
Background Info: Charles E. Williams, Jr., endowed this scholarship in honor of his father. Although neither Charles, Sr., nor Charles, Jr., attended The University of North Carolina, they are big Tar Heel fans. Charles, Jr., resides in Rocky Mount, N.C.

Scholarship Name: Tom & Janet Kean
2008-09 Student Athlete: David MacDonald, Freshman, Darien, Conn.
Background Info: Although Tom Kean went to LaSalle University in Philadelphia, Pa., he and his wife Janet are big supporters of Carolina Athletics. One of their daughters attended UNC. Tom is currently a member of the Educational Foundation's Executive Board. He is a fine swimmer himself. He and Janet have endowed five swimming scholarships at Carolina in addition to making possible the completion of the diving platform complex at Koury Natatorium. The Keans reside in Norwood, N.C. but also have a home in Chapel Hill.

Scholarship Name: Maurice J. Koury
2008-09 Student Athlete: Jason McLaughlin, Junior, White Plains, N.Y.
Background Info: Maurice Koury is a great benefactor of the University, two-time past president of the Educational Foundation and former trustee of The Educational Foundation's Endowment Trust. He is also a retired member of the UNC Board of Trustees. Koury Natatorium on the UNC campus is named in his honor. Maurice is a 1948 UNC graduate and the owner of Carolina Hosiery in Burlington, N.C.

Scholarship Name: Thomas N. Prassas Memorial
2008-09 Student Athlete: Bradley Mitchell, Senior, Somers, N.Y.
Background Info: Greg Sanchez swam at Carolina in the late 1970s. He is a member of the Educational Foundation's Board of Advisors and he resides in Cary, N.C. with his wife Liz and two daughters. Greg endowed this scholarship in memory of his former teammate at Carolina, Tom Prassas. Tom held the national high school swimming record in the 100 back in the late 1970s and was an ACC finalist in both the 100 and 200-yard backstrokes. Tom was severely burned in an accident that occurred in November 1999 and passed away in six months later. He was survived by his wife Dianne, two daughters and a son. They reside in Phoenix, Ariz. Tom's mother resides in Raleigh, N.C.

Scholarship Name: William R. Sizemore
2008-09 Student Athlete: Brock Park, Freshman, Kensington, Md.
Background Info: William R. Sizemore came to the University of North Carolina in 1954. Bill is the Vice-President of Sizemore Lumber Company and he resides in Graham, N.C.



Redshirt sophomore Chip Peterson is the recipient of the Bruce Vickers Webster Memorial Scholarship funded by the Sanchez Family of Cary, N.C.

Scholarship Name: Bruce Vickers Webster Memorial
2008-09 Student Athlete: Chip Peterson, Junior, Pine Knolls Shores, N.C.
Background Info: Greg Sanchez swam at Carolina in the late 1970s. He and his father Joe Endowed this scholarship in memory of another swimmer, Bruce V. Webster, who graduated in 1981 and later, died from a brain tumor. Greg is a member of the Educational Foundation's Board of Advisors and he resides in Cary, N.C. with his wife Liz and two daughters.

Scholarship Name: Tom & Janet Kean
2008-09 Student Athlete: Evan Reed, Freshman, Berwyn, Pa.
Background Info: Although Tom Kean went to LaSalle University in Philadelphia, Pa., he and his wife Janet are big supporters of Carolina Athletics. One of their daughters attended UNC. Tom is currently a member of the Educational Foundation's Executive Board. He is a fine swimmer himself. He and Janet have endowed five swimming scholarships at Carolina in addition to making possible the completion of the diving platform complex at Koury Natatorium. The Keans reside in Norwood, N.C. but also have a home in Chapel Hill.

Scholarship Name: George A. Wilkinson, Jr.
2008-09 Student Athlete: Yi-Khy Saw, Senior, Penang, Malaysia
Background Info: Alex Thorpe, III (Sandy) of Rocky Mount, N.C. is a 1959 BSBA graduate of The University of North Carolina. Alex Thorpe, IV (Alex) of Wrightsville Beach, N.C. is a 1983 alumnus and a former member of the Educational Foundation's Board of Directors. Sandy and Alex endowed the George A. Wilkinson, Jr. Memorial Scholarship in memory of Sandy's uncle who was a 1942 B.S. Commerce graduate of UNC. He was not on the swim team at Carolina, but enjoyed it recreationally.

Scholarship Name: Carl and Clara Cashion
2008-09 Student Athlete: Wil Singley, Freshman, Southlake, Texas
Background Info: Robert Cashion graduated from Carolina in 1956 with his B.A. in Business Administration. He is the owner/president of Cashions Quik Stop convenience stores. Bob and his wife Louise reside in Cornelius, N.C. They endowed the Carl and Clara Cashion scholarship in honor of Bob's parents.

Scholarship Name: Skeels Family
2008-09 Student Athlete: David Solarz, Junior, Westlake, Ohio
Background Info: Bill Skeels received his B.S. in Commerce from Carolina in 1950. He is retired and resides in Burlington, N.C. His wife Norma passed away in 2007.

Scholarship Name: Jeff Schenk
2008-09 Student Athlete: Tommy Wyher, Sophomore, New Port Richey, Fla.
Background Info: Jeff Schenk from Raleigh, N.C. endowed this scholarship. Jeff received his B.S. in Business Administration in 1983 and his M.B.A. in 1993 both from The University of North Carolina. He swam for the Tar Heels from 1979-1983 and was a team captain for the ACC champion 1983 squad.



1983 team captain Jeff Schenk funds the scholarship for defending ACC 100 back-stroke champion Tommy Wyher.

Carolina Swimming and Diving

WELCOME TO THE KOURY NATATORIUM



Koury Natatorium

The Maurice j. Koury Natatorium, the home of the University of North Carolina swimming and diving programs, opened in 1986 and has undergone a significant series of improvements over the past three years with the intent of keeping it one of the most up-to-date aquatic facilities in the nation. The most recent addition was the dedication of the Frank R. Comfort record boards in September 2008 for both swimming and diving. The record boards came about in the form of a gift from Tom and Janet Kean, long-time program supporters.

In addition, the locker rooms for the two teams have been redesigned. The coaches' offices were entirely redecorated. The Carolina athletic department also purchased new starting blocks and invested in significant improvements to the timing system.

A state-of-the-art, top-notch scoreboard and message board system was installed in the fall of 2006. A redesign of the team meeting room was also completed. The pool was also taken down in the summer of 2008, resulting in a maintenance project which has restored the Natatorium's original beauty.

It was after 48 seasons of intercollegiate swimming and diving competition in historic Bowman Gray Pool that the Tar Heel men's and women's swimming and diving teams moved into their new home in October 1986 with the opening of Koury Natatorium as part of the Dean E. Smith Center complex.

Now in its 23rd season of use, Koury Natatorium has gained a reputation as one of the finest pools in the nation. Several top-flight competitions have been staged here, with one of the showcase events being United States Swimming's Senior Short Course National Championships held March 21-25, 1989.

Koury Natatorium served as the host of the U.S. Master's Swimming Short Course National Championships in May 1992. That meet drew thousands of master's level swimmers from all over the nation to Chapel Hill.

Koury Natatorium has hosted several Atlantic Coast Conference Men's and Women's Swimming and Diving Championships. Those meets were held in 1987, 1989, 1991, 1992, 1993, 1995, 1996, 1997, 2000, 2003 and 2007.

Other top meets held at Koury Natatorium

have included the 1988 and 1991 NCAA Southeast Regional Diving Championships, the North Carolina High School Athletic Association men's and women's championship meets and a U.S. Swimming North Carolina-Virginia all-star meets. U.S. Swimming held its annual elite training camp at Koury Natatorium shortly in 1986.

Another highlight in Koury's history was the swimming and water polo competition at U.S. Olympic Festival-'87, an event staged in non-Olympic years by the U.S. Olympic Committee. Swimming competition played to overflow crowds all three nights and the water polo competition also set Festival attendance standards for that sport. The crowds for swimming were so large that temporary bleachers had to be set up on the pool deck to accommodate the spectators.

The natatorium was officially dedicated in ceremonies on October 2, 1987, an event which drew a capacity crowd of UNC athletic partisans, swimming enthusiasts and statewide dignitaries, including North Carolina's Lieutenant Governor, Robert Jordan, who gave the official address dedicating the facility.

The first actual competition in the facility took place almost a year before the Dedication Day when on October 31, 1986 UNC hosted the Tar Heel Invitational. The first dual meet competition was on November 10, 1986 when UNC's women defeated NC State 171-96.

The pool itself measures 50 meters in length by 25 yards in width. There are two moveable bulkheads. At its most shallow point, the pool measures seven feet in depth, and the pool is 18 feet at its deepest point. The pool also features continuous flow gutters and has one of the most advanced lighting systems of any swimming facility in the country. The gallery area provides seating for approximately 2,000 fans.

The acoustical system at the natatorium is outstanding. The gallery area is served by six speakers and six more serve the pool deck, which underwent an elaborate tiling project immediately after the Olympic Festival in 1987. In excess of 2,300 individual acoustical tiles are installed in the ceiling.

The pool, which features underwater speakers and observation booths, holds one million gallons of water, quadrupling the water capacity of



Bowman Gray Pool, which held about 250,000 gallons. There are no water jets in the pool, eliminating the problems caused by water currents. Sliding glass windows on both sides for better ventilation during the summer.

Each Carolina team has a locker room which affords two lockers for each team member. A team meeting room adjoins the deck and is named for former UNC swimming coach Ralph Casey. There is also a separate locker room for the UNC coaches and locker room facilities for visiting teams, recreational swimming and officials.

The locker rooms and meeting room are located directly across the hallway from the athletic training room of the Smith Center, which is under the direction of Chris Hirth, who serves as the head athletic trainer for the UNC swimming and diving program.

The natatorium also contains outstanding facilities for diving with platform diving facilities at several levels having been added during the summer of 2001 to the already existing one-meter and three-meter springboards. The diving area also includes a separate scoreboard and message board.

There is a second scoreboard and message board on the swimming end of the facility. The original scoreboard system was named for the late Dick Jamerson, founder of the UNC swimming program in 1939 and its first head coach. The original system was dedicated December 2, 1986 at a dual meet against Duke with Coach Jamerson's widow, Anna Jamerson, in attendance for the ceremonies. A new scoreboard and timing system was installed in the fall of 2006 in time for the Tar Heels' home opener against Georgia.

Also located on the deck level adjacent to the pool are the swimming coaches offices with a reception area and a manager's workroom and offices for the Tar Heel coaches. The offices of the North Carolina Aquatic Club are also located on the Koury pool deck. NCAC is the United States Swimming swim club based in Chapel Hill.





Janis Hape Dowd Nike Cup Records

Women's Records

| Event | Time | Name | School | Year |
|------------------|----------|---|----------------|------|
| 50 Free | 22.09 | Jenny Bradford | Kentucky | 2006 |
| 100 Free | 49.08 | Nicole Haislett | Florida | 1991 |
| 200 Free | 1:46.24 | Jessi Perruquet | North Carolina | 2001 |
| 500 Free | 4:41.09 | Whitney Sprague | North Carolina | 2007 |
| 1000 Free | 9:25.49 | Janet Evans | Fullerton | 1989 |
| 1650 Free | 15:51.02 | Whitney Sprague | North Carolina | 2007 |
| 100 Fly | 53.24 | Richelle Fox | North Carolina | 1997 |
| 200 Fly | 1:58.18 | Kelly Weeks | North Carolina | 2002 |
| | 1:58.18 | Tori DeSilvia | Tennessee | 1995 |
| 100 Back | 54.00 | Janie Wagstaff | Florida | 1992 |
| 200 Back | 1:54.65 | Alicia Humphrey | Michigan | 1994 |
| 100 Breast | 1:01.17 | Lauren Brick | Florida State | 2006 |
| 200 Breast | 2:12.83 | Katie Hathaway | North Carolina | 2001 |
| 200 IM | 2:00.90 | Katie Hathaway | North Carolina | 2001 |
| 400 IM | 4:13.73 | Melissa Olson | Kentucky | 1997 |
| 200 Free Relay | 1:31.16 | Rachel Regone (22.78) Lauren Sindall (22.74) Alex Allen (22.94) Michelle Parkhurst (22.70) | Clemson | 2007 |
| 400 Free Relay | 3:20.38 | Erin Abbey (50.04) Anne Weilbacher (49.97) Amy McCullough (49.55) Abby Seskevics (50.82) | Michigan | 2002 |
| 800 Free Relay | 7:17.71 | Walker Magill Wilding Nicole Haislett | Florida | 1991 |
| 200 Medley Relay | 1:41.39 | Jordan McHorney (26.50) Jessia Botzum (28.17) Megan Newell (24.12) Sara Smith (22.60) | Virginia Tech | 2007 |
| 400 Medley Relay | 3:42.28 | Jordan McHorney (56.79) Jessica Botzum (1:02.14) Megan Newell (53.51) Sara Smith (49.84) | Virginia Tech | 2007 |

Men's Records

| Event | Time | Name | School | Year |
|------------------|----------|---|----------------|------|
| 50 Free | 19.57 | Renato Gualdi | Tennessee | 2002 |
| 100 Free | 43.31 | Alex Righi | Yale | 2007 |
| 200 Free | 1:36.33 | Ryan Goldberg | Tennessee | 2003 |
| 500 Free | 4:18.91 | Yann deFabrique | North Carolina | 1993 |
| 1000 Free | 8:57.84 | Fran Crippen | Virginia | 2004 |
| 1650 Free | 15:04.58 | Lars Jorgenson | Tennessee | 1992 |
| 100 Fly | 47.57 | Scott Beard | Virginia Tech | 2007 |
| 200 Fly | 1:44.60 | Josh Glasco | North Carolina | 2004 |
| 100 Back | 46.72 | Martin Zubero | Florida | 1991 |
| 200 Back | 1:41.41 | Martin Zubero | Florida | 1991 |
| 100 Breast | 53.94 | Andrew Bree | Tennessee | 2000 |
| 200 Breast | 1:58.65 | Sean Quinn | North Carolina | 2002 |
| 200 IM | 1:47.04 | Casey Daw | Tennessee | 2003 |
| 400 IM | 3:47.17 | Casey Daw | Tennessee | 2004 |
| 200 Free Relay | 1:19.79 | Tyler Gustafson Bradley Duryea Josh Fulton Raymond Rosal | Tennessee | 2003 |
| 400 Free Relay | 2:54.37 | Bryan Goldberg (44.48) Tyler Gustafson (43.28) Raymond Rosal (43.42) Andrew Bree (43.19) | Tennessee | 2003 |
| 800 Free Relay | 6:27.56 | Casey Daw (1:37.32) Bryan Goldberg (1:36.39) Bradley Boswell (1:37.33) Tyler Gustafson (1:36.52) | Tennessee | 2003 |
| 200 Medley Relay | 1:27.96 | Josh Fulton (22.41) Andrew Bree (24.49) Andrew Engle (21.26) Raymond Rosal (19.80) | Tennessee | 2003 |
| 400 Medley Relay | 3:12.27 | Josh Fulton (48.04) Andrew Bree (53.26) Jamie Graves (48.16) Tyler Gustafson (43.31) | Tennessee | 2003 |

Janis Hape Dowd Nike Cup Men's and Women's Year-by-Year Team Finishes

CAROLINA MEN

| Year | Champion |
|------|--|
| 1986 | 1st Place (4 teams) |
| 1987 | No Meet |
| 1988 | 2nd Place (9 teams) |
| 1989 | No Meet |
| 1990 | No Meet |
| 1991 | Meet held; no team scores kept |
| 1992 | 2nd Place (6 teams) |
| 1993 | 2nd Place (8 teams) |
| 1994 | 3rd Place (8 teams) |
| 1995 | 3rd Place (11 teams) |
| 1996 | 2nd Place (12 teams), 835 points |
| 1997 | 2nd Place (12 teams), 630 points |
| 1998 | 1st Place (12 teams), 1,016 points |
| 1999 | 1st Place (11 teams), 1,072 points |
| 2000 | 1st Place (14 teams), 1,113 points |
| 2001 | 1st Place (8 teams), 874 points |
| 2002 | 1st Place (9 teams), 757 points |
| 2003 | 2nd Place (10 teams), 595 points |
| 2004 | 1st Place (6 teams), 1,170.5 points |
| 2005 | 2nd Place (7 teams), 862.5 points |
| 2006 | 5th Place (10 teams), 567 points |
| 2007 | 3rd Place (7 teams), 716 points |

CAROLINA WOMEN

| Year | Champion |
|------|---|
| 1986 | 1st Place (6 teams) |
| 1987 | No Meet |
| 1988 | 1st Place (10 teams) |
| 1989 | No Meet |
| 1990 | No Meet |
| 1991 | No Team Scores Kept |
| 1992 | 5th Place (6 teams) |
| 1993 | 2nd Place (8 teams) |
| 1994 | 4th Place (9 teams) |
| 1995 | 2nd Place (8 teams) |
| 1996 | 1st Place (11 teams), 1,120.5 points |
| 1997 | 2nd Place (12 teams), 874 points |
| 1998 | 2nd Place (12 teams), 724 points |
| 1999 | 1st Place (11 teams), 1,261 points |
| 2000 | 1st Place (13 teams), 1,161.5 points |
| 2001 | 1st Place (8 teams), 875 points |
| 2002 | 1st Place (10 teams), 959 points |
| 2003 | 1st Place (10 teams), 884 points |
| 2004 | 2nd Place (8 teams), 804 points |
| 2005 | 1st Place (7 teams), 883.5 points |
| 2006 | 2nd Place (9 teams), 711 points |
| 2007 | 1st Place (7 teams), 1,057 points |



The University of North Carolina

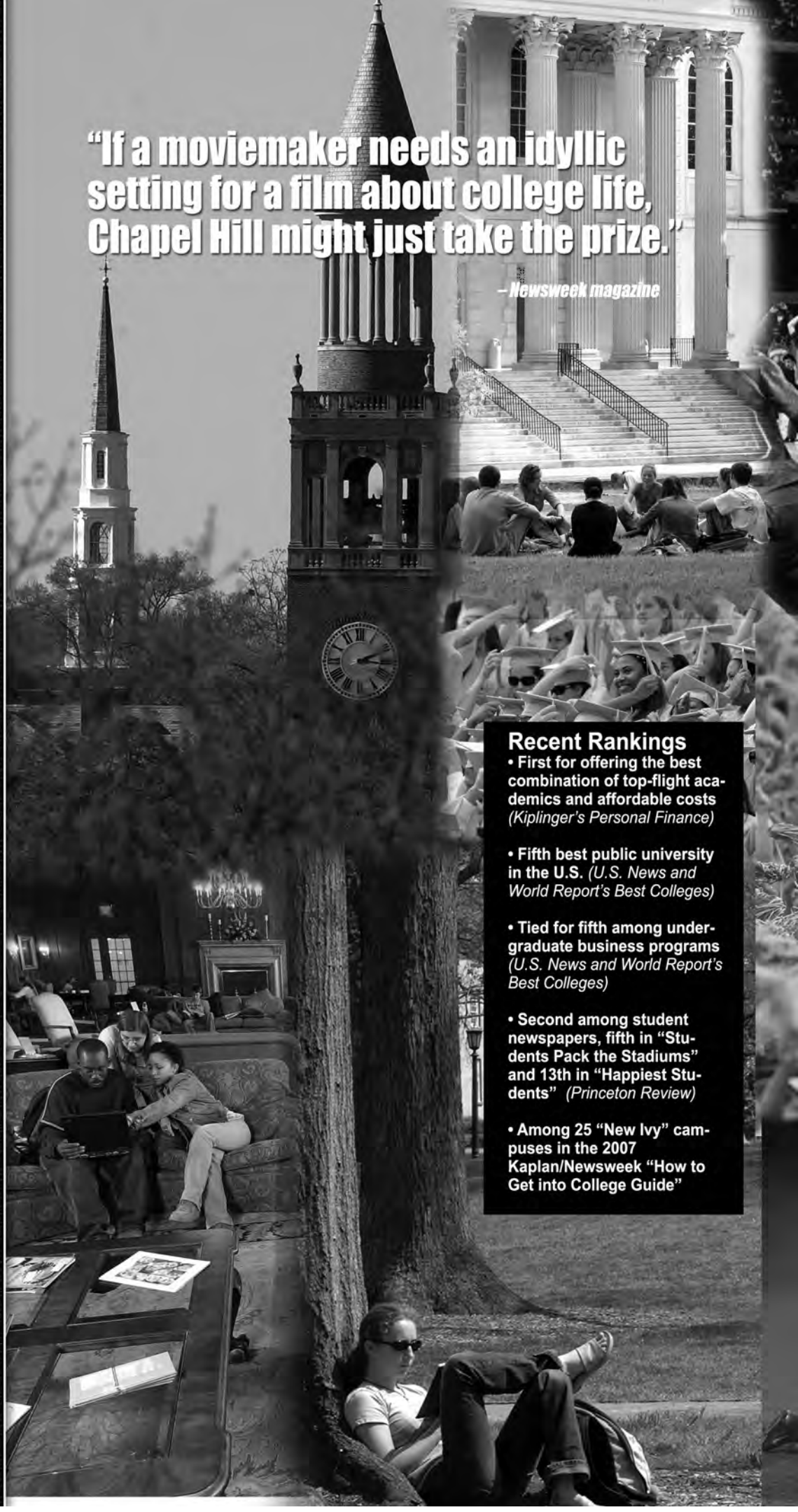
• The University of North Carolina at Chapel Hill was the nation's first state university to open its doors and the only public university to award degrees in the 18th century. Authorized by the N.C. Constitution in 1776, the University was chartered by the N.C. General Assembly Dec. 11, 1789, the same year George Washington first was inaugurated as president. The cornerstone was laid for Old East, the nation's first state university building, Oct. 12, 1793. Hinton James, the first student, arrived from Wilmington, N.C., Feb. 12, 1795.

• Now in its third century, Carolina offers bachelor's, master's, doctoral and professional degrees in academic areas critical to North Carolina's future: business, dentistry, education, law, medicine, nursing, public health and social work, among others. Offerings include 71 bachelor's, 107 master's, 74 doctorate and four professional degree programs.

• Through teaching, research and public service, Carolina connects with the people of North Carolina every day in ways that improve lives and build futures. The University is committed to addressing the issues that North Carolinians are concerned most about – such as education, health care and economic development. The University's focus on excellence is to help North Carolina be the best that it can be.

"If a moviemaker needs an idyllic setting for a film about college life, Chapel Hill might just take the prize."

— Newsweek magazine



Recent Rankings

- First for offering the best combination of top-flight academics and affordable costs (*Kiplinger's Personal Finance*)
- Fifth best public university in the U.S. (*U.S. News and World Report's Best Colleges*)
- Tied for fifth among undergraduate business programs (*U.S. News and World Report's Best Colleges*)
- Second among student newspapers, fifth in "Students Pack the Stadiums" and 13th in "Happiest Students" (*Princeton Review*)
- Among 25 "New Ivy" campuses in the 2007 Kaplan/Newsweek "How to Get into College Guide"

N. CAROLINA 61
GEORGETOWN 62
:17
HALF 2
FOULS 0

Some of the most legendary names in sports – including Michael Jordan and Mia Hamm were Tar Heels before going on to great athletic success after graduation.



Athletic Heritage

- North Carolina has won more Atlantic Coast Conference titles than any other school in the ACC. The Tar Heels also have more national titles – 35 – than any other league school.
- UNC ranked No. 1 on STACK magazine's 2007 Elite 50 list, based on academics, athletic opportunity and overall performance
- Carolina finished third in the 2006-07 Directors' Cup, a national competition that measures a program's postseason success. It was Carolina's sixth consecutive top-10 finish and the eighth time UNC has been in the top five.
- Tar Heel gear annually is among the top-selling collegiate apparel in the country.
- UNC finished No. 1 in the 2006-07 All-Sport Rankings by Sports Illustrated on Campus.

Tar Heel fans, and Carolina students in particular, show great support for UNC's 28 varsity teams.



Coach Roy Williams and the Tar Heels won the 2005 NCAA men's basketball crown



In two of the last three years, UNC has reached the Final Four in women's basketball.

The UNC baseball team has made it to the College World Series in each of the last three years.





Student-Athlete Services

Advancing toward graduation, Building Character and Developing leadership

Student-Athlete Services at the University of North Carolina encompasses three areas that play an integral part in the collegiate experience of every UNC student-athlete. Those three areas are Academic Development, Student-Athlete Development and Leadership Development.

• ACADEMIC DEVELOPMENT

The Academic Support Program is the main service utilized in advancing UNC student-athletes to graduation. The program assists student-athletes in exploring their interests and abilities, enjoying a broad educational experience, and reaching or exceeding their academic goals. "Our young people are students first and athletes second and that will always be the case at the University," says UNC Director of Athletics Dick Baddour. "That is a credit to our coaches, administrators and support staff, but most of all, our student-athletes. Their accomplishments in the classroom are very impressive."

During the 2007-08 academic year, 286 Carolina student-athletes made the ACC Academic Honor Roll, which requires a cumulative GPA of at least 3.0 for the year. In the fall of 2007, 169 student-athletes made the Dean's List, and 134 did so in the spring of 2008.

The Academic Support Program is housed primarily in the Pope Academic Support Center, which is equipped with study facilities, tutorial rooms, a computer lab, a 128-seat auditorium, counselors' offices, and state-of-the-art video and computer equipment. At the center, students meet with staff to discuss course selection, major and career exploration, academic progress and academic eligibility.

2007-08 Atlantic Coast Conference Academic Honor Roll Selections (34)

Men (17): Austin Bradyhouse, Ryan Funderburk, Robert Grimmett-Norris, Alex Ismail, Jeff James, Alex Kenley, Joe Kinderwater, Keith Laabs, Nicholas Marsden, Brad Mitchell, Mark Mohr, Philip Owen, Chip Peterson, Yi-Khy Saw, David Solarz, Robby Swendiman, David Zolno

Women (17): Mandi Arak, Aubrette Biegel, Kimmy Davis, Laura Filip, Caroline Hartmann, Katura Harvey, Ashley Howard, Lindsey Marck, Taylor McFarlane, Lindsay McIlvain, Ashley Miller, Katy Pritchett, Erica Schiffler, Sarah Scott, Megan Steeves, Barbara Thomas, Kelly Woodruff

Athletic Director's Scholar-Athlete Award Winners

| Year | Recipient |
|------|--|
| 1986 | Sarah Durstein (W) Chris Stevenson (M) |
| 1987 | Martha McCann (W) Doug Sawyer (M) |
| 1988 | Erika Schmidt (W) Scott Fuller (M) |
| 1989 | Amy Pritchard (W) Craig Silliman (M) |
| 1990 | Natalie Gould (W) Jon Austin (M) |
| 1991 | Heather Nottingham (W) Marc Ferguson (M) |
| 1992 | Melissa Douse (W) Ralph Vick (M) |
| 1993 | Jenny Huber (W) James Hamrick (M) |
| 1994 | Shannon Howes (W) Chris John (M) |
| 1995 | Alison Conrad (W) Drew Sechrist (M) |
| 1996 | Kari Haag (W) Matt Branum (M) |
| 1997 | Cara Dunaway (W) Matt Branum (M) |
| 1998 | Richelle Fox (W) Millie Long (W) Eric Fehr (M) |
| 1999 | Beth Schlessman (W) Ted Brisson (M) |
| 2000 | Kelly McLaughlin (W) Jennifer Strasburger (W) Christian Zuburg (M) |
| 2001 | JoAnn Overton (M) David Slawinski (M) |
| 2002 | Katie Hathaway (W) Seth Laughlin (M) |
| 2003 | Laura Collier (W) Stephen Mohr (M) |
| 2004 | Jessi Perruquet (W) Becky Acker (W) Yuri Suguiyama (M) |
| 2005 | Jessie Brosch (W) John Hartmann (M) |
| 2006 | Patrick Woodruff (M) Lizzy Bruce (W) Gia Santoro (W) |
| 2007 | Jon Fox (M) Emily Reardon (W) |
| 2008 | Keith Laabs (M) Laura Filip (W) |

The Academic Support Program helps freshmen transition from high school to college through a variety of academic programs such as academic counseling, individual tutoring, group review sessions and supplemental instruction.

• STUDENT-ATHLETE DEVELOPMENT

Building character in UNC student-athletes is the main charge of Student-Athlete Development.

Through Carolina Outreach, Tar Heels are involved in a variety of projects and organizations on campus and in the community. The UNC Department of Athletics has partnered with Gatorade and the UNC School of Public Health for a national pilot program called Get Kids in Action, in which Tar Heel student-athletes visit local elementary schools to encourage children to exercise. The Carolina Dreams program allows young patients at UNC Children's Hospitals to attend Tar Heel sporting events with UNC student-athletes. Other recent activities have included building a house with Habitat for Humanity, cooking meals at Ronald McDonald House and cleaning up the roadways through the Adopt-a-Highway program.

Student-Athlete Development also seeks to develop student-athletes on a personal level through a variety of speakers who address issues like nutrition, gambling, relationship communication and substance use. Career Development helps UNC student-athletes look

Fall 2007 Dean's List Honorees (15)

Men (8): Austin Bradyhouse, Jeff James, Alex Kenley, Keith Laabs, Mark Mohr, Philip Owen, Chip Peterson, David Solarz

Women (7): Mandi Arak, Laura Filip, Katura Harvey, Taylor McFarlane, Ashley Miller, Katy Pritchett, Megan Steeves

Spring 2008 Dean's List Honorees (15)

Men (6): Jeff James, Nicholas Marsden, Brad Mitchell, Philip Owen, David Solarz, Robby Swendiman

Women (9): Mandi Arak, Caroline Hartmann, Katura Harvey, Taylor McFarlane, Ashley Miller, Katy Pritchett, Sarah Scott, Megan Steeves, Barbara Thomas

beyond college with resources such as career counseling and workshops on resume writing and interviewing skills.

• LEADERSHIP DEVELOPMENT

The primary outlet for Leadership Development is the Carolina Leadership Academy, started at UNC in 2004. As the nation's premier leadership development program in collegiate athletics, the Carolina Leadership Academy develops, challenges and supports student-athletes, coaches and staff in their continual quest to become world class leaders in athletics, academics and life.

The Academy consists of three programs:

CREED Program

Leadership training begins in the freshman year. All leadership begins with per-

2007-08 Academic Award Winners



Katura Harvey,
CSCAA All-Academic Team



Philip Owen,
CSCAA All-Academic Team



Laura Filip, AD
Scholar-Athlete Award



Keith Laabs, AD
Scholar-Athlete Award



Kelly Woodruff,
CLA 3-Dimensional Leader



Robby Swendiman,
CLA 3-Dimensional Leader

sonal leadership, therefore freshmen are taught skills to effectively lead themselves. Training consists of monthly meetings featuring keynote speakers and small group discussion. Upperclass student-athletes serve as peer mentors and discussion leaders. Special focus is on responsibility, accountability, making good choices, ethics and character building.

Rising Stars Program

Designed for a select group of "high potential" sophomores and juniors, the program provides future leaders with insights, strategies and skills necessary to become effective leaders. The program includes monthly meetings, interactive exercises and action learning experiences.

Veteran Leaders Program

This program is designed for team captains

and veteran student-athletes. It provides advanced leadership training and support, teaches the critical skills and insights necessary to be effective vocal leaders and provides a strong peer network. Student-athletes meet regularly to learn and reinforce leadership principles and share successes, frustrations and lessons.

Team Academic Highlights 2007-08

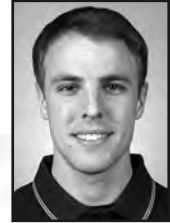
- The women's team received an NCAA Public Recognition Award for teams with an academic progress rate in the Top 10 percent of all women's swimming team in the nation.
- Women's team's overall GPA was over 3.0 again
- The men achieved a strong team GPA of 2.9, just short of the goal of 3.2
- Phil Owen, '08, was named to the ESPN The Magazine Academic All-District Team
- 17 men and 17 women made the ACC Honor Roll which requires a cumulative GPA of 3.0 for the academic year
- Eight men and seven women were named to the Dean's List at the University in the fall semester of 2007
- Six men and nine women were named to the Dean's List at the University in the spring semester of 2008
- UNC led all Atlantic Coast Conference men's swimming and diving teams with eight men on the 2008 All-ACC Academic Men's Team
- Four swimmers and divers were named to the All-ACC Academic Women's Team
- Senior Philip Owen was named to the College Swimming Coaches Association of America All-Academic Team
- Freshman Katura Harvey was named to the College Swimming Coaches Association of America All-Academic Team
- Laura Filip and Kelly Woodruff were named recipients of the ACC Top 6 For Service Awards
- Laura Filip and Keith Laabs were named the Athletic Director's Scholar-Athlete Award Winners
- Senior Philip Owen won an assignment with the Peace Corps following graduation and was assigned to Samoa in October 2008
- Robby Swendiman and Kelly Woodruff received the Three-Dimensional Leader Awards, the highest honors awarded by the Carolina Leadership Academy

• STRENGTH AND CONDITIONING

Under the direction of the UNC Olympic sports strength and conditioning staff, Tar Heel student-athletes get outstanding coaching intended to help maximize their physical potential. The staff evaluates Carolina student-athletes in a variety of ways, including the use of specialized software for lifting and running video analysis, to encourage steady progress toward reaching optimum preparation for competition.

The men's and women's swimming teams train at the Olympic sports weight room in Kenan Field House while the men's and women's diving teams train at the Koury Natatorium/Smith Center weight room. In addition to top-of-the-line strength equipment, the Kenan-based center boasts a five-lane, 25-yard rubberized surface for teaching and performing warm-up activities, acceleration drills and agility movements. Year-round training produces athletes who are prepared to compete successfully and safely.

Greg Gatz is the Director of Strength and Conditioning for Olympic Sports and oversees the program. Steve Gisselman specifically works with the men's and women's swimming teams at Carolina while Jonas Sahratian works with the men's and women's divers.



Steve Gisselman



Greg Gatz

• SPORTS MEDICINE

The Tar Heels receive excellent care from one of the country's best sports medicine staffs.

Dr. Tim Taft, Director of Sports Medicine, oversees a comprehensive program designed to keep student-athletes healthy and to rehabilitate any injuries quickly and successfully. Dr. Tom Brickner is the physician who works directly with the men's and women's swimming and diving teams.

A member of the athletic training staff is present at all games and practices to ensure that any injuries receive prompt and proper care. Head certified athletic trainer Marc Davis oversees care for the men's and women's swimming and diving teams and is assisted by Sarah Vizza and Keyonna Williams.



Tim Taft



Tom Brickner





BENEFITS OF MEMBERSHIP

| Minimum Gift Required | \$25 | \$100 | \$200 | \$500 | \$1,000 | \$2,500 | \$5,000 | \$14,716 | \$100,000 | \$200,000 | |
|---|----------------------|-------------|--------|------------|---------|---------|--------------|--------------------|------------------------|---------------------|----------------------|
| Amount of Time to Fully Fund Commitment | Annual | Annual | Annual | Annual | Annual | Annual | Annual | Annual | 5 years | 5 years | |
| BENEFITS | ANNUAL | | | | | | | | ENDOWMENT | | |
| Season Football Tickets Rights* | CAROLINA STUDENT RAM | 2- TAR HEEL | 4- RAM | 2^ RAMESES | 4^ | BIG RAM | 8^ SUPER RAM | 12^ COACHES CIRCLE | 12^ ANNUAL SCHOLARSHIP | 8^ HALF SCHOLARSHIP | 12^ FULL SCHOLARSHIP |
| Football Parking Permit | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ |
| Away Game & Post Season Football Ticket & Travel Info | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ |
| Individual Game Basketball Tickets #* | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ |
| Mini-Season Basketball Ticket Application | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ |
| Football and Basketball Media Guides | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ |
| Tar Heel Monthly Magazine | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ |
| Discounts at Finley Golf Course (with membership card) | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ |
| Super Saturday & Local Functions with Carolina Coaches | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ |
| Rams Club Golf Tournaments | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ |
| Rams Room Pre- & Post-Game Football Reception | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ |
| Lapel Pin/Car Decal/Membership Card | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ |
| Priority Points for Donations | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ | ☺ |
| Exclusive Coaches Circle Social Functions | | | | | | | | ☺ | ☺ | | |
| Season Basketball Tickets* | | | | | | | | 2# | 2# | 2+ | 4+ |
| Basketball Parking Permit | | | | | | | | | | ☺ | ☺ |
| Annual Scholarship Dinner (upon completion) | | | | | | | | | | ☺ | ☺ |
| Peebles Practice Facility Pre- & Post-Game Basketball Reception | | | | | | | | | | ☺ | ☺ |
| Scholarship Recognition | | | | | | | | | | ☺ | ☺ |

* Available for purchase

If available

- Ram and Tar Heel levels can purchase as many football season tickets as wanted (and are available). Only the number indicated will be based on member priority.

^ Rameses level and above may purchase as many football season tickets as wanted (and are available). The indicated number of seats may be protected by location annually. Only the number indicated will be based on member priority.

+ Upon completion of a scholarship, Half Scholarship donors must maintain a Super Ram membership; Full Scholarship donors must maintain a Coaches Circle membership.

THE ANNUAL FUND

Donations through the Annual Fund offer The Rams Club the opportunity to meet immediate funding needs—primarily the funds needed to bridge the difference between the endowment's yield and the actual scholarship costs and other important projects for Carolina's student-athletes.



The Rams Club's Scholarship Endowment Trust is the largest athletic scholarship endowment in the nation. The Scholarship Endowment Trust is built upon gifts from Carolina supporters who have endowed Full or Half Scholarships in support of student-athletes which provide in perpetuity the support to a broad-based athletics program.



As the Rams Club's planned giving program, Carolina Forever offers donors an opportunity to make a lasting impact by involving Carolina Athletics in their estate planning. Carolina Forever's mission is to insure that the university continues to provide in perpetuity the unique opportunity to experience what it means to be a Tar Heel student-athlete in a broad-based athletics program.

SPORTS ENDOWMENTS

The Sport Endowments program provides additional funding for the operating budgets of each of the 28 sports. Donors can make gifts to an individual sport with the yield from that trust made available to the appropriate coach for use in budget-enhancing activities like recruiting, team travel, assistant coaches' salaries and more. With the gifts designated into an endowment, these gifts will provide a continuous stream of usable income in perpetuity.